

# The Lakeside Voice

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Colchester High School Colchester, VT 05446

## Minor change for district Testing season has begun

### CHS Principal chosen as next Superintendent

by Cynthia Rodriguez

Colchester High School's well known principal, Amy Minor, has marked the days until she becomes the new Superintendent of the Colchester School District.

The Colchester community will no longer have the ability to hear her on the intercom. She will be on our phone's voicemail, announcing district news and next year those highly anticipated snow days.

Mrs. Minor has been the principal of Colchester High School for ten years. She began her journey working for the Colchester School District in 1999.

"I was a science teacher, Math Department Head, Science Department Head, Assistant Principal and now Principal," Mrs. Minor explains. "I wanted to become superintendent to make larger changes in the district."

Although she won't officially take over until July, Mrs. Minor has already started working on getting herself acquainted with the other schools such as Union Memorial, Porter's Point School, and has already scheduled visits to Malletts Bay School, and some classrooms like Mrs. Heather Longchamps' fourth grade class.

"I have really already started the transitioning process, but my official start date is July 1," according to Mrs. Minor.

"I am going to take the first year to learn more about our overall strengths and needs of becoming superintendent. I am most excited about getting into each of the six buildings (UMS, PPS, MBS, CMS, CHS and the Colchester School District Administrative Office.) Watching our faculty teach, and learning more about each building.

One of my goals is to increase the communication between the schools and the taxpayers. This year a group of



Photo by Cynthia Rodriguez

Principal Minor (above) at work in her office and (below) shown with members of her final graduating class before she becomes CSD's new superintendent.

CHS students have assisted me with redesigning the CSD and CHS website. That will be the first visible change that I make. My other goal is to be in at least one out of the six buildings daily."

Mrs. Minor said, "I am really sad to leave CHS, but I am excited about

making bigger changes in the district".

When asked about the best memories of being a part of Colchester High School, she said "There are too many to mention, but I will miss everything, and the students of course! I will miss the relationships that I currently have with the student body".

She hopes to keep the communication lines open and students and parents are welcome to get in contact with her by email, phone, and follow her on Twitter.

## Baron assumes principal duties Science teacher tapped for leadership role

by Alex Gardner



Photo by Alex Gardner

Ms. Baron will become the new CHS Principal on July 1st when Ms. Minor becomes Superintendent.

As of this July, Colchester High School Principal Amy Minor will be stepping into a new role as Superintendent and science teacher Heather Baron will be taking her place. Ms. Baron has been an educator for seventeen years, thirteen of which were spent teaching at CHS. Along with being a science teacher, Ms. Baron is also Professional Development Coordinator and Instructional Coach. Ms. Baron was originally competing with multiple other educators for the job; but the

principal hiring committee, which was made up of teachers, students, parents administrators and a school board member, eventually narrowed it down to Ms. Baron and Ms. Dorrine Dorfman, the principal of another Vermont high school. Ms. Dorfman, however, accepted another position and took her hat out of the ring, the week before the decision was made, and Ms. Baron was offered the job.

Ms. Baron, when asked why she wanted to become principal of

CHS, said she wanted to, "think about the entirety of the high school experience" and "being principal allows me to think about the whole high school experience for students - from the learning that happens in the classroom (and outside the classroom!) to co-curriculars to everything else that makes high school what it is."

Ms. Baron also hopes to continue "the trajectory [that the school is going in] as the new principal.

Spring traditionally marks the beginning of the standardized testing season at CHS and the United States for high school students.

Beginning with Common Core and ending with a series of AP tests and Final Exams, the season can be stressful, yet rewarding.

Juniors were tested in English and Math from mid-March through the beginning of April. Both series of tests featured three to four days of computer adaptive tests, classroom activity, and performance tasks.

The window for AP testing began on May 2nd and will run until May 12th. Students around the country enrolled in AP courses will be administered the AP tests during this time frame. This can require at times up to four hours of intense testing measuring the knowledge from the year long AP course they have been part of this year.

Juniors will continue the testing season with Science NECAPS on May 13th.

To conclude the spring of tests, all students with the exception of Senior exemptions, will be taking Final Exams beginning on June 3rd. These will conclude on June 8th as will the academic year 2015-1016.

# Deadpool alive at box office

by Kayleigh Carty

Directed by: Tim Miller  
 Lead Actors: Ryan Reynolds (as Deadpool), Morena Baccarin (Copycat), Gina Carano (Angel Dust), Ed Skrein (Ajax), T.J. Miller (Weasel) and Brianna Hildebrand as Negasonic Teenager  
 Released in U.S. theaters February 12, 2016  
 Rated: R  
 Still airing in theatres



Photo by moviepilot.com

Deadpool, (formerly known as Wade Wilson) tells the story of an independent, sarcastic and inappropriate guy who initially worked as a special forces operative who now is a mercenary. The purpose throughout the film is to tell how Wade becomes Deadpool. When he is told that he has terminal cancer, he meets an evil scientist, who, instead of killing him, tortures and disfigures his body from the inside out. In return, the experiment leaves him with super healing powers, wicked humor and the alter ego; Deadpool. With some help from his allies and girlfriend that he meets along the way; he eventually hunts down the man that almost killed him.

Sarcastic, fast and gleefully profane, Deadpool tells the story of a confident, revenge seeking anti hero. Deadpool is the superhero in us that we all want to be, but it's not easy. It is spontaneous, fun loving and profane. Due to some of the content, the movie is geared for a more mature audience. Deadpool is full of great music,

Deadpool provides that entertaining night out for those who enjoy the super hero genre.

and several pop culture references.

What Deadpool lacks is in the organization of its backstory and film elements. It strives in its action and humor that keeps the viewer engaged, but it lacks a solid romance and family element which can be found in other Marvel movies. There is an overarching problem that it follows throughout the movie, but Deadpool stops it right there.

This is definitely a film that sits with our current generation and the millennial, somebody that were to go and see this film, initially, needs to have a light, accepting sense of humor going in.

Deadpool is one more film in the long line of recent superhero films at the box office that seems to be driving the industry.

## Lakeside Voice Staff / Contact Information

A New England Scholastic Press Association Award Winning Paper

The Lakeside Voice is published by students at Colchester High School. Articles are selected and submitted by the CHS community at large. The high school Journalism class and all other students wanting to take part are responsible for every facet of The Lakeside Voice publication. Suggestions and ideas for articles, as well as Letters to the Editor, can be sent in care of:

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## Importance of community service

by Mike Walsh



Helping a community

When hearing the word community service, some people may picture convicts picking up trash against their will (What's often portrayed in TV shows), others may have personal experiences where they did volunteer work.

Having active community members is greatly important to the functionality of a town or city. If you are wondering how you could participate in community service, there are many different options. They range all the way from painting town landmarks and planting trees, to joining your volunteer agencies.

Colchester High School has a graduation requirement and requires ten hours of community service from every Senior

Seminar student, which is very reasonable considering that many schools require up to forty hours.

Seniors have from the end of their junior year until the end of their senior year to complete the ten hour requirement. Many complete the hours during the summer, but most will complete the hours during the semester they take Senior Seminar.

When asking people what they think the impact of community service was, I got many similar answers. "It gives you a sense of giving back to your community, it's self rewarding" says Rachel Keefer of CHS, who has participated in painting a bridge for her town and volunteering at a retirement home. Kelsi Wallace of CHS also said "Volunteering for a good cause brings citizens together". If given the opportunity, devote some of your time to helping others and improving the town you live in, you'd be surprised how rewarding it is.

## Phife Dawg's music influence

by Karsen Kelsey



Malik Izaak Taylor would pay attention known as Phife Dawg what people were listening to in their cars. Of course I heard the popular current day music like Drake, Adele, and Beyonce. After the hype of the Straight Outta Compton movie I started to hear older tunes from groups like N.W.A, Wu Tang, and A Tribe Called Quest.

Recently, we lost one of the founding fathers of hip hop. Malik Izaak Taylor, better known as Phife Dawg who made classic tunes like "Can I Kick It" and "Electric Relaxation" from A Tribe Called Quest. He lost his long time battle with diabetes on the 22nd of March. The five foot assassin from Queens, New York laid down the stepping stones for

the rappers we hear today with the help of his high school classmate Jonathan "q-Tip" Davis. The two emcees were known for making music that was relatable to most people's regular everyday life rather than the flaunty and flossy unrealistic music that was popular at the time.

Around CHS there are multiple staff members, teachers, and students that are familiar with the Tribe. Would it surprise you if I told you Mr. O'loughlin listened to A Tribe Called Quest when he was growing up...yeah that guy, the Physics teacher with the big beard. Mark Ellingson, from the main office would tell you that as far as 90's hip hop goes the Empire State based group were the best in the game lyrically as they spoke the honest truth through realistic libretto in a rather crude time in the rap industry.

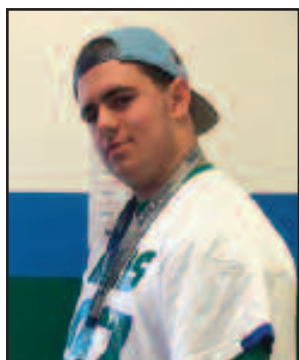
Several musicians paid homage, ranging from KRS one, Kanye West, Andre 3000, but none were more real than when the 7 time grammy winner in Kendrick Lamar who sent Phife on his way as he lit up a sold out crowd of 18,000 in Australia with iPhone flashlights and lighters to thank the "Funky Diabetic" for shaping today's music industry with repetitive chants of "Phife Dawg".

# How did you spend your Spring Break?

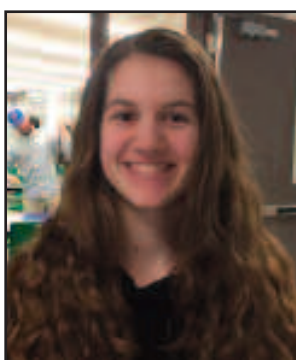
Photo Poll by Hailey Thibault and Mikayla Wallis



Steven Cadieux  
"Working"



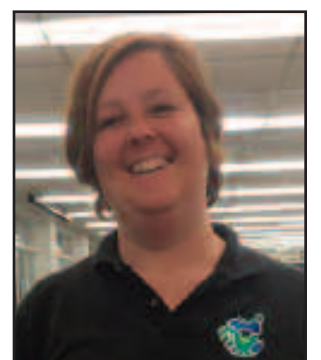
Ben Shepherd  
"Hunting walrus in the Arctic"



Katina Messier  
"Shopping in every state on my way to Boston."



Mrs. Albright  
"Hanging out with my kid."



Mrs. Shea  
"Working here to better students lives."

# How teens spend the money

by Jake Stebbins

As new technology and social normalities change throughout time, what people spend money on changes as well. No age group spends more money on dumb and impulsive things than the 14-19 age group. Yes, all you teenagers out there reading are slowly wasting money instead of doing what we are supposed to be doing and saving up for things like college courses, a house or maybe a car in the future. Studies show we (because I am in fact a teenager, myself) spend it on clothes mostly, as well as entertainment events such as movies, concerts and other shows.

The other large area that is gathering tons of teenagers "well earned" money is the food industry. Many stores and restaurants specifically target their ads appealing to the teenage market, in hopes of getting them to foolishly spend their money.

After some classmates were questioned, I wasn't surprised by most of the answers, but some did raise an eyebrow.

Taylor Losier, a high school senior said, "Honestly all the money I make from my job goes right into clothes. My parents pay for gas and my car so it works out. I don't really go out much so I guess I save money there".

Big surprise a teenage girl spending money on clothes, but actually the thought of not having to pay for gas is unbelievable for me. Paying 20 dollars a week isn't necessarily hard for me as it has worked its way into my routine. I just dream of all that money I could have saved up had I not had to pay for that dreaded liquid. Of course being an 18 year old boy I would have probably (at least by stereotypical normalites) spent it on, offensive video games, food, and of course, my obnoxiously loud car.



Photo from business-opportunities.biz

Teenagers are one of the top age groups marketed by advertisers because of their spending habits.

Well that's not what I spend my hard earned, line cook made money on. Why is that? Well, all kids are different and what they spend their money on depends on tons of different variables.

Many of these variables relate to parents' socioeconomic stature and social status. How are kids expected to spend money on more clothes or other amenities when they have to help pay for food, maybe rent or other bills. The problem with the stereotypes surrounding teen spending all go back that not every

teenager is the same and not every family raising teenagers are the same.

Senior Justin Evans says, "You know, I really have it good, I don't have to pay for much, I fill up my car and sometimes buy clothes. But I'm always supplied with money to buy food and whenever I go out I have money to spend. I realize I am lucky and that other kids don't have it as easy as I do, but I make it known that I am grateful for what I have."

# Blood Drive for the cause

by Nick Graeter

April 28th CHS Cares and The National Honor Society with the help of the Red Cross sponsored their annual blood drive.

The blood drive was located in the gym from 9 am to 2 pm. Students who wanted to donate blood without parental consent needed to be seventeen years old or older. They could have donated at sixteen with parental consent, and all students must weigh at least 110 pounds at the time of donation. Each year the goal for blood donations is 50 usable pints. Donating blood once can give the opportunity for someone to save 3 different lives with one donation, plus people can donate every 8 weeks, that is 20 lives over one year.

"Donating blood is a wonderful way for a young adult to get involved in community service. There is always a critical need for blood in our community" Ms. Deschamps explains. Some things to keep in mind the night before donating, eat a good dinner and get a good night's rest in order to have a better well-being after donating. This year online registration was being introduced, designed to save some time at the day of donating students could register online before hand at red-crossblood.org.

Contact the Red Cross to continue donating throughout the year.

# Adventures with Andros

by Nicholas Bouffard

The Andros Adventure is in its beginning stages once again. Twelve students have already been accepted to the extra-curricular class and will find themselves exploring the reefs and cays of the Bahamas' largest yet least populated island, Andros. In coming months students are to practice their snorkeling, complete an intro-to-the-island research project, and above all grow ever more excited for the biannual excursion.

To call the trip an immersive learning experience would be an understatement. Participants spend an entire week interacting

with the Bahamian environment up close, oftentimes snorkeling on bustling coral reefs. Every day is a field day led by an "intern", effectively a young man or woman that lives and breathes marine biology and is filled with fascinating lessons about various aspects of the island/reef ecosystem. As a showcase of their knowledge gained, students are to complete a research project on the island, gathering data during the expedition if possible.

Past projects have had a strong scientific lean ranging from analyzing ocean acidification, examining the invasive species and their effect on the island, studying the island's famous blue holes, and more.

With the addition of Mrs. Cohen to the team; however, students are now more welcome to study a broader range of topics on such as history, industry, and culture.

It is safe to say that the Andros Adventure is an unforgettable once-in-a-lifetime experience. Best wishes to those going next year! Make sure to dive right in!



Photo by Nicholas Bouffard

Andros Adventure Crew of 2015.

# Prom season is here

by Cynthia Rodriguez



People can already talk about the Promposal season knowing the main event is days away. Dates have been set going with that perfect person or of course going with a group of best friends! With Prom coming soon, there are some dates and information people planning on going need to know (Seniors and Juniors).

Junior Abbie Burgess who has been involved with the planning says the theme for Prom is called "Midsummer's Night Dream," and Mr. Perry, junior class co-advisor confirmed. If any student from Colchester High School has any questions about Prom they can contact Mr. Perry or the other advisor, Mr. Richie.

As in the past years, the Prom will be held at the Hilton Hotel in Burlington. The date is

on May 21st on a Saturday from 7:30 to 11. Doors open at 7:30 and will close at 8:30. Tickets this year went on sale Monday, May 9th and remain on sale through the day before the prom or until sold out. The cost will be again forty dollars (40.00), cash only. Those who will be inviting guests (Seniors and Juniors) who aren't students at Colchester High School need to fill out the required paperwork and guest forms will be due a week before prom, on May 14th. They need to be turned in at the Attendance Office (planning room).

The feedback giving to the committee, from the students suggests that the committee should provide "more finger foods during Prom". The committee took that feedback and now will be having finger food and more desserts, also with a choice of Coca Cola products to hydrate students during Prom.

As the prom excitement builds for those who will be attending DON'T forget these key dates. Prom is something that only happens once a year so don't miss out on one of the best night of the year.

# Snowless in Vermont

by Selena Duval

According to the New England Cable News Network, NECN, this past winter was the 11th snowless winter Vermont has had. Burlington had only had up to 19.2 inches of snow this past winter. NECN records indicated that the least snowy winter was in the winter of 1980, with only 10.9 inches of snow all together, and the largest amount of snow Vermont has gotten was in 1978 with an amount of 99.4 inches of snow that season.

NECN shows us that most people loved the snowless winter on account of they could be outside more often and not have to fight with the piles of snow and icy roads.

According to David Tirrell New Hampshire is better known for its snowmobiling and there is a popular snowmobiling trail that runs right by a gas station that many snowmobilers stop to, to fuel up but this year not many stopped to fuel up on account of the snowless winter. It was the same story for Vermonters and people in Maine who depended on the snow for skiing, sledding, snowmobiling and snowboarding. Many races and ice fishing derbies were cancelled/ postponed because of the lack of

snow.

New Hampshire's Bureau of Trails listed similar conditions. NECN reported Debbie and Ron Ouelette snowmobiled to Richard's Store enticed by the weekend's snowfall they wanted to ride further and called ahead and were told to turn around and forget it. Downhill ski areas in all three states took a major economic hit this winter. Some had their latest opening ever, while others had their earliest closing date. The normal holiday skiing revenue fell well short of the norm. Christmas temperatures spiked to the high 60's and the normal ski tourists were reluctant to spend the money.

According to Stratton magazine about the end of March last year they had about 20 inches on the ground and were waiting and bracing for what the weatherman said would be a big one. In Stratton there's a little ice pond that comes and goes but this year there was duckweed still in it and it was still green and not iced over. The most they ever got in Stratton this year was frost and colder weather.

Weather experts attribute the mild winter to the El Nino weather pattern that typically sees the jet stream staying far North producing mild temperatures in areas typically seeing cold and more winter like weather.

# FEATURES

## Concerns as the Zika virus spreads

by Alex Gardner

The Zika virus has become the new disease every American is worried about. Last year it was Ebola, and now the public has major concerns over Zika. But what is Zika, and is it really harming Americans?

Zika is a disease caused by the Zika virus. Much like malaria, Zika is spread, usually, by mosquito bites (specifically the aedes mosquito), however it can also be spread through sexual contact. Symptoms of the disease aren't super dangerous or life threatening, and include conjunctivitis, rash, fever and sore limbs/joint pain. They can last anywhere

from a couple days after the virus has been contracted, up to a week later, but are rarely serious enough to go to the doctor and very rarely life-threatening. Some people who contract Zika don't show any symptoms at all. Zika is similar to Chicken Pox in the sense that once a person has contracted the virus, it is highly unlikely to contract it again.

Zika can only be officially diagnosed through a blood test and shares symptoms with other mosquito-spread diseases like Dengue and Chikungunya, and a blood test is the only way to tell which of these, if any, a patient has. As of now, there is no vaccine for the Zika virus, so it can not be prevented, only treated. The treatment for Zika is similar to that of the common cold; plenty of rest,

plenty of fluids and maybe a Tylenol (acetaminophen) or two.

The obvious prevention to Zika would be to avoid areas known to have Zika-infested mosquitos. Until 2015, Americans didn't have real reason to be concerned about Zika because between 1947 (when Zika was discovered) and 2015, the only known Zika breakouts occurred in Africa, the Pacific Islands and parts of Southeast Asia. However, mid-2015 the first confirmed case of Zika was found in Brazil. Since then, there have been multiple Zika breakouts in countries all over the world. America has yet to be affected though with only 346 confirmed cases through mid-April in the US, all from

recent travel or sexual contact with someone

who has recently traveled to a Zika-active country.

For the most part, Zika is not a particularly devastating disease. The exception of that rule is pregnant women. If a pregnant woman is bitten by a Zika-infested mosquito (or has had sex with a person with Zika) she can contract the disease and spread it to her unborn child. At this point the CDC can not definitively say that the Zika virus is negatively affecting pregnant women and their babies, however Brazil has recently released reports about an increase in cases of microcephaly in babies. The CDC can not say for sure, but it is becoming evident that there is a connection between Zika and the spike in babies with microcephaly.

## CHS DATELINE

### May/June Calendar of Student Events

#### MAY

- 2-13- AP Testing
- 13- Science NECAP Testing
- 13- Fast Forward (9th and 10th graders)
- Seniors, Late Arrival
- 13- Stargazing, 7:30
- 18- CHS Cares and NHS Meeting, 2:30
- 19- Band and Choral Pops Concert, 7:00
- 20- Mock Crash/Distracted Driving AT
- 20- Coffeehouse, 7:00
- 21- Prom, 7:30
- 23- Senior Seminar Gallery, Periods 4-5, Library
- 24- Sports Awards Night, 7:00
- 26- Underclassmen Awards, 7:00
- 28-30- Music Dept NYC Trip
- 31- Honors Banquet

#### JUNE

- 1- Tribute Speeches
- 3-9- Final Exams
- 3- B1/B3 Exams
- 6- B4/B5 Exams
- 7- A1/A3 Exams
- 8- A4/A5 Exams
- 9- Make Up Exams
- 7-9- Graduation Practices
- 10- Class Night, 6:00
- 11- Graduation, 10:00

## Volleyball serves it up

by Colton Lafayette

The month of March marked the 10th annual CHS Volleyball Tournament. 23 teams totaling about 200 players gave it their all this year. All 23 teams gave us all as a school community some amazing moments.

Student Government volunteers led by the leadership of senior Garrett St Pierre and some faculty members helped co-ordinate the event and helped set up, tape, keep score, and clean up.

The volleyball tournament is a chance for the CHS community to bond either on the court as competitors or off the court with friends or people you never talked to before.

The teams were split up into three groups. Group A and B consisted of 8 teams with only the top two teams going to playoffs. Group C only consisted of 7 with the top 3 going to playoffs. All teams played a round-robin style, playing every team in their bracket. The top teams qualified for the playoffs.

This year all playoff teams played at a school assembly.

The Playoff Standings:

- 1st .....Cookie Crew
- 2nd.....Ball is Life
- 3rd .....Bump, Set, Spike
- 4th .....Empire Spikes Back
- 5th.....We Work For It
- 6th.....Dat Ace Doe
- 7th.....Dab City

Before the playoffs started three awards were given to recognize the team with the Best Uniform, Best Team Spirit and Best Sportsmanship. The team with the Best Uniform went to Bumpman, the Best Team Spirit went to Pop,Block and Drop it, and the Best Sportsmanship went to Gold Diggers.

The playoffs featured some exciting matches. First up was a thrilling back and forth game between Empire Spikes Back and We Work For It, but in the end Empire Spikes Back stormed their way to victory.

Next up was Bump, Set, Spike against Dat Ace Doe. Bump, Set, Spike would not be denied as they spiked their way to victory.

The last game of the first round paired Dab City up against Ball is Life. Dab City gave it their all but in the end Ball is Life come out with a win.

The Semi-finals gave us two great match ups. First, it was the number one seeded Cookie Crew up against the Empire Spikes Back; this round would go to the rebels as Cookie Crew held off Empire Spikes Back. This next match showcased a rematch of last year's finals as Ball is Life faced off against Bump, Set, Spike. It was a closely competitive match but in the end Ball is Life got their revenge as they picked up a win.

The stage was set for the Finals of the CHS volleyball tournament #1 seeded Cookie Crew faced off against the #2 seeded Ball is Life in an epic game that came down to game three. Ball is Life won the first game but Cookie Crew came back winning an extremely close game two, the last game was even closer then game two, but in the end team Ball is Life were crowned as the 2016 CHS Volleyball Champions.

Two members of the tournament winning Ball is Life, seniors Jake McDonald and Andrew Sears were asked how hard the tournament was and how it felt to be champs?

McDonald said, "The tournament was a good-balance," and that "it was cool to hang up the CHS volleyball champion sticker on my refrigerator". Sears replied saying, "The regular season games were easy, but the playoffs were hard since it was all in one day," and "it was a relief because last year we lost in the finals".

Senior Jake Camisa whose team also competed commented saying the tournament was "enjoyable".

The intramural tournament began ten years ago as a Senior Seminar student project on the value of extracurricular and intramural programs in high school. Since that time it as become an annual tradition bringing together all classes, faculty, administration, and staff at CHS.

Start training. Next year's tourney is less than a year away.



Photo by Kyle Blake

Team members challenge each other for control of the ball.



Photo by Ben Shepherd

Members of the winning team, Ball Is Life, receive the Championship trophy.



Photo by Kyle Blake

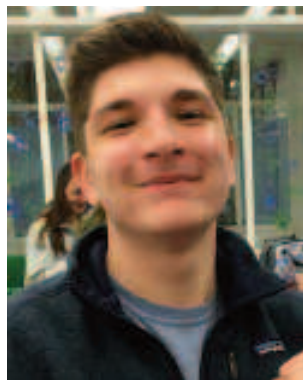
Two of the twenty-three teams that took part in this year's tourney.



One of my favorite high school moments that I will never forget is my field trip to the Shelburne museum.  
- Taylor Losier



I am looking forward to graduation. Its going to be a good way to top a great year.  
- Chris Zamarripa



Beating Essex with a hook and ladder was one of my favorite high school moments.  
- Jason Evans



I will be here next year making even more memories.  
- Ben Shepherd



I'm going to miss playing sports with all of my friends.  
- Kelsey Cauchon



My favorite high school memory is when we ordered pizza instead of doing orienteering for PE.  
- Katina Messier

# The Final Countdown

## Seniors Begin Home Stretch of High School



Yearbook Staff photo

The Class of 2016 gather for their class picture after the annual Spirit Week Pep Rally back in October.

## It's Almost Over

by Sam Corman

As the last quarter reaches its final days for the 2015-2016 school year, it will be the last quarter for the students graduating in 2016. With less than a month remaining in their high school careers, it is a time for remembrance and celebration. It's a time to look back on all the great memories that were made and getting ready to move on with life. The senior wall in the café fills up with sticky notes with college names on them as seniors make those final decisions. Some students will be going off to college, but some kids will be going right to work. There also might be students taking a year off and even going into the military. Students are also getting ready for their last school dance, the Prom. The Prom will take place on Saturday, May 21st. Most students will attend the Senior Prom. It is one of the greatest nights and a classic memory for

all who attend.

After Graduation is all over the senior students will participate in Project Graduation. The night of graduation seniors who have registered will participate in events all night with their class. It's one last night to hangout with the class before the last summer and everyone goes off to do their own thing. This night is also meant to keep students safe on the night of their graduation.

The past four years have been unforgettable. The class of 2016 got to see a couple of State Championships, a flash mob by the teachers, the hook and ladder and we got to share our last year with Ms. Minor who will also be graduating with the class of 2016.



Yearbook Staff photo

Seniors embrace the final weeks of high school and experience that moment of joy when they realize classes are just about done.

# FEATURES

## Music program's notable moments

by Erin Casab

The music program at CHS is not just the classes, but a great community filled with amazing people. April was the Month of Music in which the two music teachers, Mrs. Towle and Mr. Peltier, awarded six students each for the Student of the Month luncheon. The choral students recognized were Bella Lopez, Ethan Cameron-Vaupel, Erin Casab, Paige Russell, Meghan Collins, and Victoria Mier. Band students recognized were Kristian Labrie, Laura Shaw, Beth Moore, Katie Pierson, Haley Kieny, and Lauren Brooks. They were nominated for their hardwork and dedication to the music program.

So many students in CHS are extremely talented, and quite often perform in more than one of the seven ensembles. Whether that is playing in band, and singing in the choir, or being in more than one choral or instrumental ensemble, all of it takes hard work. There are seven ensembles: Chamber Singers, Chorale, The Testostertones, Concert Choir, Chorus, Concert Band, and Jazz Band. Chamber Singers and Jazz Band, both are after school on Mondays, and are both auditioned ensembles and count as a class and go towards one's GPA. Next year there is a new auditioned ensemble that will be happening during the day called Wind Ensemble, which is basically just a slightly more complex Concert Band.

This school year, the music program is taking a three day, two night, trip to New York City. Through successful fundraisers, the trip can include going to a Broadway show, seeing the

New York Philharmonic Orchestra, the NY Ballet, the Museum of Modern Art or taking a tour of the NBC Studio building.

Recently, there were two concerts for the program; the Spring Band Concert and the Spring Chorus Concert. Some of the performers reflected on some memorable moments:

"My favorite moment was when Meghan [Collins] dedicated her solo to Jimmy [Collins] and everyone went 'awww' and like, 5 people cried." -Lauren Brooks

"My favorite moment was when I cried because all of my friends are leaving, LOL." - Natalee Garen

"When Chamber singers was singing Words, I had a moment to step back and just listen, and believe it or not, there was a whole section that we just worked and worked and worked because it was just SO hard, but listening to it made me feel so happy, I just felt so proud of you all when that happened." -Mrs. Towle

"My favorite part was when Bailey [Towle] acted like a howler monkey." -Matt LaChance

The music room itself has become a wonderful meeting ground for the music students, where they spend most of their time. Sometimes using their free periods to play piano, practice in a practice room, sometimes showing Mr. Peltier funny videos during their study halls, or watching cupcake wars; it's a home and a rock to some people. Some students have become "permanent fixtures" to that room,



where it would be odd to NOT see some them in there. It is an amazing community to be a part of, and if someone's having a stressful day or just wants a break from the many hard classes of high school in general, there's always band or choir in the schedule to ease the day and just have fun.

Photos by Erin Casab

Music and Chorus students showcase their talents in many performances and concerts throughout the year.

## Colchester's educational alternative

by CAP Students and Staff

The Colchester Alternative Program is a great program for students in need of additional support in school. The mission of the program is to provide an environment that utilizes alternative strategies, individualized approaches and relationships to recognize and the meet the unique needs and strengths of each student.

Students can enroll in one of three programs, our classroom program and take core academic classes, in Target Graduation which is typically for upperclassmen in need of credit restoration providing an individualized curriculum, or participate as a hybrid, which means that they touch the Colchester Alternative Program in some way. They may only take one course, and attend a technical high school as well, or they may be balancing their work and school schedule together. Those who are considered hybrid are also classroom and/or target graduation students, as well.

C.A.P is a place to get extra academic and behavioral help if needed. The classes within C.A.P are small, with no more than nine students per class, and with two teachers available, so even if one teacher is busy there's still a chance to get help. Maintaining a small student-to-teacher ratio is important for the program to provide this support.

"Every student is different and some students need a different kind of education, but that's okay because C.A.P offers a different learning environment." C.A.P also offers many different learning opportunities both within the program and the community. For example, we might go for walks on warm/sunny days during our choice elective time, and we participate in



Photo provided by CAP Staff

Shyanne Hance and Abbie Sykas volunteer on St. Patrick's Day at the Heinenberg Senior Center in Burlington.

community service.

There are also opportunities for students to take space when they are struggling. Teachers may ask them to take space, or they may take it on their own. Students are able to take some time to themselves, with the hope that they will rejoin class. Some students may need to work one-on-one with a teacher, as well.

The faculty and staff at C.A.P. consider building relationships to be a priority and get to know their students very well.

According to one student, "Teachers and staff here care not just about helping you strive academically, they care about helping you personally for life and the future. They

truly get to know and understand each and every student. That is what makes us successful. This is a safe, non judgemental family over here."

C.A.P supports personalized learning opportunities in the classroom, designing learning opportunities that offer choice for students to learn about topics that interest them. "We are all individuals with individual strengths and weaknesses". C.A.P offers opportunities to demonstrate learning in a student's style that the traditional school setting may not be able to provide.

## CAP provides opportunities

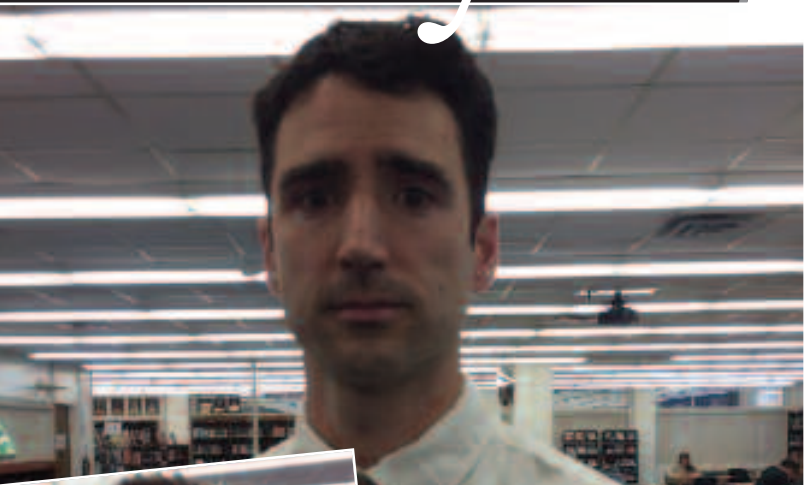
"Many students like the classes at C.A.P because the work they do now still challenges them, it's the same curriculum taught at the high school, but the pace is little bit slower. Every student is different and some students need a different kind of education, but that's okay because C.A.P offers a different learning environment."

-9th Grade Student

"C.A.P isn't what everyone believes it is. Not every student is the round peg that fits the round slot. Not everyone can sit in a 90 minutes class lecture with 40 students and be able to truly understand the content. Some students need that one-on-one, some students need more repetition. Some students need different approaches to the problem. Students at C.A.P work on some of the same worksheets, homework, and tests that you do in your classes. We just get to have one-on-one attention that we sometimes need. Teachers and staff here care not just about helping you strive academically, they care about helping you personally for life and the future. They truly get to know and understand each and every student. That is what makes us successful. This is a safe, non judgemental family over here. We are all just like you, we are just working a different building."

-Katelyn Schnabel, Senior

# Funny Business



**Mr. Deane (Faculty)**  
Best one I pulled was on my parents. I had just started dating a girl so I decided to send them a long and thoughtful email. I told them she was the one, but also very religious and wanted me to show more commitment. So I attached a few pictures of rings at the end of the email and asked them which one they thought was the best. Of the four rings, the last one had "April Fools" inscribed on it. It had them going so well that my mother brought the letter into work to show everyone.

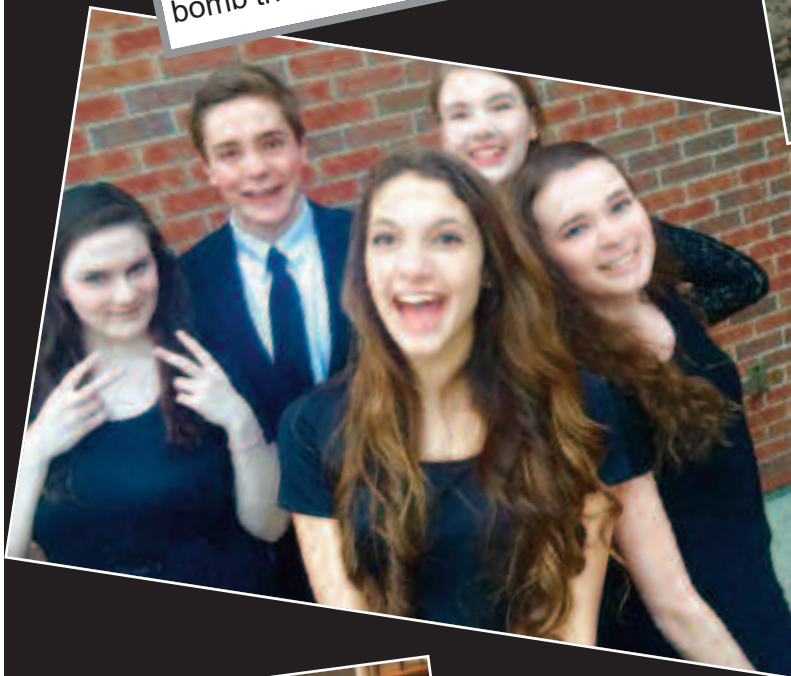


**Logan Lemnah (Junior)**  
I used the hyperextension of my arm to trick my grandmother into thinking I broke my arm and it nearly gave her a heart attack.

**Clara Johnson (Senior)**  
We put an air horn under Mr. Warren's spinney chair.  
Also at my cousin's school once a bunch of kids set their phone alarms to all go off at the same time and then left the phones in their lockers. It backfired though because the school had to treat the event like a bomb threat and they got in a lot of trouble.



**Bella Lopez (Sophomore)**  
At my old school, break was the week before April Fool's and someone decided to put a piece of fish behind the blackboard of my math teacher's class room. Unfortunately, they planted it the Friday BEFORE BREAK so it sat there and rotted for an entire week. So then we came back to school on April Fool's Day and the classroom smelled like rotting fish, but no one could figure out where it was coming from.



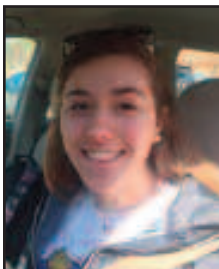
**Ben Shepherd (Senior)**  
We took everything out of Mrs. Tosch's room and put it in Mrs. Whitney's. I mean everything. Chairs, tables, whiteboards, everything.



**Harley Chilcote (Senior)**  
I coated a bar of soap with clear nail polish so no one was able to get any soap from it and couldn't figure out why.

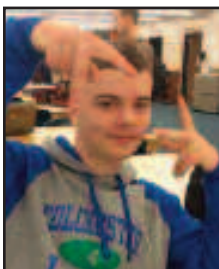
## What's your best April Fool's story?

*Assembled by*  
**Nick Bouffard**



**Hailey Thibault (Senior)**

My brother once got me with the Saran Wrap over the doorway trick. It was right at eye level too so I don't know how I didn't see it.



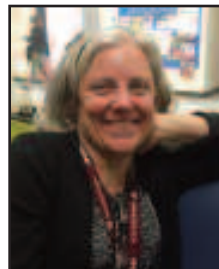
**Karsen Kelsey (Senior)**

I once swapped the hot and cold markings on my faucets.



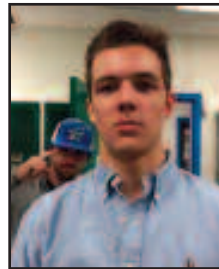
**Ms. Gauding (Faculty)**

95 Triple X announced the grand opening of a Krispy Kreme donut shop, and my parents convinced me I had to get all dressed up for it. There was no donut shop so I had gotten excited for and dressed up for nothing.



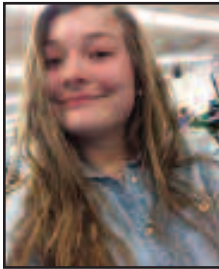
**Mrs. Vilmont (Faculty)**

I set my husband's alarm clock three hours early. He got up, showered, and everything. He would have driven in to work had I not stopped him.



**Alex O'Connell (Junior)**

My grandma's birthday is on April 1st, and I gave her a gift box with nothing in it.



**Alex Aley (Freshman)**

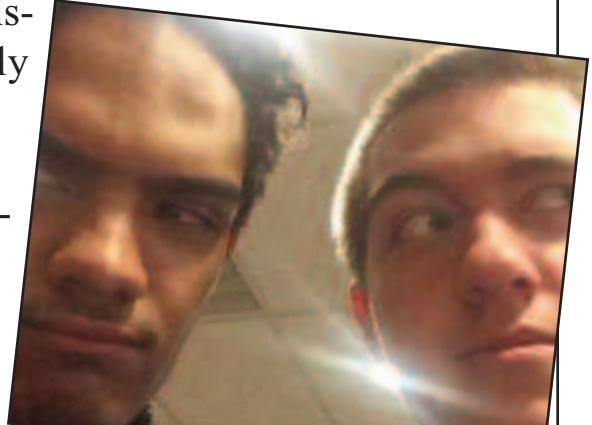
I put Klister (Read: super sticky ski wax) on the toilet seat and Ray sat on it.

# LAKER POLL

# What's on your bucket list?

Poll conducted by Cole St. Armour

- To go skydiving -Emily Pike
- To go skydiving and cliffjumping -Emily O'Neill
- Zip line in the rainforest - Kayleigh Carty
- To see the Northern Lights -Austin Collins
- To visit all the national parks -Ms. Hughes
- To travel the world - Olivia Trevisani
- Go over 200 mph in a car -Alex Lecuyer
- Visit national parks -Ms. Boetsma
- Protect endangered species -Tre Nichols
- Live a full life -Camil Srna
- To see Paul McCartney or Ringo Starr in concert - Victoria Mier
- To graduate -Paige Russell
- To not end up in debt for the rest of my life because of student loans -Kianna Ohlsson
- To go to college -Hassan Abdi
- To go skydiving - Brennan Paradee
- To be an olympic speed walker -Clara Johnson
- To experience new cultures in every continent - Savannah Goodreau
- Connect different cultures by teaching music - Erin Casab
- Rent the Trump private jet and fly to Australia - Maddy Prevost
- To learn to surf -Peri Navarro
- Go on an Alaskan moose hunt -Jessica Tognelli
- Meet the Trailer Park Boys -Jazmine Perkins
- To travel the world with my maosketeers -Rainbow Chen
- To do do a service mission in Kenya -Emily Bryant
- To travel the world - Tyler Nadeau
- To visit Ireland -
- Mike Walsh
- Experience new people and different cultures - Jake McDonald
- To make a lot of money - Andrew Sears
- To rally race -Zach Cummings
- To travel to all seven continents -Sadie Anderson
- To climb Mt. Mckinley - Mr. MacArdle
- To convince students that attendance and meeting deadlines are important learning habits to master and critical in future success.- Mr. McCannell



Photos by Cole St. Armour



# Making best use of Advisory time



Photo by Selena Duval

Alec Sanderson and Nick Graeter complete research for class projects.

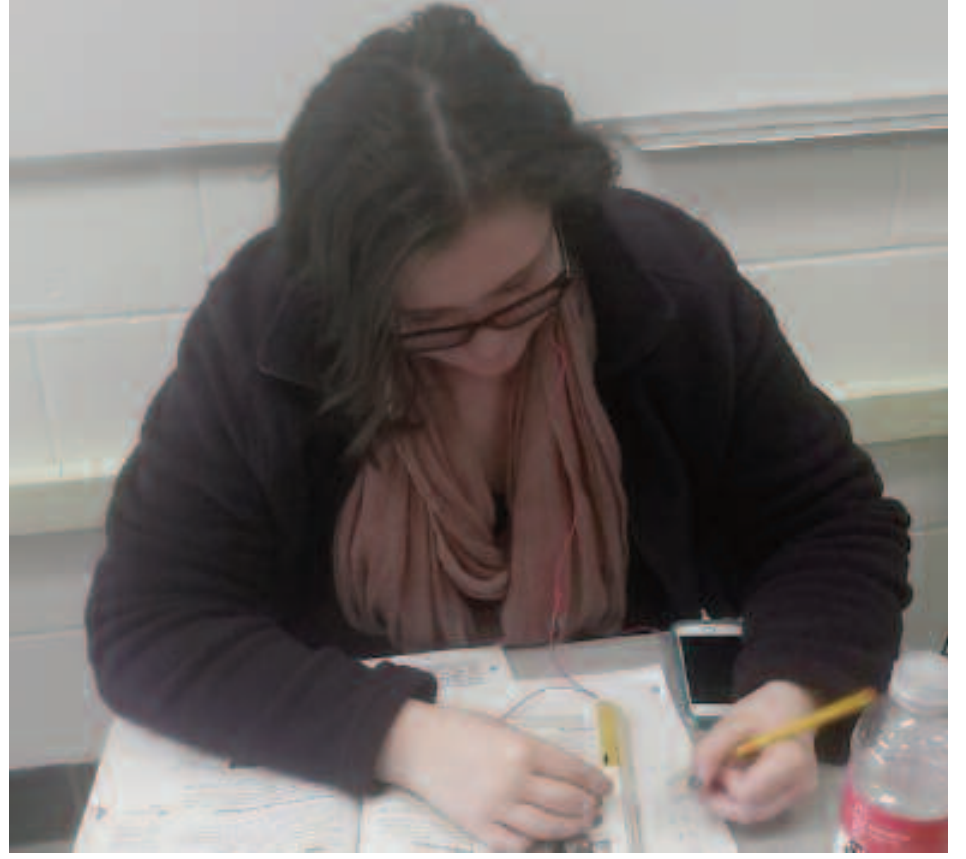


Photo by Selena Duval

Sophomore Emily Huff works on her math assignment.



Photo by Selena Duval

Breylen Johnson, Pat LaCroix, and Jeremy Driver combine efforts on school work with the guidance of Mr. Romano during AT.



Photo by Selena Duval

Senior Alex Gardner studies for upcoming test.

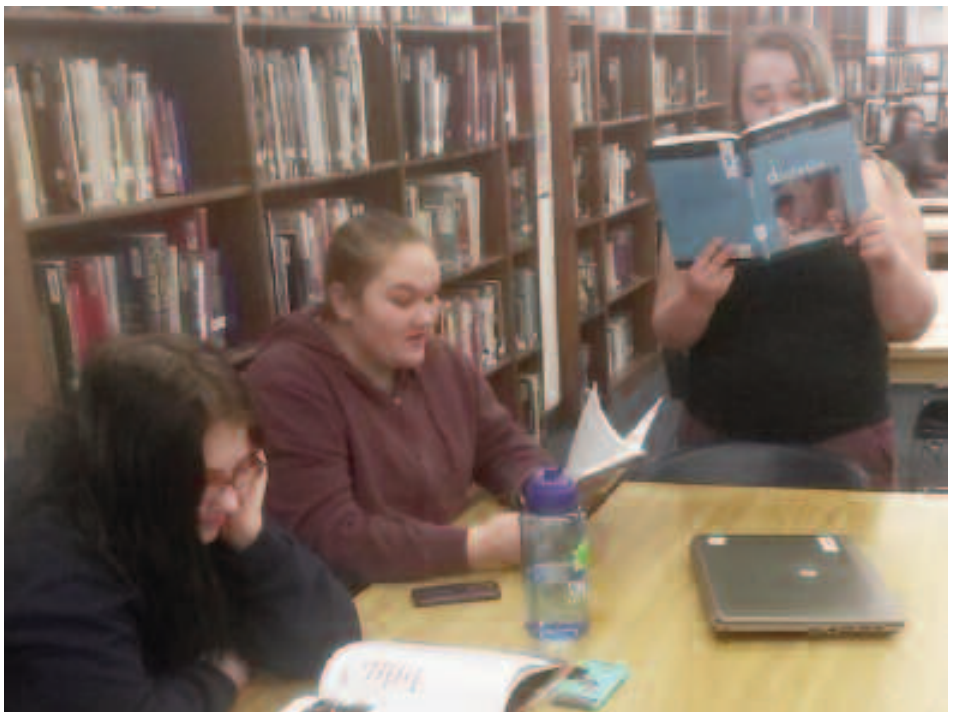
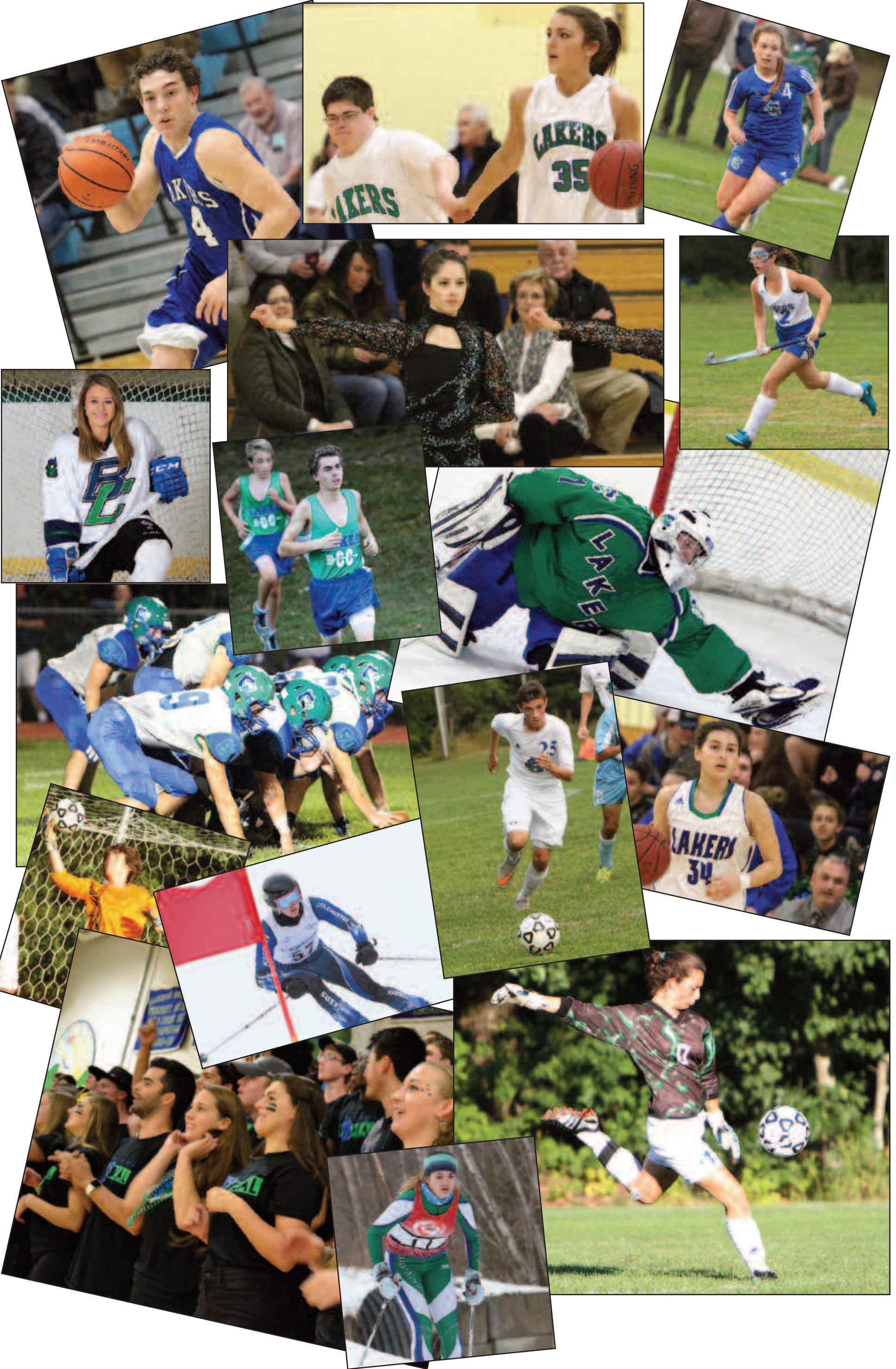


Photo by Selena Duval

Students access the library for study time during advisory.



by Benjamin Shepherd

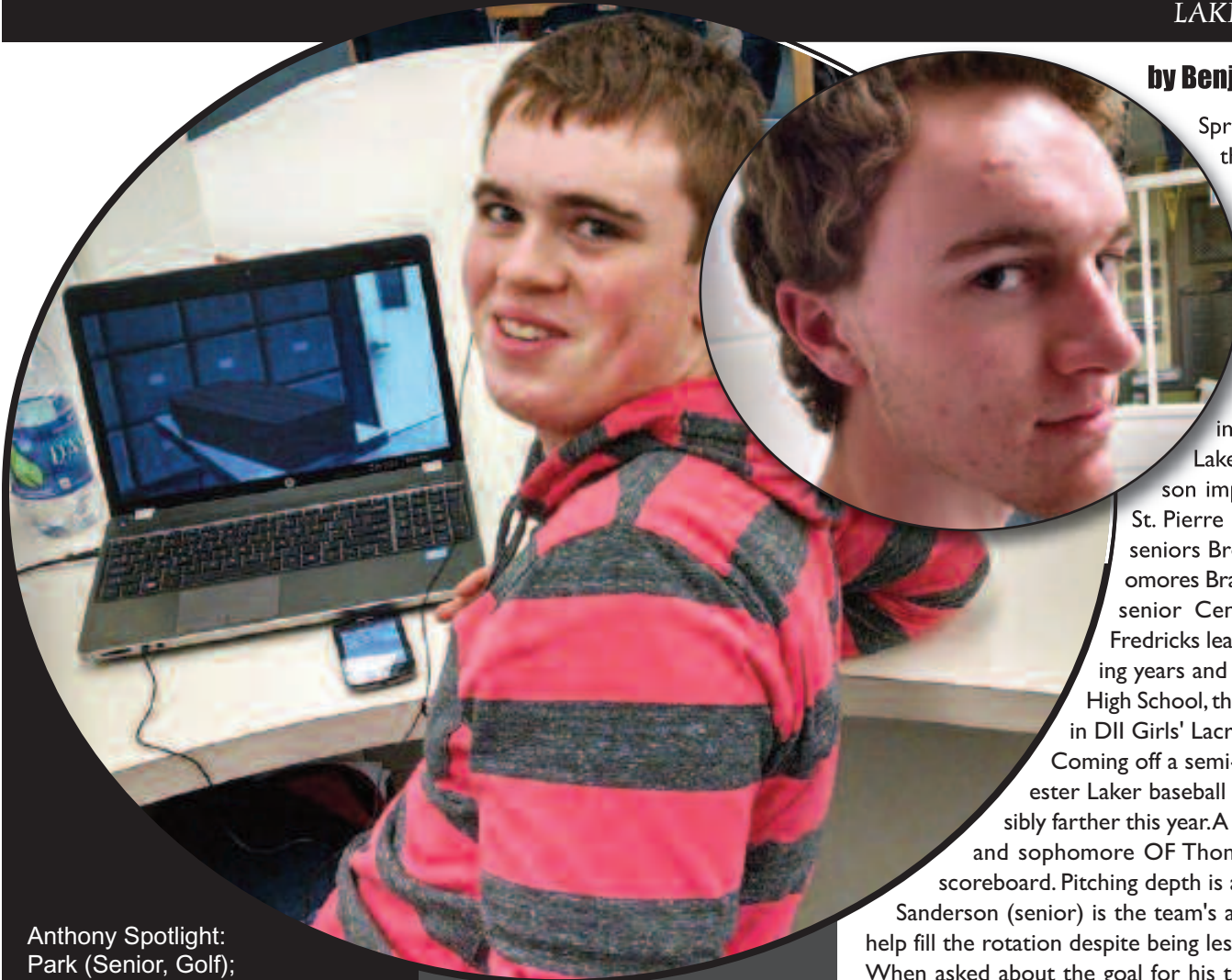
Spring sports are underway and the excitement is in the air; from softball to golf and every sport in between, all of the athletes and coaches have high hopes for the upcoming season.

On the lacrosse field, youth will be shown front and center for both the girls' and the boys' teams. For the boys' team this season is looking to be up and down; coming off a 6-9 campaign that saw a first round exit. The Lakers have an experienced defense mixed with a young a developing offense, a formula that could bode well for the Lakers in the long run, as the team has shown early season improvement. The defense is led by seniors Garrett St. Pierre and Anthony Pellegrino and the offense is led by seniors Brenden Connors and Jake Stebbins as well as sophomores Brayden Wilkins and Aiden Connors. On the girls' side, senior Center Kelsey Cauchon and senior Defense, Elise Fredricks leads a young squad with a lot of potential in the coming years and following a close defeat against state power Essex High School, the Lady Lakers look to take the next step this spring in DII Girls' Lacrosse.

Coming off a semi-final defeat to the Rice Green Knights, the Colchester Laker baseball team will hope to get back to the Semi's and possibly farther this year. A strong hitting team behind senior 1B Tyler Peacock and sophomore OF Thomas Vesosky, the Lakers will put numbers on the scoreboard. Pitching depth is an area of concern for the Lakers; however, Derek Sanderson (senior) is the team's ace. Junior Jordan Bell and senior Tyler Bushey will help fill the rotation despite being less experienced in the varsity level of baseball.

When asked about the goal for his team's season, Kyle Blake says, "With a lot of hard work and cohesiveness, we can make it to the promised land this spring!"

All these above sports; along with softball, track and field, girls' and boys' tennis, Ultimate, and Golf are well into their seasons. Check the game schedules outside of Mr. Cieplicki's office or go to the CHS website and go cheer on your Laker sports teams!!



Anthony Spotlight: Park (Senior, Golf); Pellegrino (Senior, Boys' Lacrosse)

# From the Spring Fields

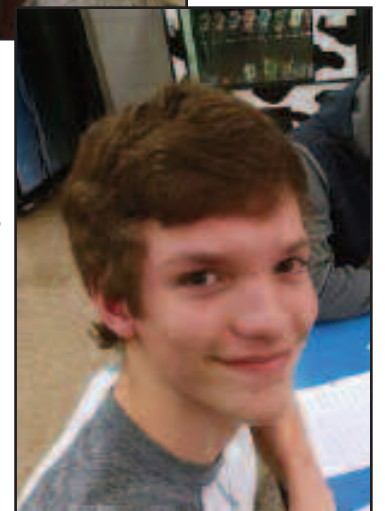
"The track team is looking very optimistic with a lot of young talent and I am looking forward to see what this season has in store for us."

- Girls' Track  
Senior Clara Johnson



"I think we have the potential to be a really good team this year."

- Boys' Lacrosse  
Sophomore  
Aiden Connors



"I think we are actually going to be pretty good this year! We have a really strong defense and we are hoping to do some damage in DII!"

- Girls' Lacrosse  
Senior Kelsey Cauchon

# Variety Night Flashback



## Sophomores capture the cup

Photos courtesy of Yearbook staff  
Article by Kelsey Cauchon

For the third year in a row all classes got ready for two special nights of their high school career. A night that's unforgettable for a lot of the students at CHS.

All four classes have about two months to get ready to perform in front of many families and friends. Variety Night is all about getting together with your class and writing, directing and performing a short skit. Each class can receive any of the awards, but the one that each class wants to win, of course, is first place and to get their class's name on the Variety night trophy.

This year each grade worked hard to win the first place trophy and each class definitely brought their "A" game. The judges definitely had their work cut out for them each night. The overall results of Variety Night had the sophomores winning the coveted first place trophy. They performed a great skit that was smooth, funny and of course, entertaining.

For the third year in a row the Class of 2016 got second place in Variety Night. They worked hard for the first place trophy, but the sophomores snuck right by them.

Each grade gave their all for both of the nights and it was definitely another successful year for Variety night at Colchester High School.