



## VIEW

Greetings CHS,

Despite the honeymoon period ending and our community experiencing significant adversity this past week, our students and staff have shown amazing resilience and commitment to our CHS values.

I had the opportunity to speak directly to our students about this at our pep rally. It's important we celebrate and reinforce the actions and behaviors we expect from our students. Our administration and behavior support team felt it's important to follow up on the message we sent during our class meetings in early September. We want to thank our students and reinforce their collective behavior which has seen little to no vandalism, and collective good behavior which embodies our commitment to respect responsibility and pride at CHS.

Thank you for those of you able to join us for our virtual Open House in September. We look forward to seeing those who can attend Family Conferences on October 6th and 7th as well. You can sign up for conference by following the instructions and link on the following page of the Laker View.

There is no school for students on Friday October 7th and no school for all Lakers on October 10th as we honor Indigenous Peoples Day.

As always, please do not hesitate to reach out to us with any questions.

Best Regards,  
Andrew Conforti  
Principal



## NEWS INSIDE

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# SIGNING UP FOR FAMILY TEACHER CONFERENCES

Hello CHS Families,

We will be holding **Family Teacher Conferences** on **Thursday, October 6th** from 3:00pm-6:30pm and on **Friday, October 7th** from 10:30am-3:00pm.

To sign up for our conferences:

1. Visit this website: [https://ptcfast.com/schools/Colchester\\_Lakers](https://ptcfast.com/schools/Colchester_Lakers) and select the teachers you want to meet with. Hit the submit button at the bottom of the page.
2. On the next page you will be asked to enter in your student's name(s), your name, your email address, and phone number. Remember to hit the submit button at the bottom of the page.
3. From there you will receive an email with a link specifically for the teachers you selected. This link will show all their available meeting times on one page for you to choose from. Select your meeting time(s) and hit the submit button.
4. You will receive a confirmation email of your teacher meeting time(s).

If you have a teacher that you can not find a workable time for, feel free to email them directly. If you have specific questions about scheduling, you can contact the teacher or Gabby Brooks in the main office at 264-5701.

Thank you,  
CHS Admin Team

## NEASC UPDATE



NEW ENGLAND ASSOCIATION  
OF SCHOOLS AND COLLEGES

Colchester High School will be welcoming five members of a NEASC visiting team for a Collaborative Conference on October 27 and 28. This will include class visits, a campus tour, and meeting with representatives from various groups including teachers, nurses, school counselors, support staff, students, and more.

Colchester High School joins approximately 725 public schools throughout New England accredited by the New England Association of Schools and Colleges (NEASC). In total, NEASC represents more than 2,000 public schools, colleges and universities, independent schools, and vocational/technical and career institutions.

Last year, we crafted a self reflection based on evidence including surveys from families, students, faculty, and paraprofessionals. Faculty and administrators examined our data in light of the NEASC standards, and we look forward to continuing the work this year.

# HAPPENINGS AROUND CHS...



## CHS students Connect with youth from other cultures

A number of CHS students have met young ambassadors from around the world.

Last summer, CHS multilingual learners at EL camp met, worked together, laughed and compared education systems with Iraqi youth. On Aug. 25 a few CHS students came to school early to spend time

with youth ambassadors from Chile and Argentina. The visitors were fascinated by football practice! In December, CHS Spanish teachers will host another group of Latin American ambassadors during Spanish IV and Spanish V classes.



## News From World Languages

CHS celebrates Hispanic Heritage Month September 15-October 15 with various cultural activities in Spanish classes, a book display in the library as well as this [Latinx Heritage Month spotlight list](#) from the library.

## PICTURE RETAKES

Picture retakes are on Wednesday, October 19th from 7:00AM to 12:00PM in the mini gym. If you are having retakes done you must return your original picture packet to the photographer on retake day.

Please note that **ALL** students need to be photographed for ID purposes even if you are not purchasing a picture packet. If you have not had your photo taken, please be sure to do so on October 19th as IDs are required for **ALL** students. If your student attends CTE they may have their photo taken between 7:00-7:30 AM on Thursday, October 21st.







# NEWS FROM THE SCHOOL COUNSELING DEPARTMENT

## Attention Sophomore and Junior Students and Families who have already signed up for the PSATs

Just a reminder that the PSAT will be administered at CHS on Saturday, October 15, 2022 for any CHS sophomores or juniors who have already signed up.

The assessment will start promptly at 8:00 am and end at approximately 12:00pm for the PSAT so students should be at CHS (in the cafeteria) **no later than 7:45am**. In addition, students should come to school well rested, having eaten a good breakfast, with a photo ID, 2 sharpened #2 pencils with erasers and an approved calculator (<https://collegereadiness.collegeboard.org/sat/taking-the-test/calculator-policy>). There will be a limited number of calculators to borrow but this is not the case with most standardized tests like the SAT or ACT so students should bring their own or ask their math teacher for one in advance.

If you have any questions please call Julie Pastore at 802-264-5712 or email her at [julie.pastore@colchestersd.org](mailto:julie.pastore@colchestersd.org).

## Attention Seniors and their Families:

Just a reminder that if you missed the VSAC Financial Aid presentation, the recording can be found on the Counseling page under [Presentations](#). There is also a [Financial Aid page](#) as well and in addition to offering FAFSA help, VSAC has amazing resources you can access at [vsac.org](http://vsac.org). In addition, here is a [financial aid information sheet](#) that was given out to families.

## Attention 9th Graders and Families:

As research has shown, students who are connected are more likely to find increased satisfaction and success in high school. Therefore, over the next month or so, the school counseling department will be scheduling individual appointments to get to know our new ninth grade students. These roughly 20 minute meetings will take place during the school day with as little academic impact as possible. Students will be called to the main office to pick up their pass. If you have any questions, please contact your school counselor.

## UPCOMING OCTOBER EVENING SCHOOL COUNSELING PRESENTATIONS FOR STUDENTS AND FAMILIES

### FRESHMEN & SOPHOMORE NIGHT

Thursday, October 13th 6:30-8:00

High School can be confusing. We'll help you understand the alphabet soup of PSAT, SAT, ACT, AP, PLP. We will also cover Flexible Pathways, 21st Century Learning Expectations, Proficiencies, set the groundwork for success with organization, time management, and stress management; and we'll even share our recipe for the Secret Sauce. All this and more!

This event will be held in the CHS Performing Arts Center.

### FAFSA FORMS NIGHT

Tuesday, October 25th 6:00-8:00

We are here to help you complete your FAFSA and VT State Grant applications.

Join the CHS School Counseling Team and our VSAC Gear-Up Counselor, Stevya Mukuzo, to work through these applications with you. There will be two sessions in the CHS Library; 6-7pm and 7-8pm on Tuesday, October 25th.

You will need to bring your 2021 taxes for both you and your student.

Space is limited for FAFSA Forms Night, so please contact the School Counseling Office to reserve a spot by calling 264-5713



**SAT**<sup>®</sup>

## The SAT Registration Calendar 2022-23

SAT Test Date	Registration Deadline	Late Registration Deadline
<del>August 27, 2022</del>	<del>July 29, 2022</del>	<del>August 16, 2022</del>
<del>October 1, 2022</del>	<del>September 2, 2022</del>	<del>September 20, 2022</del>
November 5, 2022	October 7, 2022	October 25, 2022
December 3, 2022	November 3, 2022	November 22, 2022
March 11, 2023	February 10, 2023	February 28, 2023
May 6, 2023	April 7, 2023	April 25, 2023
June 3, 2023	May 4, 2023	May 23, 2023

Students can register at [sat.org/register](https://sat.org/register).

The late registration deadlines above are for paper registration.

Online and phone late deadlines are listed at [sat.org/register](https://sat.org/register).



National Test Dates in the U.S.

[www.act.org](https://www.act.org) for Additional Information

ACT Test Date	Registration Deadline	Late Registration Deadline
<del>September 10, 2022</del>	<del>August 5, 2022</del>	<del>August 19, 2022</del>
<del>October 22, 2022</del>	<del>September 16, 2022</del>	<del>September 30, 2022</del>
December 10, 2022	November 4, 2022	November 11, 2022
February 11, 2023	January 6, 2023	January 20, 2023
April 15, 2023	March 10, 2023	March 24, 2023
June 10, 2023	May 5, 2023	May 19, 2023
July 15, 2023	June 16, 2023	June 23, 2023

## Colchester High School Students---who is interested in forming an Odyssey of the Mind Team?



### What is Odyssey of the Mind (OM)?

The Odyssey of the Mind teaches students to learn creative problem-solving methods while having fun in the process. For more than thirty-five years, this unique

program has helped teachers generate excitement in their students. By tapping into creativity, and through encouraging imaginative paths to problem-solving, students learn skills that will provide them with the ability to solve problems -- great and small -- for a lifetime. The Odyssey of the Mind teaches students how to think divergently by providing open-ended problems that appeal to a wide range of interests. Students learn how to identify challenges and to think creatively to solve those problems. They are free to express their ideas and suggestions without fear of criticism. The creative problem-solving process rewards thinking "outside of the box." While conventional thinking has an important place in a well-rounded education, students need to learn how to think creatively and productively.

**For Questions or More Information Contact: Stephanie Fournier, Colchester OM Coordinator,**  
[ootmcolchester@gmail.com](mailto:ootmcolchester@gmail.com)

## First-Ever State Youth Council is Now Accepting Applications

Applications are now being accepted from Vermont youth ages 11–18 to be the first members of Vermont's historic State Youth Council! Established by Act 109 in 2022, the State Youth Council is a diverse group of twenty-eight Vermont youth from each county responsible for advising the Governor and General Assembly on policies that impact young persons today. The Council provides youth an opportunity to directly participate in Vermont's democracy and guide its future. Please submit your [State Youth Council Application](#) before the Oct. 18, 2022, deadline.

## ADVICE FROM THE HEALTH OFFICE

The new omicron specific COVID-19 boosters are now available for high school aged students!

**Who can get the new booster?** The updated booster is for people 12 and older who have completed their primary COVID-19 vaccine series and received their last booster or additional dose at least two months ago.

### You can get free COVID-19 vaccines at:

- Your health care provider's office
- A pharmacy (appointments are usually needed)
- Walk-in clinics by local health offices or EMS
- Other locations where you get your vaccines

**Don't forget Flu shots!** It's best to get your flu shot before the end of October. You can get your flu vaccine and your covid booster at the same time.

For more information about Covid-19 boosters visit the [Vermont Department of Health website](#)



# EARLY RELEASE 2022-2023

Wednesday, October 26th, 2022

Wednesday, December 7th, 2022

Wednesday, February 1st, 2023

Wednesday, April 5th, 2023



## EARLY RELEASE BELL TIMES

A1/B1

7:45 AM - 8:38 AM

53 min class, 4 mins to pass

A3/B3

8:42 AM - 9:35 AM

53 min class, 4 mins to pass

A5/B5

9:39 AM - 10:32 AM

53 min class, 4 mins to pass

A4/B4

10:36 AM - 12:10 PM

Lunch #1

10:36 AM - 10:59 AM

Lunch #2

10:59 AM - 11:22 AM

Lunch #3

11:22 AM - 11:46 AM

Lunch #4

11:46 AM - 12:10 PM

Buses tentatively pick up at 12:10. Hold students in class until we announce that the buses are here.

On the four early release days listed above students are released at 12:10 PM. The bus situation for tech students will be as follows.

Essex Tech bus will bring students back to CHS at 2:30 and they are responsible for finding their own ride home. The bus that picks up students will be doing the Milton/Georgia route, so any students needing to go home to Milton/Georgia should stay on the bus. Any students who are unable to attend CTE because of transportation issues should contact Carolyn Dickinson, CTE Assistant Director at 802-857-7534 or [cdickinson@ewsd.org](mailto:cdickinson@ewsd.org).

BTC transportation will be provided for BTC AM and PM students. The BTC AM students will take the bus as usual, returning to CHS for the 12:10 p.m. dismissal. The BTC PM students will be brought back to CHS at 2:20 in the afternoon as usual and will be responsible for finding their own ride home. Any students unable to attend BTC PM because of transportation issues should contact BTC at 802-864-8426.





## CAP/GOWN & DUES INFO:

# SENIORS

Seniors will receive cap/gown and announcement information at the **mandatory senior AT on Wednesday, October 12th** with the Josten's representative. Josten's will return on Thursday, November 10th and Friday, November 11th during lunches (11:07-12:55) to collect the orders.

Senior dues are \$20 and cover the cost of the class gift, flowers, and other costs associated with graduation.

Your payment to Jostens for your cap/gown/tassel and any other items you order from Jostens, as well as your senior dues should be paid at the time the order is placed on November 10th or 11th.

**\*\*PLEASE NOTE:** You will need two checks, one to CHS for senior dues in the amount of \$20 and a second check to Jostens for payment of the cap and gown and any other items you order.

Seniors attending CTE can pick up the information packet in the main office at CHS beginning the afternoon of October 12th. CTE seniors can return their cap and gown order and dues to the main office by November 10th. The main office is open 6:30-3:30 daily.

## SENIOR YEARBOOK INFO

All senior portraits and other senior section photos and content (including senior quotations and messages), are due by **Friday, November 18th, 2022.**

We strongly prefer that photos be submitted electronically (in .jpg format) - the picture quality is much better.

All senior portraits, photos, and content should be submitted via the google forms that will be sent to all seniors at the start of the school year.

If you are unable to submit your senior portrait electronically, you may put a hard copy in the drop box in the main office; yearbook staff will scan the photo and return it to you.

## BUY YOUR YEARBOOK NOW!

2023 Yearbooks are on sale now!

→ After the fall sale, yearbooks will be on sale for \$75. The last day to preorder a yearbook is June 16th.

Note: If you don't pre-order a yearbook, we cannot guarantee any extra orders - don't let your student miss out on this amazing publication! Order your yearbook now!

**There are two ways to order a yearbook:**

1. Use your credit or debit card to pay online at [www.jostens.com](http://www.jostens.com)
2. Write a check made payable to CHS, and submit it to Ms. Gagne's mailbox in the main office along with an order form (available in the main office). Seal it in an envelope and clearly label your name. \*Sorry, we are no longer accepting cash for yearbook payment.

Please visit the CHS Yearbook website for more information (CHS Website >Other resources >Resources >Yearbook).



# PROJECT GRADUATION COLCHESTER HIGH SCHOOL CLASS OF 2023

**Next Meeting is October 3rd at 6pm in Room 101 of CHS**

*Project Graduation began in Maine 40 years ago in response to the tragic loss of 18 lives in alcohol and drug related crashes following graduation. During the 1979 commencement period (May 15-June 30) in Maine, seven of the 12 deaths among teenagers that resulted from driving under the influence of alcohol occurred in the area of Oxford Hills. In response to this loss of life, a school-community coalition from Oxford Hills developed and implemented a program called "Project Graduation," a chemical-free graduation celebration, during the 1979-1980 school year. During Oxford Hills' 1980 commencement period, there were no fatalities, no alcohol or drug-related injuries, and no arrests for driving under the influence of alcohol. Maine's first Project Graduation was such a success that many other high schools adopted similar programs. By 1986, Project Graduation activities were held in fifty states. Today the term "Project Graduation" describes a legal substance free graduation celebration sponsored by the community under the supervision of many adult volunteers.*

Our first Senior Sunrise happened on 9/25. The sunrise was beautiful and some of the seniors were able to sign the senior rock..

Seniors will be notified of alternate times to come out and sign.



## **Board members**

Co-Presidents - Kimberly Cohen & Stephanie Fournier

VP - Tricia Pawlik

Treasurer - Jacci Winchester

Secretary - Angel Labelle

We are still looking for parents to sign up for sub-committees.

Fundraising committee

Event committee

Registration committee

Upcoming dates to remember

Next Coin Drop - 10/14/22

If you are not receiving Project grad emails please email us @chspg2023@gmail

You can also follow us on

Facebook @ chsclassof2023

Instagram @ chsprojectgrad2023

## **Homecoming Dance!**

Homecoming will be held at Higher Ground on Sunday, October 9 from 7pm - 10pm.

**Ticket sales on:**

- **Tuesday 10/4** - 7:00-7:45am, 11:00-1:00pm, 2:20-3:00pm
- **Wednesday 10/5** - 7:00-7:45am, 11:00-1:00 pm, 2:20-3:00pm
- **Thursday 10/6** - 7:00-7:45am, 11:00-1:00pm, 2:20-3:00pm

If you plan on bringing an outside guest, you must complete and turn in the Guest request form.

We are still looking for parent chaperones- please reach out to Project grad if you are interested.

<https://m.signupgenius.com/#/showSignUp/70a0448a9ab2ea20-chsvt/104105906>



## ACTIVITIES & ATHLETICS

Greetings Laker Nation!

With the fall season in full swing, I would like to personally thank all our students and their families for their continued support of our programs and our athletes.

It has been so wonderful to be able to see our Lakers competing around our campus. I would also like to thank our faculty and administration for their support of our Lakers. It makes me very proud to be a member of this community.

As the calendar turns to October we look to get into the championship segments of fall sports and the fall drama production starts to ramp up as winter quickly approaches. Seeing our student participation is what fuels our school and our community.

Good Luck in all your endeavors Lakers,  
Mark Ellingson, Activities & Athletics Director

# LAKER NATION



Please join Friends of Colchester Music, our district music booster club! Meetings every second Tuesday of the month at 6:30 PM in the Colchester Middle School band room.

**The next meeting is Tuesday,  
October 11th.**

Come see how you can join in all the wonderful ways we help support music in our schools. Parents of kids of all ages happily welcomed!

### COLCHESTER HOCKEY BOOSTERS

Colchester Hockey Boosters is happy to announce the following "pre season skates" at Leddy park for all returning and players wishing to tryout this year:

November 7 at 3:40  
November 9 at 3:45  
November 14 at 3:40  
November 15 at 3:45







Fall sports are well underway! Stay up to date with CABA by visiting our website at <https://cabavt.org/>. Here you will also find a link to [CABA's online store](#). **Want to know more about CABA or get involved?** Our next meeting is *Tuesday, 10/11 @ 6:15pm in CHS Room 101/103*. You can always contact us at [chscaba@gmail.com](mailto:chscaba@gmail.com).

**Green Peak Performance:** CABA would like to thank Matthew Gonzalez for speaking with our athletes, coaches, administrators, and parents of CHS earlier this week about how to manage competitive nerves and build sport confidence.

Individual teams can reach out to Gonzalez for prices on smaller, more interactive sessions. Visit [www.greenpeakperformance.com](http://www.greenpeakperformance.com) for contact information.

**Fall Concessions:** There are several open slots that need to be filled, both adult and student volunteers are still needed. All soccer families are expected to volunteer for one shift (half of game) during their player's season, but anyone can volunteer! Choose a shift that works best for your schedule and a CABA member will help to set up and close concessions with you. Click the [Fall Concessions link](#) to sign up.



Are you prepared for Laker Nation **Blackout**, **Whiteout** and **Washout** games? CABA has limited long (\$10) and short (\$8) sleeve shirts available for sale, as well as Laker sunglasses, umbrellas, and shaker bottles! All items are being sold at the concession stand this season or reach out to a CABA member if interested (or email us!).

**Looking for weekly sports schedules?** Be sure to follow [CABA Facebook](#) and [CABA Instagram](#) to keep up to date with all game schedules and news!

### **Our Mission:**

The Colchester Athletic Boosters Association (CABA) is a non-profit organization formed in 1984 that financially supports the high school athletic programs. CABA aims to help foster an environment that inspires our student athletes, coaches, families, and our entire Laker Nation, to collectively create a positive and school spirited atmosphere for all Laker athletic programs. Our focus is to help build academic excellence, positive sportsmanship, and athletic conditioning and opportunities through financial support and community engagement. ***Students, Spirit, Support.***

# **PARENT/CAREGIVER SUPPORT OPPORTUNITY**



**CHS partners with Centerpoint to provide consultation opportunities for parents and caregivers. Parents are invited to reach out to Kim Burgess, LADC, Centerpoint Clinician, to discuss adolescent health and wellness, ask questions, enhance developmentally-matched parenting skills and strategies, learn about community resources, or to just have a space to share.**

**FOR MORE INFORMATION OR TO MAKE AN  
APPOINTMENT, PLEASE CONTACT:**

**KIM BURGESS, LADC**

**CENTERPOINT CLINICIAN**

**802-288-0582**

**[KIMB@CENTERPOINTSERVICES.ORG](mailto:KIMB@CENTERPOINTSERVICES.ORG)**





# You can make **CHANGES!** And we'll help you get there.

CHANGES is a program that provides support for any student who would like to focus on issues of emotional well-being, mental health and wellness, substance use, or the life stressors that can emerge throughout the high school years.

Changes can support students to make healthier decisions and address challenges in their lives by:

- Increasing their awareness of their thoughts, feelings, and behaviors
- Building new skills and strategies for managing life stressors
- Becoming more informed, active, and responsible in their own decision making

## **If you would like to access support through the CHANGES program:**

You can speak with Director of Student Support Services Jean Shea, 802-264-5714, or your School Counselor. We look forward to hearing from you!

CHANGES is facilitated by Sabino Ramirez, MA. Sabino is a Mental Health Counselor with specialized expertise in working with teens, young adults, and families. Sabino is a Clinician at Centerpoint and partners with Colchester High School to provide on-site, school based screening, brief intervention, skills work, referral to services and supports, and family support as well. You can contact Sabino Ramirez for information at: 802-288-0583 or by email at [sabinor@centerpointservices.org](mailto:sabinor@centerpointservices.org)







## Burnham Memorial Library

Now that it's officially fall – both on the calendar and with the cooler temperatures rolling in – it's the perfect time to cozy up with a good book. For those who like their October to be filled with Halloween vibes (hi, me), know that we have a bunch of such reads available to check out here at the library, from thriller to horror to magical options. We're also getting back in the swing of programs, so here's a look at what we have lined up for teens this October; click the links to sign up.

### [Halloween Lantern Teen Craft](#)

**Thursday, Oct. 6 from 4 pm – 5pm**

All it takes is some tissue paper and creativity to transform regular glass jars into glowing Halloween lanterns in different eerie designs. Pop a battery-powered tea light into your finished project and watch as your Halloween lanterns light up the dark in a festive fashion all month long. (Check out a picture of a sample one on our Instagram page: [@burnhamlibraryva](#))

### [Resume 101 Workshop for Teens](#)

**Wednesday, Oct. 19 from 4:30 pm – 5:30pm**

Need to make a resume for school or a job application, but not sure where to start? I'll go over the basics of formatting, as well as talk about the types of experiences that can go on a resume (hint: it's not just paid jobs!) and how to write about them in a way that really shows off your many skills. Whether you'd be starting from scratch or have a draft done that may need some polishing, stop by for some Resume 101 info.

Related: For those of you taking the SATs or ACTs this fall, or are starting to think about your post-high school plans, we have a bunch of resources available to help you on those journeys.

That's all I got for now – but be sure to let us know what you think would be helpful or fun to see at the library in the coming months. Feel free to email me directly at [mmalone@colchestervt.gov](mailto:mmalone@colchestervt.gov) with any questions, suggestions... or to let me know what I absolutely must read next.

### **Meg Malone (she/her)**

Young Adult Services Librarian

Burnham Memorial Library

Currently reading: [The Gifts That Bind Us](#), by Caroline O'Donoghue

## Parks & Recreation

Colchester Parks and Recreation's fall brochure is now out! Visit [colchestervt.gov/recreation](http://colchestervt.gov/recreation) for more info on special events, youth programs, adult programs and the youth basketball league! The fall brochure covers the months of September, October, November and December and will be updated as more programs are added.

For any questions call our office at 802-264-5640.

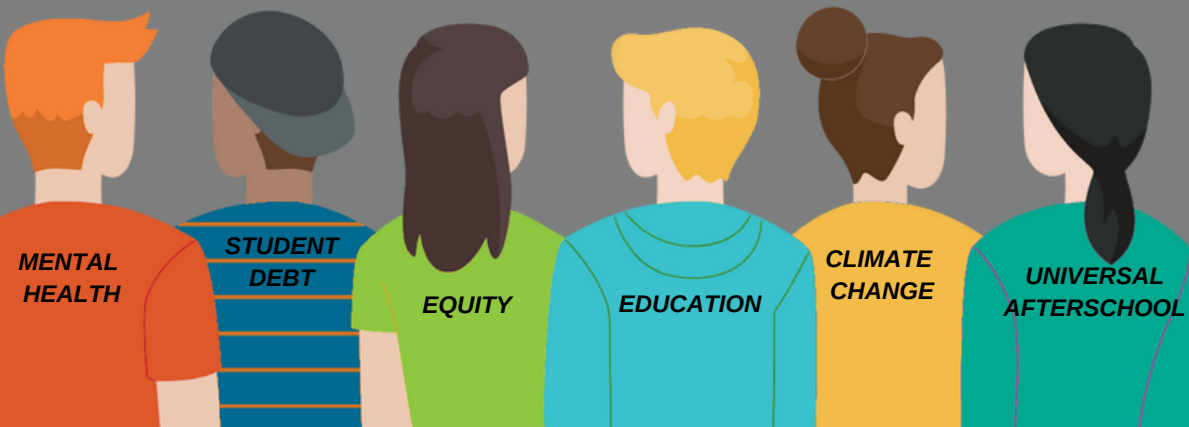
Does your pet have an amazing costume that you want to show off!? Do you have matching costumes with your pet that you want to share!? Submit your photo to our first ever Virtual Pet Costume Contest! Send us a photo before October 26th to enter. Photos can be sent via email to [lsmith@colchestervt.gov](mailto:lsmith@colchestervt.gov) or through our Facebook and Instagram messages. Find more information at [colchestervt.gov/recreation](http://colchestervt.gov/recreation)

SAT Bootcamp is happening November 12th! Good scores open doors. Whether it's getting in in the first place, or getting more aid once you've been admitted, a higher SAT score can help you achieve your college goals. This interactive workshop prepares students for both the SAT and PSAT. SAT Bootcamp reduces test anxiety through thorough familiarization and practice with the Reading, Writing, Language, and Math sections, increasing test-taking confidence and helping you bring your best to the test. Register at [colchestervt.gov/recreation](http://colchestervt.gov/recreation).

JOIN THE

# Vermont State Youth Council

BECAUSE  
YOUTH  
HAVE  
A RIGHT  
TO BE  
HEARD



## As a Council, You Will:

- ✓ Advise & create recommendations for VT's General Assembly & Governor
- ✓ Hold public hearings
- ✓ Meet with the Governor annually
- ✓ Receive a \$50 stipend for each meeting you attend

SHAPE THE FUTURE OF YOUR STATE

Apply Today!



Questions? Contact Brianne Smith at  
[brianne@vermontafterschool.org](mailto:brianne@vermontafterschool.org)



Artwork by: Tanisha Gerg, Essex High School

# YOUTH ENVIRONMENTAL SUMMIT

FRIDAY, OCTOBER 28, 2022  
BARRE CIVIC CENTER

**SPEAK OUT. ACT UP. BE THE CHANGE.**

## What to Expect at YES!

At this year's YES!, you can expect:

- Fun & informative workshops!
- Over 200 students ready to learn and share ideas about environmental projects!
- Workshops focused on a wide variety of environmental issues that affect Vermonters!
- YES Graffiti Wall to share ideas of what you can do to make a difference at home, school, or in your community!
- Exhibit Scavenger Hunt to learn even more about environmental initiatives & program opportunities that exist in VT!
- A 2:15 pm finish time so no one has to leave early & miss out on all of the fun!

**Look at back side of this flyer for a list of workshops & the agenda for the day.**



## Registration Opens September 12, 2022

For more information and to register online, go to:  
[www.uvm.edu/extension/youth/announcements](http://www.uvm.edu/extension/youth/announcements)

**Registration Deadline is October 14, 2022.**  
**Workshops are first-come, first-served.**

- This event is FREE due to generous sponsors!
- Youth participants (grades 6-12) and all adult chaperones must register.
- School or youth groups attending must have 1 adult per 10 youth ratio.
- Please limit registration to 20 students or contact organizer if you would like to bring more.
- Bring your own lunch, drinks & snacks and make it zero-waste! (*Information online on how to make a zero waste lunch.*)

**We hope to see you at YES!**

Questions?

[Lauren.Traister@uvm.edu](mailto:Lauren.Traister@uvm.edu)

If you require a disability-related accommodation to participate in this program, please contact Lauren Traister at 866-260-5603 no later than October 7, 2022.



THE UNIVERSITY OF VERMONT  
**EXTENSION**  
4-H

UVM Extension helps individuals and communities put research-based knowledge to work. Issued in furtherance of Cooperative Extension work, Acts of May 8 and June 30, 1914, in cooperation with the United States Department of Agriculture. University of Vermont Extension, Burlington, Vermont. University of Vermont Extension, and U.S. Department of Agriculture, cooperating, offer education and employment to everyone without regard to race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, and marital or familial status.





# COLCHESTER HIGH SCHOOL

## EXCELLENCE & EQUITY

IN A CLIMATE OF RESPECT, RESPONSIBILITY & PRIDE

We engage in  
**DIVERSE LEARNING EXPERIENCES**  
rooted in relationships,  
relevance, rigor, and shared  
responsibility.

We demonstrate  
**RESPECT & COMPASSION**  
for ourselves, one another,  
and our school.

We create  
**SAFE SPACES**  
where all Lakers can thrive.

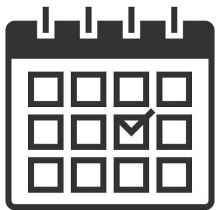
We  
**WORK TOGETHER**  
to build on one another's  
strengths and perspectives.

We cultivate a  
**STRONG & CONNECTED COMMUNITY**  
that respects and celebrates  
all Lakers.

We empower all Lakers to  
use their voice, pursue their  
aspirations and be  
**ACTIVE & ENGAGED**  
members of our community.

Colchester High School  
131 Laker Lane  
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Colchester VT 05446

Phone: (802) 264-5700  
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## CALENDAR OF EVENTS

### October:

- 1 SAT Test Date
- 3 **PDC Mtg. 2:40P**
- 4 **School Board Mtg. 7P**
- 5 **TL Mtg. 2:40P**
- 6 Family/Teacher Conferences 3P-6:30P
- 7 Family/Teacher Conferences 10:30A-3P
- 7 SAT Registration Due for Nov. 5 Test
- 10 School Recess
- 12 Mandatory Senior AT with Jostens'
- 12 **TL Mtg. 9:43A**
- 13 **Faculty Mtg. 2:40P**
- 13 Freshmen & Sophomore Night 6:30P
- 15 PSAT Testing 8A-3P
- 17 **Dept. Mtg. 2:40P**

### October:

- 18 NHS Practice 2:30P
- 18 **School Board Mtg. 7P**
- 19 Picture Retakes 7A-12P
- 19 **TL Mtg. 2:40P** (Chad)
- 19 NHS Induction Ceremony 5:30P
- 20 Fall Choral Concert 7P
- 22 ACT Test Date
- 24 **PDC Mtg. 2:40P**
- 25 FAFSA Forms Night 6P
- 26 Early Release
- 26 **TL Mtg. 8:42A**
- 27 **Faculty Mtg. 2:40P**
- 27 Fall Band Concert 7P
- 27-28 NEASC Collaborative Conference Visit
- 31 **End Quarter 1**
- 31 **Dept. Mtg. 2:40P**

### November:

- 1 **Start Quarter 2**