The Lakeside Voice

VOLUME 14 ISSUE 3 **APRIL, 2015**

Colchester High School

Colchester, VT 05446

Students serve community

"They bring curiosity..."

by Megan Severance

There are a handful of students at the high school that have participated in an extracurricular activity that is far different than any other. Colchester Center Fire, Colchester Rescue, and Malletts Bay Fire have opened up magnificient learning opportunities for some students at Colchester High School. These students are a part of the community helping others in their free time whether it be riding along, helping with an ambulance crew, or riding with the fire department going on many different types of calls.

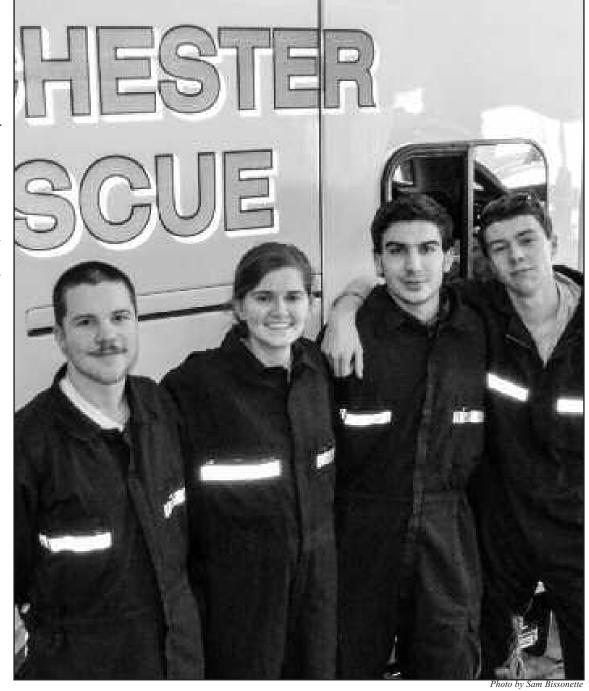
Currently, there are five rescue junior members, four of whom are seniors. They are assigned to one crew and spend roughly four hours a week

Junior Members on Colchester Rescue go on calls ranging from cardiac arrest to car accidents, as well as help their crews with what needs to be done while taking care of patients.

Although there is downtime, the time spent on Colchester Rescue is a wonderful learning experience. The crews that students spend time with start to become more like family the more time they spend and train with them. Each crew spends roughly one hour a week training for different types of incidents. Once a month the whole squad gets together for dinner and training where all levels are free to share their opinions and discuss matters of concern.

"The atmosphere at Colchester Rescue is great, everyone is very supportive of each other. If you ever need help with anything our crew chiefs and captains are very approachable. I have had a great time so far, I have learned a lot and I cant wait to see what happens next!", says senior Mark Gauthier, a current junior member.

One of the Colchester Rescue Paramedics, Becky Alemy, who currently has junior members on two of



CHS students and Colchester Rescue Junior Members- Tyler Cootware, Megan Severance, Mark Gauthier, Nathaniel Schramm.

her crews talks a little on her perspective of the junior member pro-

"I love my junior members. They bring curiosity, enthusiasm, and energy that we don't get from our more experienced members. They always keep me motivated to train and to whenever they are not in school.

educate- them, myself, and the rest of ours crews."

Colchester Center Fire and Malletts Bay Fire have a program that allows student to connect with the community in a whole different way. They are able to respond to

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CROSS RLOOD DRIVE

by Aleksa Jenkins

The spring months are always a busy time at CHS, with spring sports starting up and Variety Night and the volleyball tournaments just ending, there isn't much time for winter-spring transition. The month of April is no excep-

April 30 is the date that the CHS Blood Drive takes place. It will be happening in the CHS gym from 9:00 AM to 2:00 PM. Students who are interested in donating in the blood drive must be at least 16 and can donate as long as they get a signed permission slip by their parents or legal guardian.

Students who are 18 can donate as long as they sign the forms that will be at the sign-in desk which will be located in front of the gym doors.

Donating blood is not only a great way to give back to your community and to those who are in need of blood transfusions or major surgeries, but also donating allows them to be able to find out what blood type they are if they don't already know.

Many CHS students are eager to donate blood this year, for some it will be their first time for others it will be the second or third time.

Past blood drives held at CHS have been very successful and this year's is expected to be the same



Jake Ducharme prepares for the upcoming season.

JItimate springtime

Spring has brought warmer weather, and a new sport to Colchester. by Angus Doherty

Finally, the dark winter days are gone, and spring time is officially here. Along with the longer days, people generally seem to be in a better mood. Winter in Vermont can be fun of course, but not when the temperatures commonly reach -25 degrees with the wind chill. People are always so quick to state how much they hate the cold, but they might not be saying that in the middle of July. Either way, the change in weather has been taken with a whole lot of happiness.

Additionally, this spring has seen the uprising of Ultimate Frisbee at Colchester. With a lot of support from students, Senior Captain Noah Robinson is very excited to get the season going. "I'm very excited for this year's ultimate season. This is the second year and the amount of interest is incredible. My one goal was to spread this sport and I'm glad it's turning into something special at Colchester."

Believe it or not, this is the second year CHS has had an Ultimate team. However, last year got off to a very slow start.

"Yeah, we didn't get to start until two weeks before States. So we weren't as prepared as we had hoped to have been. But this year, we will be prepared and we will with the State Championship," according to Robinson.

Hopefully with the warmer weather, will come warm feelings from the Ultimate Frisbee players who will be fighting for the top spot throughout May.

In legal trouble? Better Call Saul!

by Reid Atwood

The critically acclaimed success of Breaking Bad, has led to the development of a new series by Vince Gilligan and Peter Gould. The creators have come together yet again with AMC to produce Better Call Saul, a spin-off series that won't only be appealing to former/current audiences of Breaking Bad, but will also educate those who are interested in learning about Saul Goodman's (Bob Odenkirk) involvement in cases prior to Walter White's, the lead character in Breaking Bad.

Premiered on February 8th, the show takes place six years before Walter White's beginning and demonstrates Saul Goodman's background prior to the events in Breaking Bad.

The series opens with Saul Goodman living in Omaha, Nebraska, just as he had planned during the final events of Breaking Bad. As Goodman sits at home, watching old commercials and advertisements for his law firm, the series flashes back to 2002, where Jimmy McGill is a struggling defense lawyer often finding himself in troubling situations. McGill comes across Mike Ehrmantraut, a familiar character who is known for becoming one of McGill's assistants. From this point on, limmy and Mike work together when solving/resolving cases, essentially leading to McGill's establishment of a leading lawyer known as Saul Goodman.

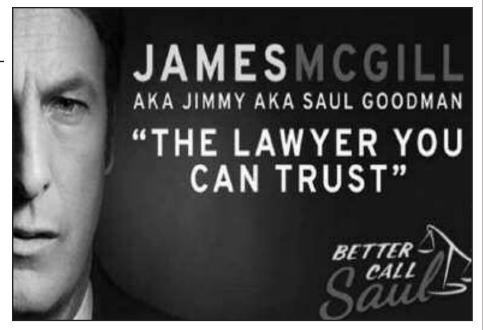


Photo contributed by nerdunderground.net

Bob Odenkirk stars yet again as Saul Goodman, a lawyer whose past will be appealing to Breaking Bad fanatics.

Better Call Saul has been closely compared to Breaking Bad, with reviews already being high. According to Jeff Korbelik of the Lincoln Journal Star and critics of the Wall Street Journal, "The first episode ends with a cliffhanger of sorts, and another pleasant surprise. The first two episodes reveal a show that will greatly exhibit the same cinematic grandeur that distinguished Breaking Bad."

Such reviews seem to be proven right because each episode represents a series of new surprises, again representing Vince Gilligan's and Peter Gould's directing and writing skills. Viewers can already say that the show is going to expand knowledge of Saul Goodman and other familiar characters that played roles in Breaking Bad.

Lakeside Voice Staff / Contact Information

A New England Scholastic Press Association Award Winning Paper

The Lakeside Voice is published by students at Colchester High School. Articles are selected and submitted by the CHS community at large. The high school journalism class is responsible for evert facet of the Lakeside Voice publication.

Suggestions and ideas for articles, as well as Letters to the Editor, can be sent in care of:

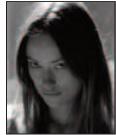
The Lakeside Voice CHS Student Newspaper Laker Lane Colchester, VT 05446

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Bringing back the dead is... bad!?

by Christy Sheehan



Olivia Wilde playing

What do you get when you make a horror movie with a cast of comedians? The Lazarus Effect apparently. Starring Mark Duplass, and Olivia Wilde one might expect to be laughing through this creepy movie, however Evan Zoe, post reanimation. Peters' character is the only one who plays it comedically.

They play a group of scientists researching how to bring things back to life, though rather than preserving tissue as was originally intended, the Lazarus Serum, the focus of the project, is used instead to restart a dead dog's brain. Then the group's funding is cut due to violating their grant contract, their research is confiscated and credit for creating a serum capable of bringing things back to life goes into the hands of a corporate company. The scientists decide to break into their lab and re-perform the experiment, filming everything as evidence that the project was theirs. In their haste to perform the experiment on another dog Zoe (Olivia Wilde) is electrocuted and dies. Her husband Frank (Mark Duplass) decides in desperation to revive her using the serum. After coming back Zoe is not the same and goes

Overall, the movie is entertaining with some very tense creepy scenes. It uses several jump scares, most of which are earned. One scene close to the end involves a character walking through an almost completely dark hallway and instead of a traditional jump, the scare turns out to be only sound in the dark. It adds to the already tense atmosphere.

The movie also asks some big questions about life after death, and what can possibly happen if a person is brought back from death. This is never fully explored though, and as such, we don't actually know what happens to make Olivia Wilde's character go on a crazy rampage she does at the end.

The movie goes for something big, and then settles for a slasher ending. It is still a better slasher than the vast majority of horror movies out these days.

I would recommend it, it was an entertaining watch and quite creepy. Olivia Wilde's performance alone warrants seeing the movie.

YouTube turns ten

by Christy Sheehan



This month YouTube is turning ten years old. The website, which is now a decade old, has some interesting roots as to its conception and final implementation as to what the website it is today.

YouTube was The official originally created by YouTube logo. three people, Chad Hurlev, Steve Chen, and Jawed Karim. The three originally worked together at Paypal, and the concept for YouTube was brought up over dinner one night. Originally, YouTube was going to be a video version of the website "Hot or Not", but that idea was scrapped.

Two events were instrumental in the creation of YouTube as it is today. Those are Janet Jackson's wardrobe malfunction at the Super Bowl, and the tsunami in the Indian ocean. These events made the trio realize that people wanted to see things that happened in other places they could not attend, or events they had missed online and easy to access.

The first YouTube video is called "Me at the Zoo" and features Jawed Karim standing in front of an elephant enclosure talking about their long trunks. The video is only eighteen seconds long, but it is the equivalent of a historical artifact being the first video uploaded to the website. Since this first video, billions of videos have been uploaded to the website. Everyday people watch hundreds of thousands of hours of video on YouTube generating billions of views.

The most viewed video on YouTube ever, is Gangnam Style, the Korean pop music video that went viral, creating not only billions of views but also tons and tons of spin off videos. Some other videos are also famous on, and off the internet. Justin Bieber's Baby video brought fame to a previously unknown Canadian singer. Whether one loves him or hates him, his fame was created by YouTube. Other videos have gone viral purely because they are funny or entertaining. The Charlie Bit My Finger video of two small children blew up, becoming one of the most known and popular videos on the internet. YouTube has become a gigantic force for uploading and sharing videos on the internet and they will probably continue to be the number one source of internet videos for years to come.

What's Your Dream Career?

by Angus Doherty



"I want to be an Architect." -TJ Brown



"To be in child education." - Cynthia Rodriguez



"University of Montana AD." Mr. Ellingston



"To be a construction worker." -Brittany Michel



"To be a deep sea fisherman!" - Noah Bean

Rave reviews for Riptide

by Sophie Singer

"Riptide", by Vance Joy (pseudonym for James Keogh) was released mid - 2013. People who listen to a variety of genres of music were attracted to this song. It gained a lot of popularity in the United States, but even more in the artist's homeland of Australia. The song's peak position on US Billboard chart was 30 and on Billboard's Alternative songs it hit number 1. In Australia it hit number 6 on the ARIA (Australia's music sales chart).

Ukulele is one of the main instruments heard in this song making it stand out from most of the other songs heard in the US. The lyrics, written by Keogh himself, made it easy for listeners to connect. The rhythm itself made it nice and easy to the ear and is something that can get "stuck in your head". Due to the way the song was written, performed, and recorded it appealed to a variety of ages.

Senior Julia Bessy said, "It's an upbeat song that almost every teen can connect to."

In 2008, Keogh wrote the first two lines of "Riptide" and then left it alone and didn't think about it for a while. Then in 2012, while he was at the supermarket he met a girl that told him she was a magician's assistant (which Keogh did not know how to react to). On the way back home he found himself humming the melody. Once he arrived home he grabbed his ukulele and finished writing the melody.



 $Photo\ from\ the\ music\ video\ "Snaggletooth"$

Vance Joy, the artist of the song "Riptide" shown strumming his ukulele, one of the main instruments used in his songs.

Upon finishing the musical melody, he was able to think of the words very quickly. The song title however, was inspired by a hotel he stayed at with his family at least once a year when he was younger.

James Keogh AKA Vance Joy is a relatively new artist, but this one song got him a five album deal with Atlantic Records. The song has personal meaning to the artist, an upbeat rhythm, message, overall sound, and it is easy to connect to. All of these things helped make the song as popular as it was, and in many cases still is. Keogh spent many years working on this song and his first album. The popularity is well deserved.

Other songs by Vance Joy/James Keogh include; "Georgia", "Mess is Mine", and "From Afar."

Key dates for Prom

by Megan Severance

It is the season for Promposals and shopping for that favorite color dress or tux. With the prom season quickly approaching there are some of dates and information people planning to attend may need to know.

This year the committee decided that the theme will be "Let's Have a Prom". Mr. Deane, junior class co-advisor says, "There will be lots of opportunities to dance and be respectful of others."

As in past years, the Prom will be held at the Hilton Hotel in Burlington. The date is on Saturday, May 16th from 7:30-11. Tickets this year will go on sale Wednesday, April 29th and remain on sale through Friday, May 15th. The cost will be forty dollars (40.00), cash only. Those who will be inviting guests who aren't students at CHS need to fill out the required paperwork and guest forms are due by Wednesday, May 13th. They need to be turned in at the Attendance Office.

The DJ this year will once again be Super Sounds.

As the prom excitement builds don't forget these key dates. Prom is something that only happens once a year so don't miss out on the fun

Mr. Deane says that "If it goes really well, we'll all be home be 9:30 watching Julie Andrews movies."

College search for CHS seniors

by Angus Doherty

With the school year coming to a close, many seniors have had the chance to see which colleges have accepted or denied them. Either way, the class of 2015 has spent the past twelve years getting ready for one decision - which college to attend this fall. Whether it's a school with rigorous curriculum and high standards, or one with the best food and a good academic program, many factors go into making the choice.

"I looked at one college. I applied to one college. I got into one college. I got into my first choice, I got into my last choice. The financial aid along with internships and job placement

after college, that's what I liked about it." said Andre Amrain, a CHS senior who was accepted to Mercy College in New York.

"I look for the highest quality cafeteria. The pathway to knowledge is through the stomach," senior Tom Condon said jokingly.

Though some make getting into college seem easy, they're still up against about two million other high schoolers applying to college each year. Getting into a top college is becoming more and more difficult, as standards and prices continue to rise.

"For me, the admission requirements are pretty high. I applied to the Naval Academy and they had a lot of supplements, for them to decide who they want to attend. It ends up being a lot of work, and even some of the best students might not get in," said Nigel Sarrazin.

Whether students look for a college with the best food, the best academics, or both, the college admission process is not easy. However, at this point in the year, they begin to reap the benefits - or end up in tears! Hopefully, not the second one.



Photo by Angus Doherty

Senior Rob Chase looks at Harvard University, a college he had interest in, but decided not to pursue.

Game On!

by Alex Little



The Colchester High School Gaming Club is once again active this year. The club meets in Room 119, once a week, from 2:30 -4:00.

Come join Game Club.

from 2:30 -4:00.
The Gaming
Club was started as

a place for students to unwind after a long school day. According to Mr. Brown, "The game club at Colchester High School started for the first time in the 2012-2013 school year."

Last year's game club mainly involved playing table-top games that were fantasy-based; games like Dungeons and Dragons, Magic the Gathering and Settlers of Katan. The

reincarnation of the game club this year hopes to have a wider variety of games so that it will attract more students.

Mr. Burns, a new staff member at the school this year, was in charge of the game club. Unfortunately, he left the school to pursue other opportunities in early March. For a couple of weeks there was some doubt as to whether the game club would be able to continue. With the help of Ms. Kelner, a new advisor was found to enable the club to continue. The new staff member to run the game club is Mr. Bradley.

The Gaming Club the past few years has proven to be a very active club and continues that trend. New members are always welcome to join.

Students serve community

. . . continued from Page 1

They have more restrictions for calls they can go on and what they can do at a call, but because they are not assigned to a specific crew, they are better able to get to know the entire department.

The fire departments individually get together anywhere from two to four hours a week to train as a department. They train on things such as how to tie multiple types of highly effective knots and issues like searching for victims in burning buildings when the visibility is poor.

"A lot of people wonder about a 14 year old being a firefighter, how can that be? But you can do a lot. You are an exterior firefighter, you hold the hose and put out the fire from the outside, you help the interior firefighters a lot, and learn about being a firefighter before becoming one at 18, when you can take Fire 1," says Pete Cormier of Malletts Bay Fire Department, a former cadet and CHS graduate.

Tyler Cootware is currently a senior at Colchester High School and works on both

departments, he inspires the rest of the junior members to be the best they can possibly be in the some of the scariest situations. We strive to achieve what he has on both departments and he shares some of his struggles and gains.

"The best thing about being on both departments for me is being involved. A lot of the work I do is responding to emergency situations, this forces me to interact with a lot of the community. Having a role on both of these agencies has allowed me to build unbelievable friendships and create a second family. I volunteer 20 hours a week, between both departments. Being so busy forces me to be very good at time management, but it's still very hard to juggle everything in one week. The teachers at CHS are very understanding on how different my schedule is compared to average high schoolers, they are helpful reminding me of missing things or sometimes giving me an extra day or two to complete a certain assignment. Overall, it has been an amazing experience. I'm going to school next year to study fire sciences with high hopes of making fire and rescue my career."

APRIL, 2015

Theatre Company entertainment for April

by Erin Somerville

Every year, the Colchester Theatre Company puts on a winter show, but due to scheduling conflicts the winter production became more of an early spring show. This year, director John Coon decided that the event will consist of two one-act plays, meaning that these plays run about 40 minutes each with one intermission between the two.

The first one act play to be presented is called The Quiet Place, by Eddie Kennedy. This show brings a young girl named Sheila to

the stage, who is dealing with the typical problems of any teenage girl: her friends are worried about her due to the recent death of her boyfriend Danny, who overdosed on drugs at a party, and the local gang won't leave her alone, thinking that she'll tell the police what really happened at the party that night.

Sheila is played by Corinne Colgrove and Erin Somerville, while the roles of her worried friends, Pam and Janet, played by Lauren Brooks and Meghan Collins, respectively. Danny's brother, David, will be played by Tom Condon; while the gang members will be played by Jimmy Collins, Ellis Igneri, and Erin Casab

Along with The Quiet Place, the Colchester Theatre Company will also be putting on a second one act called No Exit, by Jean Paul Sartre. This one act follows one male and two females in the 1940's, who are locked into a hotel room in the depths of Hell. The male role is played by Kristian Labrie, and the two female roles are played by Janice Wood and Katelyn Schnabel. Other roles include three bell boys, who are played by Natalee Garen, Corinne Colgrove, and Erin Somerville.

Both of these shows will be playing in the Colchester High School Auditorium on April 17th and 18th at 7:30. Tickets will be \$5, and can be bought at the door.

Director John Coon has stated that the next shows will be two different one act plays, called Lovers and Hello Out There. These shows will begin production the Monday after the two winter shows take place, making sure that the company is able to jump right into the next shows and get it together by their next show date. Obviously, the theatre students get a very small break between these two shows, due to the winter show needing to be pushed back. Best of luck to all those involved in the winter show, or, as in theatre tradition, break a leg!

Students gear up for Andros

by Hannah Echo

Last spring, Mr. Lang and Ms. Wood started the selection process to pick twelve students for the biennial trip to Andros Island in the Bahamas. While Mr. Lang has led the trip multiple times, this will be Ms. Wood's first time going to the island. As for students' eligiblity, students had to be rising juniors or seniors and were required to submit an essay and video as part of their application. After all submissions had been sifted through and the students had been chosen, the real fun began for all Androsian Adventurers.

The trip is a chance to get hands-on science experience while learning about a new culture and environment. Students also get to spend a lot of time with peers that they have gotten to know better since being admitted to Andros.

Over the summer, the group met at group member Jake Ducharme's house to learn how to snorkel in Lake Champlain in anticipation of the warmer, bluer waters of the tropics. Snorkeling is a major part of the trip every year, so it was crucial that every student was able to snorkel very well. Despite the cold lake water, everyone picked it up easily.

When the school year started, students selected topics for their research projects. Chosen topics range from local dialect to coral reef ecology.

Junior Clara Johnson is studying water acidity to "...show how much of a factor air and chemical pollution is to plant and animal life around the globe". Shortly following the return of Mr. Lang, Ms. Wood, and the twelve students, there will be a community presentation event to showcase the students' learning and experiences while in Andros.

Departing on April 17th, the trip consists of boating expeditions, blue hole swims, labs with members of the Forfar Field Station, and, of course, lots of snorkeling. Some students even have the chance to scuba dive, as long as they are properly certified.

Senior Megan Severance says that she is excited for the trip because, "It is going to be an experience like no other, filled with immense amounts of knowledge and adventures you just can not have in Vermont!" She also commented that she is very excited just to "see what the week will bring us!"

The Andros Adventure trip is a unique experience that many other schools around the state do not have the opportunity to put together, so Colchester students are very lucky to have the chance to apply for the trip. Any student who is currently a sophomore or junior, be on the lookout for an informational meeting in the spring of 2016 to discuss the Andros trip of

Volleyball Rally

by Sarah Campbell

As the 9th annual CHS Intramural Volleyball tournament got underway in March, both students and faculty rallied together to create teams to become the 2015 Volleyball Champions.

The volleyball tournament is an opportunity for the CHS community to come together, whether it's through participating out on the floor or sitting on the sidelines rooting for favorite teams.

When asked about the impact the of the Volleyball Tournament on the school environment, Mr. Ellingson of All About that Bump, No Carries team said, "I think the volleyball tournament is great for the school environment, kids are talking about it all the time. You see a kid in the hallway and they start saying, 'Oh yeah I saw you guys out there you looked good'. So I think it really brings the students and the faculty together."

Senior Nigel Sarrizan of XC Swag 2.0 also had similar views on the subject, "I feel like volleyball and the whole tournament brings a lot of spirit into the school atmosphere it really helps people get out, get to know each other and have some fun".

Twenty-nine teams participated this year and were broken down into four different groups with factors such as age and skill level taken into account. Preliminary games commenced on March 5th playing an average of 15 games daily. For six days these game continued with teams only playing other teams in the same division to try and get the best record possible advancing their team into the playoffs.

The playoffs began Friday with the top thirteen seeded teams;

- I.All About that Bump, No Carries
- 2.The Jock Straps
- 3. We Apologize in Advance
- 4. Yam City
- 5. Set Rogen
- 6.The Block Market
- 7.Team 29
- 8. All Stars
- 9. Serves You Right
- 10. CPR
- 11. Bromates
- 12. Dreck 'ems
- 13. Setting Ducks

Round I initiated the playoffs with a Play In game between the 12 and 13th seeds. With the 12th seed Dreck 'ems moving onto Playdowns where the bottom eight seeded teams fighting for four available spots in the Quarterfinals. Playdowns began with Set Rogen v. Dreck 'ems advancing Set Rogen into the Quarterfinals. Block Market, Team 29, and All Stars followed close behind defeating their opponents taking the last three remaining spots in the Quarterfinals.

The Quarterfinals contained the top eight seeded teams fighting for four spots in the Semifinals. As Set Rogen fell to Yam City, the three other teams that survived through Playdowns fell to the top three seeded teams-We Apologize in Advance, Jock Straps and All About that Bump, No Carries.

Semifinals began by pitting 3rd seed We Apologize in Advance against 2nd seed Jock Straps. In an upset, We Apologize in advance defeated the Jock Straps advancing into the 2015 championship game. All About that Bump, No Carries was soon to follow into the championship after defeating the 4th seed Yam City.

The 2015 Championship Volleyball game is to be played during the upcoming Spring Sports Pep Rally on April 17th between first seed All About that Bump, No Carries and third seed We Apologize in Advance.

Other awards given include Best Sportsmanship, Most Original Uniform, and Best Team Spirit.



Photo by Sarah Campbell

The Jock Straps patiently await their next game.



Photo by CHS Yearbook

CHS staff members enjoy a break in between games.



Photo by CHS Yearbook

The Heavy Sets pose for a team photo before their game.

What's in store?

by Alexander Little

Have you noticed that the Colchester High School store has been closed all year? The store, which is run by the Crossroads program, was always busy last year during the lunch mods. They sold many different types of candy, along with mints, and other items.

Ms. Jurnak, one the teachers in the Crossroads program said that they used the money from the store for their end of the year picnic, supplies for cooking projects and the students in Crossroads would select a charity In which to donate money.

The Crossroads program would like to reopen the store, but they have to weave their way around many complications to do so. One of the major reasons is a new law that requires healthy snacks. Most of the popular healthy snacks are already being sold in a la carte and Crossroads has not been allowed to compete with items already being sold by a la carte. Another problem to overcome is to find items to sell that the students will buv.

The results of a recent survey distributed through AT will be used to determine what the student body wants to be sold at the store; however, not all demands can be met, but hopefully, most will be.

18, but still a kid at CHS

A Lakeside Voice editorial by Michael Granai

Turning 18 is something that excites everyone. We're told as kids that we become adults at that age and will begin to make our own decisions. Unfortunately, that has proven to be incorrect at CHS.

Students are required to ask for permission to use the bathrooms-the reason being that some students can be deceptive as to where they'll actually be. This is understandably frustrating, but what about the others? Why are they being punished for something somebody else did? Whatever happened to bathrooms being a basic human right, especially for 18-year old legal adults? Just because they walk through CHS doesn't mean they should be put on a

If students are caught lying and skipping class, deal with them and them alone, they'll learn their lesson, which brings us to the attendance

Seniors will agree that the CHS attendance policy reaches way too far.

"18-year olds may not sign attendance excuses for themselves ..." the Handbook says, "... parents or guardians must still contact the Attendance Office," and that's just the beginning; when it comes to sports' forms, transcript-releases, and even permission slips for field trips or to watch movies in class, 18-year old students still need a signature from a parental figure.

I was unpleasantly surprised to receive my transcript-release back from Guidance due to it



Pictured above is an example of what it looks like when 18 year-old students sign for themselves, a practice wrongfully forbidden at CHS.

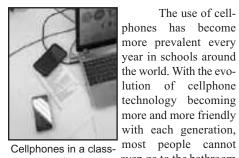
not having been signed by a parent. I pointed out how it explicitly said, "Parent or Guardian Signature here (If Student is Under 18)."

I was told recently by CHS administrators that the reason these policies are in place is because the school is responsible for ALL students, and because the students' parents pay the taxes to fund our education; therefore, they must make ALL decisions for us, whether we're 18 years old

Where is the middle ground? In just a matter of weeks, we, the Class of 2015, will be living on our own and making major life decisions. For some of us, the transition will be easy, but for others, it will be way too much to bear. A policy needs to be implemented that allows students to prepare to handle themselves in the real

Evolution of the cellphone

by Sarah Campbell



room environment.

while taking notes.

dicted to their cellphones- a text comes in and they cant help themselves but look at what's coming through. If we were to try to keep cell-The use of cellphones out of classrooms all together we're phones has become fighting a losing battle, but trying to find a way more prevalent every to use them as a part of class like PollEveryyear in schools around where and making them a part of class for rethe world. With the evosearch and that sort of things a pretty powerful lution of cellphone technology becoming Some CHS teachers support the use of techmore and more friendly

nology in the classroom; math teacher Mr.Mc-Clintock encourages students to use the app Desmos which acts as a graphing calculator. "Student use of [Desmos] as a utility is tremendous, the difficult piece as always is making sure students are using their phones appropriately like they say they're doing".

Cellphones can be just as useful as distracting in certain classroom environments. Humanities teacher Mr.McCardle said, "They could be useful and interesting tools and there are occasion where I can see using them for research purposes or things like that, but by and large they seem to be a distraction".

Classroom learning environments have also been impacted with technology and depending on the class, cellphones can be a major bene-

Mania for music programs

by Sophie Singer



Concert Band, Jazz Band, Men's Ensemble (Testostertones), Chamber Choir, Freshman Chorus, and Chorale are all ensembles in the CHS Music Program. That list does not include the variety The Colchester Music logo of music classes that are district for all music programs. taught by the two music teachers.

The band director, Mr. Peltier, has taught for 5 years. The chorus director, Mrs. Towle, has been here for 4 years.

Students find it easy to approach either music teacher. They are always willing to help, even if it doesn't have to do with music.

Each year the band and chorus ensembles go on an out-of-state trip to compete against other schools in New England. This year they will be going to Six Flags in Massachusetts for a one day competition on May 2nd. Once each ensemble performs they are given free access to all of the rides until the judges are ready to announce awards. Last year they went to New York City for two nights.

The Spring Choral Concert was on March 17th. Senior, Erin Somerville said that "It went very well. The senior soloists (Corinne Colgrove, Audrey Houle, Timothy Lewis, and Steven Sonntag) all did wonderfully."

A freshman chorus member agreed with her, though he believed that the concert was a little too long.

The Spring Band Concert was on April 2nd and the VMEA Band Festival was on March

At the VMEA Festival concert band performed two pieces. After playing for other musical professionals one of the professionals came on stage and worked on parts of each piece with the band. While the Spring Band Concert was not as long as the choral concert there was still a variety of music played and those who attended enjoyed the performance.

There are two upcoming concerts in May. The Chorus Pops Concert on the 5th and the Band Pops Concert on the 27th. Both of these concerts will have popular, well known music being performed. These are probably the community's favorite concerts because the performers present well known songs.

Class speaks with Senator

even go to the bathroom

without their phone in

hand. The addiction between student and cell-

phone not only impacts the individuals learn-

ing, but also those around the student; it could

be a bright six inch screen lighting up in a

pitch black room during a movie or the con-

stant buzzing of friends in a large group chat

disrupting others who may be trying to focus

fected by this addiction either; teachers have

noticed the increase in the use of cellphone

technology. When asked about the impact of

cellphones on classroom learning, science

teacher Mr.Lang said, "A lot of kids are ad-

Students aren't the only ones af-

by Dakota Gorkun

Recently Neil Renner's class from Mallets Bay Elementary school was able to interview Senator Patrick Leahy. Students participating in the interview stepped up one by one to ask the Senator questions via Skype. During the interview Senator Leahy was in Washington D.C.. but was able to chat with the students about a topic they felt strongly about.

The students had been learning about Christopher Columbus and how his harsh actions towards Native Americans are often overlooked. With this knowledge the class began to wonder why Columbus and other figures such as the non violent Martin Luther King Jr. both receive the same accommodation in form of a national holiday. Along with understanding more about being senator, this is why the class wanted to speak

Before turning on the camera every student was reminded how much of an honor this was and how they needed to be very respectful. Students were assured of how important this event was when two camera men entered the room to record the interview.

They began with simple questions such as; "What is your favorite part of being a senator?" The Senator took his time with replying to each question and then connected with the student. When asked about his relations with President Obama, Leahy claimed that they were very close in opinion and both were against the

Leahy told the students about current projects that he is working on, such as opening relations with Cuba, removing land mines in forgiven countries, and protecting online privacy of American citizens. Then the students began to ask questions related to Columbus Day. One student asked how he would feel about fighting to remove the holiday. The Senator was amazed by the cruelty of Columbus revealed in history articles sent to the senator prior to the interview. While the Senator was surprised by Columbus's past actions he decided to stay neutral on the subject. This is why the Senator turned down the classes' offer to march with them in Montpelier, protesting Columbus Day.

Senator Leahy was very happy that Mr. Renner's class was digging deeper into history, and understanding peaceful protesting. The Senator believed that real change will come with learning.

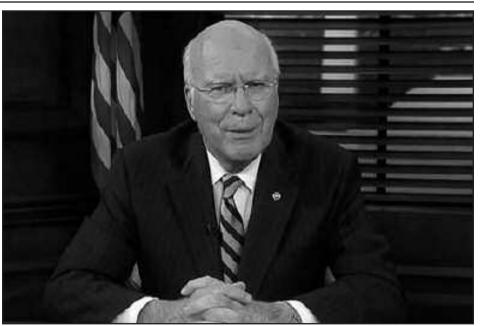


Photo courtesy of leahy.senate.gov

Senator Patrick Leahy was interviewed by students at Mallets Bay School about removing Columbus Day.

Siblings and twins at Colchester High School

by Reid Atwood

For any student, having an older or younger sibling can be hectic at timesespecially, if that sibling is a twin. At Colchester High School, there are a variety of sibling relationships that have proven to be loving, yet interesting and comical at the same time. Whether the siblings are in the same grade or not, it's important to understand these relationships because of the background. Although most siblings don't tend to interact with each other during high school hours, every relationship goes beyond school and will definitely illustrate true sibling bonds and love.

In this year's graduating class, perhaps the most obvious relationship comes from Tyler and Connor Breen, twin brothers who are often mistaken for one another to teachers and sometimes even students.

When discussing the troubles of having a twin with Tyler and Connor, Tyler says that, "We have a brotherly relationship, but there have been lots of times when teachers thought Connor was me and vice versa. For the Senior Superlatives, Kacey Labonte and I came in 2nd place for best couple.'

Connor, who is actually the one in a relationship with Kacey, said that, "It's pretty funny to see how people mix us up sometimes. Especially how people mix up the relationship between Kacey and me."

Tyler and Connor don't look exactly alike, but it's pretty interesting that they've been mistaken for one another so many

For students who aren't so "lucky" to have a twin, there are still a number of relationships that show true sibling bonds. For Dakota and Sierra Gorkun, this concept relates to them pretty accurately.

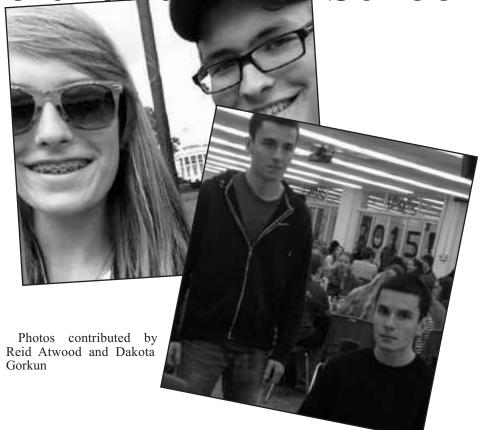
"We have a good relationship with each other, but like other relationships, we have our issues and can get annoyed with each other at times", said Senior Dakota Gorkun.

While reviewing the different kinds of sibling relationships throughout high school, it's important to understand that although brothers and sisters have their troubles at times, relationships tend to always be loving in the end.

For twins, it can be difficult to identify who is who a lot of times, but it can also always be very comical. For Connor and Tyler, these comical times have definitely come into play in the past.

"This year Connor had a study hall when I had Astronomy class, so we decided to switch for a few minutes just as a joke. When I finally came to class, everyone was laughing and Ms. Soltau had no idea what had happened," said Tyler.

This shows not only how such twin brothers can be hard to identify at times, but also how comical it can be when teachers and students can't tell the difference. Whether the relationship between siblings is brotherly, sisterly, or even full of rivalry, it's important to understand that sibling relationships at Colchester High School are filled with power. In other words, although siblings may have their issues, it's important to remember this: Always love them through thick and thin.



Twins Connor and Tyler Breen have often been mistaken for one another by teachers and even students. For Sierra and Dakota Gorkun, both are always there for each other throughout anything.

Little sleep, and over worked

by Aleksa Jenkins

School. Homework. Practice. Family. Friends. With all the commitments that students have they might find it hard to fit sleep into the equation. But without proper sleep, they won't be giving his or her best in any of their activities.

The average amount of sleep that a high school student gets is between 7 and 7 ½ hours; however, they need between 9 and 9 ½ hours of sleep every night.

There are a number of reasons that students aren't getting the sleep that they need to properly function throughout the school day. Those reasons include a shift in their sleeping schedule, early school start times, and social and school obligations. When a student's sleep schedule shifts their internal clock shifts about two hours later than normal. This means that a student who normally goes to bed at 9 p.m. will now not be able to fall asleep until 11 p.m. This also means that their body will want to wake up two hours later. As a result of that, most students are very sleep deprived.

Many high school students are not only students but are also athletes. In 2011-2012, the National Federation of High School's (NFHS) organization conducted a study that showed 55.5 percent of high school students are also athletes. Getting a good night's sleep is critical for athletes because it helps to prevent negative impacts.

A decrease in sleep can also lead to other side effects, such as depression. This is easy to see especially when added with the stress factor. When students are worried about test scores, practice, and



Photo by Aleksa Jenkins

Senior Sophie Joyce catches up on much needed sleep while doing homework in the CHS library.

their social life; that anxiety can lead to poor sleep, which can lead to depression.Sleep is critical to good athletic and academic performance. Good sleep can help an athlete manage stress and can lead to better eating habits.

Some CHS students and student athletes feel that they get plenty of sleep while others feels that they don't get nearly enough.

" Not at all!" according to Junior Jake McDonald.

"Depends on what time I get home from practice," says Senior Alex Corrigan.

"Yes. It depends on if it is an A or B days night," Senior Cady Dubuque feels.

Not only does sleep affect a student's academic and athletic performance, but a lack of sleep may lead to a greater risk for injury. A decrease in sleep can also lead to other side effects, such as depression. This is easy to see especially when added with the stress factor. When students are worried about test scores, practice, and their social life, that anxiety can lead to poor sleep, which can leads to depression.

With the busy life of a teenager, this "sleep" issue will continue to be debated.

CHS DATELINE

17-18 Drama Production, 7:30

17-25 Andros Adventure Trip 18 ACT Test @CHS

20-24 Spring Recess 30 CHS Cares

Red Cross Blood Drive, 9-2:30 Gym

MAY:

1 Progress Reports

2 SAT Test Date

4 Art Show Setup 8-4 Gym

4-5 9th Grade Barnes & Noble Field Trip

5 Chorus Pops Concert 7:00

5-8 District Art Show 8:00-4:00

7-9 All State Music Festival

SAT Test Registration

Deadline ACT Test Registration

Deadline 11-12 Shelburne Museum Field

11-13 Model U.N. Trip 14 Fast Forward

16 Prom

20 Student of the Month Luncheon

21-23 Spring Drama Production 7:30

23 Spring Drama Production Matinee 1:00

25 Memorial Day

26 Civics Open House 6:30

27 Band Pops Concert 7:00

28 Sports Awards Night 7:00

29 Coffeehouse 7:00



April Fool's Day jokes and beyond

Memories of the best



Ben Shepherd (Junior)

Victim:

Mr. Nunn

Prank: "I rigged the classroom sink to shoot water in his face."



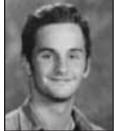
Tierra Myers (Senior)

Victim:

Victim: Mr. Phillips

Prank: Saran Wrapped her car shut."

Alexa Eddy (Senior)



Prank: "Saran-Wrapped

truck so he couldn't get in of the doors."



Austin Simeck (Senior)

Rozlyn Calderon (Senior)

Prank: dumped a bottle of perfume on her that I know she hates."

Jenn McNall (Senior)

Prankster: Mom

Victim: Dad



Haley Mock (Senior)

Prank: "My mom found out she was pregnant with me on April Fool's day. She called my dad to tell him and he didn't believe her."

Andre Amrain

Victim: Mr. Yogoda "Was Prank; Saran wrapped to a chair and then sent down the elevator which opens up right in front of the

planning room at the middle school." (Senior)

Bucket list line-up

Cauchon Kelsey "Vacation in Hawaii"

Tierra Myers - "Travel to "Skiing on a glacier" every continent"

Harrison Holmes - "Live in NYC for at least 5 years"

Grant Cummings - "Take a cross country trip California with the boys"

Mark Gauthier - "Go bungee jumping"

Jared Antoniak - "Jump out Greece" of an airplane alone"

Miranda Scoresome - "Go to Paris"

Mr. Brown - "Sail across the Atlantic Ocean"

Thomas Duggan - "Buy a ing in Alaska" bucket"

Jared Rylant - "Fly Mark in dinner with Kanye West" a plane"

Paige Begins - "Go skydiving"

Ms. Pastore - "Be on The

Price is

- Right"

Rabidoux Lynneah

Fionna Doherty - "Be rich" through the galaxy"

Sam Rancoud-Guillon -"Watch El Classico"

Alex O'Connell - "Go to to every continent"

> Gabe Rancoud-Guillon -"Go to a nude beach"

Lauren Bergen - "Go to

Taylor Losier - "Work at Seaworld"

Will Holmes - "Ride a Dragon naked

Mr. Akey - "Go ice climb-

Mckenna Stannard - "Have

Fitzpatrick Brennan "Take a trip in a zero gravity Austrailia" plane"

Sam Corman - "Bungee Bahamas" jump in the Grand Canyon"

Amber Sicard - "Go to bathing suit" Greece"

Grace Provost - "Go sky a different country" - diving"

Brock Bissonette - "Travel truck driver"

Carter Miller - "Go sky out with Channing Tatum" diving"

Cady Dubuque - "Marry Gabrielle Rancoud-Guillon"

Eric Donerkeil - "Scuba Diving in the Caribbean"

Matt Whitham - "Swim in the Pacific Ocean"

Quinn O'Rielly - "Ride a

Travis Boutin - "Own 10 marathon" diesel trucks"

Kaylee Gallagher - "Travel ostrich" to Bora Bora"

Pascal Bachade - "Become a bowl of tomato soup"

Kyle Blake - "Go to

Sam Jean - "Go to the Eddy

Isabell Ayer - "Ski in a

Courtney Dessormeau -

Angus Doherty - "Be a

Brittany Isabelle - "Make

Caroline Claremont "Make brownies for the president"

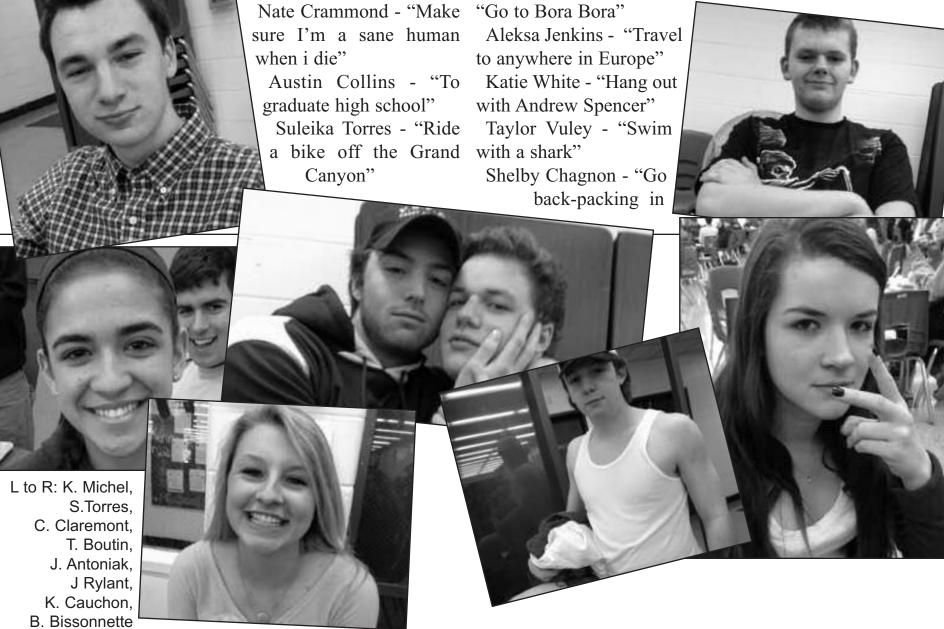
Tyler Cootware - "Find the rabbits"

Sarah Campbell - "Visit Sweden"

Megan Severance - "Run a tough mudder and a

Kyle Michel - "Ride an

Poll conducted by: Alexa





Laker Sports

The puck was king during winter

by Ben Shepherd

The boys' hockey team went on a playoff tear all the way to the semi-finals despite a deceiving 5-14-1 regular season. Led by senior goalie, Erik Swan and senior center and captain Jared Rylant, the team struggled early in the year but did have some highlights with Vermont Lumberjack player Ryan Flannigan joining the team from Pennsylvania.

The team entered the post season coming off five straight losses and there was some doubt as they started playoffs against the 2nd seed, Spaulding. Despite the uphill climb the Lakers did not show fear. Lead by senior Mark Gauthier and junior Jake Stebbins, the Lakers defeated the Crimson Tide and advanced into the semi-finals where they faced the Rebels of South Burlington High School.

The Rebels defeated our valiant Lakers and went on to lose to top seeded Essex 3-2 in the State Championship game.

The Boy's hockey team was the closest winter sport at Colchester to a state championship at any

division this year. But next year there will be many questions for the Lakers. Including who can replace the team's MVP Erik Swan. Other notable stars in the program like Rylant, Gauthier, and senior Jared Antoniak graduate this spring.

The team does return some powerful players though, associate captain Garrett St. Pierre, Stebbins, and junior Robbie Peters headline next year's perspective roster.

For the first time in program history, CHS Lady Lakers merged with Burlington players to form this past winter's hockey team.

The Burlington-Colchester (BC) SeaLakers posted a 9-10-1 record in Vermont Division II girls' hockey. The ladies fell to 2nd seed MMU Cougars in the quarterfinals. The Cougars would go all the way to the finals before falling to North Country. Colchester senior Ali Davis graduates and when she was asked she only had positives to say about her team.

Colchester junior Taylor Losier and Burlington junior Hannah FitzGerald head up the returning SeaLakers as they go for the gold next winter.



Photo by burlingtonfreepress.com

Senior goalie, Erik Swan in net during a contest with South Burlington.

Laker dance captures gold

by Aleksa Jenkins

Dance team is one of those teams that is often over looked during the cold and long winter months. However, this year was an exception. The team placed first in both the pom and jazz category at the home competition.

"It was a good team. We loved dancing and we loved to compete. It gave us so many opportunities to shine and have fun. We worked hard and a lot of people didn't know that. Being on dance team isn't an easy sport, but its

all worth it when you get that trophy or medal," said Senior Steven Sonntag

The dance team has been among the array of winter sports since 2007 and every year it seems to be growing in popularity. This year the dance team is loosing 4 extremely talented senior dancers, who have helped to shape the team into how they are today. The seniors that are leaving are Sophie Joyce, Steven Sonntag, Allison Pilcher, and Ashley O'Kane.

They will all be greatly missed next year in the 2015-2016 season.

B-ball teams build for future

by Alex Corrigan

This past winter the boys' and girls' basketball teams seniors started the building process. Even though the record didn't indicate this, both teams experienced some success (Boys' 2-18, Girls' 8-13).

The girls' basketball team started off slow but ended up going on a five game winning streak to increase their record to eight and twelve. Those five games that they won secured a spot in playoffs. Although they lost in the first round of playoffs to Rice, they never gave up and pushed each other every second that they were on the court together.

Senior Casey LaBonte says "We worked

hard together as a team, but with only two returning seniors, they had to make do with what they had".

On the other hand, the boys' basketball team started off with a win in their season opener which set the tone for hard work ethic. Although their record was two and eighteen, they never gave up and always worked hard. With the hard work they showed this season, the games they lost were usually really close.

Senior Noah Robinson commented, "I thought we worked well as a team during the season. We had our ups and downs but as a team we played our hardest. There was not one game that we didn't put 100 percent of our effort into it."

Skiers find success on snow

by Hannah Echo

The Laker Nordic team recently completed another successful season headed by coaches Morgan Samler (tenth season) and Callie Douglass (sixth season). Although the team lost some steam with the strong senior forces of last year, in the State Championship the girls' team placed eighth out of eleven in Division I and the boys finished in a strong sixth place out of nine teams. The boys dropped a few spots, having finished fifth out of eleven in the previous season, but the girls actually gained some ground.

In the 2013-14 season, the girls' team placed ninth out of nine Division I teams. This step-up in performance was due to increased fitness and better technique from a number of seniors and juniors with two to three seasons already under their belt.

The boys' team performance at the championship was highlighted by Nigel Sarrazin's 13th place finish in the boys' classic 5k, and the girls' classic relay team (Hannah Echo, Clara Johnson, Jenna Baillargeon, and Hailey Thibault) had an

exciting seventh-place Division I finish (and were tenth in combined DI/D2 teams); the best the classic relay team has done since 2011. The relay is generally the most popular event of each race day, due to team encouragement and



Photo courtesy of Lisa Bell

Members of the Nordic team at the classic state championship.

regional competition coming head to head.

Junior Jenna Baillargeon said of the relay "...working for a team makes it a lot more competitive and exciting. I definitely do better because I'm motivated by my teammates."

CHS Alpine also found speed on skis, although for this sport they raced the slopes rather than the trails. Head coach Kevin Ose completed his fourth season leading the Laker alpine team, and participation numbers have continued to increase in the past four seasons. The team consisted of about twenty racers.Although they didn't qualify for the State Championship races (slalom and giant slalom), junior Abby Harrington was able to race as an individual at Bromley Mountain on March 2nd and Okemo Mountain on March 3rd. Senior Veronica Sioss also noted that the team became very close thanks to all the time they spent together at practice and races and that they were "able to communicate in a way that was fun and helped [the team] become better skiers".



by Alex Corrigan and Ben Shepherd

The Colchester Lakers experienced varied levels of success during the winter season.

Now, the spring season is here and players and coaches share thoughts about their upcoming quests for glory. The Colchester Laker baseball program is coming off a 4-12 season filled with disappointment. But things are looking up for Coach Tom Perry and his squad. Junior Derek Sanderson heads up a blue chip pitching rotation that includes the likes of senior Rob Chase and senior Patrick McHugh.

One concern regarding the upcoming season for the Lakers is the health of star infielder Jared Antoniak. When asked about the season Antoniak says, "I should be able to play".

Will the heroes of Saddlemire Field be able to overcome the loss of one of their top performers? Check the schedule and see when you can watch Laker baseball this spring.

Coming off a Cinderella semi-final season Coach Courtney Goetz and her softball team brings up the question; can they do it again? Another big question regarding the upcoming season is the lack of returning pitching, as no pitchers from last year's team is still on the team this season.

Coach Goetz was asked about her early thoughts about the season and said "If we can just build on where we were last year, that would be great."

The team hopes they can figure it out and get back to climbing the Vermont softball ladder.

The Colchester boys' lacrosse team coached by Dan Shepherd is entering its second Division I season.

There are two big questions that this year's Laker squad will have to answer.

I. After losing Colchester legends Josh Gervais and Calvin Brault, among others, can the Lakers continue to score at a high enough level to compete with the big dogs of Vermont lacrosse.

2. Goalie Berry Bergeron graduated last year and the question remains, who will take his place? Two hopefuls enter the big picture this year, junior Dakota Navari, and freshman Camden LeClair. The two enter the season battling for the starting rights.

All spring sports including those above, as well as track, boys' and girls' tennis, girls' lacrosse and ultimate Frisbee. have all started. Go out and cheer on your Lakers.

Spring to the Top

"We need some deeper pitching, so some juniors and maybe some sophomores will need to step up this year"

-Derek Sanderson; Baseball

Junior Teagan Alder-

her tennis skills.

man begins training for

track season and senior Megan

Severance (above right) works on

"This year is going to be all about building back relay teams and everything, and the numbers are really small so far, so maybe that will have an impact on how the team does."

-Aleksa Jenkins; Track







"We have a lot of potential that we need to tap into and really we just need to work together as a team."

-Harrison Holmes; Boys' Lacrosse

Variety Night Images

