

# How Much Can I Save?

## Annual Tax Savings Calculator

Example Based on Arkansas Resident  
Married Filing Jointly

### Without a Section 125 Cafeteria Plan

Gross Taxable Income.....	\$38,000
Federal Income Tax.....	\$ 3,490
Social Security/Medicare Taxes.....	\$ 2,907
State Income Tax.....	\$ 1,534
 Spendable Income .....	 \$30,069
Less Dependent Day Care Expense.....	\$ 5,000
Less Out-of-Pocket Medical/Dental/Vision.....	\$ 2,000

**Net Take-Home Pay..... \$23,069**

### With a Section 125 Cafeteria Plan

Gross Taxable Income.....	\$38,000
Less Dependent Day Care Expense.....	\$ 5,000
Less Out-of-Pocket Medical/Dental/Vision.....	\$ 2,000
 Taxable Income.....	 \$31,000
Federal Income Tax.....	\$ 2,440
Social Security/Medicare Taxes.....	\$ 2,372
State Income Tax.....	\$ 1,112

**Net Take-Home Pay..... \$25,076**

*Increase In Annual Spendable Income Through  
Section 125 Plan For This Sample Participant*

**\$2,007**

## FSA Worksheet

Use this to estimate the amount you want to set aside in your flexible spending accounts

Insurance Deductibles .....	\$ _____
Insurance Co-Pays.....	\$ _____
Dental Deductibles.....	\$ _____
Dental Expenses .....	\$ _____
Vision Deductibles.....	\$ _____
Vision Expenses .....	\$ _____
Hearing Expenses.....	\$ _____
Prescriptions.....	\$ _____
Medical Equipment.....	\$ _____
Chiropractor.....	\$ _____
Other Medical Expenses.....	\$ _____

Total Out-of-Pocket  
Medical Expenses..... \$ \_\_\_\_\_

Divide by No. of Pay  
Periods Per Year..... ÷ \_\_\_\_\_

= Per-Payroll Deduction  
For Health FSA..... \$ \_\_\_\_\_

### Dependent Care for Children under 13 years of age

Cost Per Week .....

\$ \_\_\_\_\_

Multiply by 52 weeks..... X \_\_\_\_\_

Total Annual Cost..... \$ \_\_\_\_\_  
(Maximum \$5,000)

Divide by No. of Pay  
Periods Per Year..... ÷ \_\_\_\_\_

= Per-Payroll Deduction  
For DCAP .....

\$ \_\_\_\_\_