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### The Lakeside Vouce **VOLUME 16** ISSUE 4 JUNE, 2017 Colchester, VT 05446

Colchester High School

Supreme '17 moves on

#### by Lakeside Voice staff

In August, of 2013, approximately 200 students entered Colchester High School as freshmen looking forward to four years of high school. Now, a quick four years later, the Class of 2017 is preparing to graduate.

Once they got beyond Smart Start, they experienced all the excitement and educational opportunities that CHS offered them.

Many are on their way to the work force, military or post secondary studies.

Throughout their four years they saw many changes at CHS. They were here when the science renovations were started and completed. They also saw the theater undergo a 21st century overhaul transforming into the Performing Arts Cen-

Many performed in band concerts, choral events and plays allowing the community to see the wide array of talent they have shared over the years.

On the athletic field many earned their Varsity letters competing for the Lakers on the fields, courts and ice.

Art students displayed their artistic talents in four years of Art Shows show casing the multitude of creativity CHS students have.

In the classroom, they experienced the full high school academic experience from AP classes, to NECAP and Common Core testing, to vocational



Yearbook photo

#### The Class of 2017 poses for picture at the Fall Pep Rally in October.

and personalized learning opportunities, and Senior Action Research Projects.

On Saturday morning, June 17th, they will march as one from the library to the gym where they will take the final step as a high school student. When each student walks across the stage to receive a well earned diploma, the Supreme 17 will begin adventures that will take them in many different directions. As they go forth to begin the next chapter, they all can leave with the memories of what it meant to be CHS students, Lakers, and most importantly, friends.

# Senior Dates

#### by Dylan Davison

As the 2016-2017 year winds down, all students are preparing for summer activities. Seniors, however, are also preparing for the next chapter of their lives. In order to close out their final year in

Final Exams- Due to snow days, all senior exams will be scheduled by teachers to occur before the first graduation practice on June 13th. Please note this is before our regularly scheduled exam

Graduation Practices, 1:00-Tuesday, June 13th Wednesday June 14th

Thursday June 15th

Class Night-Friday, June 16th

Graduation- Saturday June 17th at 10:00AM

Project Graduation: Saturday June 17th

# Mr. Brown's next step

#### by Courtney Dessormeau

Mr. Brown, one of the two vice-principals at Colchester High School will be leaving next year and traveling overseas. He and his wife have been discussing this topic for a while and both decided it was a good time take advantage of the opportunity. They have two daughters, seven and nine years old, and feel as if it is a perfect time for the girls to experience a different culture. They will be headed to Vilnius which is the capital of Lithuania.

Both have jobs at the same English speaking school; Mr. Brown being the principal, and his wife teaching at the Vilnius International School. They have found an apartment right in the city that the school helped them

find, and will not have to drive anywhere, which Brown says he's "very excited about". The apartment they found is currently the home of another teacher from the school and they are in contact with each other. It will come furnished, but they have a lot to sell from their house here and are planning for a few yard sales as they don't need much over-

Of course the culture and schooling over there is very different from the United States. Mr. Brown says, "We have been discussing this with the kids a lot and they are planning to be very open and curious to what goes on, as well as trying to fit into the new culture."

Everyone is extremely excited to go and experience everything, but there is def-



Mr. Brown leaves CHS after five years of being Vice- Principal.

initely a lot of stress in moving an entire family overseas. Mr. Brown and his wife have both signed two year contracts, so they will be able to take advantage of a lot of experiences in Lithuania.

The CHS community is sad to see Mr. Brown go but greatly encourage him to get the full experience in Europe.

CHS hired his replacement, Ms Erica LeClair, a current employee at Essex High School about a month ago, and she will start on July 1st.

#### approaches Project grad

#### **by Jacob Newsome**

As the school year quickly comes to an end, Project Grad gets closer and closer. This year for Project Grad seniors are going to Jay Peak Water Park. The fun starts at 5:00 pm on Saturday, the 17th.

Graduates arrive at CHS for a hypnotist show. From there, view the Project Grad video. They then will load buses and travel

to Jay at 8:00 pm.

Once arriving at Jay Peak Water Park there will be many different activities to do other than just the water park. These include bubble soccer, broom hockey, movies, an arcade, and a casino. and of course food like pizza and s'mores.

After seniors have had their fun, they will load buses and head back to CHS where they will arrive at about 5:30 am.

### HS laptop returns

#### by Dylan Davison

All CHS laptops will be collected, assessed, and stored over the summer. Please be aware that if students do not return laptops they will be charged for the device. After finals, collections will be held in the Genius Bar for the following days 7AM - 4PM.

9th, 10th, 11th Grade Return Times 7:00AM

Tuesday, June 13th Wednesday, June 14th Thursday, June 15th Friday, June 16th Monday, June 19th

12th Grade Return Times 7:00AM - 4:00PM:

Friday, June 9th Monday, June 12th

### Ethics of the Death Penalty

#### by Aly Lynch

The act of killing someone as punishment for a crime, usually murder, is a paradoxical conundrum in itself because the state is employing the exact thing that they themselves are condemning. As a refined and sophisticated society it is time to realize that killing people as punishment, is not and will never be humane.

The cost of maintenance of those on death row is significantly higher than the alternative. According to deathpenaltyinfo.gov, "Cases without the death penalty cost \$740,000, while cases where the death penalty is sought \$1.26 million. Maintaining each death row prisoner costs taxpayers \$90,000 more per year than a prisoner in general population".

Another fact people don't usually realize is how long people are on death row for, the average time is roughly 15 years, meaning that the increased cost is then exhausted. The death penalty is cruel and unpractical as it is dragged out excruciatingly long for both the prisoner and taxpayer. Not to mention that death penalty doesn't actually affect crime rates and does little to deter others, especially in crimes of passion.

Prisons are something so integral to our culture and people tend to forget to acknowledge their whole reason for existing. Prisons are known for four major purposes: retribution (justice), incapacitation (holding them to keep them from committing the crime again), deter-



Photo provided by www.slate.com

Even

Currently, 31 out of our 50 states employ the death penalty with a total of 2,053 current inmates on death row (www.statisticbrain.com).

rence (discouraging other people from committing crime), and rehabilitation (reform).

Although the death penalty is a punishment that both punishes the offender and keeps them off the streets, there is the issue of rehabilitation. One cannot change if they are killed for one gruesome mistake that anyone else in their shoes could possibly make.

America has tried everything from the elec-

tric chair, to the gas chamber and the recent popularized lethal injection to punish criminals. Yet, with every single one of these methods comes numerous problems.

The death penalty has to stop, it is far too costly, both morally and economically, for something so useless and cruel.

### Lakeside Voice Staff / Contact Information

**A New England Scholastic Press Association Award Winning Paper** 

The Lakeside Voice is published by students at Colchester High School. Articles are selected and submitted by the CHS community at large. The high school Journalism class is responsible for every facet of the Lakeside Voice Publication.

Suggestions and ideas for articles, as well as Letters to the Editor can be sent in

The Lakeside Voice CHS Student Newspaper Laker Lane Colchester, VT 05446

The Lakeside Voice Staff: Isabell Ayer Chloe Bullock Laura Campbell Margaret Chase Dylan Davison Courtney Dessormeau Alysabeth Lynch Jacob Newsome Oliver Paradee Olivia Perron Spencer Trahan

### SR Superlatives : YES

#### by Courtney Dessormeau



Each year, the senior class at CHS has a couple pages in the yearbook for superlatives. This is when the seniors vote for each other in differ-

Yes, for Senior ent categories, such Superlatives as Best Dressed or Most Likely to be President. It is supposed to be fun, but there are a lot of things that could go wrong, as well. This year, for the class of 2017, it was decided that more than just one girl and one boy would be selected for each category, so more students could be involved.

Most people believe that having superlatives is great for the class to finally come together. It's a chance to

reflect on their peers and place them in a category. When the Google Form comes around, it is quite exciting. Everyone is discussing which senior they are putting where and trying to get people to vote for them. Finally, everyone submits a male and a female for each category and Ms. DeLaricheliere tallies them, to find out the most common seniors for each. A big photoshoot then happens where all the chosen seniors come together and pose for their category. Most seniors really enjoy this because they all feel important or spe-

Senior, Amber Sicard, says, "I think it's an interesting way to remember my classmates."

Showing that seniors really do like this experience and encourage it, looking back on the yearbook, the superlatives are definitely something to make seniors laugh or see how much everyone has changed.

### SR Superlatives: NO

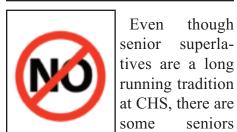
though

seniors

who do not like

the idea of them.

#### by Courtney Dessormeau



No, for Senior Superlatives

There are not enough categories for every student to be voted for, so some feel left out. It can create unnecessary drama between friends and the class as a whole. It possibly can lower someone's self-esteem and hurt that person.

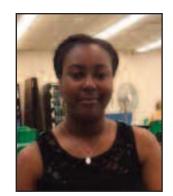
CHS principal, Ms. Baron, and science teacher, Mr. Richey, both said that they think superlatives are great depending on the cate-

Things such as Most Nerdiest could definitely affect the students and hurt their feelings. Mr. Richey said, "In the end, it's just a popularity contest." Which could be considered a good or bad thing, depending on the student.

The superlatives do not prove anything about someone or define them, though some students rely on the superlatives in order to fit in, which makes everyone else believe they are not good enough.

All-in-all, the senior superlatives are always going to be a debatable topic. It's hard to make everyone enjoy their time, but still allow fun competitions such as this.

### What would your super power be? by Dylan Davison



Reisha Grant **Flying** 



**Lucas Draus** Going back in time



Mr. King Not responsible enough



Laura Shaw Shape shifting



Michael Ploof Super Strong

### Senior privileges extended to juniors?

#### by Aly Lynch

Junior year is difficult, but there is one thing every class has to look forward to: senior privileges. Senior privileges at Colchester High School consist of special privileges given only to seniors. Seniors can come and go from campus as they please, whether it's skipping a first mod study hall to sleep in or running to Subway to grab a sandwich. In addition, if a senior has a 90 or above in a class they are exempt from the final exam, a luxury that many juniors would kill for.

The option to be exempt from a final exam would be a huge weight lifted off the juniors shoulders as they struggle to keep up with a full schedule and make for a more serene and less panicked environment among the class at CHS. I understand push back for extending this privilege to all exams, but if specific classes like electives (which usually have mainly juniors and seniors) had the final exemption rule, it would allow for juniors to focus on their core class finals rather than cram for an arbitrary class that they took for fun. In addition, it would give incentive for students to work harder during the year and be open to taking more electives and broaden their

The added bonus of leaving campus would also be beneficial, especially because whether it's right or wrong, a lot of juniors inevitably leave campus anyway. Having a system implemented for juniors based on grades so they could leave campus would simply make it more safe and structured and have the students and teachers work together rather than against each other. If a student



Two bored juniors remain lonely in the caf after all the seniors have

maintains a good grade point average they should absolutely be allowed to leave the school. It's incentive to do better and for the students who struggle, allows them time at school to work with teachers and peers on their work.

Junior year is the year students are expected to start coming up with plans for college or alternative paths for life after high school. PSAT's, SAT's, ACT's and AP tests are being administered for a

vast majority of the class in addition to the SBAC

By their junior year, students have had their fair share of stress and experience in the jungle we call high school. Extending privileges to juniors would not only be reasonable, safe and a logical incentive, but it would be an acknowledgement of the hard work students put in.

### New course for next year

by Aly Lynch

Next year at CHS, there is a new course called the Laker Learning Lab, or L3 for short. The class is personalized to a student's specific interests and passions and a very creative opportunity to earn credit.

The class is offered to any 10th, 11th, or 12th graders at CHS interested. There are no prerequisites to meet and the class starts with a half credit of .5 which students can then build on from that point.

The class starts with a proposal of what a student would want to do. From there, launch into the idea with the guided help and support

The class is still scored with CHS Essential Expectations but is a much more flexible and self opportunistic experience for the individual and their specific interests. The requirements to meet the expectation will be determined by students and their L3 adviser.

If interested in taking the Laker Learning Lab for the next year, talk to Ms. Baron or Ms. Carter and they can help with registration and talk through ideas for the class. The Laker Learning Lab is an excellent opportunity for students to cultivate their interests while also receiving credit for studying and exploring things they are actually interested in.

### Hearty Hemp

#### by Olivia Perron

Hemp may seem just like other plants in the cannabis family, but it is truly unique. Industrial hemp is a variety of cannabis that contains less than 1% of Tetrahydrocannabinol (THC), the psychoactive chemical that causes the "high" in marijuana. Most varieties of cannabis that are ingested contain about 15% - 20% THC. Although there are no psychoactive chemicals in industrial hemp, it is still illegal to grow in the United States.

Hemp is truly one of the most overlooked plants as it can be used to produce so much more than most people realize. There are two main useful parts to a hemp plant, the seed and

the stalk. Hemp seeds have many great uses, they can be used in many foods like bread, granola and dairy products. Hemp seeds are good for one's health, too, and are rich in omega 3 and 6 fatty acids; over 25% of its calories come from protein. Hemp oil, which is squeezed from the seed, can produce fuel, ink, lubricants, paint, dressing, body products and cosmetics. Hemp seed oil can also be used as a natural remedy to help soothe skin conditions like eczema and mild irritation.

Not only do hemp seeds have a ton of practical uses, hemp stalk can also produce an abundance of material.

The two parts of a hemp stalk, the herd and bast fiber, can be used separately to make animal bedding, mulch, insulation, rope, carpet and even clothes, shoes, or bags. The stalk can also be used as a whole to make; biofuel, paper products, cardboard, and filters. Unfortunately, despite its many uses, hemp is still illegal to grow in the U.S. and all of our hemp and hemp products are imported from countries like Canada and China.



Photo from leafly.com

Industrial hemp seeds in the shape of a hemp leaf.

### Senior projects presented

#### by Lakeside Voice Staff



On May 25th, all seniors enrolled in second semester Senior Seminar: Civics participated in the Senior Semi-Service

Research

Presented Learning Celebration Night. This is a night for students to present their semester long service learning projects to parents, teachers, administrators, fellow students and community members.

As a part of the course students select a topic that will lead to them expanding their knowledge through self directed learning by

extensive research, interviews, site visits and community service or service learning education. It is the goal of the course to actively engage students in the process of giving back to the community and realizing the civic duty one has to be an active participant in the community.

This semester there was an array of project topics from, solar energy and climate change to military drones and performance enhancing drugs.

Senior Seminar is a required course for all seniors at CHS, but many say that it becomes a life changing course for them and sets them on the road to civic responsibility.

### Should SATs and ACTs be required?

#### by Chioe Bullock

Colleges requiring applicants to submit SAT and/ or ACT scores has become a controversial issue. Some believe that the tests have a class bias, while others think they provide a method for college admissions to compare students. Whether one is in favor of the SATs/ACTs or completely against them it is undeniable that colleges need a standardized form to compare students. For this reason, as well as others, colleges should require SATs/ACTs for admission.

High schools all over the country have different styles of grading. Some grade on a four point scale, others use the traditional F to A+ scale. This combined with different teachers and class opportunities makes it difficult for colleges to compare students fairly. That is why these tests are a great resource for colleges. The tests on each testing date are different, but each has standardized types of questions that they must include. Colleges need this form of standardization to compare students accurately.

The tests also provide an opportunity for students to make up for weaknesses in their application. Students who lack a high GPA may be more likely to get into a school with a higher

test score. This is especially helpful to students who may not have applied themselves well in high school. Their test scores can show a college that they are more intelligent than their grades show.

There is an argument against the SAT stating that the test is class biased. This was an issue with the 2400 SAT because of vocabulary and strange formats. Both seemed to favor students who had the resources to prepare for the test. Those that were unable to afford tutors or other test taking resources were put at a disadvantage. Recently, March 2016, the issues of the 2400 SAT were removed. A new 1600 SAT was introduced. Students no longer get points off for wrong answers and vocabulary testing was removed. The new SAT was modeled after the ACT which is seen as a more straight forward test. These changes have sought to eliminate the class bias of the SAT.

Although controversial, these test are currently very important to college admissions staff. They provide a form of standardization and help strengthen college applications. The newly designed SAT, like the ACT, has become a more straight forward test that many students can be successful taking.

**FEATURES** JUNE, 2017

### May Masquerade

by Oliver Paradee

AS the 2016-2017 school year enters its home stretch and the end of the year celebrations are quickly becoming memories. On Saturday, May 20th, Colchester High School juniors and seniors were welcomed to the Barns at Lang Farm for this year's prom with the theme of a masquerade.

Doors were open for the event from 7:30 to 8:30 PM, and it lasted until 11. Tickets were on sale for \$50 which would get students in the door and to the dance floor, access to food and drinks inside the event, as well as access to a photo booth and posed pictures (taken by Paul Lamontagne/VTSportsImages). This special Saturday evening event marked the start of a long weekend for many seniors, as some elected to participate in the tradition of 'senior skip day' the following Monday.

270 people attended this year's event and the majority reported having a good time at what could be the last high school dance for many.

# Advice to avoid test stress

#### by Chloe Bullock

Exam stress is something all high school students can relate to. Students who try to memorize the textbook, read without understanding, or study late the night before the exam could end up being stressed. It is important to eliminate bad studying habits in order to best prepare for exams. Someone who feels prepared is less likely to be stressed.

The first step to eliminate stress is proper preparation. Pick a place and time to study. The location should be comfortable and free of distractions. Some students study better at different times of the day. If the time is at night be sure not to study past normal bedtime as this decreases productivity. Make a to do list with time limits set on tasks. If work on a task is past the set time, determine if studying more is a good use of time. Limiting distraction is very important when studying. Every time one checks Instagram or Snapchat takes away from study time. Put the phone aside and use it as a reward when finished. Take breaks from studying. If one starts getting distracted this will not be beneficial to learning. Leave the study area to clear the mind.

It is very important to not worry about being perfect when studying and taking an exam. Understand that all one can do is her best and if the best is not perfect that is okay. Use the studying tips to help oneself improve or ask for help if not understanding something. Both teachers and students are excellent resources for outside of class help. Keep things in perspective. Not doing well on an exam is not the end of the world.



Haley Kieny decides to study outside and listen to music because this helps her focus.

Even if studying for hours, there may still be moments during the exam that the mind will go blank. It's important not to panic. Take deep slow, long deep breaths to try and regain focus. If the answer still doesn't come, then move on and come back later. When taking the exam make sure all of the questions are read carefully, underline important words, do not rush, and regularly check the time left to answer the questions.

Exam stress affects many students for different reasons. It can be overcome with studying techniques and positive thinking. All students should keep in mind that all they can do is their best. If all has been done to prepare there should be no regrets after any exam.

### Knowing the signs

**by Olivia Perron** 



In the wake of the hit Netflix TV show, 13 Reasons Why, many are beginning to ask important questions about teen mental health. Many want to know the signs and how to get help.

The developing watch out for is any sig-The biggest thing to brain nificant changes in be-

havior. Some strong signs may be any problems with memory or concentration, aggressive behavior, substance abuse, and physical symptoms like, stomach aches or headaches. Although there are many warning signs that something may be wrong, someone needs to truly know the person before making any judgment. In other words what is normal for one person, is not the same as what is normal for another.

22 year old Claire has recently been diagnosed with bipolar II disorder, a disorder of the brain that creates periods of high and low episodes. Claire had struggled throughout her

teen years, not knowing what was wrong.

She says, "When I was in high school I guess I had a couple of depressive episodes, but my main symptoms were physical. I would tell my mom all the time that my stomach hurt, but she never took me to a therapist or mental health doctor because I didn't seem to have any symptoms of a mental health disorder."

A teenager's brain is still developing and this is when many mental health disorders also develop. The most important thing that one can do for someone who they think may have a disorder is to talk to them about it. Many times the person can not recognize their own symptoms, and need the help of others.

It was through the help of Claire's aunt that she finally got help and a diagnosis, saying "I will be forever grateful, for the way my aunt helped me. It was hard at first, but my friends and family supporting me have really helped throughout my process of acceptance and getting my medication right."

The bottom line is if one thinks someone may need help, try to talk to them and support them because it means much more than any-

\* Claire's name has been changed for this story in order to protect this person's privacy.

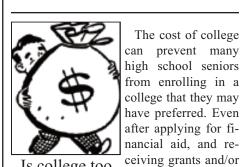
### College fees on the rise

The cost of college

scholarships, the re-

maining cost is often

#### by Oliver Paradee



Is college too expensive?

still an unreasonable amount.

During the 2016-17 school year, the average tuition and fees for a public, in state school, is \$9,130. While it is much lower compared to the tuition of public, out of state schools (\$21,303), and private schools (\$33,635), paying nearly \$10,000 per year for an education is still out of the picture for many people. For the majority of people, the solution to the high cost of tuition, is to take out student loans. Of the 2015 graduating class, 68% used loans to help them pay for college, these students graduated with an average of \$29,411 debt.

The worst part of this issue is that it keeps getting worse and worse, according to Forbes magazine if you take inflation into account then the average cost of tuition in 10 years will be between \$65,000 (In state public) and \$224,000 (private). This is obviously a huge amount of money for an education, and many people have begun to try and change this.

The most notable is senator Bernie Sanders who used "free college" as a way to catch the eye of many voters during his presidential campaign. Although Sanders didn't win the election, he still wants to make college "free". The problem with Sanders' idea is that nothing of value is necessarily free and college is no exception, and taxpayers would likely feel a huge hit in their bank accounts. Sanders' idea may not be the solution, but we do need to find a way to lower the cost of college. If the cost of education continues to rise, then we could likely see less students enrolling, and our workforce could take a hit.

### Street wear culture

by Dylan Davison

What is streetwear? Streetwear means different things to different people. Some people think of streetwear as something that skaters wear or a surfer dude. Some think of streetwear as an extension of the runway wearing designer brands and wearing all brand name clothing.

Streetwear is one's own self expression. It is one's personality shown through fabric.

Streetwear is more prominent in states with big cities, places like New York, Massachusetts, California. People are more involved in the fashion scene in places like those. It's not the same in places like Vermont. We have no retail outlets around, and can't walk into a store in Vermont and buy a Bape tee shirt. We have nowhere in Vermont where one can walk into a Supreme resell shop and buy some Supreme. They have shops like that in New York. The only way a kid from Vermont is able to get Supreme is going to one of the stores and camping out for days to get inside. Or to be online at exactly 11:00 to buy some Supreme before it sells out, since Supreme makes limited quantites of their clothing. If one is late to the drop he misses out. The only way a buyer will be able to get that specific Supreme item is from a reseller who will jump the price by at least half because they are one of the people lucky enough to get it

Supreme is not the only brand like this. There are some other exclusive brands that do the same thing, brands like Bape, Palace, and Stussy. They announce their Spring/ Summer collection and get people hyped up for all the new clothing. Then release certain amounts of clothing over their spring/summer season.



Photo by Ben Turner

Seniors Dylan Davison, Josh Ryan, Will Holmes, and Austin Collins flex their street wear.

### Lakeside Voice Student Choice Awards

### by Laura Campbell and Margaret Chase

TV Channel: ESPN
TV Show: Shameless
Actor: Leonardo DiCaprio
Actress: Emma Watson
Horror Movie: Conjuring
Action Movie: Fast and

**Furious** 

Comedy Movie: Grown

Ups

Disney Movie: Lion King Radio Station: 95.5 Rock Artist: AC/DC R&B Artist: Beyoncé Rap Artist: Eminem Pop Artist: Beyoncé Heavy Metal Artist: Metallica

Country Artist: Luke Bryan

Food: Pizza Drink: Water Local Restaurant:
McGillicuddy's
Dessert: Ice Cream
Fast Food Place:

McDonald's Candy:Twix

Ice Cream Flavor: Cookie

Dough



Photo by Margaret Chase

Stefani Franklin enjoys some water while watching her favorite show,

Shameless.

Season: Summer YouTube Channel:

Buzzfeed

Vacation Destination:

Florida

Sneaker Brand: Nike Book: Harry Potter School Subject: Math

Number: 13

Type of Car: BMW Summer Activity:

Swimming Animal: Dog

Holiday: Christmas Sport: Football

Superhero: Spider-Man

Girl's Clothing Store: Victoria's Secret

Boy's Clothing Store: Amer-

ican Eagle

Mobile App: Clash Royale Social Media App: Snapchat

### Drones in entertainment

#### by Spencer Trahan

Drones are becoming popular tools for the film industry because they allow filmmakers to create more distinctive shots quicker, safer, and cheaper. With their ability to go where people and manned aircraft simply cannot, drones allow filmmakers to capture previously unattainable images such as overhead imagery from perspectives too low for a manned helicopter and high for a crane. This has left a major impact on major film industries such as Hollywood, which is creating better shots in films and saving money. Some major Hollywood films that have used drones are, Sky Fall, The Wolf of Wall Street, The Expendables 3, Chappie, Jurassic World, and Captain American: Civil War.

Studying drones in pop culture is very useful in understanding how the public view drones. Even though hundreds of thousands of Americans now own hobby drones, the idea of the drone as an autonomous killing machine still persists. It appears to be less common for

members of the public to equate military and civilian unmanned aircraft, and yet we are generally still receptive to portrayals of drones that do exactly that. Its ridiculous for people to think that a drone used to deliver or film something, is viewed as the same as a predator drone. Studying the way our society views drone is important because it gives us an understanding on how the drone itself will be affected in the long run.

Drones continue to leave a great impact on society, being used as tools to serve everyday lives across the world. Drones are capable of providing us with many different services such as military use, disaster relief, surveillance, data collection, and entertainment. Drones have drastically increased in use over the years which has left a positive impact on lives by providing as a tool for many different things, but has also left a negative impact on people's lives as well being portrayed as deadly and invasion of privacy. The use of drones has made its way into a major technological advancement in society leaving a major impact on our every day lives.

### Smartphones making society stupid

#### by Laura Campbell

Since 2011, smartphone usage in America has more than doubled. In 2016, it was reported by the Pew Research Center that 77% of Americans now own a smartphone. A smartphone is classified as a mobile phone that performs many of the same functions as a computer. A study done by Mobile Mindset found that three out of five smartphone users can't go more than one hour without checking their phone. While the use of a smartphone can be extremely helpful there are several negative effects.

According to a Microsoft study, the attention span of most humans has dropped to lower than that of a goldfish due to smartphone usage. Smartphones are constantly sending notifications whether it's a new email, text, or game request. With constant interruptions and temptations from the smartphone, it becomes harder for people to focus on the task at hand.

Another study by Social Psychology showed the effect smartphones have on people's ability to complete tasks. While attempting to complete a simple task on paper, those who had their phones insight performed 20% worse than those without phones present. Smartphones tempt people with their endless abilities to find information and provide entertainment causing shorter attention spans.

Another negative effect smartphones have on people is a decrease in the ability to remember information. Smartphones allow people to write down anything they need to know for later. Most people use the calendar on their phone to get reminded of a specific date and when they have appointments or meetings. Smartphones also provide access to the internet, where all sorts of information can be found. Users may quickly look up something that they need to know, despite the fact that they may actually know the information themselves. Smartphone users have no need to think about information and use their brains to

### The Jeopardy experience

#### by Margaret Chase

After being a long time fan of the show, Mr. Dean was able to take the spot as a competitor on Jeopardy. The episode aired in early May and he was part of the Teachers' Tournament.

After taking the online test for the past five years this year he was selected. Passing the first test, he moved onto the next round where they did in person interviews. He traveled to New York to complete this process. Here, he took another test and completed mock games.

After hearing he made it on the show, he made the trip to California with his wife, daughters, mother, and mother in law. A lot of filming is done at once; two weeks of the show are filmed in two days. The first day started at 6:15 by getting on a bus. The traffic in L.A. is nothing like in Vermont taking them one and a half hours to travel only fifteen miles. Once they arrived they completed practice rounds, changed clothes, and then waited for the first games to be filmed. Mr. Dean was in the first game and said that his half hour flew by quickly. After filming he was able to watch his new friends play. In between episodes Alex Trebek and those who won would change clothes to act as though it was a completely different day.

Though he did not come in first he still won. His winnings included \$5,000 for himself and a \$2,500 grant for the high school. His personal winnings have already been spent on basement renovations and plane tickets for his wife and daughter. For the school grant money he plans to create an outside space for classes. He wants to create a labyrinth where students can

go to walk around and think. He wants to leave an impact on the school having what he made be more permanent than something like a calculator or a desk.

Dean says that though the thought of being on a game show that is broadcast may seem nerve wracking, the producers and everyone made the process seem exciting. Overall, he had a great experience and would recommend it to anyone who is considering the show. He has made many new friends from teachers who were competing, also.



Photo by Margaret Chase

CHS's Mr. Dean competed in the Jeopardy Teachers' Tournament that aired in early May.

remember anything important. Most smartphones also come with autocorrect, so there is no need for people to learn how to spell. Gordon Pennycook a PhD candidate performed a study that linked heavy smartphone usage to lower intelligence.

As smartphone usage increases, social skills decrease. Smartphones have become somewhat of a security blanket for people. If someone is ever in an awkward social situation their phone is generally their outlet. A study done at the University of Maryland attributed smartphone usage to selfishness and a decrease in friendly behavior. The usage of cellphones keeps people from looking at each other while having a conversation. No eye contact can cause people to miss changes in facial expression which affects the conversation. The University of Essex's study showed how when phones are present in a conversation people perceive each other as less understanding and less trustworthy. Social skills are vital to people's relationships in life, the use of smartphones is negatively affecting them.

Smartphones are making society stupid, as they have several negative effects. People rely on smartphones for everyday life, and without them many people may find themselves lost. By using smartphones less, people can avoid some of these negative effects.

JUNE, 2017

# Future plans for Class of 2017

Poll compiled by Laura Campbell

Madaline Schmidt- University of Vermont,

Alyssa Jenkins- George Washington University, International Relations

Margaret Chase- University of New Hampshire, Chemical Engineering

Alexandria Marcou- Cedar Crest College, Forensic Science and Biochemistry

Michaela Brodeur- Johnson State College, Pre-physical Therapy

Maygan Blow- Navy

Raven Sweeney- University of Tampa, Biology and Zoology

Alana Plumb- University of Vermont, Behavioral Neuroscience on Pre-medicine Track

Andrew St. Pierre- Mount Ida College, Forensic Science and Criminal Justice

Charlie Powell- University of Vermont, Accounting and Business Analytics

Megan Cameron- Radford University, Elementary Education

Hayley Giard- Community College of Vermont, undecided Brenna McMannon- Vassar College, unde-

Adrianne Colley- St. Lawrence University, undecided

Isaac Racine- University of Vermont, Pre-

Erin Horton- University of Vermont, Nursing

Zayla Smith- University of San Francisco, International Affairs

Will Holmes- working at Vermont Mechanical

Kristen Thompson- University of Maine,

Chemical Engineering Hannah Achilles- Saint Michael's College,

Ian Sarrazin- Air Force Academy

Jaeger Nedde- Endicott College, undecided Cassie Rivers- University of Vermont,

Olivia Ellwood- Rollins College, Early

Haley Johnson- Clarkson University, Environmental and Civil Engineering

Charlotte Lau- University of Vermont, Psychology

Kerrigan Davis- Castleton University. Secondary English Education

Danielle Feinman- Husson University, Forensic Science

Katie Pierson- University of Vermont, **Environmental Science** 

Reisha Grant- Ithaca College, Screenwriting Dylan St. Hilaire- Post secondary program at airport, aviation and aerospace technology Haley Kieny- University of Vermont, unde-

Grayson Ducharme- University of Vermont, Early Education

Ethan Dean- University of Vermont, Biology Max Brault- University of Vermont, **Biological Science** 

Brenden Adamczyk- University of Oregon, **Environmental Science** 

Abby Ladd- Colby-Sawyer College, Nursing Lucas Draus- Working towards an associates degree in computer systems manage-

Maddi Martin- Castleton University, Forensic Psychology

Jenny Thompson- Plymouth State University, Nursing

Autumn Guilmette-Working full time while taking online classes at Community College of Vermont, Early Childhood Education

Colyn Hutchings- University of Vermont, **Business Administration** 

Kyra Walker- Bentley University, Business Chloe Bullock- University of Vermont,

Courtney Dessormeau- University of Vermont, Psychology

Ian O'Brien- United States Air Force

Amber Sicard- Southern New Hampshire University, Marketing

Shannon French- George Washington University, Biomedical Engineering with Premedicine Track

Nikoli Holly- Bettering myself and making the money flow

Jessica Erdmann- Northeastern University, **Business** 

Courtney Phelps- Community College of Vermont, Nursing

Laura Shaw- University of Southern Maine,

Music Education Sullivan Crady- Clarkson University,

Political Science Bailey Corbo- University of Tampa,

Communications Maggie Brigante- University of Vermont,

Ryan Arel- Suffolk University, Journalism and maybe Economics

Early Special Education

Jess Zwolen- University of Vermont, Engineering

Jimmy Collins- University of Vermont, Psychological Science

Cortland. Vivian Trevisani-

Alyssa Noel- Otterbein University, unde-

Austin Collins- Community College of Vermont, undecided

Travis Galusha- Lyndon State College, Sports Management

Stefani Franklin- Emmanuel College, Accounting

Aliza Bogner- Curry College, Occupational Therapy with a minor in Health and Science Zach Piche- Coastal Carolina University,

Ethan Bokelberg- University of Vermont, Physics

Caci Kranz- Gap year

Megan Hoague-Coastal Carolina University, Marketing

Matt Hesford- Castleton University, Accounting

Oliver Paradee- Lasell College, Sports Management

Jaret Baldwin- Champlain College, Business and Finance

Jack Evans- Gap year

Spencer Trahan- Gap year and then going to Vermont Tech

Dylan Davidson- Community College of Vermont, Forestry

Isabelle Ayer- Suffolk University, Business Emma Lamothe- University of Vermont, Neuroscience and Biology



# **FEATURES**

# Seniors share bits of advice, favorite quote, and memories

Poll compiled by Jake Newsome and Spencer Trahan

Travis Galusha

A: "Don't wait until the last night to do your work."

Q: "Life is a garden dig it."

M: "Going on field trips with friends"

A: "Enjoy your years here, it will go by fast. Enjoy the people because soon you only will see 5% of your class or less after you graduate.

Q: "Don't lose your happiness on the pursuit for

M: "Making it to semi-finals for softball and watching two championships."

Olivia Perron

A: "Take as many classes as you can now so you don't have a lot of classes senior year!"

Q: "I'm not actually funny ... I'm just mean and people think I'm joking."

M: "Pottery class sophomore year."

Alyssa Noel

A: "When you're making any decision, your gut-feeling, will probably be what's right.

M: "Taking French with my freshman sister all this year."

A: "Try your best and do your work. Don't slack off because every assignment matters."

O: "Without music, life would be a mistake." - Fredrick

M: "Going to Six Flags and New York City with the music depart-

William Holmes

A: "Use your planner to keep track of work that you have due. Work hard and stay focused but have a good

Q: "The mud." - James Price.

M: "When the boys' varsity soccer team won the Championship Game against CVU."

Reisha Grant

A: "You think it's hard now? Just wait for Junior year."

Q: "Opinions are like mix tapes: I don't want to hear

M: "Sporting events."

lake Rocheleau

A: "Walk on the right side of the hall."

Q: "It's just a CA, It doesn't matter."

M: "Getting my driver's license."

Matthew Hesford

A: "Focus on your grades so you can go to the college you actually like.

Q: ""I'm good at drifting"(Joey G before he hit the

M: "Mrs. Minor flopping a girl at lunch."

A: "If it's a PA or a AAA, turn it in late because you can."

Q: "I read part of it all the way through."

M: "Finishing my junior year."

Oliver Paradee

A: "Get good grades."

Q: "Gang Gang Gang."

M: "Throwing oranges down the stairs with da boys."

A: "Do your work and don't party too hard."

Q: "All I have in this world is my ... and my word, and I don't break 'em for no one." - Tony Montana

M: "My favorite memories were all the parties."

A: "Don't give in to senioritis, it is a real thing."

Q: "I do not fear a man who knows 10,000

has practiced one kick 10,000 times."

M: "Being on sports' teams."

Dylan Davison

A: "Go hard at football games."

Q: "Carpe diem."

M: "Senior year high school games, bumping with the homies in the student section.'

Lucas Draus

A: "Do your work on time. Missing assignments can really add up.'

Q: "Talent is god given, be humble. Fame is man-given, be grateful. Conceit is self-given, be careful." - John

M: "Hasn't happened yet, but it will be graduating."

Ryan Arel

A: "If you want an easy senior year, actually do work your first 3 years."

Q: "Keep it simple." - James Price.

M: "HOOK N LADDER."

Sullivan Crady

A: "Don't have conversations in the hallway between classes, especially if you and a group of people are all clumping in the center of the hall. You're inconveniencing everyone else in the general area."

Q: "...And that led to the rise of... This guy?"

M: "Mrs. Minor body-checking that girl into the cafe wall freshman year."

Shelby Gagne

A: "Do your homework and don't take AP stats, you'll want to die."

David Cross

Q: "Party at the goat house."

Tate Hamblett

A: "Do your homework, after you party."

Q: "Thuggerrrr." - Young Thug

M: "Making all the teachers hate their jobs."

Hayley Giard Q: "Haaaannnn." - French Montana

Megan Cameron A: "Do your work, and DON'T take AP lit."

M: "Pep rallies/football games."

Q: "I never saw a computer till I was in college."

Kristen Thompson

A: "Don't procrastinate with anything."

Q: "I keep my ideas, because in spite of everything I still believe that people are really good at heart." - Anne

M: "Spending time with the Nordic ski team over the

Ian Sarrazin

A: "Try hard and keep a high GPA now because later on it will take a hit."

Michaela Brodeur A: "Do your homework..."

Q: "See ya in Las Vegas ...

M: "Fourth quarter of senior year."

Laura Shaw

A: "Don't procrastinate, you will, I can guarantee it, but you'll regret it! Then you'll do it again."

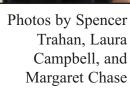
M: "Going to NYC with band and chorus freshman and junior year.'

Chloe Bullock

A: "Take GPA boosters."

M: "Going to Washington D.C. with the election 2016







# **FEATURES**

Collaborative feat

#### by Dylan Davison

Some people watch basketball because they want to see a slam dunk. Some people go to rap shows to see the crowd jumping. But what's the most important thing to athletes and rappers in both situations? Three key factors. They need, movement, style, and of course, be able to perform. Whether they need to dribble the ball up court and go hard in the paint, or they need to spit the verse quick, jumping up and down making the whole venue shake. They need style because what is skill without a little flare? They need to perform for millions of people and be comfortable doing so. That's why many shoe companies are linking up with athletes and rappers to create shoes.

Why not sell a shoe with one's own name on it? More and more rappers nowadays are getting deals with shoe companies to make their own shoes. It has proven to be a very smart ploy for sneaker companies, to have a well known celebrity create his own twist on some of the most classic sneakers and some of the newest, hottest, sneakers in the game right now.

A basketball star that clearly stands out is Michael Jordan. Jordan has left a lasting mark on the rap scene, the basketball scene, and the sneakerhead scene in general. With the re release of some people's all time favorite sneakers, like the Air Jordan Retro I's, Black and Red

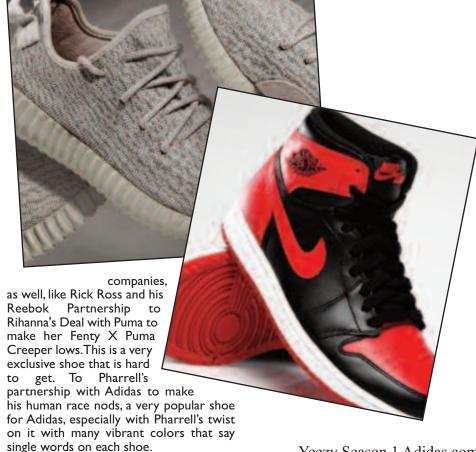
colorway (Breds), a truly iconic shoe. Michael Jordan's first basketball shoe. This was a true breakthrough for athletes in the fashion scene. Jordan was always into fashion. Post game he would dress to the nines in the hats, glasses, earrings, rings just to do an interview. His legacy in the shoe world spawned a wave of hype for basketball shoes making other athletes wanting to create their own shoes. Athletes like Lebron, Kyrie, Durant, all looked at as hyped sneakers in sneakerhead culture. Like the South Beach Lebron 6's considered a holy grail for some. But not only has sneakers always been important in basketball,

it has always been important in rap as well

From some of the earlier hip hop like Run DMC My Adidas, which was a big song for Run DMC, it also created a good amount of buzz for Adidas and their superstar shoe. When one thinks of Adidas today, it is a very powerful company with lots of hype around it. That reason being their Yeezy line that they collaborate with Kanye West.

A hip hop icon, Kanye's Yeezy brand produces shirts, hoodies, pants, shoes, and boots. Perhaps their most popular item from the Yeezy line are the 350 boosts. Originally released in 4 color ways, the Yeezy 350 boost is probably one of the most expensive shoes to get one's hands on an authentic pair. Since their release of Yeezy season 1, there has been different color variations and designs.

Some other rap artists have had their shot at a custom sneakers with sneaker



Yeezy Season 1 Adidas.com Yeezy Season 1 Moonrock 350 Boosts

Air Jordan Retro 1 (Breds)

# World Languages at CHS

#### by Aly Lynch

As the years progress there is a notable digression in the interest involving World Languages, at CHS especially. Students tend to only see the negatives with languages and opt out of the class after one or two years of taking it. Despite what may or may not think about world languages, they are definitely classes worth pursuing.

Although CHS currently only offers French and Spanish as languages, the opportunity to progress and learn is vast and undiscovered by many. There are many pros to taking a world language, so much so that they, outweigh any possible reason not to take it.

For one, they look great on college applications, especially if it is taken all four years. The same goes for a real world scenario, when applying for a job or position, someone who is proficient in a language has a leg up on the rest of the applicant pool and is more likely to be accepted or hired.

In addition, there are numerous studies that show positive benefits on the mind when learning another language. It is good for the brain and believe it or not, learning other languages actually makes one's English much stronger having to translate proper English into proper French.

Some sense a certain stigma that comes with taking a language willingly in high school, presuming that those who choose to continue with it are "crazy". However, language is definitely not as daunting as it may seem. It's definitely something so beneficial that it should become more normalised within school culture.

Not only are all the language teachers incredibly informed and passionate about the subject, they're incredibly nice and approachable. If a concept just isn't clicking,



Photo taken by Aly Lynch

Colchester's World Language teachers (left to right): Madame Romary, Madame Loiseau (both French teachers), Profesora Turner and Profesora Robinson.

or a students do bad on a AAA they have no problem working with them and working out a solution in order to help.

In terms of homework and workload, in my experience with French 2 through 4, it is not as bad as it may seem. There's definitely homework and studying that needs to be done but it's nothing unmanageable, especially if the student pays attention in class.

Not only are there learning and expansive opportunities, but for French class at least, there are really cool trips. Every year French 3 and 4 go to Montreal for the day and get to go shopping, eat amazing food and see the city. French 5, if there is one for that

year, usually takes a weekend long trip to somewhere in Canada, and does the same, both trips are incredibly amusing and a wonderful opportunity to practice the language alongside peers.

Learning another language is logically beneficial to a wide range of aspects in life, but it's also just a really cool thing to know. The idea of being able to think, process and communicate in a language that is not native, is actually amazing. People are often amazed and perplexed when people around them are speaking in an unknown tongue, imagine being able to illicit that affect simply by speaking.

# Romary and Orr bid adieu

This year we say goodbye to two both very lovely and influential people at CHS. Madame Romary and Mr. Orr say good bye as they move onto new beginnings.

Madame Romary has been teaching French for 11 years at CHS. When asked what she would miss the most she responded, "the students of course" explaining that she has learned so much from all the students from differing backgrounds and varying abilities.

Madame Romary is excited to retire to have a new freedom to pursue her interests. She plans to spend her free time travelling with her husband, and making art, specifically paintings.

The students at CHS are very fond of Mr. Orr, but much to their chagrin he is also saying goodbye as he is switching positions to work at Essex High School. Mr. Orr has worked here for three years, one as a paraeducator and long term sub and two as a full time teacher.

Mr. Orr grew up in Essex so he is very comfortable and excited to work there. This will also mean he can teach and coach at the same school rather than switch back and forth between two.

When asked what he would miss, Orr answered that he would miss all the awesome people, both students and colleagues. As he goes onto Essex, he explains that he hopes to create relationships as strong as the ones he has here at CHS.

As both Romary and Orr leave, we would like to recognize them for their work and contributions to this school. They are both wonderful people and teachers and we thank them kindly for being apart of the CHS community and hope the best for them as they venture on to their new beginnings.



# **FEATURES**

# Swimming through internet scams

"Cap the pro-

#### by Isabell Aver

We have all dealt with the common internet scams, like getting emails that promise you've won the lottery, or the ads that guarantee you'll make millions if you sign up. They are everywhere and some of the best are camouflaged in the most tempting of deals, and a recent one happened to go viral.

Many have probably seen the photo of a girl

in a red, one-piece swimsuit floating around every social media site there is. The photo emerged from a company motion...due to called Sunny Co who posted that exact photo within a 24 hour period would of participants." receive a free swimsuit. However, many were hesitant to take -Sunny Co. Clothing advertisement. It still remains to be seen if the advantage of the op-

portunity for a free suit, fearing the possibility that it could be a scam, or the site, once you clicked could open a virus on your computer. Many even thought that there would be no free bathing suit at all, and instead just a bunch of people who reposted the photo.

Then there were the Instagram users that hopped right on board, and the photo exploded onto everyone's account. Suddenly, the company's Instagram followers spiked, and the repost spread like wildfire. The promotion almost backfired, as tens of thousands of people reposted the photo eventually making the Sunny Co Clothing company change its rules of the giveaway just a few hours in. They just declared that they had the right to "cap the promotion... due to the viral volume of participants." They clearly did not expect the response that they got, because now they had to come up with all of this product, to give away, for free. So maybe they didn't think their promotion through. Still users doubted the com-

pany until Sun Co. posted their next photo and in it, they revealed the promotion code needed to purchase the bathing suit at no cost except shipping. So as people thought it was a possible scam, they did end up getting played because it turns out that you didn't need to repost their photo to get the code. The company just made the code public, and yet they are still receiving the 12 dollars -for the ship-

ping and handling- from every participant, on TOP of the free advertisement they got from the posted photo that flooded Instagram. If that's not the slickest promotion I've seen, Clothing, who promised that everyone the viral number promotion I've seen, ised that everyone the viral number both ends are happy, their suits, and the Sunny Co Clothing Company with the overnight success, and

suits will actually arrive.

Another, not so lucky scam occurred on Snapchat recently. Many users reported that their friends slid into their dm's asking to use their email to send a document. This scam was tricky because the snapchat users were unaware that the person contacting them was actually a robot, or someone that hacked into their accounts. So these unaware snapchat users ended up sending their email and password to the bot. This resulted in many people getting not only their emails hacked, but all of their social media accounts getting hacked. Some users were lucky to catch it right away, and were able to change their email passwords, and every other password they have for good

So the moral of the story is to always be aware of the scams that exists in the world, whether it be bathing suits or snapchats, there is always someone out there that wants your



Uknow Kids.com photo

Internet users need to know the signs of spotting online scams.

### Summer adventures

#### by Isabell Ayer

Margaret Chase- "It would be really fun to go to a waterpark, and go shopping at a wider variety of stores that Montreal has to offer."

Courtney Dessormeau- "I am going to go to Boston, and get a nice tour of the city. I would also love to go see a baseball game, and definitely get some shopping in."

Lynneah Rabidoux-"I really want to drive to Maryland with Isabell, and go to the beach and check out the boardwalk."

Chloe Bullock- "I am going to Utah and I plan on visiting the 5 National Parks that they have to offer."

Lucas McClanahan-"I go to Rhode Island every year for baseball, and i'm going to Maine, as well."

Bailey Olsen- "Every summer I go to Boston College for football camp, I also plan on visiting Thayer's Beach frequently.'

Conroy O'Donnell-"I go to a family cabin on a lake in Northern Central Maine, I also am going to bike on the causeway."

Brayden Wilkins "I am going to a lacrosse tournament in Lake Placid, and I probably will have to work a lot."

Grace Martin- "I going to go out on my boat and go tubing."

Brooke Barrows- "I am going to work and save up, and probably be out on the lake a lot, and enjoy the outdoors."

Summer Hathaway- "I am going to a conditioning camp for soccer, and I'm going to a concert at the fair, and seeing Luke Bryan in New Hampshire."

Van Nguyen- "I am going to visit Vietnam, and play soccer."

Evan Lamothe- "I am going to workout, and maintain my haircut."

#### Spring Student of the Month winners



Math: James Collins, Jordan Courute, Chloe Echo, Sam Lamphier and Kyra Walker

Science: Petra Bajuk, Charles Davidson, Erin Horton, Jacqueline Palaza and Mason Rogers

Technology: Dylan St. Hilaire and Abbie Sykas

APRIL -

Dean, Jacob Dell, Laura Shaw, Everett Simkins and Connor

Chorus: James Collins, Keegan Davis, Mario Houle, Matthew LaChance, Kyra Walker and Jessica Zwolen

MAY -

Art: Kyle Abbott, Isabella Lopez, Olivia Perron, Shyanne Roberge, Savanah Tebeau-Sherry and Kristen Winchester

Drama: Graham Bertoni, Morgan Eaton, Abigail Longchamp, Band: Grace Carroll, Ethan Brooke Marcotte, Jenna Walker and Tracy Wear



## ART ON DISPLAY

