

## **Basic Needs and Emergency Services**

#### **Vermont 2-1-1**

Phone: 2-1-1

Website: <a href="https://vermont211.org">https://vermont211.org</a>

The Vermont 2-1-1 database contains detailed descriptions of programs and services available to Vermonters that are provided by local community groups, social service and health-related agencies, government organizations, and others. Vermonters can call or access their website to find information and assistance.

#### **Colchester Police Department**

Phone: (802) 264-5556

Website: https://colchestervt.gov/261/Police-Department

With our school buildings closed, our School Resource Officers Jamie Bressler or Mark Jacobs are back working directly out of the police department. Feel free to reach out to them via email: <a href="mailto:jamie.bressler@colchestersd.org">jamie.bressler@colchestersd.org</a> and <a href="mark.jacobs@colchester.org">mark.jacobs@colchester.org</a>.

#### **Economic Services**

Phone: (802) 863-7365

Website: <a href="https://dcf.vermont.gov/esd/benefits">https://dcf.vermont.gov/esd/benefits</a>

This is the department that administers state benefits. Applications can be completed online or by phone. Benefits include 3SquaresVT (food stamps), fuel assistance, and emergency assistance. If your financial situation is impacted by COVID-19, consider accessing this resource to see if you may become eligible for state benefits.

#### **Department of Labor**

Website: https://labor.vermont.gov/unemployment-insurance

The Vermont Department of Labor administers Unemployment Insurance for Vermonters. This is the website that you should consult to access unemployment benefits if your employment is impacted by COVID-19.

<u>Vermont Public Broadcasting System (PBS)</u> and the Agency of Education (AOE) are partnering to support the continuity of learning for our students and school communities. This partnership provides access to free educational programming through <u>Vermont PBS At-Home Learning</u>.



### **Mental Health Services**

### **Howard Center Support**

Phone: (802) 488-6000

Website: <a href="https://howardcenter.org/faq-frequently-asked-questions/">https://howardcenter.org/faq-frequently-asked-questions/</a>

First Call - 24/7/365 Crisis Support

Phone: (802) 488-7777

Website: https://howardcenter.org/first-call-for-chittenden-county/

#### **Department for Children and Families**

Phone Numbers:

Benefits Call Center: (800) 479-6151 Child Abuse Hotline: (800) 649-5285 Child Care Helpline: (800) 649-2642 Child Support Helpline: (800) 786-3214

Website: <a href="https://dcf.vermont.gov/">https://dcf.vermont.gov/</a>

#### **List of local counselors:**

https://docs.google.com/document/d/183waSQ-RLR9BNxEkoF8iCR0Wqq\_teJgPyII4QTGSffI/ed it?usp=sharing

## **Food & Nutrition Assistance**

#### **Colchester Food Shelf**

Phone: (802) 879-2444

Website: <a href="https://colchesterfoodshelf.org/">https://colchesterfoodshelf.org/</a> Address: 245 Main Street, Colchester, VT

Hours: The Food Shelf will continue to be open ONLY on Wednesdays from 12 Noon to 6 PM.

#### WIC

Phone: 800-649-4357

Website: https://www.healthvermont.gov/family/wic

#### **Vermont Farm to Family Program**

Phone: (802) 241-2458

Website: https://dcf.vermont.gov/benefits/f2f



### **Food & Nutrition Assistance**

Feeding Chittenden
Phone: (802) 658-7939

Website: https://feedingchittenden.org/

**Hunger Free Vermont** 

Website: <a href="https://www.hungerfreevt.org/coronavirus">https://www.hungerfreevt.org/coronavirus</a>

## **Utility Resources**

#### **Green Mountain Power**

Phone: (888) 835-4672

Website: https://greenmountainpower.com/covid-19/

Green Mountain Power will look at your bill for financial hardship during this time

#### **Internet Essentials from Comcast**

Website: <a href="https://www.internetessentials.com/covid19">https://www.internetessentials.com/covid19</a>

New Internet Essentials customers will receive two free months of internet service, which is available to all qualified low-income households for \$9.95/month plus tax. Apply by April 30,

2020.

#### **Cell Phone Carriers:**

Verizon: <a href="https://www.verizonwireless.com/featured/covid-19-waived-fees-and-charges/">https://www.verizonwireless.com/featured/covid-19-waived-fees-and-charges/</a>

**T-Mobile:** https://www.t-mobile.com/brand/ongoing-updates-covid-19

AT&T: <a href="https://about.att.com/pages/COVID-19.html">https://about.att.com/pages/COVID-19.html</a>

### National, State & Town COVID-19 Resources

#### CENTER FOR DISEASE CONTROL(CDC)

- COVID-19 Website
- COVID-19 Fact Sheet
- COVID-19 Information for Travel
- Travel Notices
- Stop the Spread of Germs Flyer
- DIY Cloth Face Covering Instructions
- Daily Life and Coping



## National, State & Town COVID-19 Resources

#### **VERMONT DEPARTMENT OF HEALTH**

- Current Status of COVID-19 in Vermont
- VT Department of Health Twitter Page
- Coping with Stress

#### **TOWN PAGES**

- Town of Colchester COVID-19 Information
- Town of Colchester Weekly Newsletter