May 2022

# THE LAKER



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VIEW

Dear CHS Families,

It's hard to believe that this is the last Laker View of the 2021-2022 school year, and my last Laker View as principal! I want to take a minute to say thank you to the CHS community for an incredible 19 years. I feel very fortunate to have been a science teacher here for 13 years and the principal for the past six year. I know you will be in good hands under the leadership of the new CHS principal, Andrew Conforti. I wish this school the best in the future.

Before you know it, we will be at graduation for the Class of 2022 and welcoming the Class of 2026! Seniors and Senior families, you should have received a letter in the mail last week with important information for the end of the year and graduation. Please reach out to us if you have any questions. We look forward to celebrating with you your final few weeks of high school!

Warmly,

Heather Baron Principal



# Colchester High School Present's **Junior/Senior Prom Enchanted Forest** Saturday, May 21, 2022 at The Hilton on Battery Street in Burlington 7:30 pm - 10:30 pm

Dear Students & Families,

On Saturday, May 21st, Colchester High School will hold its annual Junior/Senior Prom at The Hilton on Battery Street in Burlington. The event will be staffed by the junior and senior class advisors, CHS Administrators and teachers, and the Colchester Police. In order to ensure that this event is safe and successful, I would like to share with you our guidelines.

- The Prom starts at 7:30 pm and ends at 10:30 pm. The doors open at 7:30 pm and close at 8:30 pm. Students will not be permitted to enter after 8:30 pm.
- Tickets will go on sale in the CHS Attendance Office on Tuesday, May 3rd.
- All tickets MUST be purchased in advance for \$40 per student, CASH ONLY. Each student must purchase his/her own ticket.
- If your student plans to invite a student from another school, they must obtain approval from administration. No guest applications will be accepted after Wednesday, May 11th. No individual over the age of 21 will be permitted to attend.
- Students may not bring food or beverages into the prom.
- No backpacks are allowed under any circumstances. Students are only
  permitted to bring a small handbag or purse into the prom. Please be aware that
  all bags are subject to a search before the student is allowed into the prom.
- Any student suspected to be under the influence will be administered a Breathalyzer by the Colchester Police Department.
- If a student chooses to leave the dance, they may not return. No exceptions.
- Dress Code: The Prom is a formal dance. All students must wear appropriate formal attire. The Prom theme for 2022 is "Enchanted Forest."

# HAPPENINGS AROUND CHS...



The CSD Art Show will be held May 9-13 with a Reception May 12 from 6pm-8pm. Looking forward to having the Art Show back in-person this year!







Congrats to the winners of the Lion's Speech contest! The theme was service from the heart.

1st Thomas Buckley 2nd Emma McDonald 3rd Shabnam Saini 4th Arvid Stelzner

Here is a picture from the Lion's Speech Contest. They are in order of finish left to right: Thomas Buckley, Emma McDonald, Shabnam Saini, and Arvid Stelzner. Lion Ken Emery, far right, is the organizer of the speech contest for the local chapter.

## FROM IT

Hello Students,

All devices need to be turned in at the end of the school year to be updated with security and Windows patches. When you are done with your device for the year, please return it to the Helpdesk. All 9 - 11 grades devices should be returned by June 14th. All senior devices need to be returned by Friday June 10th. Any device not returned, students will be billed for the cost of the device. The Helpdesk will be open from Jun 6th to June 14th, from 7:00 am to 1:00 pm for device returns. If you can not make those times please call (802-264-5727) and set up a time with us.

If you need your device over the summer, please fill out <u>THIS FORM</u> and bring it to the Helpdesk with your device. You must still return your device, but we will update the device and return to you within a week.

All students will be able to pick up their devices sometime in August.



## FROM THE SCHOOL COUNSELING DEPARTMENT

#### DUAL ENROLLMENT

Students grades 11-12 may engage in college level classes prior to graduation. Students can take classes at any of the five colleges in the area to earn both high school and College credit. Dual Enrollment is offered after school hours and is not intended to replace existing high school courses.

Students using Dual Enrollment are allowed to take up to two college classes with no tuition cost. Families and students must pay any associated course fees. Additional courses beyond those taken through dual enrollment may be available. Courses vary by college and semester. Please see your counselor for more information.

College Partners:

- University of Vermont
- Community College of Vermont
- Saint Michael's College
- Vermont Technical College
- Champlain College

#### COLCHESTER HIGH SCHOOL 2021-2022 HONOR ROLL ~ 3RD QUARTER

**<u>9</u><sup>TH</sup> <u>GRADE HIGH HONORS</u>**- Lauren Anderson, Ruby Anderson, Addison Bauerly, Isabella Benson, Isaac Blaisdell, Leah Boyd, Meghan Brosky, Ava Burdick, Joah Byers, Emily Carpentier, Maddox Chamberlain, Bianca Cius, Lillian Connor, Jack Currie, Adalaide Davidson, Madison Dutton, Janosh Edelmann, Ava Escobedo, Emily FitzGerald, Emma Foss, Rylee Friend, Madison George, Addyson Hogan, Gabrielle Holmes, Brianna Houser, Addison Jenkins, Dakota Karpinski, Alissa Kenwood, Nicholas Kenyon, Nicholas Kilbride, Quang Le, Alex Lin, Emma Litchfield, Sarah Marshall, Fiona McHugh, Marybeth Miller, Rylee Murray, Nabeeha Nazmul, Jaelynn Neal, Shaina Nguyen, William Oboh, Addison Paluba, Husna Pardis, Thomas Piette, Allison Prong, Julien Puttlitz, Abigail Richards, Shabnam Saini, Abigail Sowles, Greta Stirling, Meghan Thompson, Bryleigh Tobin, Juliana Tomlinson, Dylan Tompkins, Ella Valjevac, Sydney Vetere, Allyson Whelihan, Eleanor Williams, Jailee Young

**10<sup>TH</sup> GRADE HIGH HONORS**- Taylor Barnaby, Morgan Brawley, Lee-Ann Burlingame, Lillian Carr, Teivien Chau, Connor Cheeseman, Ava Cifrian, Pheonix Clark, Hanna Coughlin, Zachary Davis, Amelia Duprey, Aviana Fenton, Kaia Fitzgerald, Stella Fox, Danny Francis, Caitlin Hallock, Taylor Henry, Aunika Higbee, Stephanie Huynh, Jonah Isham, Francis Kautzman, Molly Labrecque, Raymond LaChance, Gwenyth Lynch, Kaitlyn McCullagh, Selena Molnar, Lily Niemi-Moskowitz, Nicole Norton, Miles O'Brien, Ilona Parrish-Russell, Gwen Peery, Kieran Phillips, Kelsi Pratt, Spencer Putnam, Madison Quigley, Phoebe Richardson, Xavier Richardson, Lorelei Right, Trace Roach, Ava Robare, Sierra Santor, Sophie Schuyler, Benjamin Sherman, Elizabeht(Eli) Shirk, Harrison Shirk, Elena Solomon, Kamden Stewart, Emily Thompson, Owen Towers, Molly Trivento, Keira Underwood, Mohini Vallabhaneni, Caleb Walters, Meili Winchester, Allison Winslow

**<u>11</u><sup>TH</sup> <u>GRADE HIGH HONORS</u>**- Emma Alter, Kawsar Anwari, Henry Bacon, Evan Baird, Aiyana Baldasty, Ryan Bevins, Ava Blaisdell, Sarah Bokelberg, Jeannine Bourassa, Sean Boyd, Anthony Brescia, Paxton Brigante, Jared Carnesale, Leah Cartwright, Mei-Ling Correll, Collin Fath, Matthew Fournier, Ethan Gamelin, Ryleigh Garrow, Abigail Hoag, Penelope Johnson, Taylor Karpinski, Jack Kelley, Ryan Kerner, Jascha Kitchin, Jacobi Lafferty, Amanda Lajeunesse, Aaron Laquerre, Kaylyn Le, Loran Legacy, Kyla Lumbra, Keegan Lyman, Rowan MacArdle, Maeve MacAuley, Aiden McHugh, Liam Messier, Stephane Mujomba, Quy Nguyen, Emma Pratt-Johnson, Holden Richard, Grace Robinson, Meghan Savage, Arvid Stelzner, Owen Talbot, Tyler Thompson, Jacob Thon, Miles Watson, Chase Whelihan, Hanna Wilkins, Leanne Winchester

**<u>12<sup>TH</sup> GRADE HIGH HONOR8</u>**- Evan Audette, Isabella Basille, Curtis Bourassa, Erin Boyd, Thomas Buckley, Bryce Carey, Aiden Charron, Logan Crocker, Myah Crocker, Ryan Dousevicz, Tyler Gibson, Anna Gordon, Michael Harrington, Carter Howe, Peyton Jenkins, Kai Kendrick, Gloria Kigonya, Benjamin Knapp, Jonathan Labrie, Sydney Lemire, Emily Lovejoy, Benitez Maldonado, Maeve McCullagh, Emma McDonald, Justin Mulac, Kaya Nunan, Chloe Palmer, Ethan Piette, Spencer Plumb, Alaina Rolston, Maggie Ryan, Destiny Savage, Kendall Spencer, Connor Sweeney, Zoe Tarinelli, Clara Tarte, Ava Towers, Leah Underwood, Sally Zuk

**<u>9</u><sup>TH</sup><u>GRADE HONORS</u>-** Jude Abdoo, Demunga Alfani, Mazie Audette, Macayla Bevins, Tyler Blanchard, Athanasia Boyer, Laney Brisson, Emma Cater, Gabrielle Choiniere, Halle Christian, Adam Coburn, Samuel Collins, Trevor Conant, Riley Corbo, Hannah Danaher, Cameron Dickie, Carter Faas, Adeline Green, Laila Hamed, Madison Hamlin, Hannah Lemnah, Zoe LeVasseur, Kaylie Lewis, Ava Lipson, Lucas McCabe, Caitlyn McGowan, Madeline McHugh, Ava Moore, Benjamin Palagonia, Jayden Perreault, Kyra Purvis, Soniya Rai, Rishon Robenstein, Jack Robinson, Stefan Seidner, Graeson Seissen, Jacob Sowles, Isabelle Winton, Ian Wirtz

**10<sup>TH</sup> GRADE HONORS**- Nadheer Aldulaimi, Thorsten Andreasson, Trevor Asiimwe, Isabel Benoure, Xander Berthiaume, Charlotte Bluteau, Madison Booska, Mason Cardinal, Noah Carmona, Caiden Cassidy, Nicholas Chicoine, Nadja Dacres, Ava Dallamura, Joshna Dhaurali, Joseph Donerkiel, Tucker Farnham, Ethan Ferenc, Ryan Fetters, Nicole Garneau, Zoe Gendron, Amna Halilovic, Addison Hawkins, Zoe Hirsch, Jayden Jarvis, Hailey Joseph-Young, Isaac Karlin, Sishir Limbu, Mindy Lin, John Meyer, Gavin Murphy, Aris(Felix) Patrie, Mason Perry, Aurora Proulx, Athena Ralph, Brody Rassel, Jonah Recicar, Lyla Rivers, Benjamin Rolston, Marnie Russo, Kamron Salimi, Jackson Stypick, Mina Teske, Kaine Than, Ellen Towers, Roma Vallabhaneni, Eva Youlen

**<u>11<sup>TH</sup> GRADE HONORS</u>**- Natalie Abair, Nathan Allard, Emma Bergeron, Kayden Brochu, Marina Bushell, Shelby Cohen, Annaliese Crook, Austin Daigneault, Shelby Dollmatsch, Aidan Flaherty, Keegan Gray, Owen Grenier, Isabella Johnson, Seth Juenker, Amber LaCroix, Hairuo Liu, Steldie Mabiala, Trenten Mead, Benjamin Meller, David Morton, Lucas Muir, Abinav Niroula, Theodore Odom, Ella Pecor, Acadia Petrie, Benjamin Roper, Hailey Rosio, Tyler Ryan, Jeremy Sowles, Jaden Sweeten, Anna Tarte, Adeline Trahan, Charles Walsh, Makenna Wirtz, Erin Yarnell

**12<sup>TH</sup> GRADE HONORS**- Kaitlin Anderson, Ryan Anderson, Abbey Archuleta, Sunita Bhujel, Jayden Boyde, Jason Brown, Ian Cassidy, Mykayla Corbitt, Emma Ellsworth, Liam Evarts, Meayva Fitzpatrick, Maia Franchetti, Michael French, Samantha Gallagher, Bruno Guariglia, Vyson Huynh, Gabrielle Joachim, Courtney Lai, Draven LaPine, Ethan Lovejoy, Owen Macomber, Frank Marcou, Jennifer Martel, Alexis Martin, Joseph Maxfield, Beni Upako Mulolo, Jake Perrotte, Austin Phelps, Noah Polczynski, Leon Roberts, Connor Roy, Meghan Vesosky

### $\mathbf{\hat{\nabla}}$ CollegeBoard

| SAT Test Date               | Registration Deadline      | Late Registration Deadline  |
|-----------------------------|----------------------------|-----------------------------|
| August 28, 2021             | <del>July 30, 2021</del>   | August 17, 2021             |
| <del>October 2, 2021</del>  | September 3, 2021          | September 21, 2021          |
| November 6, 2021            | <del>October 8, 2021</del> | <del>October 26, 2021</del> |
| <del>December 4, 2021</del> | November 4, 2021           | November 23, 2021           |
| March 12, 2022              | February 11, 2022          | <del>March 1, 2022</del>    |
| <del>May 7, 2022</del>      | <del>April 8, 2022</del>   | <del>April 26, 2022</del>   |
| June 4, 2022                | May 5, 2022                | May 25, 2022                |

SAT

Students can register at **sat.org/register**.

The late registration deadlines above are for paper registration. Online and phone late deadlines are listed at sat.org/register.



National Test Dates in the U.S. www.act.org for Additional Information

| ACT Test Date                | Registration Deadline      | Late Registration Deadline  |
|------------------------------|----------------------------|-----------------------------|
| September 11, 2021           | <del>August 6, 2021</del>  | <del>August 20, 2021</del>  |
| <del>October 23, 2021</del>  | September 17, 2021         | <del>October 1, 2021</del>  |
| <del>December 11, 2021</del> | November 5, 2021           | November 19, 2021           |
| February 12, 2022            | <del>January 7, 2022</del> | <del>January 21, 2022</del> |
| <del>April 2, 2022</del>     | February 25, 2022          | <del>March 11, 2022</del>   |
| June 11, 2022                | May 6, 2022                | May 20, 2022                |
| July 16, 2022                | June 17, 2022              | June 24, 2022               |

# **OPPORTUNITIES SHARED WITH THE SCHOOL COUNSELING DEPARTMENT**

The Greater Burlington YMCA is offering the **opportunity for one high school junior (rising senior) to serve as Youth Governor from Vermont at a national YMCA Youth Governor's Association meeting in June**.

The Youth Governors Conference will run June 12-17 and takes place in Washington, D.C. There is no cost to the selected Youth Governor, with all expenses (travel, hotel, conference/activity fees, and meals) covered by our Y and Y-USA. At the conference, Vermont's Youth Governor will meet and work with youth leaders from across the country.

The selection of Vermont's Youth Governor is the **first step** of what we see as an exciting year for the Y in Vermont and the creation of a Vermont YMCA Youth Cabinet of up to 10 additional positions.

In addition to attendance at the June conference, we are looking to work with the selected Youth Governor to stand up this new (at least in recent years) YMCA Youth in Government program in Vermont. With guidance from the Greater Burlington YMCA and national YMCA resources, the Youth Governor would work with other youth leaders from across Vermont to develop a policy agenda and advocate for legislation that advances that agenda. This would entail:

- Participation in 3 virtual cabinet meetings throughout the year (fall, winter, and spring).
- Collaboration with cabinet members to develop a youth policy agenda for Vermont.
- Development and implementation of an advocacy strategy that advances the policy agenda.
- Presentation of the policy agenda to state officials and legislators.

**The deadline to apply is May 10<sup>th</sup>**. (*Important: The May 4<sup>th</sup> deadline seen on the application does not apply to the VT applicants.*)

The link for applicants to use is: <u>https://www.ymcayag.org/youth-cabinet/apply</u>

Should you or a youth candidate have any questions, please feel free to reach out to me at dbishop@gbymca.org or (802) 652-8137.

#### Burlington Subaru and Burlington Hyundai need your help!

The 2022 Drive for Excellence contest registration is open and we need your help to get high school juniors and seniors signed up for a CHANCE TO WIN A NEW SUBARU IMPREZA OR HYUNDAI ELANTRA, OR ONE OF THREE \$1000 SCHOLARSHIPS!!!

All the students need to do is fill out the registration form in order to be eligible; it just takes a couple of minutes to fill out online, or if it's easier, students or parent(s) are welcome to stop by Burlington Subaru/Hyundai and fill it out in person.

Here is the link to register online: Sign Up Now!

After they are registered, they can email, fax, or mail in all their report cards for the fall 2021 and 2022 school year.

Please let me know if you have any questions, and best of luck to all your students!

Matt Annenberg Digital Marketing Manager/Drive for Excellence Coordinator Burlington Subaru Hyundai (802) 448-3890 ext. 168



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#### **Books & Reading**

#### **Need Book Recommendations?**

We have many wonderful "Spotlight Lists" highlighting books in specific genres or with specific themes. You can find them on our website under the <u>books and</u> <u>reading section</u> or browse all of our spotlight and special collections through the <u>library catalog</u>. Need more ideas? How about taking a look at this <u>slideshow</u> highlighting the year's winners and honorees for the American Library Association's Youth Media Awards—tons of great titles to check out!

#### **End of Year Reminders!**

This year the *last day to check out books* for this school year will be: *Friday, May 27th.* 

All school year book checkouts are due by: Friday, June 10th.

If you wish to check books out to keep over the summer, please see Ms. Binder or Ms. Barnes in the library.

Still want more? Check out the <u>book recommendations</u> section of the website to browse trending books, new releases, and read professional book reviews. This page also provides a link to the <u>"book stack" request</u>—use this form to get a personalized stack of recommendations from Ms. Binder!

#### Book Challenge 2022



And...If you want some **additional inspiration** for your reading list this year, see Ms. Barnes or Ms. Binder to pick up a copy of our **Book Challenge 2022**. Find a book that looks good to you and see if it matches one of the challenge categories or use the categories to help you find a book.

Summer is coming...and as always, the library will be putting out a list of recommended reads for the summer—keep an eye out for that list coming out in May!



#### **End of Year Research Project?**

Our <u>research page</u> on the library website is your gateway to the Vermont Online Library (Gale Databases), JSTOR, FactCite, and ProQuest databases (where you'll be able to access past and present articles from major daily newspapers including the Washington Post and the New York Times). You can also find easy to use and accurate citation tools (like <u>Scribbr</u>) as well as some <u>research tips and tricks</u>.

Or use this <u>form</u> to request personal assistance with your research.



# SENIORS

### CAP/GOWN & DUES INFO:

Thank you to the many seniors who have ordered their caps and gowns. **STUDENTS WHO HAVE NOT YET ORDERED A CAP AND GOWN SHOULD DO SO AS SOON AS POSSIBLE.** Extra order forms are in the CHS main office. Cap/gown/tassel order forms and dues should be returned to the CHS main office. Cap/Gown orders can also be placed online at Jostens' <u>HERE</u>.

Senior Dues can be turned in to Gabby Brooks in the main office. Senior dues are \$20 and cover the cost of the class gift, flowers, and other costs associated with graduation.

#### **CLICK HERE FOR FULL GRADUATION DETAILS**

#### WEEK OF GRADUATION EVENTS

#### <u>JUNE:</u>

| 7-10 | <b>Final Exams for Grades 9-11</b> |  |
|------|------------------------------------|--|
| 7-9  | <b>Mandatory Graduation</b>        |  |
|      | <b>Practices</b> – 1:00-4:00 PM in |  |
|      | Performing Arts Center; Class      |  |
|      | picture, cap/gown distribution,    |  |
|      | senior walk, paperwork             |  |
| 10   | Class Night – 6:00 PM in           |  |
|      | Performing Arts Center             |  |
| 11   | Graduation – 10:00 AM in           |  |
|      | Gymnasium                          |  |
| 11   | Project Grad – evening and         |  |
|      | overnight                          |  |
|      |                                    |  |

#### **BUY YOUR YEARBOOK NOW!**

There are two ways to order a yearbook:

- 1. Use your credit or debit card to pay online at <u>www.jostens.com</u>.
- Write a check made payable to CHS, and submit it to Ms. Gagne's mailbox in the main office along with an order form (available in the main office). Seal it in an envelope and clearly label your name.
   Sorry, we are no longer accepting cash for yearbook payment.

You can order your yearbook starting on August 1st, 2021 for \$75. We will be accepting orders until June 11th, 2022. If you don't pre-order a yearbook we only order 20 extras - don't let your student miss out on this amazing publication! Order your yearbook now!

Please visit the CHS Yearbook website for more information (CHS Website >Other resources >Resources >Yearbook).



## PROJECT GRADUATION COLCHESTER HIGH SCHOOL CLASS OF 2022

Project Graduation is a substance-free celebration for graduating seniors on the night of graduation and will be held the night of June 11, 2022 at Camp Abnaki. The event is sponsored by local businesses and fundraising. The event is not sponsored by the school and is a separate entity made up of parents of graduating seniors.

#### Meetings: 1st and 3rd Monday of every month (May 1st & May 16th at 6:00,CHS, Room 101)

### **JOIN IN THE FUN!**

**Registration is now open!** If you missed last week's registration deadline don't worry. Print out the registration using this <u>link</u> or pick up a paper copy in the front office. Remember that both the graduate and parent/guardian *must* sign off on the registration form. Fee is \$25 and scholarships are available for qualified students.

A Project Grad member will be available at CHS during lunch on Tuesday, May 3rd to assist with registration or answer any questions.

Please see the attached poster for a preview of one of the events that will be happening at Project Grad! <u>June 11 promo.pdf</u>

#### Hope to see you all there!

#### <u>There's still plenty of time to help the</u> <u>class of 2022</u>

Start gathering pictures from Kindergarten to Senior year to include in a slide show. Please email your pictures to <u>shaunaknappvt@gmail.com</u>

#### **Fundraising Events**

**Claussen's Memorial Day Flowers** -Orders will be due by Thursday, May 12th, and flowers will be delivered to CHS for pick-up during the week of May 23rd. Order forms towards the end of the Laker View!

#### **Ongoing ways to support Project Grad:**

- Join our Facebook page Colchester High School Project Grad 2022
- Stop by Seaway car wash on Prim Rd and make a donation on behalf of Project Grad - support this local business and tell your friends and neighbors!
- Drop bottles and cans for redemption at Cap 'n Cork 164
   Porters Point Road and donate to Project Grad 2022
- Make a donation through our GoFundMe page and please share with any contact you may have. <u>GoFundMe 2022</u>

Business Sponsors and Family Donations - if you or your employer is willing to make a tax deductible donation, please make a check to CHS Project Graduation and mail to: Colchester High School Attn: Project Graduation PO Box 900 Colchester VT 05446



# **ATTENTION SENIORS!**

Registration is due by Friday, April 29th

Check your school email for registration form and info. Paper copies are also available in the front office.

> Don't miss out on the fun! COMEDY, FOOD, GAMES, MUSIC BONFIRE, RAFFLE PRIZES & MORE !



#### **ACTIVITIES & ATHLETICS**

Greetings Laker Nation!

As spring sports ramp up and wind down at the same time, make sure you come out and support our teams!

Thank you, and GO LAKERS! Mark Ellingson, Activities & Athletics Director







It will be an exciting month in the music department. The Vermont All State Music Festival will take place at CHS, May 5 - 7. Students from all across the state who qualified for this event will be in the school all day playing and/or singing together. It will be very exciting.

The CHS Pops Band concert will be May 26 at 7:00

The CHS Pops Choral concert will be June 1 at 6:30

"Music is a more potent instrument than any other for education, because rhythm and harmony find their way into the inward places of the soul." – Plato



Hope everyone is enjoying the Spring sports season! New this Spring - the Concession stand will be open for home baseball and softball games, boys and girls lacrosse games and for track meets! Be sure to stop by for snacks and drinks! Do you want to help us run the stand? We are looking for volunteers to help, we have slots open for both students and for adults. Students can also earn community service hours for volunteering. So sign up as many times as you'd like! Here is the link to sign up: <u>Spring Concessions</u> 2022

We look forward to welcoming all of our incoming freshmen this Fall! CABA is always accepting new members so new families should reach out if you would like to join or have any questions. Looking for a middle school graduation gift for your soon to be Laker? Laker apparel from the CABA store is always a great gift for students (and their parents)! Order online at the CABA store and when you order is ready you just pick it up at Joann's in Colchester. <u>CHSCABA online store</u>.



Looking for the weekly sports schedules? Be sure to follow <u>CABA Facebook</u> and <u>CABA Instagram</u> to keep up to date with all game schedules and news!

Want to know more about CABA or get involved? CABA meets once per month. Please email chscaba@gmail.com and let us know that you would like to attend a meeting or with any questions about becoming part of CABA!

What does CABA (Colchester Athletic Boosters Association) do for Colchester High school sports?

CABA purchases uniforms for Cross Country, Field Hockey, Golf, Soccer, Alpine Skiing, Basketball, Dance, Nordic Skiing, Baseball, Lacrosse, Softball, Tennis and Track and Field. CABA also helps buy essential equipment and invests in large scale projects. These are expenses that are not covered by the school budget with tax revenue. All CABA apparel purchases help support this mission.

Parents, grandparents, friends and athletes are all welcome to volunteer with CABA.

- E-mail chscaba@gmail.com with any questions or to volunteer.
- Follow CABA on Facebook at <u>https://www.facebook.com/CABAVT/</u> or on Instagram
- Sign up at <u>https://smile.amazon.com/</u>. Pick Colchester Athletic Booster Association Inc, and a portion of your sales will be donated right back to CABA.

CABA's Mission

- Provide supplemental financial and material support for the Athletic Programs at Colchester High School.
- Dedicated to enriching the Athletic Program at Colchester High School through the promotion of school spirit and good sportsmanship.
- Reinforcing the values and virtues of the LAKERS as Loyal, Able, Knowledgeable, Enthusiastic and Responsible Students



Join us NEXT SATURDAY (May 14) for a teen science cafe at UVM!

The topic is "Mission to the Moon." Learn more here.

Our presenter is Samantha Graham is a **rocket propulsion engineer** and **propellant chemist** at Benchmark Space Systems. She spends most of her time doing research and development of novel space propulsion technologies and rocket propellants in Burlington, Vermont. Sometimes she can be found **testing satellites** at space launch sites such as Kennedy Space Center, Florida and Centre Spatial Guyanais, French Guyana.

This program is free but registration is required. Click here.

#### And more coming up.....

We also have just announced our **Summer of Science** line up of workshops for youth. <u>Learn more</u> <u>here.</u>

- July 7: Stream Monitoring and Aquatic Ecology
- July 15-17: Natural Resources Management Academy
- July 19: Pet First Aid
- July 25-29: Science Exploration Camp
- August 1: Floating Classroom and Fisheries Program

The **Youth Environmental Summit** (YES) is an annual event for students in grades 6-12 who want to learn about environmental issues and find ways to take action. This year's Summit will take place at the Barre Civic Center on **October 28, 2022 — Save the Date!** 

We are looking for workshop presenters on a variety of topics and ideas! <u>Learn more here and</u> <u>submit a workshop proposal by June 1</u>. Youth presenters are strongly encouraged to submit.

We are also looking for students who will be entering grades 9-12 in the Fall to step up to serve as YES Teen Leaders. Learn more and apply by June 1.



#### **Parks & Recreation**

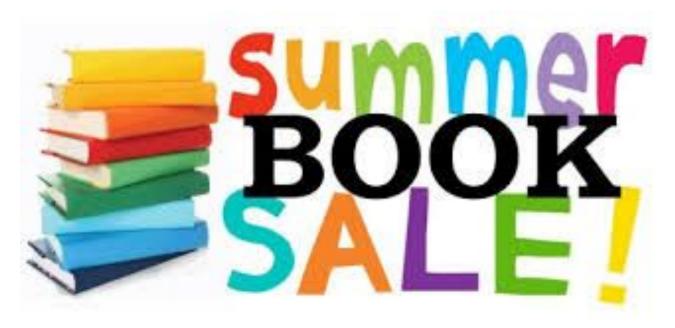
The Colchester Parks & Recreation Department is looking to hire lifeguards for the 2022 summer season at Bayside Beach! Lifeguards at Bayside Park will be responsible for the safety of any person using the beach facility as well as being responsible for renting out equipment from Bayside Paddle Sports.

Come out and see what it's like to be in the big trucks on May 14th for the 13th Annual Touch-A-Truck event! This event will be located at the Colchester High School parking lot from 9am to 11am. Children (and parents) can climb, sit and play on tractors, police cars, dump trucks, fire trucks, and a variety of other vehicles!

For more information and to apply, visit <u>colchestervt.gov/HR</u>

**Burnham Library** 

Save the Date; the Book Sale is back June 24-26!



# PARENT/ CAREGIVER SUPPORT OPDORTUNITY!

CHS partners with Centerpoint to provide consultation opportunities for parents and caregivers . Parents are invited to reach out to Danielle Jatlow, LICSW, LADC, Centerpoint Program Director, to discuss adolescent health and wellness, ask questions, enhance developmentallymatched parenting skills and strategies, learn about community resources, or to just have a space to share.

> FOR MORE INFORMATION OR TO MAKE AN APPOINTMENT, PLEASE CONTACT : DANIELLE JATLOW , LICSW, LADC CENTERPOINT PROGRAM DIRECTOR 802-777-5932 DANIELLEJ@CENTERPOINTSERVICES.ORG





# You can make CHANGES! And we'll help you get there.

CHANGES is a program that provides support for any student who would like to focus on issues of emotional well-being, mental health and wellness, substance use, or the life stressors that can emerge throughout the high school years.

Changes can support students to make healthier decisions and address challenges in their lives by:

- Increasing their awareness of their thoughts, feelings, and behaviors
- Building new skills and strategies for managing life stressors
- Becoming more informed, active, and responsible in their own decision making

#### If you would like to access support through the CHANGES program:

You can speak with Director of Student Support Services Jean Shea, 802-264-5714, or your School Counselor. We look forward to hearing from you!

CHANGES is facilitated by Sabino Ramirez, MA. Sabino is a Mental Health Counselor with specialized expertise in working with teens, young adults, and families. Sabino is a Clinician at Centerpoint and partners with Colchester High School to provide on-site, school based screening, brief intervention, skills work, referral to services and supports, and family support as well. You can contact Sabino Ramirez for information at: 802-288-0583 or by email at sabinor@centerpointservices.org





**Colchester High School** 



Colchester High School 131 Laker Lane P.O. Box 900 Colchester VT 05446

Phone: (802) 264-5700 Fax: (802) 264-5757

#### **COLCHESTER HIGH SCHOOL** EXCELLENCE & EQUITY IN A CLIMATE OF RESPECT, RESPONSIBILITY & PRIDE

# We engage in

rooted in relationships, relevance, rigor, and shared responsibility.

We demonstrate

for ourselves, one another, and our school.

We create

where all Lakers can thrive.

#### We

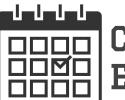
to build on one another's strengths and perspectives.

We cultivate a

that respects and celebrates all Lakers.

We empower all Lakers to use their voice, pursue their aspirations and be

members of our community.



## CALENDAR OF Events

May:

- 2 PDC Mtg. 2:40P
- 2-6 Teacher Appreciation Week
- 3 School Board Mtg. 7P
- 4 TL Mtg. 2:40P
- 5 SAT Registration Due for June 4 Test
- 5 SRC Mtg. 2:40P Rm 101/103
- 6 ACT Registration Due for June 11 Test
- 7 SAT Test Date
- 9 Dept. Mtg. 2:40P
- 9-13 CSD Art Show
- 10 GLA Mtg. 2:40P
- 11 TL Mtg. 9:43A
- 12 CSD Art Show Reception 6P
- 16 NHS Blood Drive
- 16 PDC Mtg. 2:40P
- 17 School Board Mtg. 7P

#### May:

- 18 TL Mtg. 2:40P
- 19 Faculty Mtg. 2:40P
- 19 Underclass Awards 7P
- 21 Prom
- 23 Dept. Mtg. 2:40P
- 23-24 Tribute Speeches 6:30P
- 25 TL Mtg. 9:43A
- 26 Pops Band Concert 7P

#### June:

- 1 TL Mtg. 9:43A
- 1 Pops Coral Concert 6:30P
- 2 Faculty Mtg. 2:40P
- 4 SAT Test Date
- 6 End Quarter 4
- 6 PDC Mtg. 2:40P
- 7-13 Final Exams
- 7-9 Mandatory Graduation Practice 1-4P
- 7 School Board Mtg. 7P
- 10 Class Night 6P
- 11 Graduation 10A