

## **OSPREY NEWS**

**JANUARY 3, 2020** 

Dear MBS Families.

Happy New Year! I am looking forward to seeing students tomorrow as they return from break! Here are a few updates and reminders for the week ahead:

As Superintendent Minor shared in the district's <u>newsletter</u> today, we know many families followed the guidance of the governor and health department over the break. For a variety of reasons some families traveled or gathered with others beyond the one household rule. If you gathered with anyone from out of state, everyone in both households must quarantine for 14 days, or 7 days followed by a negative test, as long as you do not experience symptoms. The travel policy has not changed. If you traveled outside of Vermont, you must follow quarantine requirements. Quarantine means staying home and away from others. Do not go to work or school, or out to do errands or recreation. This helps to prevent the spread of COVID-19 before a person knows they are sick, or if they are infected with the virus and don't have symptoms.

If you are making a dismissal change, please complete the <u>dismissal change</u> form or contact the office prior to 2:00 pm. This helps us ensure a smooth dismissal at the end of the day.

With winter weather upon us, if you are dropping off and picking up your child at school, please plan to have your child enter and exit your vehicle on the passenger side of the car.

**Beginning tomorrow, Mrs. Eastman's classes will be going outside for our snowshoe unit!** Beginning January 25th, Mr. Kluk's classes will go outside for our snowshoe unit.. We are so lucky to live in Vermont and have snow this January. Please see the second page of this newsletter for information about our snowshoe unit in PE.

**Our next PTA meeting will be January 14th at 6pm.** A zoom link will go out via school messenger at 5:45.

Respectfully,

Ms. Burke

## PE Department

Dear 3rd - 5th Grade Families,

Greetings! During the month of January starting on January 4th, Mrs. Eastman's classes will be participating in snow shoeing during their physical education class. We are hoping the temperatures will remain comfortable and we will continue to have enough snow. Mr. K's classes will start their snowshoe unit beginning January 25th.

In order for students to have a safe and successful experience they need to be be dressed properly for snow. The following are essential clothing items: **winter boots, snow pants, a hat, gloves or mittens, and jacket.** We highly recommend snow pants because as part of the unit, students will be learning how to fall down and get up safely.

If your child is in need of winter clothing and/or boots, please contact our school nurse, Josie Lang at josie.lang@colchestersd.org or 264-5900. Due to COVID guidelines, the PE department is not able to lend winter clothing. If a student is not prepared with the essential winter items then they can call a parent or guardian in the morning to see if they can bring them what they need. If the student cannot get the item the student will stay inside and complete a written assignment. While collecting the essential clothing needed please also help your child to work on tying their boots. This will help us be able to get outside faster! If the conditions are unsafe for being outside we will be inside in the gym for PE.

Students are welcome to bring their own equipment. They may store their snowshoes in our storage room and should bring their snowshoes home at the end of the week. Students are required to use the school's poles since they have the necessary safety tips.

Unfortunately this year we will not be able to have volunteers for our snowshoe unit. Thank you to everyone who has volunteered in the past! We are hoping to have volunteers again next year. If you have any questions you can email or call us 264-5903.

Thank you for your help

,Elizabeth Eastman & Ryan Kluk Elizabeth.eastman@colchestersd.org, Ryan.kluk@colchestersd.org