



The Lakeside Voice

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COLCHESTER HIGH SCHOOL

COLCHESTER, VT 05446

Emery points to the future

by Juliette Letourneau



Photo by Juliette Letourneau

After spending thirteen years as vice-principal and over three decades in education, Mr. Emery will retire at the conclusion of this school year.

Colchester High School has had the pleasure of having Mr. Emery as the Assistant Principal for thirteen years, but his time as an administrator will end this year as he has announced his retirement.

Emery can boast about his thirty-five years being an educator that includes his time at CHS. He knew from when he was in high school that he wanted to go into education to help people. He was influenced by a majority of his family who were and are teachers. Two of his sons will continue the family tradition of becoming teachers.

He has set a great example as a successful educator by being the Assistant Principal at CHS since the 2005-06 school year. When Mrs. Minor was promoted to principal, she contacted Emery in hopes that he would come to work at CHS, which he thought was a great fit for him.

Mrs. Minor says, "CHS will always have the biggest place in my heart and I can't picture CHS without Mr Emery."

Principal Baron who has thought of Emery as a great mentor says, "I am very thankful that I had Mr. Emery for my first two years [of being principal], and I learned from him how to be a strong leader and a caring administrator."

Emery has been responsible for overseeing the Athletic, Humanities, Health, and Physical Education Departments. He has also been in charge of the Checkpoint and Changes program which helps students with substance issues. He has helped this program expand and improve over the five years it has been in place.

Even though he will be retiring, Emery still wishes to work in the education, but in a job where he can separate his home and work life. Through this we see his dedication to helping people and his compassionate heart towards others.

As he states "I love creating relationships with kids, teachers, and parents.

That is what I like most about my job."

He believes that this school is unique in the fact that "everyone here looks out for each other."

Emery is not the only one that believes this; many teachers and students share his view and believe that this school has a great environment.

Senior Lyndsey Liebrecht says, "Mr Emery has been my number one administrative support throughout high school."

His caring and supportive nature shows with both his relationships with students and school staff. Senior Isaac Hutchins says, "Mr Emery is a good guy as a teacher and friend. He helps make high school a good time."

After his retirement Emery plans to spend more time at his house on Lake Seymour and riding his motorcycle once the weather warms up.

Mr. Emery has very fond memories from major school activities such as the flash mob, student championship games, school plays, and concerts. He loves to see students working hard together as a community to create enjoyable memories for both the students at CHS and the audience. Once he became Assistant Principal he could no longer coach any sports teams, but he continued his love for sports through his involvement with the athletics department.

Students, teachers, and parents have sent him emails and notes to express their appreciation to him and he keeps them in a box in his office.

Emery says "I'll look in it every now and again, and I'll take out postcards, notes and emails and on those days that are kinda crappy I'll reach in and look at those."

Mr. Emery will be missed by everyone at CHS and concluded with one final statement, "I want to thank everyone; the kids, the teachers, the staff, the parents, for helping make my job something that I love to do."

Fiddler on the Roof hits the stage

Spring play wraps up theater season

by Olivia Schmidt

On April 5th, 6th, and 7th, after months of hard work, Colchester Theater Company presented the musical, *The Fiddler on the Roof*, based on *The Fiddler on the Roof* by Joseph Stein. Students had been working hard on this since auditions in January. Ms. Allison Talis, recently hired drama director, chose this for her first play to direct at CHS.

In *Fiddler*, Tevye (Bailey Towle) and Golde (Anya Olmstead-Posey) are husband and wife, living in early 20th century Russia. They have six daughters, Tzeitel, Hodel, Chava, Schprizne,

Bielke, and Tsara. The show depicts the persecution of Russian Jews and the ways that the daughters are defying tradition. Tzeitel wants to marry a poor tailor, Motel Kamzoil (Morgan Eaton), but the matchmaker, Yente (Natalee Garen), has paired her with a rich butcher, Lazar Wolf (Ethan Goedken). Hodel falls for a radical protester, Perchik (Graham Bertoni). Chava falls for a Christian man, Fyedka (Alex Ratkovitz), and the interfaith relationship is taboo at the time.

Those involved spent months of hard work and energy into

putting together the play. The students were relieved when all the hard work finally paid off, but knew they would miss it. This show was the last show that many seniors will be participating in as their graduation looms.

Senior, Ethan Goedken commented that he's, "sad theater is coming to an end, but [he] had fun over the years with the program."

Fiddler played to packed houses over the course of three night performances.



Photo by Ms. LeClair

Members of the cast of *Fiddler on the Roof* who performed the musical April 5-7.



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Course selection challenges

**-Letter to the Editor
by Lyndsey Liebrecht**

As a senior getting ready to graduate in a couple of months, it is perplexing to me as to why students have so many prerequisites, and requirements. Students are required to take certain math credits, certain science credits, and certain humanities credits. This leaves no room for academic related classes that a student would prefer to take. With the current required courses per subject, students have no choice in science classes they take, no choice in social studies classes they take, and most have no choice in math courses they take, and students get a year or a year and a half worth of English courses. Students who participate in the fine arts have virtually no room for any academic electives.

According to Victoria Creamer, "I think they are good, but only to a point."

The problem with not having many required academic electives, is that students are forced to take classes they're not interested in, and this certainly harms student success, especially in a subject area such as math, where many students struggle. In fact, they are forced to take Algebra. Twice. Sometimes even when a student doesn't understand/isn't successful in Algebra.

In terms of science, every student has to take Chemistry, Physics, Earth Science, and Biology, all by their junior year. Why? Perhaps, because that's when students are tested in the subject, in an anxiety provoking exam called

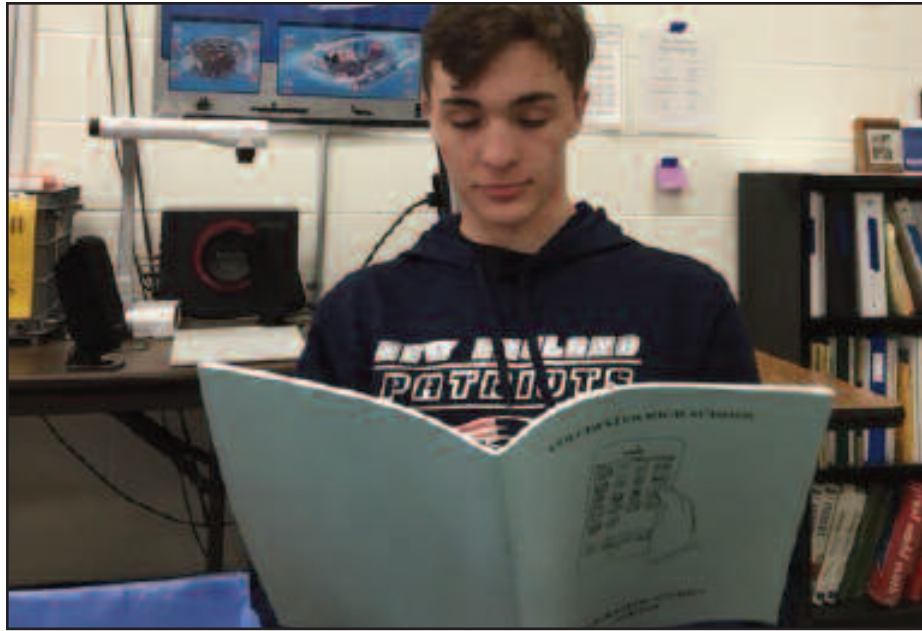


Photo by Kelsi Wallace

CHS sophomore Ben Stapleton browses the Program of Studies booklet to select classes for next year.

the NECAP. These four science classes are mainly required because of the test, which covers Chemistry, Physics, Earth Science, and Biology. And the test does not evaluate student's individual scores; the NECAP's are tests that exist for the main purpose of comparing different schools across New England.

It can be argued that CHS is literally sacrificing their students success.

Guidance Director Mr. Hall sees a different perspective to requiring students to take specific courses, "As the world becomes more technologically advanced, and more competitive, the more requirements we put on students on what students have to learn. I believe the effect is positive."

Lakeside Voice Staff / Contact Information

A New England Scholastic Press Association Award Winning Paper

The Lakeside Voice is published by students at Colchester High School. Articles are selected and submitted by the CHS community at large. The high school Journalism class is responsible for every facet of The Lakeside Voice publication.

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Trailer Park Boys worth a watch

by Sam O'Brien



Left to Right: Wells, in 2001, and in March Smith, Tremblay began its twelfth season.

Trailer Park Boys, directed by Mike Clattenburg and starring John Paul Tremblay, Rob Wells, Mike Smith, and John Dunsworth is a Canadian TV show shot in Nova Scotia first airing in 2001, and in March

Ricky, Julian, and Bubbles are three long time best friends all living in Sunnyvale Trailer Park in Nova Scotia. They are constantly trying to find ways to get rich fast often through criminal means as they struggle to make ends meet. The incompetent trailer park supervisor Jim Lahey and his dim witted assistant, Randy, spend most of their time trying to thwart the plans of Ricky, Julian, and Bubbles.

Every character has his own quirks; Ricky with his constant mispronunciation of words, bumming smokes off of people, and always

trying to be what he believes is a good father to his daughter. Julian, never seen without a glass of rum-and-coke in hand. Bubbles, with his thick glasses and underbite just trying to be respectful and live an honest life while living in a shed repairing stolen shopping carts, just to name a few.

To those who don't mind a swear in every sentence, constant use of alcohol and drugs, and a good laugh, then this is the show. It does an excellent job of portraying the highs and lows of life for everyday people who find themselves in dire straits and the difficulty that exists for people to climb the economic ladder from the bottom up, while keeping the audience engaged through their shenanigans and ploys as they strive for success.

The whole series is shot as an amateur documentary crew records the events that transpire and interview the characters to get their internal perspective on life which adds another dimension to the entertainment factor of the series. This is one of the best if not the best comedy series around and it is highly recommend to anyone of a mature enough age.

Fortnite: Battle Royal

by Noel Minaya



Epic Games

Fortnite Battle Royal is a Co-Op survival game developed by Epic games. This game had been out for a while until players finally caught on in 2018. It is available on Mac, PC, XBOX and PS4.

Fortnite skins

Battle Royal is the most popular mode in the game where players go head to head against other players from around the world and the last one to survive wins.

Many parents actually approve of the game because there is no blood involved and there are no knives so it is safe for younger kids to play. Players use strategic thinking, creativity, and forward planning to build fortifications while working with teammates or themselves to win a "Victory Royal".

Once a player plays the game they are sure to be hooked from the first game and on. It is

a strategic survival game but warning, don't land in Tilted Towers, this place is the center of the game. All of the worlds best gamers land here and if a player is not one of them, good luck surviving in the game.

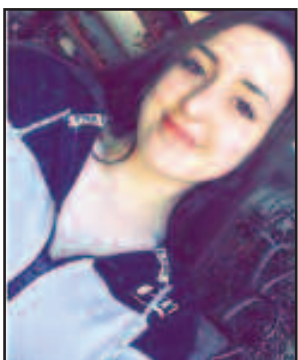
Along with this some sad news struck the Fortnite gaming community over the past few weeks. It had been decrypted that on April 18th Tilted Towers would be destroyed by a meteor and the whole landscape and map of the game would then be changed; it took the gaming world by storm and everyone was trying to enjoy the last few days with wonderful Tilted Towers. What would this game be like without tilted? No one knows. What will the new place be called? One can only hope it will be an upgrade.

Gaming legend Azzers stated that he feels the possible changes coming to Fortnite are stupid...., keep Tilted in the game homies. It's what keeps me sane!"

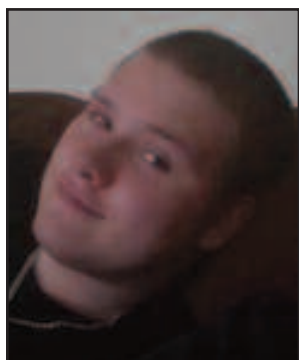
He wasn't the only one that wanted to voice his feelings. Youtuber Chris Denker also said that it wasn't good. Fortnite needs its Towers! This game will forever be cemented in gaming history.

Who's your favorite musical artist?

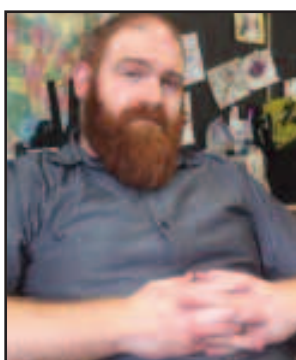
by Makayla Palin



Jenna Breault
"Justin Bieber"



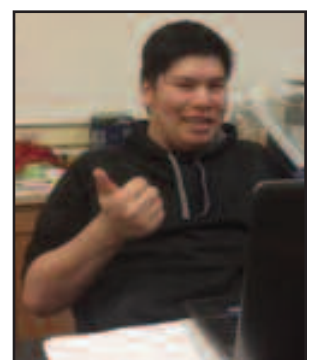
Paul Hood
"Tech n9ne"



Mr. Rinere
"Great Big Sea"



Faith Evans
"30 Seconds to Mars"



David Tran
"Drake"

Jumanji: Welcome To The Jungle

by Noel Minaya

This hilarious, action packed movie has many audiences on their feet. This is the second movie in the Jumanji franchise or the reboot, if you will. The directors this time around, however, dumbed things down and made this more into a comedy more than anything. With major stars such as Dwayne Johnson and Kevin Hart, this film has been a hit at the box office.

It begins in a teenager's home in the 90's. This teen had found an abandoned game system and decided to play it at night. Little did he know it was cursed. As he turned on the system, it sucks him into the game and the teen goes missing for years. Fast forward twenty years and the game system has been stored away in the basement of a high school. Four high-school kids discover an old video game console with a game they've never heard of. It is called Jumanji.

They are mistakenly and immediately drawn into the game's jungle like setting, instantly being sucked in and becoming the avatars they choose: the nerdy gamer, known as Spencer becomes a brawny adventurer who is none other than (Dwayne Johnson); the football star, Fridge loses "the top two feet of his body" and ends up becoming an Einstein who is (Kevin Hart); the popular girl, Bethany



Los Angeles Times photo

The characters first impression and arrival into the world of Jumanji as they are welcomed into the jungle.

had become a middle-aged male professor (Jack Black); and shy nerdy, Martha becomes a badass warrior (Karen Gillan). What they end up discovering is that people don't just play the game Jumanji people become the game, and must survive it. In order to beat the game and return to their normal lives, they'll have to go on a very dangerous adventure probably the worst of their lives, discover

what Alan Parrish (the disappearing teen) left twenty years ago, and change the way they influence themselves, or else they will all be stuck in the game for all of eternity.

With a mix of mystery, adventure, and comedy, Jumanji proves to be entertaining.

Ford Ranger returns to US market

by Zach Morin

After several years of not being manufactured, the Ford Rangers are back in the US and will return to the roadways next year.

The 2019 Ranger will be powered by a 2.3-liter EcoBoost turbo-four-cylinder engine backed by a 10-speed automatic, but don't be surprised to see another power train option down the line.

The Ranger will also offer an optional package of driver assist safety features and an FX4 mode. Along with an off-road package, the Ranger has optional automated emergency braking and adaptive cruise control system. The system consists of bash and skid plates to help protect the undercarriage.

This new Ford Ranger allows drivers to adventure wherever they desire. The price will not be released until the fall of 2018. Based on the market the truck should start below \$25,000. With the 2.3 liter motor and the eco the gas mileage is predicted to be very good.

Truck owners and, in particular, current Ranger owners are highly anticipating the new model.

The Uber experience

by Alexandra Aley

Uber was created by two entrepreneurs who came up with the idea one rainy evening in Paris. Both men were bothered by the amount of time it took to get a taxi, and had the brilliant idea of an app that can be installed on all smartphones. Uber was originated in 2009, San Francisco, California.

Uber allows for the user to either be a passenger or a driver. A passenger can request an Uber and put down the location they are wanting to go. The driver can accept them and pick them

up at their location. Uber drivers can be paid with the app or in person. Background checks are also done for all people wanting to be drivers.

Uber is a very good app. Lots of college students and parents use it if they are going out for the night. It's a very quick system.

The only problem is, some locations do not have drivers in the area. Although it is available in the Burlington/Colchester area, it is not available everywhere. Bigger cities tend to have a lot more drivers.

Also, Uber started doing a food delivery service which allows for food to be brought to one's front door. Order, and a driver will pick up and deliver. They even have bikers who work for the Uber food delivery service.

It is a great way to get around fast and affordably.



Photo by Yoni Heisler

Uber driver opens app while getting a passenger request.

Entering the job market

by Lyndsey Liebrecht



A sign of the future

Many Colchester High School seniors are currently in the process of deciding on a college major. A quick overview of college majors and the careers they lead to seems to be needed by every future college student. The following are majors and the most demanding careers predicted to be high in demand by the time CHS seniors are graduating college in 2022.

Art major- Photographer. Photography, photojournalism in particular, is predicted to have a higher demand for work, and most employers are searching for art majors, who naturally would have a better eye for the camera. The 2017 salary for a photographer is \$31,710.

Business major- Consultant. The objective of a career in consulting is to help a client obtain information and advice that leads a real and lasting solution to a problem. Business majors are highly sought after for this career because

they have studied finances extensively. The 2017 salary for a consultant is \$75,679.

Creative writing major- Arts administrator. Arts administration is a career that ties together business and the arts. Creative writing majors are sought after because in college they are often taught how to market their work, as it takes a certain knowledge of marketing to sell books. The 2011 salary for arts administrators is \$107,520.

Psychology major- Forensic psychologist. A forensic psychologist applies psychology to the field of criminal justice, assesses offender's risk of re-offending. Psychology majors are sought after for this career because they will have a unique perspective, compared to most colleagues having studied something different in college. The 2018 salary for a forensic psychologist is \$103,576.

Zoology- Ecologist. An ecologist studies the relationship between living things and their environment. A degree in zoology is valuable in this field, because ecologists often end up working in zoos. The 2011 salary for an ecologist is \$86,810.

Allergies and their cure

by Joshua Rodriguez

Allergies come in four main forms, drug, food, skin and nasal allergies. On average 50 million Americans suffer from allergies each year. Most people with nasal allergies need to use anti allergen medication like Claritin during the summer while people with food, drug and skin allergies can use antihistamines or Epipens filled with epinephrine. Food, drug and skin allergies can cause extreme swelling of the internal organs which can cause death, vomiting and pain. Nasal allergies can also lead to chronic asthma which is very debilitating and potentially deadly.

Allergies are caused by the body's immune system treating something harmless like pollen as a threat and attacking it. One's immune system attacks these perceived threats by raising the body temperature which causes sweating, and producing histamine which causes swelling. This is why many anti allergen medications contain antihistamines. Interestingly enough, global warming also contributes to the severity of nasal allergies. Higher levels of atmospheric CO2 can cause

pollen season to start earlier than usual and increase mold spore production.

Evolution turns the unavoidable into the necessary and the body's immune system evolved alongside a wide variety of microorganisms. Because of this scientists theorize that without the presence of these organisms, immune systems may not function properly. To test this theory scientists exposed a group of people with pollen allergies to a parasitic worms; they found that the worms suppressed the body's immune system. This consequently resulted in their immune systems no longer over reacting to pollen as a dangerous threat.

This research yields new possibilities for allergy treatment as scientists now theorize that exposure to a wide variety of microorganisms and particulates at a young age can prevent certain kinds of allergies entirely. However allergies are also genetic and food or drug allergies can not be cured using this method. But research has shown that consuming foods high in vitamin D when pregnant can lower the chances of a baby developing food allergies, introducing wheat eggs and fish into a baby's diet early in life can also decrease its risk.

Prom season begins

by Alexis Smyrski

Attention upperclassman and guests. The 2018 Colchester High School prom season is upon us. The official day is coming up fast. This year's prom will be on May 19th, from 7:30 to 11 at the Hilton Hotel.

The annual event that sweeps across the nation as a rite of passage for many high school students brings with it many decisions to be made. First, to decide on a date or go with friends. In the past few years promposals have become very popular and often are posted on social media as a major event.

Also, what to wear becomes a major decision in planning for the big night. Those who have not already thought about their dress, tuxedo, and all that comes with making the prom night special, now is the time. This year's prom committee has been working to put together a great night.

Last year's event theme was Masquerade, held at the Lang Farm in Essex. This year the event will be an Under the Stars theme hosted at the Hilton in Burlington.

Tickets have been announced to go on sale starting Monday, May 7th and will be priced at \$40. Those wishing to bring a date from another school must get prior approval.

Senioritis afflicts many

by Taylor Sexton

As the seniors at Colchester High School get to the end of their last year, they tend to become more unmotivated, lazy, and distracted. Senioritis is something that happens to most people in the senior year of high school where their motivation decreases as they get closer to the end of the year. Most seniors typically are either accepted into colleges or already know what job they are going to have after high school. To them it doesn't seem worth it to try as hard in class and school because it won't really affect them in the long run.

Teachers usually push lots of work on seniors but there's just no motivation to finish it. Seniors just want to get out of high school after four years and move on to bigger things in life. The problem with senioritis is that students get less work done because they would rather be doing other activities like hanging out with their friends.

Seniors sometimes skip AT and classes to do other things. When they don't get their work done, then it becomes a problem if someone's grade starts to drop. Many teachers push seniors to continue getting work done as the year comes to a close. This is because they want seniors grades to be good so they can stay in the colleges they've been accepted into and still be able to graduate high school.

Science teacher, Mr. Phillips when asked about his opinions on students that are late or skip his classes said that he doesn't have many



Photo by Taylor Sexton

Two seniors experiencing senioritis, use their phones to avoid school work.

students who skip or are late, but if they are, then they are sure to make up the work that they missed. To him these problems aren't as big as they seem because he thinks only a select few students are skipping class.

Social Studies teacher Mr. Price thinks it's about 50/50 with students who are skipping and late. Mr. Price also agreed with Mr. Phillips that students usually check in with the teacher when

they are in class next and get the missing work done.

As the months dwindle to weeks and the weeks turn into days, more and more seniors will be afflicted with senioritis.

Grants and scholarships

by Alexis Smyrski



Information board near guidance

Often the financial aid status of many families is the hardest set back in planning for college. Scholarships and grants are essentially free money that can come from a variety of sources. They are intended to help students afford the expense of college. The cost of college tuitions can get expensive and getting grants and scholarships can bring tuitions costs down to an affordable amount. According to the College Board, the average tuition and fees cost for a four year college is \$32,740. Tuition and fee amounts in Vermont and around the country vary greatly.

According to UVM's website, the tuition for being a private college would cost \$15,504 for in state private college. According to Lyndon State's website, the tuition would cost \$10,944 being an in-state, state school. In addition, students are often responsible for room and

board, transportation costs, and books.

Some scholarships and grants are made for those of specific eligibility and others are open to everyone in need of financial help. It is important that students become aware and take advantage of the variety that are available to them. Often students forget and neglect to understand getting costs down can mean for some students in financial need, whether they can attend or go to their desired college.

The first step to start taking advantage of scholarships and grants is first filling out a FAFSA to determine eligibility. The VSAC scholarship booklet contains 140 scholarship opportunities. VSAC urges students to consider scholarships from many organizations including: veterans' groups, local businesses, clubs, and town officials.

Some other great resources to find scholarships and grants outside of colleges include the many that Colchester High School awards. Prospective students should fill out the scholarship application that makes approximately 35 scholarships available. Any questions concerning these scholarships can be answered in the guidance office.

After school traffic causes delays

by Evan Fredericks

Kids speed walking out of school in the afternoon can be compared to Usain Bolt running the 100 meter dash. Juniors and seniors race to leave school before the buses get out. It takes true determination and athleticism to beat the buses, something slow pokes lack.

The parking lot quickly becomes filled and dangerous with kids whipping out of parking spaces. When students are speed walking to get to their car others must keep their eyes open to avoid getting hit by a crazy driver.

As a driver, it is very annoying getting stuck behind the buses, because this can add about ten minutes to the departure. There has to be

a way to fix this traffic problem.

Maybe allow seniors to leave one minute early. This wouldn't effect class time because most are finished class by that time.

"Skrrt skrrt get out of the way," says senior Noel Minaya in reference to his daily exit from school.

Some students are very passionate about getting out of school as fast as possible.

Senior Michael Schick believes that, "The buses should not have priority over kids leaving in cars." Seth Masson, another senior questions, "Why hasn't it been fixed by now".

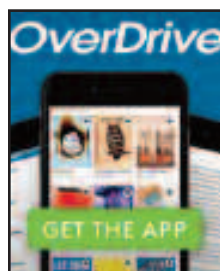
"If there were two exits, traffic would go a lot smoother," senior Kenan Pilav offers as advice.

This is an issue that everybody at the school would love to be fixed, but it is definitely not a priority, so we will just have to deal with waiting a little longer to leave school.

There is an alternative solution, "Just chill, there is no need to rush. If you need to leave early get a pass," says senior Isaac Hutchins.

Library goes digital

by CHS Library Staff



OverDrive offers digital downloads

Colchester High School's library has expanded its services with downloadable eBooks and digital audiobooks from OverDrive. To browse and download materials, visit <http://vssdc.lib.overdrive.com> and select "Colchester High School" from the drop down menu. Then use your school network credentials to log in (firstname.lastname and your school network password).

To borrow a book, hover your mouse over the book's cover and click on the "Borrow" button that appears. Go to the "Checkouts" in your Account area where you will have the

option to download the book to your phone or other mobile device or to read/listen in a browser.

To read or listen on a mobile device users need to download the free OverDrive app and connect it to the CHS collection.

Colchester's Burnham Library also has an Overdrive digital collection, and users will be able to connect both accounts to the app.

OverDrive is the leading global digital distribution platform, supplying the industry's largest catalog of eBooks, audiobooks, periodicals and streaming video to libraries, schools and retailers worldwide. They support all major computers and devices, including iPhone, iPad, Nook, Android phones and tablets, Chromebook, and Kindle. OverDrive offers all digital media on a single platform.



Photo by Evan Fredericks

Traffic backs up as school is let out on a typical week day afternoon causing delays in exiting Laker Lane.

Online shopping grows in popularity

by Juliette Letourneau

Online shopping is convenient and easy to access. At the touch of a button people can buy anything from books to the latest fashion trends. This new innovation is convenient for busy workers who don't have time to stop by the mall. Online shopping was created in the United Kingdom in 1979, by Michael Aldrich. This convenience, however, is having both a positive and negative impact on businesses, especially the fashion industry. In Vermont there is a limited amount of access to shopping and

convenience stores. On the other hand, because Vermonters have limited access, it makes online shopping even more appealing.

Online shopping has allowed businesses to sell more products and increase revenue. A major problem created by having many of their customers shop online, stores are going out of business because of the convenience of online shopping. Online shopping also poses an issue with jobs. The major stores that are closing have part-time and full-time employees. Part-time jobs are great for students to get income to save up for various activities. Full-time employees rely on paychecks to live, but when stores go out of business, employees no

longer have that income.

JCPenney announced three years ago that it would close 40 locations, and in the following year said that employees would get a payroll cut and no overtime compensation. In 2018, it plans to close another 8 stores.

Another major retail store, Bon-ton, is closing 42 stores in 2018. In Burlington, Macy's closed, which was one of the 11 stores to be closed in 2018, not including 19 other Macy's stores that will be leased off.

In a small state like Vermont, with around 600,000 residents, the population isn't enough to support large department stores, adding to the strain of meeting monthly quotas in stores.

Online shopping poses a threat, but also a great innovation that makes life easier for the lives of Americans all over the country.

Amazon is one of the main threats to retail stores. Amazon has cheap prices for many different items, including clothes. Some people prefer online shopping because it is quick and easy with no hassle, but others feel more comfortable trying on clothes in stores so that they are sure that what they are buying fits.

Love or hate it, there is no denying the fact that online shopping has become a vital part of the fashion industry and if stores can't keep up, then they will be left behind.

Morning vs night person

by Gabrielle McDonald and Olivia Schmidt

The common high school issue; waking up early and staying up late. Students struggle to find the middle ground of enough sleep and enough time to stay up like every average teenager.

When asking around the school the most common answer was "I'm a night person". There's no surprise in the responses of the students at CHS. With most students involved with after school sports, a job, homework, and social life; it makes it nearly impossible to find a student who considers themselves a "morning person." Students reported to wake up around 10 AM to 11 AM on the weekends, which is a lot later than when they wake up for school. Students believe they need this rest to make up for the lack of sleep they get during the school week.

Some students argue that school should start later. This would give them more rest at night and more motivation to do more throughout the day. Instead of getting home after sports and music practices with no motivation to do homework, they will have more energy for the final push through the day. Others worry that a later start will also mean a later finish of the day, and result in not enough time for after school activities and homework.

Some teachers at CHS were asked if they were a morning person or a night person; the response was almost always "morning person." Most teachers have children and other tasks that cause them to go to bed early and wake up early.

"I generally go to bed around 9:00 and wake up around 5:00", says Mr. Phillips.

I think that as students age and become adults they will be more prone to going to bed early and waking up early. Adult life is far different from student life, therefore students will continue to be "night people" and teachers will continue to be "morning people".

PE offers many options

by Isaac Hutchins

Throughout the years physical education has evolved in the approach programs or the activities are taught at the school.

As long time PE teacher, Mr. Perry states, "In this program it has not changed a whole lot, I've been here for around 20 years and it hasn't changed a lot. I think the thing that has changed the most is our intentional description of what we want kids to learn. We would go out and teach you but we would not necessarily tell you what muscles mountain biking works, for example".

Physical education is important to kids lives and allows them to get up and be active in the middle of the day.

"PE is a great class that shows students all kinds of activities that they can continue to do throughout their lives for fun and exercise," stated senior Thurman Dusablon.

PE allows students to work on their communication skills and teamwork depending on the activity in the class.

There is a lot of studies in education on how physical education is very important to kids at school and everyone in the world. It is important to stay active and be able to participate in activities, if that includes walking a dog, playing sports, or even being healthy at a job.

A main concern is obesity. In the US around 45% of American adults are considered obese. So staying active and learning about how important physical education is at a young age is what PE teachers care about. One way to help this problem that is getting worse is to educate kids at a young age, this way kids know what not to eat and what to do to stay active.

"In PE before every unit they teach you about the benefits from the exercises by teaching you what muscle groups are being used. After you are educated on the unit, you learn all of the rules, techniques and skills to be a good athlete during this unit. It's really helpful for us to learn about personal fitness because it makes PE a mix of education and physical activity. It's nice to be able to get up and move around for a mod to get some of my energy out", states Zach Morin, a senior at CHS.

The PE curriculum offers courses and instruction in the following categories:

Lifetime Sports, Outdoor Recreation Activities, Team Building, Fitness, Team Sports and Alternative Credit Options. New for the 2018-19 school year will be a course taught in conjunction with health called, Eat! Play! Live! A Fitness and Wellness Course.

All students at CHS need 1.5 credits in PE as part of their graduation requirement; however, many choose to take courses beyond that requirement.

Colchester High School's Physical Education Department continues to be one of the elite programs in Vermont and a special part of every student's high school career.



Photo by Isaac Hutchins

Junior, Lucas McClanahan plays goalie in floor hockey.



Photo by Isaac Hutchins

Mr. Perry teaches a class of personal fitness in PE.



Photo by Isaac Hutchins

Senior, Noah Cueto climbs the rock wall in his PE class.

Ben and Jerry's new migrant worker deal

by Sam O'Brien

Ben and Jerry's and Migrant Justice came to an agreement on a program called Milk with Dignity. The program's goal is to improve living conditions for migrant dairy farm workers, increasing their pay to the state minimum wage of \$10.50, giving them at least one day off per week, and scheduled breaks throughout the work day, regardless if the worker is here legally or illegally.

Migrant Justice, a corporation working on the behalf of migrant workers with the goal of increasing their rights, has been successful in striking similar contracts on behalf of migrant workers in Florida in the orange business where there is an estimated 150,000-250,000 migrant workers. The organization's presence in Vermont is relatively new. An estimated 1,000-2,000 illegal workers are in Vermont, and there is a near equal number of legal migrant workers coming to the state annually.

"This could definitely put a financial burden on top of the financial burden that we've already been experiencing the last several years. It's a combination of low milk prices, the state of Vermont slamming down on water quality control, and some other issues we've been facing. I'm on the fence about this because I believe that farms

already do try to meet requirements for their migrant workers. A majority of those migrant workers are here illegally, which is against the law for one, and at the same time, they're going to bite the hand that feeds them," says Alex Thibault, a fifth generation dairy farmer in Colchester and graduate of Colchester High School.

Thibault also expressed that he believes that Ben and Jerry's reasoning for agreeing to this contract is to open doors to new markets that speak to their base who are proponents of Migrant Justice's goals.

Ben and Jerry's claims that farms who participate in the program are going to be paid a premium price for their milk. Many opponents of the contract have expressed that migrant workers have no need to be paid minimum wage as most of their costs of living are covered such as heating, plumbing, water, electric and many of their other needs and necessities, etc. Many also question whether the amount farmers will be compensated will really help them with paying the workers more, as milk prices continue to drop and prices of keeping a business running, especially as farm and prices for equipment continue to rise.

Dairy farmers struggle to keep up with technology as many in the area continue to use the outdated but reliable pipeline system; many others have converted to using milking parlors, and more recently, the use of robotic milkers which can be half a million dollars at the basic level for



startup not including maintenance.

Vermont dairy farms continue to face the difficulties of surviving in an economically challenged industry. Programs that are developed to help the farmers are welcome in Vermont and in Colchester.

Photos by Sam O'Brien

Milking at the Thibault Farm, Colchester, Vt; one of the few dairy farms still in existence in the area.

Common scams to avoid

by Joshua Rodriguez

Currently there are around 7 common scams that occur in the U.S. The majority of these are 'investment schemes' and there are three kinds of investment schemes; ponzi schemes, pump and dumps, and offshore investing.

In a ponzi scheme money from new investors is used to compensate old investors, but this breaks down when more money is owed to the old investors than can be raised from new investors. In a pump and dump people buy a stock and recommend it to a lot of investors so the stock price goes up, then they sell the useless stock before its price drops. Offshore investing is less common and it revolves around currency differences in different countries.

These next scams may be ones that are more familiar and ones that everyone should know about. Telephone scams are very common, these usually target people older than 60 and the average amount of money stolen in these scams is \$430. In total, Americans lose around 9 billion dollars every year from this kind of scam. These scams involve callers making false promises in return for large amounts of money; for instance, they may offer to fix a computer, internet or sell a product.

IRS scams are less common and very simple. The target will receive a call or email saying that they owe large amounts of money to the 'IRS' and that if they don't pay they may be arrested. The real IRS will make contact through a letter or verified email.

Charity scams are also very simple. In this kind of scam someone creates a fake charity and advertises it so they can get people to donate. Charity scams invoke an emotional response in the viewer, for instance it might be a 'charity' for the homeless or a fake animal shelter.



www.crabbtaxservices.com

There are many different kinds of scams that people have to watch out for in their daily lives.

This last scam primarily targets students, it is known as a 'government grant scam' and it fools students into giving the 'government' their personal information and banking details so that the 'government' can make a deposit into their account. Information about all real government grants are on the website Grants.gov. Most of these scams are easy to avoid and rely on the victim being undereducated or impulsive.

Don't always assume caller IDs are correct because they can be manipulated, and make sure to not give money or personal information to anything or anyone until doing research.

If someone is the victim of a scam then

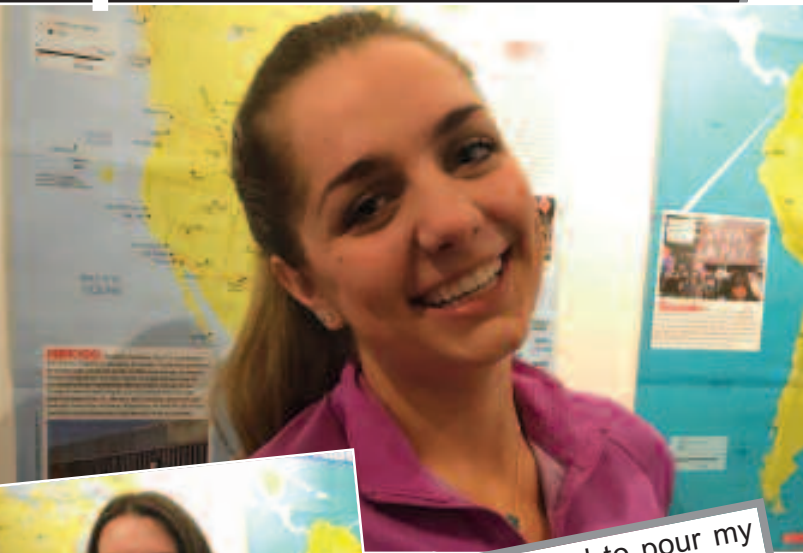
the first thing they should do is secure their bank account, they can do this by calling the number on the back of their bank card and telling their bank what happened. Then they should contact the three major credit card bureaus (Equifax, Experian, and TransUnion) and let them know what happened so they can put a fraud alert on their account. Depending on the severity of the scam they may also want to report the crime to the FBI, state regulators or additional government agencies so that they can investigate the scam further. If someone is scammed online it is also wise for them to change all of their online passwords that may be associated with their credit card.

CHS DATELINE

April:
18th Student of the Month Luncheon
19-27 Costa Rica Trip
23-27 Spring Break

May:
3rd SAT Registration Deadline for June 2 Test
4th ACT Registration Deadline for June 9 Test
5th SAT Test Date
7th District Art Show Set up 8A-4P
7-18 AP Testing
8-11 District Art Show 8-4
10-12 All State Music Festival
11 Coffeehouse 7P
16 NHS Blood Drive-CHS Gym 9A
16 Student of the Month Luncheon
18 Mock Crash/Distracted Driving Presentations
19 Prom (Hilton) 7:30-11P
21 Tribute Speeches 6P Library
22 Tribute Speeches 6P Library
22 Astronomy Night 7:30 Theatre
23 Sports Awards Night 7:00
24 Band Pops Concert 7P
29 Honors Banquet 6:30
30 Choral Pops Concert 7:00
31 Underclassmen Awards 7:00P

April Fool's Jokes



I put mint and watermelon toothpaste in my brother's Oreos; he was mad.
- Gabby McDonald



My mom used to pour my sister and I cereal in the morning, so one time we decided to put a fake spider in the cereal box. She freaked out.
-Olivia Schmidt



I put ketchup under the toilet seat so when my family members would sit, the ketchup would squirt out.
-Kamiel Abdo



The students in my class covered my classroom door with caution tape and put blue tape on the floor to outline a dead body. They made my room into a crime scene. - Mr. Bishop



I tied a hair tie on the sink faucet so when somebody turned it on, it would squirt in their face. -Jenna Breault



I told my class that we would be using Nitroglycerin. But, I secretly put fish soap into a beaker and pretended to drop it. They all freaked out.
-Mr. Richey

Humorous moments on social media

Popular Vines



"Ms. Keisha, Ms. Keisha. Oh my God she's dead."

Alli Sheets



"You're not my dad, you always wanna hear something. Noodle head."

Missy Miles



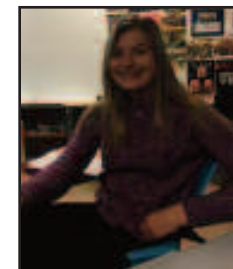
"Lebron James. Lebron James. Lebron James. Lebron James."

Isaac Hutchins



"Country boy, I love you."

Max Anderson, Van Nguyen, Maddie Finelli, Evan Lamothe



"Wait oh yes wait a minute Mr. Postman. Ayyy"

Alex Aley

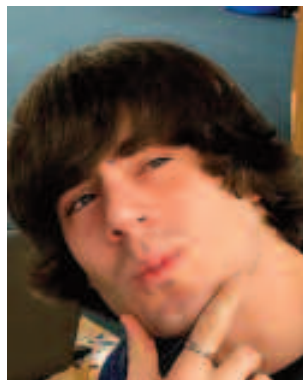


"You stupid. No I'm not. Whats 9+10? 21"

Liam Martin



Favorite Memory:
Volleyball
tournament
-Thomas Vesosky



Favorite Memory:
Winning
Variety Night
sophomore year
-Thomas Colgrove



Favorite Memory:
Tennis
State Finalists
-Liam Martin



Favorite Memory:
Being captain senior
year in basketball
-Bailey Luter



Favorite Memory:
Being locked in a
box at Variety Night
-Gabby McDonald



Favorite Memory:
Being on the
cross country team
-Lyndsey Liebrecht

It's the Final Countdown

Seniors begin their final chapter of high school



Photo by Yearbook staff

The Class of 2018 gather for their class picture after the annual Spirit Week Pep Rally back in October.

It's Almost Over

by J. Blow and E. Fredericks

As the last quarter reaches its final days for the 2017-2018 school year, it is the last quarter for the students graduating in 2018. With just about two months remaining in their high school careers, it is a time for remembrance and celebration. It's a time to look back on all the great memories that were made and get ready to move on with life.

The senior wall in the café reminds all the names of every senior and also for some their number from the sports they played. Some students will be going off to college, but some kids will be going right to work. There also might be students taking a year off and even going into military.

Students are also getting ready for the prom. The prom will take

place on Saturday, May 19th. Most students will attend the Senior Prom. It is one of the greatest nights and a classic memory for all who attend.

After graduation students will participate in Project Grad. The night of graduation seniors who have registered will participate in events all night with their class. It's one last night to hangout with the class before the last summer and everyone goes off to do their own thing. This night is also meant to keep students safe on the night of their graduation.

The past four years have been unforgettable. The class of 2018 has not seen, one, not two, but three variety night wins and many other memorable things that won't be forgotten.

Enjoy the final days.



Photo by Rob Davis

Seniors come together at the senior table to take a picture during their last school year together.

Notorious DIG takes the 'ship

by Olivia Schmidt

In a short two-week period between winter and spring sports, Colchester High School holds an intramural volleyball tournament. This friendly competition gives students a chance to stay after school and play volleyball with a team of their friends. It eventually is narrowed down to a bracket of teams that make it to the playoffs.

This idea was originated by Mr. McCannell twelve years ago after a student did the importance of intramural sports as a Senior Seminar project. McCannell wanted to create an intramural option to CHS students, and the students ended up voting on volleyball. The runner ups included ultimate frisbee and wiffleball. Eventually, student government became actively involved in it as it soared with popularity. The volleyball tournament has become a very important school event that has brought students and their peers together over the years. You often hear around school that students look forward to this all year.

Students organize teams with their friends and must report their team members and team name to the school to sign up for the tournament. Each team designs a unique uniform that often are funny or have jokes on them. This year, to register as a team, student must have brought in a non-perishable food item. These items were donated to the Colchester Food Shelf. This helped our community while also bringing awareness to people in need.

This year, on Friday, March 16th, seed one Notorious D.I.G. won against seed three Soggy French Fries in the championship. The team defeated Soggy French Fries in only two games. This team con-

sisted of Thomas Colgrove, Nathan Colgrove, Thurman Dusablon, Michael Spillane, Michael Schick, Thomas Vesosky, and Saul Minaya, who played Dino Ayer, Lucas McClanahan, Max Anderson, Bailey Olsen, and Bos Powell.

The Notorious D.I.G. went undefeated the whole season. They have been a strong team since freshman year, with only slight changes to the team members.

One member of the winning team, Thomas Vesosky, commented that, "[He likes] to get involved with volleyball because it's a fun environment to be in, and because

"It's a community, team building event that brings students of all ages together, along with faculty and staff."

-Mr. McCannell

it brings the Colchester community together in an active and competitive way."

Opposing team member Dino Ayer stated, "I enjoy the competition of playing volleyball, while also being with my friends."

As seen, people like to participate for a variety of reasons; because they are with their friends, they are

passionate about volleyball, or they like to be involved with their school, or all of the above.

Mr. McCannell is very pleased with how far the volleyball tournament has come. He commented that, "It's a community, team building event that brings students of all ages together."

The volleyball tournament has been a very positive event within the school community. Colchester High School does not have a volleyball team, but if interest continues to spike, there could be a team in the near future. Other sports, such as Ultimate Frisbee started very small with only a few members that made it into a club sport. This sport spiked with popularity, and is now considered a varsity sport. It is likely volleyball could follow this same trend if the students continue to support it.



Lakeside Voice Sports photo

L to R- T. Colgrove, N. Colgrove, S. Minaya, T. Vesosky, M. Schick. Bottom, T. Dusablon; Missing, M. Spillane

Vermont's Olympic connection

by Isaac Hutchins

The Winter Olympics have been dominated by team USA in recent years. This year the Olympics were hosted in South Korea with the host city being Pyeongchang.

The Winter Olympic athletes from team USA included a few crucial team members from the small state of Vermont. These athletes not only played a role, but they dominated their fields of competition.

This year a few Vermonters headed to the Olympics including Alpine Skier from Burlington, Stephen Lawler who took 14th place in slalom and 15th in Super-G. In addition, Emily Dreissigacker a 29

year old from Morrisville participated in the Biathlon. The one that stood out the most was the 29 year old Vermont native, Amanda Pelkey who attended UVM playing on the USA Hockey team and was part

of the team that took home the coveted gold medal.

Other Vermonters represented the United States and won medals in skiing and snowboarding.

Overall, the United States had its worst showing at a Winter Olympics since the 1998 Nagano Games, ranking out of the top three in both the gold and total medal count with 9 and 23 medals respectively, and finished fourth in both rankings. However, there were some notable successes for the team.

Jessica Diggins and Kikkan Randall won the first Olympic gold medal in cross-country skiing ever for the United States in the women's team sprint event. Skip John Shuster led his team to the United States first-ever gold medal in curling, winning the men's curling over Sweden.



www.sport.virgilio.it

Amanda Pelkey and Gigi Marvin hold up their flag and medals.

MLB: the rule changes

by Noel Minaya

Major League Baseball has implemented some new rule changes for the 2018 baseball season. These rules will quicken the game of baseball drastically. The only problem is that many of the players and fans are not on board with the changes.

For one most of them agreed that America's pastime should not be changed or altered. The changes implemented by the board of directors and the commissioner will see limited mound visits, this year; each team will be held to six per team. In the future and already in play in the minors will be a 20 second pitch delivery for all pitchers.

Manny Machado of the Baltimore Orioles said, "I think this could be a good thing for baseball, It will keep the action moving for the game," while on the other side of things Padres outfielder Jon Jay stated, "I

really dislike the new changes, the game should be kept the way it was meant to be played". The MLB will see how this season goes with the new rules and they will move on from there.

Stay tuned into your favorite teams games to see if any of these rules will be used. Major League baseball is in for a surprise.



Major League Baseball

Major League Baseball opening day

Favorite spring activities

by Jacob Blow

- Evan Fredericks- Easter Egg Hunts
- Lyndsey Liebrecht- Prom
- Gabby McDonald - Napping
- Olivia Schmidt- Lacrosse
- Alexis Smyrski- Hiking
- Scott Mass- Exercising
- Evan Lamothe- Soccer
- Geoffrey Southwell- Boating
- Alex Carp- Soccer
- Kenan Pilav- Soccer
- Seth Masson- Ultimate
- Thomas Colgrove- Golf
- Bailey Towle- Mountain Biking

- Benjamin Rathe- Tennis
- Mr. Perry- Fly fishing
- Mrs. Boetsma- Coaching softball
- Nick Blin- Managing the tennis team
- Ethan Pellegrino- Ultimate
- Colby Beaupre- Baseball
- Andrew Spencer- Not being cold
- Ms. Brady- Feeling the sun
- Kaylyn Morse- Hiking
- Michael Spillane- Lacrosse
- Noel Minaya- Baseball
- Autumn Hathaway- Soccer
- Mr. McCannell- Watching the Red Sox

The Best of Friends



Photo by Gabby McDonald

Group of CHS seniors in class.



Photo by Gabby McDonald

Group of juniors doing homework in the cafeteria.



Photo by Gabby McDonald

Juniors Sam Fath and Cameron Rolston posing by the lockers.



Photo by Gabby McDonald

Seniors Juliette Letourneau and Olivia Rosato discuss a class assignment.



Photo by Gabby McDonald

A group of freshmen friends lining up across the lockers for a quick photo.

by Kelsi Wallace

Tryouts for spring sports began mid-March, and now that April is well underway, teams are shaping up, underclassman are showing of their skills during the first few games; maybe even for the first time in their high school career, while key returning players are taking on a leadership role. All of these teams are working really hard to be successful this 2018 season. Upcoming games are listed below, be sure to attend and support your peers and CHS athletics!

Baseball/ Softball
 Friday, April 27 vs. Rutland 4:30pm
 Friday, May 4 @ SBHS 4:30pm
 Friday, May 25 @ St. J 4:30PM

Boys' Lacrosse
 Friday, April 20 @ BHS 4:00pm
 Friday, May 4 vs. CVU 4:00pm
 Friday, May 25 vs SBHS 4:30pm

Girls' Lacrosse
 Monday, April 30 vs GMVS 4:30pm
 Monday, May 7 @ MMU 4:30pm
 Monday, May 21 vs BHS 4:30pm

Boys' Tennis
 Tuesday, May 1 vs. Stowe 3:30pm
 Wednesday, May 2 @ Hardwood 3:30pm
 Thursday, May 3 vs. SBHS 4:30pm

Girls' Tennis
 Tuesday, May 1 vs Stowe 3:30pm
 Wednesday, May 2 vs. Harwood 3:30pm
 Thursday, May 3 @ SBHS 3:30pm

Track & Field
 Wednesday, May 2 @ BFA St. Albans 3:30pm
 Thursday, May 17 @ Essex 3:30pm
 Tuesday, May 26 @ Essex 3:30pm

Unified Basketball
 Thursday, April 19 vs Bellcate 3:45pm



Varsity lacrosse players, Sophia Brigante and Nicole Corriveau prepare for practice as the 2018 season gets underway.

Springtime in Lakerland

Girls' Lacrosse
 Senior, Missy Miles

"I want to beat GMVS during the regular season and win the ship!"



Varsity Baseball
 Senior, Isaac Hutchins

"Become the best I can my senior year, my last season of baseball. Also help the underclassman grow for the future of the Colchester baseball."



Varsity Softball
 Senior, Alli Sheets

"I hope our team has a successful season and I can be a good team leader."

VARIETY NIGHT TAKES THE STAGE



Class of 2018 victorious for third straight year

by Gabrielle McDonald
Photos by Vermont Sports Images

Colchester High School hosted the 5th Annual Variety Night on March 16th and 17th. Each class worked months in advance to create the script, music, costumes, and most importantly, the cast.

Each year there's a required theme, props, and lines that must be said within the show. This year the required lines were "You can stuff your sorry's in a sack mister" and "Whoopsie Daisies". The required props were a bucket and a baguette. As usual all classes did a great job working in the requirements and showing their individual class's creativity.

The awards won this year were:

1st Place Overall: Seniors

2nd Place Overall: Juniors

Best Actor: Kat Edelmann as Cinderella

Best Dances: Juniors

Best Set/Tech/Props/Costumes: Juniors

Judges Choice #1: Sam Lopez

Judges Choice #2: Graham Bertoni and Mikey Collins

Producers Choice: The car crash- Seniors

Each grade stepped to the plate and executed a phenomenal show. Congratulations to all classes.