#### OCTOBER 27

Parenting Through the
Pandemic with Tisa Begnoche
and Dan Gaudet

Creating a safe place at home, 1-2-3 magic, and reinforcement ideas for supporting learning at home.

### NOVEMBER 24

<u>Safe and Sound</u> with Gillian Boudreau

Fostering a connection during difficult times to support resilience with children on the spectrum.

### CSD FAMILY NIGHTS

A chance for families to connect with community experts on a variety of topics. The 4th Tuesday of the month from 6:30 pm - 8:00 pm via Zoom.

JANUARY 26 **Anxiety** with Jayme Gaudet
and Tisa Begnoche

Strategies to help your child be in charge of their anxiety and worries.

#### MARCH 23

# **Resilience and COVID-19**

with Joelle VanLent

General support navigating this difficult time. Providing insight on how stress impacts children and how we can support their resilience.

MAY 25

<u>Promoting Independence</u> <u>in Children with Jayme</u> <u>Gaudet and Dan Gaudet</u>

Exploring how to encourage self-reliance.

## PRESENTER INFORMATION

Tisa Begnoche is a Behavior Specialist for the Colchester School District. She earned her Master's Degree in Clinical Psychology from St. Michael's College. Before working at CSD, Tisa worked for the Howard Center for 13 years as a Family Clinician and Behavior Specialist. Tisa is also a certified TCI (Therapeutic Crisis Intervention) trainer and PBIS coordinator at Union Memorial School.

Dan Gaudet is a Behavior Specialist for the Colchester School District. He earned his Master's Degree in Education from Johnson State College and became a BCBA in 2014. Before working at CSD, Dan worked for the Howard Center for 14 years as an Integration Specialist. Dan is also a certified TCI (Therapeutic Crisis Intervention) trainer and PBIS coordinator at Porters Point School.

Gillian Boudreau is a licensed clinical psychologist and a licensed school psychologist. Dr. Boudreau has worked with children and families in Vermont and New York City for many years, with the mission of understanding and addressing our human need for attachment, connection, and effective communication in such a way that can help individuals, family systems, school systems, and larger organizations reach their full potential. Dr. Boudreau works with children, families and adults in private practice, with a focus on ASD, anxiety and trauma. She teaches graduate courses for educators on trauma and resiliency, and trains and consults extensively with school districts in Vermont and New York.

Jayme Gaudet is a Behavior Specialist for the Colchester School District. She earned her Master's Degree in Education from Johnson State College with a focus in ABA (Applied Behavior Analysis). Before working at CSD, Jayme worked for the Howard Center's Baird School as a Behavior Specialist and Integration Specialist for 13 years. Jayme is also the PBIS coordinator at Malletts Bay School.

Joelle Van Lent - Joelle van Lent, Psy.D. is a clinical psychologist who contracts with several school districts in Vermont to offer training, evaluation, and consultation. Joelle's work focuses on fostering the resilience of children and their families.



All presentations will be conducted via Zoom.

Click on the title of the event to access the Zoom link.

