# THE LAKER



#### **NEWS INSIDE**

- SBAC/VTSA Testing
- Colchester Theatre Company: Winter Songs
- Health Office Update
- News from Guidance
- AP Testing Schedule
- Q2 Honor Roll
- Governor's Institute
- Laker Library Update
- Senior Information
- Project Grad
- Activities & Athletics
- CABA
- Parent/Caregiver Support
- UVM Programs
- Colchester Community
- Monthly Calendar

# **VIEW**

Dear CHS Community,

Spring is gearing up here at CHS and keeping us busy as we look to the last quarter of the 2020-2021 school year!

Next week is the end of Quarter 3 (Tuesday, 4/6) and the start of Quarter 4 (Wednesday, 4/7). Now is a good time to check in with your student about their progress in their classes to ensure a strong close to the quarter. Many students will be starting new classes Quarter 4. Class schedules can be found on your student's PowerSchool account. We anticipate mailing Quarter 3 report cards home the week of April break.

Each year CHS administers the Smarter Balanced Assessments (SBAC) in Math and English Language Arts to all 9th grade students and the Vermont State Science Assessment (VTSA) to all 11th grade students. These tests are required by the state and must be taken in-person. We will be administering these tests on April 7th (9th grade SBAC Math) and April 14th (9th grade SBAC ELA and 11th grade VTSA Science). Our virtual students will be taking these tests on April 28th. There will be no virtual classes for grades 9-12 on April 7th or April 14th to allow for the administration of the tests. Please see the next page for more information.

Next week we will also be mailing home course requests for the 2021-2022 school year (9th, 10th, and 11th grade students). These are the courses your student has requested for next year. We will send home finalized student schedules in August. Please contact your student's guidance counselor if you have any questions.

I know many of you are wondering if we will return to an A/B schedule or use a 4x4 schedule next year. The CHS leadership team, comprised of CHS teachers, counselors, and administrators, spent a significant amount of time considering the benefits and drawbacks of both schedules, and were appreciative of the community's support as we pivoted to a 4x4 for the 2020-2021 school year. We feel this was the best schedule for students during hybrid.

With the Governor anticipating Vermont opening more fully this summer and returning to pre-pandemic conditions, we are hopeful that next school year will look more like pre-pandemic schooling! We anticipate it will be likely that we will be back at school full time next school year and are confident our A/B schedule is the best model for students. We are currently building an A/B schedule for next year based on your student's course requests! If things change we will consider the information and adjust accordingly.

Last, but certainly not least, we are mindful this is the last few months at CHS for our Senior Class. This has not been an easy year, but we have been continually impressed with the Class of 2021's resilience, strength, and adaptability, and are excited to celebrate this incredible group of students! We anticipate the Governor and AOE will be releasing guidance for end of year activities towards the end of April. A Senior Group (with representation from the Senior Class and faculty) have been meeting regularly. We are looking forward to seeing the guidance as we consider spring celebrations, including graduation and a potential Senior Prom.

Warmly, Heather Baron

## STATE TESTING FOR 9TH AND 11TH GRADE STUDENTS SBAC & VTSA

Each year Colchester High School administers the Smarter Balanced Assessments (SBAC) in Math and English Language Arts to all 9th grade students and the Vermont State Science Assessment (VTSA) to all 11th grade students. These tests are required to be taken in-person.

To minimize the impact on students in-person instructional time, we are planning on administering the tests on the first two Wednesdays in April.

On **Wednesday, April 7th,** all **9th graders** will come to CHS to take the **Math SBAC** assessments from 7:45am-11:30am.

On Wednesday, April 14th, all 9th graders will come to CSH to take the ELA SBAC assessments, and all 11th graders will come to CHS to take the VTSA from 7:45am-12:00pm.

There will be no remote classes on these days. Normal bus runs will be offered to transport students to and from CHS, and students will be offered both breakfast and lunch. Students are required to bring their laptop and charger on testing days.

Students absent from testing on April 7th or April 14th will be invited to make-up day on Wednesday, May 5th. However, students will need to have their own transportation to CHS on this day.

Please see <u>THIS</u> letter from the district for more information about these required assessments, and contact Director of Curriculum and Instruction, Gwen Carmolli or CHS Assistant Principal, Erica LeClair with any questions.

#### STATE TESTING FOR VIRTUAL STUDENTS

All 9th and 11th grade students learning 100% virtually this school year will come to CHS on **Wednesday, April 28th to take the SBAC or VTSA assessments**. We will be reaching out to families to identify students in need of transportation to and from CHS on this day.

We recognize that this may be students' first time at CHS and we look forward to providing a warm Laker welcome. Students will be greeted by administrators and staff when they arrive, and after completing health screening, will be brought to their testing location. Students will be testing in small groups and test administrators will follow all health and safety protocols.

It will be important for students to bring their laptops and chargers on testing day.

We are aware that taking both the Math and ELA assessments can be a lot in one day's time. Should your student need or want more time, we will be offering a make-up day on Wednesday, May 5th. However, students will need to have their own transportation to CHS on this day.

Please see <u>THIS</u> letter from the district for more information about these required assessments, and contact Director of Curriculum and Instruction, Gwen Carmolli or CHS Assistant Principal, Erica LeClair with any questions. We look forward to seeing you.



Don't miss Colchester Theater Company's latest production of "Winter Songs" available for streaming April 16, 2021 at <a href="Icatv.org">Icatv.org</a>! To support the Colchester Theater Company, please <a href="mailto:

This video-style, virtual showcase highlights the musical and technical skills and talents of our students and promises to bring the audience *light in times of darkness*. This show follows scenes and songs revolving around finding oneself and community in the cold of winter.

CHS Director, Owen Leavey invites you to watch as the performing arts center is transformed into a winter landscape, featuring bright lights, snowy skies, and tons of songs performed by the CTC community.

Check out the article in <u>The Colchester Sun</u> to learn more about the creation of the show and to see a collection of beautiful photographs and inspiring student testimony.

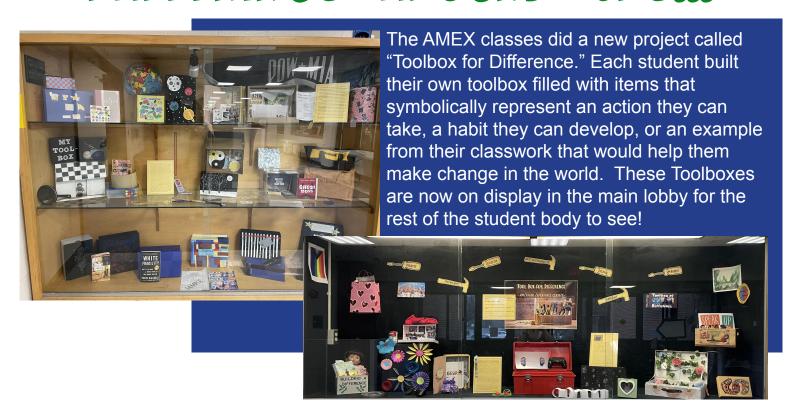








## HAPPENINGS AROUND CHS....



#### GUEST VISITORS FOR HOLOCAUST STUDIES CLASS IN MARCH 2021

On Wednesday, March 17, 2021, Ms. Christa Miller, an 86 year old woman born in Dresden, Germany who was in 5th grade in February 1945 when Allied bombers destroyed the city. She watched the destruction as a 10 year old, was out of school until April 1946 when she went back under Soviet occupation before her parents hid with her under a hay wagon to be liberated in the British Occupied Zone of Berlin. Ms. Miller even witnessed the Berlin Airlift of 1948 - 1949 as a teenager. It was a powerful and engaging presentation and discussion with the students. Students asked Ms. Miller quite a few questions about staying alive and motivated in a time of crisis and how did she hang on. After Ms. Miller had mentioned that when she first moved to the United States, she was embarrassed about growing up in Nazi Germany. When asked about this further by the students, Ms. Miller made some powerful connections to current events and complicated US history such as slavery and Jim Crow. Very important and crucial lessons for CHS students..

On Wednesday, March 24, 2021, Mr. Michael Bukanc, a child survivor of the Holocaust from Llthuana born in 1939 presented in my class. Mr. Bukanc was smuggled out of a ghetto at 4 years old and hidden with Catholic Nuns for the duration of the war. His father was able to get out of the Llthuanian ghetto and he eventually arrived in Dachau to be closer to where his son was being hidden. French forces liberated Michael in 1945 and American forces liberated his father from Dachau. He eventually moved to the United States in 1949. Students were also very engaged with questions for Mr. Bukanc. His presentation linked to current issues as well when one of the students asked him about recent anti-semitism. Michael made some powerful links between anti-Semitic attacks in 1918 and February 2019 to one of the synagogues in Burlington, VT. Michael also spoke openly about recent events including the January 6, 2021 attack on the US Capitol. Again powerful links for our students between past and present events.

CHS will be looking forward to hosting both of these speakers again next fall.

Any questions or comments? Please email Mr. Price < iames.price@colchestersd.org >



# NEWS FROM THE HEALTH OFFICE

Learn more with our online resources:

Virtual Health Office Blog Health Website

#### Things to Know About the COVID-19 Vaccines

- 1. COVID-19 vaccines teach your body how to fight off the virus. The vaccine will not give you the disease.
- 2. Studies are showing that the vaccines are safe and effective.
- 3. Decades of research went into the COVID -19 vaccine development.
- 4. The COVID-19 vaccine is one shot for Johnson & Johnson and two shots for Pfizer or Moderna.
- 5. The immune response from the vaccine can cause minor side effects, but this tells us the vaccine is working.
- 6. Most people with underlying medical conditions should still get the vaccine.
- 7. It is important to keep taking steps to prevent COVID-19 after getting vaccinated.
- 8. You can find out if/when you are eligible for the vaccine at healthvermont.gov/COVID19vaccine.
- 9. COVID-19 vaccines are provided at no cost.

#### Reference

V. (2021, March). Things You Should Know About COVID-19 Vaccines. Retrieved from https://www.healthvermont.gov/sites/default/files/documents/pdf/COVID19-Vaccine-FAQ-Handout.pdf



#### **USEFUL LINKS FOR FAMILIES**

**The CHS Guide to Operations and Procedures** 

The CHS Guide to Teaching and Learning

**Weekly Learning Plans** 

#### **NEWS FROM GUIDANCE**



#### FROM CENTER FOR TECHNOLOGY ESSEX:

The Center for Technology, Essex, is proud to share with you the students who have excelled academically and have achieved the honor of being selected as members of the

National Technical Honor Society (NTHS). At this point there is uncertainty as whether or not we will be able to hold a ceremony, but we are committed to finding a way to honor our students. We usually hold an induction ceremony in March each year. We are exploring ways to hold an outdoor ceremony to maximize the number of attendees we can accommodate and considering a date in late April or early May. We will keep you posted.

Please join us in congratulating them:

Sunita Bhujel - Cosmetology
Myah (Isaac) Crocker - Computer Animation and Web Design
Jaelynn Dusablon - Dental Assisting
Siena Leang - Health Informatics
Joselyn Maldonado - Health Informatics
Lauren Martin - Cosmetology 2
Devon Ricker - Building Technology



#### RESOURCES

Make sure to check out the "Counseling Page" on the CHS website for more resources and updates. Don't forget to regularly check the PLP Board for job, volunteer, and leadership opportunities. \*disclaimer: these opportunities are not necessarily endorsed by the school, but are available in the community.

If you are interested in exploring Canadian Colleges to learn about an overview of applying, searching and deciding whether or not to apply to Canadian schools then log onto this zoom:

For parents/students on Wednesday, April 7 at 6:30 PM <a href="https://www.google.com/url?q=https://zoom.us/j/97977">https://www.google.com/url?q=https://zoom.us/j/97977</a> 167006?pwd%3DdnZWR0cwY0JveDU0SWJSSDdYc0 9QZz09&sa=D&source=calendar&ust=1617046195065 000&usg=AOvVaw3X4OebzTmKQdzTuy2clTv7

#### **Colchester High School 2021 AP Exam Schedule**

- All versions of the AP Exams in all subjects will be full length and cover the course's full scope of content required for college credit.
- Students taking digital exams will be expected to log on to the online testing system 30 minutes prior to the start of each exam. Digital exams will be accessed from home.
- Students who feel they do not have stable internet access at home should contact Bob Hall,
   AP Coordinator, <a href="mailto:robert.hall@colchestersd.org">robert.hall@colchestersd.org</a>, no later than Monday May 10.
- CHS students may be scheduled to take two exams per day.
- Makeup dates are available for students who have a pre-approved conflict, were ill on the
  exam date, or for those unable to access an exam on the regularly scheduled date. Contact
  Bob Hall, AP Coordinator, for pre-approval @ robert.hall@colchestersd.org.

CHS Official Testing Administration Dates/Times/Formats			Make-up Dates
Date	DIGITAL Exam @ 12:00PM Access online testing system @ 11:30am	DIGITAL Exam @ 4:00PM Access online testing system @ 3:30pm	Digital Exam Same time unless noted.
Tuesday, May 18	English Literature & Composition (Grade 12)		Tues., June 1
Wednesday, May 19	European History		Wed., June 2
Thursday, May 20	US Government & Politics	Psychology	Thurs., June 3
Wednesday, May 26	English Language and Composition (Grade 11)		Mon., June 7
Thursday, May 27	Biology	Environmental Science	Fri., June 11
Wednesday, Jue 2	US History		
Wednesday, June 9	Calculus AB Calculus BC	Physics 1	
Thursday, June 10	Chemistry	Statistics	
Date	PAPER Exam @ 12:00PM		Make-up date Paper only/same time
Friday, May 21	French Language and Culture		Fri., June 4

### COLCHESTER HIGH SCHOOL 2020-2021 HONOR ROLL ~ 2ND QUARTER

**<u>QTH GRADE HIGH HONOR8-</u>** Taylor Olivia Barnaby, Morgan JH Brawley, Lee-Ann Jade Burlingame, Mason Flyer Cardinal, Noah Carmona, Pheonix Miannej Clark, MariSol Genevieve Costello, Hanna J Coughlin, Zachary Buckingham Davis, Aviana Elise Fenton, Zoe Ann Gendron, Hannah Marie Giard, Tyson Dragan Green, Caitlin Elizabeth Hallock, Aunika Lynne Higbee, Zoe Marie Hirsch, Stephanie Baotien Huynh, Francis Isadore Kautzman, Raymond Wallace LaChance, Braeden Benjamin Laidman, Mindy Lin, Simone Esambo McCormick, Kaitlyn Grace McCullagh, Shane Nelson Mobley, Selena Maria Molnar, Jayden Taylor Nadeau, Lily Sno Niemi-Moskowitz, Nicole Hilary Norton, Miles O'Brien, Ilona Angelique Parrish-Russell, Gwen Gale Peery, Mason Silvio Perry, Kieran Patrick Phillips, Kelsi Lynn Pratt, Aurora Proulx, Spencer Dennis Putnam, Athena Nicole Ralph, Brody Rassel, Jonah Robert Recicar, Phoebe Ran Richardson, Trace Keefe Roach, Ava Lynn Robare, Kamron M Salimi, Sierra Kathryn Santor, Sophie Frances Schuyler, Elizabeth V Shirk, Elena Perras Solomon, Mina Li Teske, Owen Cooper Towers, Molly Trivento, Keira Underwood, Mohini Vallabhaneni, Meili Xiaowei Winchester, Allison Rachel Winslow, Eva Marilyn Youlen

10<sup>TH</sup> GRADE HIGH HONORS - Nathan Allard, Mason Buchanan Alling, Emma Joy Alter, Henry Bacon, Aiyana Faith Baldasty, Emma Ann Bergeron, Makayla Bermudez, Ava Elizabeth Blaisdell, Sarah Bokelberg, Jeannine Bourassa, Sean James Boyd, Anthony Mitchell Brescia, Paxton Elizabeth Brigante, Marina Angela Bushell, Jared T Carnesale, Leah Margaret Cartwright, Shelby Lynn Cohen, Trinity Rose Conley, Mei-Ling N Correll, Annaliese B Crook, Ashlyn Brielle Dewyea, Collin Patrick Fath, Matthew Robert Fournier, Ethan Michael Gamelin, Owen Elias Grenier, Abigail C Hoag, Taylor Grace Karpinski, Cameron Matthew Katon, Jack Alexander Kelley, Ryan David Kerner, Amber Lee LaCroix, Jacobi Mark Lafferty, Amanda Margaret Lajeunesse, Aaron Scott Laquerre, Hairuo Liu, Kyla Lee Lumbra, Steldie Precieuse Mabiala, Maeve Elizabeth MacAuley, Aiden Paul McHugh, Benjamin Anthony Meller, Liam Thomas Messier, Ella Carol Pecor, Emma Elizabeth Pratt-Johnson, Hailey Fay Rosio, Tyler Patrick Ryan, Meghan Elizabeth Savage, Laila Emma Shawa, Jaden C Sweeten, Owen Michael Talbot, Tyler Jacob Thompson, Adeline Bea Trahan, Anthony Lane Tuttle, Rigel Silas Waring, Miles Alexander Watson, Jasmine Weaver, Chase Oliver Whelihan, Hanna Park Wilkins, Leanne Cuiyao Winchester, Makenna Lauren Wirtz, Erin Sierra Yarnell

11<sup>TH</sup> GRADE HIGH HONORS- Ryan James Anderson, Abbey Archuleta, Isabella Susana Basille, Curtis Bourassa, Erin Kennedy Boyd, Harry E Brawley, Taylor RubyMae Brousseau, Thomas E Buckley, Julien Thomas-Henri Buttolph, Bryce Carey, Logan S Crocker, Ryan B Dousevicz, Maia Xue Franchetti, Michael A French, Tyler W Gibson, Michael Harrington, Carter Alan Howe, Bella Maria Jarvis, Peyton R Jenkins, Gloria K Kigonya, Benjamin Dennis Knapp, Jonathan C Labrie, Courtney Lai, Emily Jean Lovejoy, Wyatt Russell Luce, Benitez, Joselyn Maldonado, Austin P Manning, Jennifer Lynn Martel, Maeve Elizabeth McCullagh, Emma Carol McDonald, Upako, Beni Mulolo, Prinsha Neupane, Chloe Elisabeth Palmer, Ethan James Piette, Alexander Michael Putzier, David Tyler Rich, Connor M Roy, Maggie H Ryan, Kendall Anne Spencer, Connor Mark Sweeney, Mikayla Thibault, Ava Brooke Towers, Sally Rose Zuk

12<sup>TH</sup> GRADE HIGH HONORS - Adolphe A Alfani, Evan Paul Bokelberg, Brooke Cole Booska, Madison Taylor Camisa, Joseph Caruso, Diego Edward Casab, Dale Makaha Colley, Julia Danielle Correll, Gabrielle M Farineau, Brendan Stephen Fath, Cole Benjamin, Fenton, Carley Ruth Goedken, Latiah Genae Kieu, Leah Cecilia Lamothe, Henry Manchester Lopez, Molly Leah Luter, Michael Mansfield, Olivia Grace Moore, Fariha Nawar, Jessica Elise Nelson, Emmakate Aleta O'Donnell, Carlton M Pham, Jason Wayne Robinson Jr., Sylvie Patrice Sarrazin, Megan Laurel Scheck, Kyrill Sergeyevich Serdyuk, Ethan Thomas Shelden, Jack Duffy Talbot, Bodey R Towle, Brooke A Tucker, Benjamin Luke Valley, Nathan Monroe Wehman

**GRADE HONORS**- Nadheer Aldulaimi, Thorsten Garm Andreasson, Xander Kayson Berthiaume, Charlotte Elisabeth Bluteau, Caiden Thomas Cassidy, Connor James Cheeseman, Ava Marie Cifrian, Iris W Cobb, Nadja Ute-Victoria Dacres, Ava Dallamura, Kaden Michael Demar, Joshna Dhaurali, Joseph Bihari Donerkiel, Quinn Thomas Dousevicz, Ethan Ryan Ferenc, Ryan Fetters, Amna Hanna Halilovic, Addison Mae Hawkins, Jonah Douglas Isham, Jayden Eric Jarvis, Isaac Matthew Karlin, Dylan James Kerner, Joshua J LaBelle, John Frederick Meyer, Bradyn F Murphy, Gavin Troy Murphy, Kiera A O'Brien, Aris (Felix) Patrie, Aiden S Perren, Madison M Quigley, Lorelei Elizabeth Right, Lyla Grace Rivers, Jacob Alexander Rodriguez, Benjamin Mason Rolston, Molly Louise Rublee, Marnie Russo, Harrison R Shirk, Jake Austin Tarinelli, Emily Jeanne Thompson, Noah Walker Toof, Ellen Towers, Roma Doris Vallabhaneni, Noah Thomas Vezina, Carmella Jane Voity, Caleb William Walters, Chase Peter Willet

10<sup>TH</sup> GRADE HONORS - Griffin Kevin Allen, Evan Burton Baird, Walker Riley Bertrand, Isabella Mae Bledsoe, Cooper Joseph Blondin, Alexis Lynne Cole, McKenna Ann Conrad-Pawlik, Katherine Elizabeth Cook, Olivia May Dallamura, Shelby Elizabeth Dollmatsch, Luke Ichiro-Kai Doloughty, Brianna Alexix Dumas, Sophie Olivia Farineau, Aidan Flaherty, Ryleigh Taft Garrow, Hailey Mae Gebicker, Griffin Scott Hayes, Seth Bishop Juenker, Kaylyn Le, Caleb Denis LeVasseur, Keegan Michael Lyman, Rowan Honour MacArdle, Ian Tae-Seung Maher, Emily Marie Maynard, David Isaac Morton, Lucas Michael Muir, Stephane Mujomba, Quy Tan Nguyen, Theodore Daniel Odom, Acadia Petrie, Benjamin Michael Roper, Anna Marie Tarte, Jacob Frederick Thon, Charles Gerard Walsh

**11<sup>TH</sup> GRADE HONORS**- Kaitlin E Anderson, Evan H Audette, Piotr A Babyuk, Catherine M Balch, Sunita Bhujel, Harlee Bissonette, John Stephen Blair, Jayden O Boyde, Ian Bates Cassidy, Myah R Crocker, Jake R Demag, Emma Ellen Ellsworth, Meayva Bienna Fitzpatrick, Gabrielle Joachim, Kai Kendrick, Alina Lamphere, Siena Sophia Leang, Owen J Macomber, Frank Daniel Marcou, Joseph Douglas Maxfield, Kyle Nadeau, Kaya Marley Nunan, Morgan Page, Karlie Patricia-Jane Palin, Jonathan M Paskevich, Austin M Phelps, Spencer A Plumb, Domenick Robert Puttlitz, Noah Thomas Quigley, Lucas B Raymond, Devon E Ricker, Alaina Kadas Rolston, Alex C Rublee, Zoe Kate Tarinelli, Trisa Timsina, Leah Underwood, Meghan E Vesosky

12<sup>TH</sup> GRADE HONORS - Sebastian Christman Alessi, Olivia Ellyn Aultman, Jake Michael Baird, Jayme N Baldwin, Cannan William Barrows, Mason Shea Blondin, Kaleigh Blair Bogner, Matthew Ryan Brooks, Maekayla Hope Brower, Blake A Cardinal, Hannah Carroll, Ethan John Chamberlin, Madison M Cirillo, Mason A Coburn, Caitlin Elizabeth Connors, Keegan Patrick Conrad-Pawlik, Jacob A Corman, Connor L Couture, Taylor Madison Dickie, Kyra K Doloughty, Jaelynn June Dusablon, Ashley Marie Emmons, Savannah Delijah Eusebio, Elliot Gregory Fabian-Fine, Joumana Fadel, Colby Stephen Fane-Cushing, Dylan L Fullerton, James Giroux, JeanPaul Habyalimana, Quinn Paul Holly, Grant M Holmes, Julia Grace Karlin, Hannah Michele Lamphier, Samantha Abagail Landry, Samuel George Lopes, Lauren Ashley Martin, Logan Richard Mock, Madeleine R Mullins, Quinn Elise Patrie, Tyler S Roberge, Ranjita Devi Sarki, Maelyn Marie Sartwell, Chloe Katherine Smith, Jackson T Solomon, Stephanie Jane Trepanier, Jackson Thomas Valley, Jacob Whitman











#### **Teen Lit Mob**

This year's *Teen Lit Mob* (Vermont's Teen Literary Festival) is going virtual. The incredible list of authors which had been scheduled for last year's COVID-cancelled event have returned for this virtual extravaganza of literary fun. Hear from authors *Ibi Zoboi* (*Pride, American Street*), *Justina Ireland* (*Dread Nation, Deathless Divide*). Attend writing workshops with Ibi, Justina, award-winning author *An Na* (*A Step from Heaven, The Place Between Breaths*), local author *Chris Tebbetts*, and local comic artist *Dan Nott*.

#### The goals of Teen Lit Mob are to:

- · Connect teen readers to authors and illustrators.
- · Connect teen readers to each other.
- · Support teen writers and illustrators.
- · Celebrate diverse stories and diverse authors.
- · Celebrate and encourage reading for pleasure.
- · Promote the Green Mountain Book Award, Vermont's teen-choice book award.
- · Cultivate an annual conference that celebrates YA literature in Vermont.

This is an all-day virtual event/in-school field trip through the Vermont Department of Libraries on Friday, May 7th. The event is FREE. Learn more <a href="here">here</a>. Interested? Contact Ms. Binder for details or to register, by April 9th.



L













#### Student-Written Book

#### Reviews

We've added some more student-written reviews to our website under the Books & Reading section. You'll find a review of Toni Morrison's The Bluest Eye, Nic Stone's Dear Martin, A Very Large Expanse of Sea by Tahereh Mafi, and more. Be sure to check them out! And if you or anyone you know wants to contribute a review, please email Ms. Binder. Reviews can be as little as one paragraph in length. No need to get fancy about it - we just want to offer students a chance to share what they think of the books they're reading!



#### **GMBA** Voting

Students, have you read any of this year's Green Mountain Book Award (GMBA) nominees? If so, it's time to vote! Fill out this form for each book you've read on the list, and make your voice heard!

The voting deadline is May 28, 2021 at 5pm.

Need recommendations? Ms. Binder and Ms. Barnes highly recommend:

Internment by Samira Ahmed
XL by Scott Brown
With the Fire on High by Elizabeth
Acevedo

Dig by A.S. King!







Thank you to the many seniors who have ordered their caps and gowns.

Students who have not yet ordered a cap and gown should do so as soon as possible. If you have any questions about the ordering process, please reach out to one of the Senior Advisors, Mr. Richey (<u>Jeffery.Richey@colchestersd.org</u>) or Mr. Perry (<u>Thomas.Perry@colchestersd.org</u>), or Gabby Brooks (<u>Gabrielle.Brooks@colchestersd.org</u>) in the main office.

Cap/Gown orders can be placed online at <u>Jostens.com</u> and Senior Dues can be turned in to Gabby Brooks in the main office.

# GRADUATION: SATURDAY, JUNE 12TH

#### STUDENT DEBT

Please remember that it is your student's responsibility to keep track of any outstanding debt (lost books, parking fines, or damage to equipment) that they might have. If you are unsure whether your child has any debt, feel free to contact Heidi Echo, bookkeeper at Colchester High School 264-5702 or Heidi.Echo@colchestersd.org

#### Buy your yearbook now!

There are two ways to order a yearbook:

- 1. Use your credit or debit card to pay online at <u>Josten's</u> website.
- 2. Write a check made payable to CHS, and submit it to Ms. deLaricheliere's mailbox in the main office along with an <u>order form</u>. Seal it in an envelope and clearly label your name. <u>Sorry, we are no longer accepting cash for yearbook payment.</u>



**Yearbooks cost \$75.** We will be accepting orders until June 11th, 2021. If you don't pre-order a yearbook we only order 20 extras -- don't let your student miss out on this amazing publication! Order your yearbook now!



#### PROJECT GRAD 2021

#### **NEEDS YOUR HELP!!**

#### How can you help the class of 2021 celebrate?

- Make a purchase at the Project Grad store for some great Laker items: https://colchesterlakers.itemorder.com/sale?fbclid=lwAR3yP3wF4RAQCQ9FxX0U PUGcy890V47v5cnnEaDhUCRwlwJUT3a8cPh0GGU
- Purchase a Senior Sign at our store for \$25 and put out on May 1st
- Purchase a meal at Three Brothers on April 14, 2021 and a percentage from the days purchases goes to Project Grad.
- Make a donation to Project Grad by sending your tax deductible donation to CHS ATT: Project Grad 131 Laker Lane, Colchester VT 05446
- Donate your bottles at Cap N Cork at 164 Porters Point Rd # 2, Colchester, VT 05446. Make sure you designate them for Project Grad.
- Attend Project Grad meetings the 1st Tuesday of every month.

The link for April 6th is

Microsoft Teams meeting

Join on your computer or mobile app

Click here to join the meeting

Or call in (audio only)

+1 802-489-6040,,885012051# United States, Burlington

Phone Conference ID: 885 012 051#

 Get on the mailing list by sending <u>CHSprojectgrade21@gmail.com</u> or visit our Facebook page <a href="https://www.facebook.com/groups/415047723004039">https://www.facebook.com/groups/415047723004039</a>.

# PROJECT GRADUATION STUDENT COMMITTEE

CALLING ALL SENIORS! Project Graduation is inviting any student who wants to attend any 2021 Student Committee meeting on the last Thursday of each month until May.

**Topic: 2021 Project Graduation Student Committee** 

Time: Feb 25, 2021 06:00 PM Eastern Time (US and Canada)

Every month on the Last Thu, until May 27, 2021, 4 occurrence(s)

Apr 29, 2021 06:00 PM May 27, 2021 06:00 PM

Join Zoom Meeting

https://us02web.zoom.us/j/89493842158?pwd=RjFHbENIa04yLzlvbnJKWG5IRTVBdz09

Meeting ID: 894 9384 2158

Passcode: 250725



#### **ACTIVITIES & ATHLETICS**

Happy Spring Laker Nation!

Competitive winter seasons have come to a close, with successful seasons had by all of our Lakers. Thanks to a deep run to the championship game by BC Girls Hockey, we now have a quick turnaround from the winter season to the spring season.

We are excited to start the 2021 spring sports season with a REQUIRED parent and student-athlete meeting on Thursday, April 1, 2021 at 6:00 p.m. This meeting will be virtual and can be accessed by clicking <a href="here.">here.</a>

In-person practices will begin Monday, April 5, 2021. All athletes must be registered for their spring sport on Rank One prior to their first practice. You can access the Rank One registration link <a href="here.">here.</a> We are looking forward to a great spring; CHS has so many options during the spring, don't be hesitate...participate!

You can also review the most recent edition of the VPA's Guidelines linked here.

#### Go Lakers!

Mark Ellingson, CHS Activities & Athletics Director

C

Everyone at CABA is proud of all of our winter sport athletes for their continued hard work during a season of so many ups and downs! Congratulations to everyone for a season well played! We now look forward to the start of spring season!

Thank you to everyone who has already returned their uniform. If you have not already done so, please drop off with Mark Ellingson or you can contact <a href="mailto:chscaba@gmail.com">chscaba@gmail.com</a> to make other arrangements. Any uniforms not received by April 12th will require invoices to be sent out for reimbursement of the missing uniform.

Reminder that the CABA online apparel store will be temporarily closed until August 2021. Our friends at Project Graduation have opened their own apparel store to help fundraise for 2021 Project Grad. So if you need any apparel before August, please visit their store!

#### What does CABA (Colchester Athletic Boosters Association) do for Colchester High school sports?

CABA purchases uniforms for Cross Country, Field Hockey, Golf, Soccer, Alpine Skiing, Basketball, Dance, Nordic Skiing, Baseball, Lacrosse, Softball, Tennis and Track and Field. CABA also helps buy essential equipment and invests in large scale projects. These are expenses that are not covered by the school budget with tax revenue. All CABA apparel purchases help support this mission.

Parents, grandparents, friends and athletes are all welcome to volunteer with CABA.

- E-mail chscaba@gmail.com with any questions or to volunteer.
- Follow CABA on Facebook at https://www.facebook.com/CABAVT/
- •Sign up at https://smile.amazon.com/. Pick Colchester Athletic Booster Association Inc, and a portion of your sales will be donated right back to CABA.

#### CABA's Mission

- Provide supplemental financial and material support for the Athletic Programs at Colchester High School.
- Dedicated to enriching the Athletic Program at Colchester High School through the promotion of school spirit and good sportsmanship.
- •Reinforcing the values and virtues of the LAKERS as Loyal, Able, Knowledgeable, Enthusiastic and Responsible Students

## PARENT/ CAREGIVER SUPPORT OPPORTUNITY!

CHS partners with Centerpoint to provide consultation opportunities for parents and caregivers. Parents are invited to reach out to Danielle Jatlow, LICSW, LADC, Centerpoint Program Director, to discuss adolescent health and wellness, ask questions, enhance developmentally-matched parenting skills and strategies, learn about community resources, or to just have a space to share.

FOR MORE INFORMATION OR TO MAKE AN APPOINTMENT,
PLEASE CONTACT:
DANIELLE JATLOW, LICSW, LADC
CENTERPOINT PROGRAM DIRECTOR
802-777-5932
DANIELLEJ@CENTERPOINTSERVICES.ORG





# You can make CHANGES! And we'll help you get there.

CHANGES is a program that provides support for any student who would like to focus on issues of emotional well-being, mental health and wellness, substance use, or the life stressors that can emerge throughout the high school years.

Changes can support students to make healthier decisions and address challenges in their lives by:

- Increasing their awareness of their thoughts, feelings, and behaviors
- Building new skills and strategies for managing life stressors
- Becoming more informed, active, and responsible in their own decision making

#### If you would like to access support through the CHANGES program:

You can speak with Director of Student Support Services Jean Shea, 802-264-5714, or your Guidance Counselor. We look forward hearing from you!

CHANGES is facilitated by Amy Jensen, MSW. Amy is a Social Worker with specialized expertise in working with teens, young adults, and families. Amy is a Clinician at Centerpoint and partners with Colchester High School to provide on-site, school-based screening, brief intervention, skills work, referral to services and supports, and family support as well. You can contact Amy Jensen for information at: 802-488-7717 or by email at <a href="mailto:AmvJ@Centerpointservices.org">AmvJ@Centerpointservices.org</a>





# TUVM Extension 4-H has just announced some new virtual programs for youth and adults! - check them out and register. All programs are FREE!

**4-H World Changers - Learn to Code!:** From cartoons to movies to video games, animations are everywhere. Join us for this 6 session series to unlock your inner animator! You will use computer science to **create your own custom animation**. Open to all youth from Vermont and beyond in grades 5-12. Sessions run Thursdays April 8 - May 13 from 7-8 pm EST. <u>Learn more here.</u>

**Virtual Teen Science Cafes:** we will be starting our **Spring Series** on Wednesday, March 31! <u>Check out the topics here.</u> For grades 7-12.

Citizenship Washington Focus: Citizenship Washington Focus (CWF) is National 4 H Council's premier leadership and citizenship program for high school age students. While it typically takes place in Washington, D.C., this year it will be held in a virtual format. Vermont 4-H will be offering a **full** scholarship to 8 teens to participate! Open to all youth in grades 9-12. <u>Learn more</u> and <u>apply</u> by April 30.

Askable Adult Training:"Kids are not okay," Governor Scott said during the Feb. 26 statewide COVID press briefing. Around 70% of Vermont youth reported in a recent survey that the COVID-19 pandemic made their anxiety/worry, mood or loneliness "a little" or "a lot" worse. And 38% of youth reported that they felt difficulties were piling up so high that they sometimes or often could not overcome them in the past month. Now more than ever our youth need askable adults! This training is designed for adults who are interested in becoming more "askable" and supportive for the youth in their lives. Open to all adults, educators, summer programs and camp staff, parents, youth development professionals and youth group volunteers. Registration will be capped at 35 participants; participants must attend both sessions May 18 & 20 from 11:30 am - 1 pm.

These programs are FREE but registration is required.

Many more programs are posted on our website....

Book mark our site: <a href="https://www.uvm.edu/extension/youth/announcements">www.uvm.edu/extension/youth/announcements</a> and "like us" on Facebook (Vermont 4-H) to stay connected and informed.



# GO FAR

Meet Josh:

Made for the stage / Ready to engage. Driven by a desire to work on a team and help people, his Health and Medicine course came with direct access to healthcare workers and confirmed his focus on a nursing degree.

Sign up for UVM Summer Academy today, and like Josh, you can Go Far.

#### Summer Academy at UVM

For an immersive learning experience this summer, invite your high school students to explore UVM's **Summer Academy**.

Our 4-week, fully online courses are designed exclusively for students who have completed 10th, 11th, or 12th grade and are tailored to provide an in-depth exploration of a specific field of study in subjects ranging from journalism and photography to health and medicine.

#### **Summer Academy Courses Include:**

- Adventures in Neuroscience
- Biomedical Science and Human Disease
- Drones for Environmental Mapping
- Facing
   Environmental
- Health and Medicine
- Storytelling with Photographs

**Apply Now HERE** 

#### Summer Pre-College Courses at UVM -Registration Is Open NOW!

Vermont high school students are invited to take college courses for credit throughout the year at UVM. What's more, through <u>Vermont'sDual Enrollment Program</u>, <u>juniors and seniors</u>, to access up to <u>two college courses</u> with tuition fully reimbursed through a voucher system approved by their high schools.

Our entry-level courses—ranging from Art History to Wildlife Biology—are appropriate for high school students and UVM's small class sizes are perfect for interacting with faculty. Invite your students to check out some of these incredible courses being offered this summer:

- Drawing
- American Sign Language
- Personal Finance & Investing
- Written Expression
- Intro Environmental Sci
- Pre-Calculus Mathematics
- Intro World Music Cultures
- Introductory Neuroscience
- Intro to Psychological Science
- Introduction to Sociology

Registration is open NOW. Encourage your students to register as soon as possible to get the courses they want/need this summer at UVM!

#### **Register Now HERE**

Join us Tuesday, Tuesday, March 2, 2021 7:00 PM EST - 7:30PM EST. for our Summer Academy: College Prep for Health and Medicine webinar.

We will be joined by:

- Paula Tracy Ph.D. Professor in the Department of Biochemistry at the Robert Larner, M.D. College of Medicine at The University of Vermont
- Hannah Sher York Prep High School in NYC
- Charles Parfet Enrollment Coach for the Department of Continuing and Distance Education at UVM

During UVM Summer Academy Health and Medicine course students explore the fascinating world of modern medicine and bioscience through the lens of COVID-19 in online labs, lectures, demonstrations and virtual visits. Experts from across disciplines at UVM and Robert Larner College of Medicine including public health, global health, genomics, general medicine, nursing, and allied health practice all engage with students with current developments in their fields.

The 4-week online program helps students discover their interests, learn about the latest advances in bioscience and molecular medicine, and develop an understanding of diverse medical and health science career paths that might be right for them.

**RSVP for the Webinar HERE** 



#### **Burnham Memorial Library**

Hi!

Fun fact: there's a new teen craft at curbside pickup almost every week. There's even sometimes leftovers if you can't make it quite weekly. First come, first dibs! All spring and summer long if y'all like it—Burnham Book Bags (b3)! Too tired to think about what to read? No problem! There's a bag of books, teen humans only, with a genre or theme listed on the tag. Stop by curbside and pick one out that sounds mildly interesting. If you don't like it, you have to return the books anyway but you can keep the little gifts (so far there have been buttons and feather pens and random goodies). B3 bags are also first come, first dibs.

On a more serious note, online hosted practice SATs and ACTs are coming. Dates coming soon!

As always, you can call (264-5660) or email the library (<a href="mailto:burnhamlib@colchestervt.gov">burnhamlib@colchestervt.gov</a>) whenever you need things, be they books or otherwise—we try to help. You can get your teen librarian directly (<a href="mailto:kpsaute@colchestervt.gov">kpsaute@colchestervt.gov</a>) too. Happy spring!



Kelsey Psaute
Current Reading: The
Downstairs Girl by Stacy Lee
Young Adult & Technology
Services
Burnham Memorial Library



#### **CSD Family Nights**

#### **CSD FAMILY NIGHTS**

A chance for families to connect with community experts on a variety of topics. The 4th Tuesday of the month from 6:30 pm - 8:00 pm via Zoom.

The Colchester School District is hosting monthly virtual Family Nights with local experts covering a variety of topics including resilience, anxiety, fostering connections, and promoting independence in children. Click here to view the full flyer which includes zoom links to the upcoming and future presentations.



Colchester High School 131 Laker Lane P.O. Box 900 Colchester VT 05446

Phone: (802) 264-5700 Fax: (802) 264-5757

## COLCHESTER HIGH SCHOOL EXCELLENCE & EQUITY

IN A CLIMATE OF RESPECT, RESPONSIBILITY & PRIDE

We engage in

rooted in relationships, relevance, rigor, and shared responsibility.

We demonstrate

for ourselves, one another, and our school.

We create

where all Lakers can thrive.

We

to build on one another's strengths and perspectives.

We cultivate a

that respects and celebrates all Lakers.

We empower all Lakers to use their voice, pursue their aspirations and be

members of our community.



# CALENDAR OF EVENTS

#### April:

- 1 Faculty Mtg. 2:40 Equity with Rebecca
- Spring Sports Parent/Athlete Mtg. 6P
   Zoom
- 5 Spring Sports Practice Begins
- 5 Baseball Practice Begins
- 5 Dept. Mtg. 2:40
- 6 End Quarter 3
- 6 School Board Mtg. 7P
- 7 Start Quarter 4
- 7 TL Mtg. 3P
- 12 PDC Mtg. 2:40
- 14 TL Mtg. 2:40
- 15 Faculty Mtg. 2:40
- 17 ACT Test Date
- 19-23Spring Recess
- 26 Dept. Mtg. 2:40

#### April:

28 TL Mtg. 2:40

#### May:

- 3 Variety Night Premiere
- 3 PDC Mtg. 2:40
- 4 School Board Mtg. 7P
- 5 TL Mtg. 2:40
- 6 Variety Night Premiere
- 6 Faculty Mtg. 2:40 Equity with Rebecca
- 7 ACT Registration Due for June 12 Test
- 8 SAT Test Date
- 10 Dept. Mtg. 2:40
- 12 TL Mtg. 2:40
- 17 PDC Mtg. 2:40
- 18 School Board Mtg. 7P
- 19 TL Mtg. 2:40
- 19 Athletic Awards Night 7P
- 20 Faculty Mtg. 2:40
- 24 Dept. Mtg. 2:40