THE LAKER



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VIEW

Dear CHS Families,

Spring is gearing up here at CHS and keeping us busy, despite what the weather had in store for us this past month! Here are a few items of interest:

- Quarter 3 report cards will be going in the mail the week of April 11th.
- Student course requests for the 2022-2023 school year (9th, 10th, and 11th grade students) will be going in the mail next week. These are the courses your student has requested for next year. We will send home final student schedules in August. Please contact your student's school counselor if you have any questions.
- Next week is our final Early Release for the year. Students will be dismissed at 12:10 pm.
- A few standardized testing updates:
 - The 9th grade class has just completed their required Math and English Language Arts SBAC testing. We were impressed with their stamina and persistence during the testing period. Thank you, Class of 2025!
 - The 11th graders will take the required VTSA (Vermont Science Assessment) in their science class the week of April 4th. Good luck Class of 2023!

Lastly, as the weather warms (and it will) and the outside beckons, we often see the focus of our Lakers shift from academics to other things... Please join us in encouraging our students to work hard and experience success in their classes during Quarter 4!

Warmly,
Heather Baron
Principal

HAPPENINGS AROUND CHS



The CSD Art Show will be held May 9-13 with a Reception May 12 from 6pm-8pm.

Looking forward to having the Art Show back in-person this year!





Congratulations to the four student musicians that were accepted in New England Music Festival. The festival took place in Burlington, CT March 17th-19. We are so proud of you!

Aurora Barella & Thomas Buckley-Chorus Logan Crocker-Orchestra Jonathan Labrie-Concert Band

EARLY RELEASE 2021-2022

Wednesday, September 29th, 2021 Wednesday, December 8th, 2021 Wednesday, February 2nd, 2022 Wednesday, April 6th, 2022



EARLY RELEASE BELL TIMES

A1/B1

7:45 AM - 8:38 AM 53 min class, 4 mins to pass

A3/B3

8:42 AM - 9:35 AM 53 min class, 4 mins to pass

A5/B5

9:39 AM - 10:32 AM 53 min class, 4 mins to pass

A4/B4

10:36 AM - 12:10 PM

Lunch #1

10:36 AM - 10:59 AM

Lunch #2

10:59 AM - 11:22 AM

Lunch #3

11:22 AM - 11:46 AM

Lunch #4

11:46 AM - 12:10 PM

Buses tentatively pick up at 12:10. Hold students in class until we announce that the buses are here.

On the four early release days listed above students are released at 12:10 PM. The bus situation for tech students will be as follows.

Essex Tech bus will bring students back to CHS at 2:30 and they are responsible for finding their own ride home. The bus that picks up students will be doing the Milton/Georgia route, so any students needing to go home to Milton/Georgia should stay on the bus. Any students who are unable to attend CTE because of transportation issues should contact Carolyn Dickinson, CTE Assistant Director at 802-857-7534 or cdickinson@ewsd.org.

BTC transportation will be provided for BTC AM and PM students. The BTC AM students will take the bus as usual, returning to CHS for the 12:10 p.m. dismissal. The BTC PM students will depart CHS at their regularly scheduled time and be transported home following their regularly scheduled and individualized transportation plan.

APRIL 7TH | 6:30PM - 8:30PM

CONSIDER CANADA COLLEGE Fair

South Burlington High School

2022 Consider Canada Tour



MEET THE UNIVERSITIES

Bishop's University - Sherbrooke, Quebec

Carleton University - Ottawa, Ontario

McMaster University - Hamilton, Ontario

Saint Mary's University - Halifax, Nova Scotia

St. Francis Xavier University - Antigonish, Nova Scotia

St. Thomas University - Fredericton, New Brunswick

University of New Brunswick - Fredericton and Saint John, New

Brunswick

York University - Toronto, Ontario

Depending on institutional travel restrictions, these universities may attend

Dalhousie University - Halifax, Nova Scotia
Concordia University - Montreal, Quebec
University of Guelph - Guelph, Ontario
Mount St. Vincent University - Halifax, Nova Scotia
Trent University - Peterborough, Ontario
University of King's College - Halifax, Nova Scotia

SAT Test Date	Registration Deadline	Late Registration Deadline
August 28, 2021	July 30, 2021	August 17, 2021
October 2, 2021	September 3, 2021	September 21, 2021
November 6, 2021	October 8, 2021	October 26, 2021
December 4, 2021	November 4, 2021	November 23, 2021
March 12, 2022	February 11, 2022	March 1, 2022
May 7, 2022	April 8, 2022	April 26, 2022
June 4, 2022	May 5, 2022	May 25, 2022

Students can register at sat.org/register.

The late registration deadlines above are for paper registration.

Online and phone late deadlines are listed at sat.org/register.



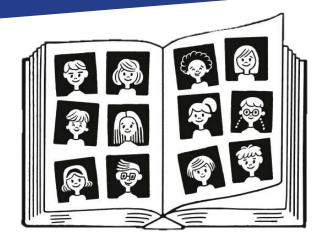
ACT Test Date	Registration Deadline	Late Registration Deadline
September 11, 2021	August 6, 2021	August 20, 2021
October 23, 2021	September 17, 2021	October 1, 2021
December 11, 2021	November 5, 2021	November 19, 2021
February 12, 2022	January 7, 2022	January 21, 2022
April 2, 2022	February 25, 2022	March 11, 2022
June 11, 2022	May 6, 2022	May 20, 2022
July 16, 2022	June 17, 2022	June 24, 2022

SENIORS

CAP/GOWN & DUES INFO:

Thank you to the many seniors who have ordered their caps and gowns. STUDENTS WHO HAVE NOT YET ORDERED A CAP AND GOWN SHOULD DO SO AS SOON AS POSSIBLE. Extra order forms are in the CHS main office. Cap/gown/tassel order forms and dues should be returned to the CHS main office. Cap/Gown orders can also be placed online at Jostens' HERE.

Senior Dues can be turned in to Gabby Brooks in the main office. Senior dues are \$20 and cover the cost of the class gift, flowers, and other costs associated with graduation.



STUDENT DEBT

Please remember that it is your student's responsibility to keep track of any outstanding debt (lost books, parking fines, or damage to equipment) that he or she might have. If you are unsure whether your child has any debt, feel free to contact Hope Renadette, bookkeeper at Colchester High School 264-5702 or

Hope.Renadette@colchestersd.org

BUY YOUR YEARBOOK NOW!

There are two ways to order a yearbook:

- Use your credit or debit card to pay online 1. at www.jostens.com.
- Write a check made payable to CHS, and 2. submit it to Ms. Gagne's mailbox in the main office along with an order form (available in the main office). Seal it in an envelope and clearly label your name. Sorry, we are no longer accepting cash for

yearbook payment.

You can order your yearbook starting on August 1st, 2021 for \$75. We will be accepting orders until June 11th, 2022. If you don't pre-order a yearbook we only order 20 extras - don't let your student miss out on this amazing publication! Order your yearbook now!

Please visit the CHS Yearbook website for more information (CHS Website >Other resources >Resources >Yearbook).



PROJECT GRADUATION COLCHESTER HIGH SCHOOL CLASS OF 2022

Project Graduation is a substance-free celebration for graduating seniors on the night of graduation and will be held the night of June 11, 2022 at Camp Abnaki. The event is sponsored by local businesses and fundraising. The event is not sponsored by the school and is a separate entity made up of parents of graduating seniors.

Meetings: 1st and 3rd Monday of every month (April 4th at 6:00,CHS, Room 101)

Email: Make sure you are on our email list - if you are not getting our emails and would like to, send a request to projectgradplan2022@gmail.com

There's still plenty of time to help the class of 2022

Start gathering pictures from Kindergarten to Senior year to include in a slide show. If you have any please stay tuned for more details.

Fundraising Events

Comedy Divas and Silent Auction: Join us on April 2nd at the American Legion for an evening of laughs. Doors open at 6:00 pm; show starts at 7:00 pm. \$25 tickets sold at the door. Bring your checkbook and some extra cash for the silent auction, snack bar, and cash bar.

Calcutta: Take part in the virtual calcutta on April 11th. Buy a ball for a chance to win \$1000!

Each ticket (or ball) is \$50 and insurance is \$10. Insurance buys you an extra chance to be a winner. The grand prize winner will be notified.

Purchase a ball by emailing projectgradplan2022@gmail.com or use this link.

MacBook Raffle: Last call to buy a raffle ticket for a chance to win a MacBook Pro. Tickets are \$30 and only 300 tickets will be sold. The drawing will be held during the Virtual Calcutta on April 11. Use this <u>link</u> to purchase tickets.

<u>Business Sponsors and Family Donations</u> - if you or your employer is willing to make a tax deductible donation, please make a check to CHS Project Graduation and mail to:

Colchester High School

Attn: Project Graduation

PO Box 900

Colchester VT 05446

Ongoing ways to support Project Grad:

- Join our Facebook page Colchester High School Project Grad 2022
- Wash the winter salt off your car at Seaway car wash on Prim Rd and make a donation on behalf of Project Grad - support this local business and tell your friends and neighbors!
- Drop bottles and cans for redemption at Cap 'n Cork - 164 Porters Point Road and donate to Project Grad 2022
- Make a donation through our GoFundMe page and please share with any contact you may have.
 GoFundMe 2022



<u>Project Grad Fundraiser:</u> Three Brothers Pizza & Grill - Wednesday, April 6th, 2022

Forget about cooking! Tell your family and friends! Make a purchase anytime throughout the day, and Three Brothers Pizza will donate a percentage of the day's purchases to Project Graduation.

Stop by the restaurant at 973 Roosevelt Hwy or call for delivery at (802)655-5550



SATURDAY JUNE 11, 2022 CAMP ABNAKI NORTH HERO, VT

SCHEDULE

- 6:00 Check in at CHS
- 6:45 Buses depart
- 7:30-2:00: DJ, outdoor games, food truck, illusionist, slide show, bonfire, snacks, casino, indoor space to chill, improv, fun!
- 2:00-2:30 Raffles
- 2:30-3:30 Bus ride back to CHS

REGISTRATION INFO

- Seniors! Be on the the lookout for registration forms in your email in the next 2-3 weeks
- Paper copies will be available in the office
- Registration fee: \$25
- Scholarships available
- Questions? email: projectgradplan2022@ gmail.com



ACTIVITIES & ATHLETICS

Greetings Laker Nation!

With the calendar turning to April, we are about to see CHS activities and athletics in full bloom!

Games will start this week for spring sports. We look forward to seeing you! LCATV will be streaming many of our Baseball and Softball home games; you can find the schedule and link to the stream here.



Thank you, and GO LAKERS!

Mark Ellingson, Activities & Athletics Director



Hello Spring!! Wishing everyone a great start to the Spring Sports season! Now if we can just get some spring-like weather!! Look for new equipment and supplies arriving soon for Spring sports teams, most coaches recently put in requests that were funded by CABA, including a new scoreboard for the Field Hockey/Ultimate field!

Looking for the weekly sports schedules? Be sure to follow <u>CABA Facebook</u> and <u>CABA Instagram</u> to keep up to date with all game schedules and news!

Winter Ball 2022 was a success! On Saturday March 19th, about 250 CHS students joined us at the Delta Hotel in South Burlington for a fun evening and dancing! The dance floor was packed for the full 3 hours! CABA would like to thank all of the volunteer chaperones! We could not have done it without you!





Want to know more about CABA or get involved? CABA meets on the second Tuesday of every month. Please email chscaba@gmail.com and let us know that you would like to attend a meeting or with any questions about becoming part of CABA!

What does CABA (Colchester Athletic Boosters Association) do for Colchester High school sports?

CABA purchases uniforms for Cross Country, Field Hockey, Golf, Soccer, Alpine Skiing, Basketball, Dance, Nordic Skiing, Baseball, Lacrosse, Softball, Tennis and Track and Field. CABA also helps buy essential equipment and invests in large scale projects. These are expenses that are not covered by the school budget with tax revenue. All CABA apparel purchases help support this mission.

Parents, grandparents, friends and athletes are all welcome to volunteer with CABA.

- •E-mail chscaba@gmail.com with any questions or to volunteer.
- Follow CABA on Facebook at https://www.facebook.com/CABAVT/ or on Instagram
- •Sign up at https://smile.amazon.com/. Pick Colchester Athletic Booster Association Inc, and a portion of your sales will be donated right back to CABA.

COLCHESTER HOCKEY BOOSTERS



On behalf of the Colchester Boys Hockey team, the Boys Hockey Boosters Club would like to thank all of our parents, fans, and sponsors for a fantastic season. Our CHS boys finished in the top of the league, making it to a Division 1 semifinal playoff game. We are proud of their dedication and sportsmanship throughout the season. A big congratulations to our Senior boys; Liam Evarts, Owen Macomber, Jason Brown, Alex Rublee, Bryce Carey and Ryan Dousevicz. We wish them all the luck in their future endeavors!



Parks & Recreation

The Colchester Parks & Recreation Department is looking to hire lifeguards for the 2022 summer season at Bayside Beach! Lifeguards at Bayside Park will be responsible for the safety of any person using the beach facility as well as being responsible for renting out equipment from Bayside Paddle Sports.

The Colchester Parks & Recreation Department is also looking to hire Summer Camp Directors! Directors are responsible for supervising week-long camps for children ages 4 – entering grade 1 (JRX) or entering grades 4 – 6 (Xtreme). Directors should have a college degree in Education or working toward such degree and have a minimum of 1-2 years supervising children's activities.

For more information and to apply, visit colchestervt.gov/HR

PARENT/ CAREGIVER SUPPORT OPPORTUNITY!

CHS partners with Centerpoint to provide consultation opportunities for parents and caregivers. Parents are invited to reach out to Danielle Jatlow, LICSW, LADC, Centerpoint Program Director, to discuss adolescent health and wellness, ask questions, enhance developmentally-matched parenting skills and strategies, learn about community resources, or to just have a space to share.

FOR MORE INFORMATION OR TO MAKE AN APPOINTMENT,
PLEASE CONTACT:
DANIELLE JATLOW, LICSW, LADC
CENTERPOINT PROGRAM DIRECTOR
802-777-5932
DANIELLEJ@CENTERPOINTSERVICES.ORG





You can make CHANGES! And we'll help you get there.

CHANGES is a program that provides support for any student who would like to focus on issues of emotional well-being, mental health and wellness, substance use, or the life stressors that can emerge throughout the high school years.

Changes can support students to make healthier decisions and address challenges in their lives by:

- Increasing their awareness of their thoughts, feelings, and behaviors
- Building new skills and strategies for managing life stressors
- Becoming more informed, active, and responsible in their own decision making

If you would like to access support through the CHANGES program:

You can speak with Director of Student Support Services Jean Shea, 802-264-5714, or your School Counselor. We look forward to hearing from you!

CHANGES is facilitated by Sabino Ramirez, MA. Sabino is a Mental Health Counselor with specialized expertise in working with teens, young adults, and families. Sabino is a Clinician at Centerpoint and partners with Colchester High School to provide on-site, school based screening, brief intervention, skills work, referral to services and supports, and family support as well. You can contact Sabino Ramirez for information at: 802-288-0583 or by email at sabinor@centerpointservices.org





Colchester High School 131 Laker Lane P.O. Box 900 Colchester VT 05446

Phone: (802) 264-5700 Fax: (802) 264-5757

COLCHESTER HIGH SCHOOL EXCELLENCE & EQUITY

IN A CLIMATE OF RESPECT, RESPONSIBILITY & PRIDE

We engage in

rooted in relationships, relevance, rigor, and shared responsibility.

We demonstrate

for ourselves, one another, and our school.

We create

where all Lakers can thrive.

We

to build on one another's strengths and perspectives.

We cultivate a

that respects and celebrates all Lakers.

We empower all Lakers to use their voice, pursue their aspirations and be

members of our community.



CALENDAR OF EVENTS

April:

- 2 ACT Testing 8A-3P
- 4 Dept. Mtg. 2:40P
- 5 GLA Mtg. 2:40P
- 5 School Board Mtg. 7P
- 6 TL Mtg. 8:42A
- 6 Early Release
- 8 SAT Registration Due for May 7 Test
- 8-9 Variety Night 7P
- 11 PDC Mtg. 2:40P
- 13 TL Mtg. 2:40P
- 14 Faculty Mtg. 2:40P
- 18-22 Spring Recess
- 25 Dept. Mtg. 2:40P
- 27 TL Mtg. 9:43A
- 27 Senior Capstone Gallery 6P

May:

- 2 PDC Mtg. 2:40P
- 2-6 Teacher Appreciation Week
- 3 School Board Mtg. 7P
- 4 TL Mtg. 2:40P
- 5 SAT Registration Due for June 4 Test
- 5 Faculty Mtg. 2:40P
- 6 ACT Registration Due for June 11 Test
- 7 SAT Test Date
- 9 Dept. Mtg. 2:40P
- 9-13 CSD Art Show
- 10 GLA Mtg. 2:40P
- 11 TL Mtg. 9:43A
- 12 CSD Art Show Reception 6P
- 16 NHS Blood Drive
- 16 PDC Mtg. 2:40P
- 17 School Board Mtg. 7P
- 18 TL Mtg. 2:40P
- 19 Faculty Mtg. 2:40P
- 19 Underclassmen Awards 7P