

VIEW

Dear CHS Families,

We hope you had a relaxing Thanksgiving break!

Next Wednesday the 8th is our second Early Release of the year. School will be dismissed at 12:10 and buses will pick students up at that time.

We know many families review their student's grades on PowerSchool regularly. Now is a good time to sit down with your student and check in on their academic progress on PowerSchool. We encourage you to have conversations with your students about their progress in classes. If you have questions about how to access PowerSchool, please reach out to Hope Renadette (hope.renadette@colchestersd.org). If you have questions about your students progress, please don't hesitate to reach out to their teachers.

On a related note - between the holidays, the shortened days and winter weather, and the academic pressures of school, this time of year can be challenging for many of our students. If your student needs support, please do not hesitate to reach out to us. Our school counselors are here and can help support your student.

Lastly, I'd like to share with you that I have made the decision that this will be my last year as principal of CHS. This is my 19th year at CHS - the first 13 years as a science teacher and the last 6 years as the principal. Colchester High School is a very special school and it has been an honor leading the school. I would like to thank the community for the trust and support you have given me and the school along the way. I am confident that CHS will continue to thrive and grow under the next leader. I am committed to making the transition as seamless as possible and providing support in any ways that are needed. Superintendent Amy Minor will lead this search process. More information will be provided in the January Laker View.

Warmly,

Heather Baron, Principal

NEWS INSIDE

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WINTER WEATHER & SCHOOL



Winter is in full swing! The district makes the decision to cancel or delay school (2-hour delay) early in the morning. When the weather sneaks up on us during the day the district may decide to close school early. School cancellations, delays, and early dismissal are communicated via email and phone by the district.

There are also times when we need to cancel or adjust our after school activities, including athletics, due to winter weather. We do our best to make this decision by 1:00pm and communicate any changes and cancellations via email (to both families and students) as well as during announcements between class mods.



LOST & FOUND



The pile is growing in the main office!
Check it out if you're missing an item.

Over the holiday break, all items that remain will be donated.



Parks & Recreation

Keep an eye out for the Colchester Parks and Recreation winter brochure coming out in mid-December! The brochure will include programs and events for the months of January through May and can be found on our website at colchestervt.gov/recreation

CHS MIDTERM EXAMINATIONS

JANUARY 2022

During examination week, students are required to attend school during their class examination period. Students are welcome to use their non-examination periods to study for exams in the cafeteria. In addition, the gymnasium will be available for open gym for those who choose to participate from 8:00-12:00. The buses will run in the morning as usual, and they will do the run at 12:30PM instead of 2:20PM. Students may not remain at school in the afternoon unless they have administrative approval.

It is very important that your student attend the scheduled examination. Failure to take the examination in a course will result in failure and/or loss of credit in the course. If the student is sick and will not be present at the exam, a parent/guardian must call the office and notify Ms. Etienne. If the student arrives late, he/she must report to the Assistant Principal. Late admission is not automatic, and in fact, will be denied unless the student has proof of a valid reason for the late arrival.

- Please be reminded that on these days students arrive at school at the usual time.
- Exams begin promptly at 8:00AM. Students will NOT be admitted late.
- Students must leave after their last exam. There will be bus service at 12:30PM.
- Students should not come to school on the makeup day unless they have scheduled a makeup exam through the teacher and an administrator.
- Mr. DeMagistris or Ms. LeClair MUST approve all makeup exams due to an absence.
- If your student will be absent, please contact Ms. Etienne at **264-5711**.
- Students may not remain at school in the afternoon unless they have administrative approval.



Monday, January 10

A1 Exam 8:00 - 10:00
A3 Exam 10:30 - 12:30

Tuesday, January 11

A4 Exam 8:00 - 10:00
A5 Exam 10:30 - 12:30

Wednesday, January 12

B1 Exam 8:00 - 10:00
B3 Exam 10:30 - 12:30

Thursday, January 13

B4 Exam 8:00 - 10:00
B5 Exam 10:30 - 12:30

Friday, January 14

Make Up Exam Day

What if school is delayed two hours on an exam day?

If school is delayed by two hours, then the normally scheduled examinations would still occur, but the times would change. The first exam would run from 9:45AM - 11:45AM. The second exam would run from 12:20PM - 2:20PM. Buses will pick students up two hours later than normal. At 2:20PM buses will follow the normal end of day schedule.

What if school is canceled completely due to bad weather?

If school is canceled due to bad weather during examinations, then the normally scheduled examination will occur the next day. For example, if Monday was scheduled to be the A1 & A3 exams and school was canceled on Monday, then Tuesday morning would become the scheduled time for the A1 & A3 examinations.

HAPPENINGS AROUND CHS...

Starting Monday, November 29, 2021 **the A La Carte at CHS will be opening.**

We will have items available in the morning in the serving line during breakfast.

The A La Carte room will be open during the second half of each lunch period.

We will have a limited assortment of chips, ice creams, drinks and other snacks.



Please make sure you have money in your
account to purchase items.

These items are not part of the free meals we are
offering students.

A La Carte in Serving Line

7:00 am to 7:45 am

A La Carte Room Times

Lunch #1: 11:20 am - 11:34 am

Lunch #2: 11:47 am - 12:01 pm

Lunch #3: 12:14 pm - 12:28 pm

Lunch #4: 12:41 pm - 12:55 pm



EARLY RELEASE 2021-2022

Wednesday, September 29th, 2021

Wednesday, December 8th, 2021

Wednesday, February 2nd, 2022

Wednesday, April 6th, 2022



EARLY RELEASE BELL TIMES

A1/B1

7:45 AM - 8:38 AM
53 min class, 4 mins to pass

A3/B3

8:42 AM - 9:35 AM
53 min class, 4 mins to pass

A5/B5

9:39 AM - 10:32 AM
53 min class, 4 mins to pass

A4/B4

10:36 AM - 12:10 PM

Lunch #1

10:36 AM - 10:59 AM

Lunch #2

10:59 AM - 11:22 AM

Lunch #3

11:22 AM - 11:46 AM

Lunch #4

11:46 AM - 12:10 PM

Buses tentatively pick up at 12:10. Hold students in class until we announce that the buses are here.

On the four early release days listed above students are released at 12:10 PM. The bus situation for tech students will be as follows.

Essex Tech bus will bring the students back to CHS at 2:30 and they are responsible for finding their own ride home.

BTC Morning students will return to CHS around 12:15 to catch buses home from CHS.

BTC Afternoon students will be brought to CHS at 2:40 in the afternoon as usual and will be responsible for finding their own ride home.

COLCHESTER HIGH SCHOOL

2021-2022 HONOR ROLL ~ 1ST QUARTER

9TH GRADE HIGH HONORS- Ruby Anderson, Mazie Audette, Addison Bauerly, Isabella Benson, Isaac Blaisdell, Tyler Blanchard, Leah Boyd, Athanasia Boyer, Ava Burdick, Emily Carpentier, Maddox Chamberlain, Bianca Cius, Adam Coburn, Lillian Connor, Jack Currie, Hannah Danaher, Adalaide Davidson, Madison Dutton, Ava Escobedo, Carter Faas, Emily FitzGerald, Emma Foss, Madison George, Gabrielle Holmes, Brianna Houser, Addison Jenkins, Molly Kane, Dakota Karpinski, Alissa Kenwood, Nicholas Kenyon, Quang Le, Alex Lin, Ava Lipson, Sarah Marshall, Fiona McHugh, Marybeth Miller, Jaelynn Neal, Shaina Nguyen, William Oboh, Thomas Piette, Allison Prong, Julien Puttlitz, Abigail Richards, Shabnam Saini, Stefan Seidner, Abigail Sowles, Greta Stirling, Meghan Thompson, Bryleigh Tobin, Juliana Tomlinson, Dylan Tompkins, Sydney Vetere, Allyson Whelihan, Ian Wirtz, Jailee Young

10TH GRADE HIGH HONORS- Thorsten Andreasson, Taylor Barnaby, Morgan Brawley, Noah Carmona, Caiden Cassidy, Connor Cheeseman, Pheonix Clark, MariSol Costello, Nadja Dacres, Amelia Duprey, Aviana Fenton, Ethan Ferenc, Stella Fox, Caitlin Hallock, Aunika Higbee, Zoe Hirsch, Francis Kautzman, Molly Labrecque, Raymond LaChance, Mindy Lin, Linnea Lowell, Gwentyth Lynch, Kaitlyn McCullagh, Selena Molnar, Lily Niemi-Moskowitz, Nicole Norton, Miles O'Brien, Ilona Parrish-Russell, Felix Patrie, Gwen Peery, Mason Perry, Kieran Phillips, Kelsi Pratt, Aurora Proulx, Spencer Putnam, Athena Ralph, Jonah Recicar, Phoebe Richardson, Xavier Richardson, Trace Roach, Ava Robare, Sierra Santor, Sophie Schuyler, Benjamin Sherman, Harrison Shirk, Elena Solomon, Kamden Stewart, Mina Teske, Emily Thompson, Owen Towers, Molly Trivento, Keira Underwood, Mohini Vallabhaneni, Meili Winchester, Allison Winslow, Eva Youlen

11TH GRADE HIGH HONORS- Nathan Allard, Mason Alling, Emma Alter, Kawsar Anwari, Henry Bacon, Evan Baird, Aiyana Baldasty, Ryan Bevins, Ava Blaisdell, Sarah Bokelberg, Jeannine Bourassa, Sean Boyd, Anthony Brescia, Paxton Brigante, Jared Carnesale, Leah Cartwright, Annaliese Crook, Matthew Fournier, Ethan Gamelin, Owen Grenier, Abigail Hoag, Penelope Johnson, Covey Julien, Taylor Karpinski, Jack Kelley, Ryan Kerner, Jascha Kitchin, Jacobi Lafferty, Amanda Lajeunesse, Aaron Laquerre, Kaylyn Le, Keegan Lyman, Rowan MacArdle, Maeve MacAuley, Aiden McHugh, Trenten Mead, Liam Messier, David Morton, Stephane Mujomba, Quy Nguyen, Grace Robinson, Tyler Ryan, Jeremy Sowles, Jaden Sweeten, Owen Talbot, Tyler Thompson, Jacob Thon, Charles Walsh, Miles Watson, Chase Whelihan, Hanna Wilkins, Mia Williams, Leanne Winchester, Makenna Wirtz

12TH GRADE HIGH HONORS- Ryan Anderson, Abbey Archuleta, Isabella Basille, John Blair, Curtis Bourassa, Erin Boyd, Jason Brown, Thomas Buckley, Bryce Carey, Ian Cassidy, Aiden Charron, Ava Cobb, Logan Crocker, Ryan Dousevicz, Meayva Fitzpatrick, Maia Franchetti, Tyler Gibson, Anna Gordon, Bruno Guariglia, Michael Harrington, Carter Howe, Peyton Jenkins, Benjamin Knapp, Jonathan Labrie, Courtney Lai, Sydney Lemire, Emily Lovejoy, Joselyn Maldonado Benitez, Frank Marcou, Jennifer Martel, Maeve McCullagh, Emma McDonald, Prinsha Neupane, Kaya Nunan, Chloe Palmer, Ethan Piette, Damiano Port, Devon Ricker, Alaina Rolston, Connor Roy, Alex Rublee, Maggie Ryan, Destiny Savage, Kendall Spencer, Zoe Tarinelli, Clara Tarte, Ava Towers, Meghan Vesosky, Sally Zuk

9TH GRADE HONORS- Jude Abdo, Lauren Anderson, Jonathan Barrows, Macayla Bevins, Leah Blais, Laney Brisson, Meghan Brosky, Samuel Collins, Riley Corbo, Cayden Creamer, Garrett Crook, Leo Cruickshank, Cameron Dickie, Henry Donnell, Janosh Edelmann, Rylee Friend, Owen Fullerton, Helena Goodroe-Provost, Adeline Green, Laila Hamed, Addyson Hogan, Noah Jenkins, Alex Kababik, Nicholas Kilbride, Amelia Kostell, Seath Lalumiere, Zoe LeVasseur, Kaylie Lewis, Emma Litchfield, Elashia Madit, Isabella Maestas, Lucas McCabe, Madeline McHugh, Kayden Monnier, Ava Moore, Julia Morton, Rylee Murray, Nabeeha Nazmul, Reilly Oliveira, Sarah Palmer, Addison Paluba, Jayden Perreault, Aurianna Quintyne, Soniya Rai, Rishon Robenstein, Jack Robinson, Graeson Seissen, Kayden Sicotte, Vito Spano, Yangchyan Tamang, Sydney Varricchione, Avery Whalon, Eleanor Williams, Isabelle Winton

10TH GRADE HONORS- Nadheer Aldulaimi, Jacque Alfani, Emily Ashline, Trevor Asiimwe, Aurora Barella, Xander Berthiaume, Charlotte Bluteau, Madison Booska, Lee-Ann Burlingame, Mason Cardinal, Lillian Carr, Teivien Chau, Nicholas Chicoine, Ava Cifrian, Paige Codega-Ryan, Hanna Coughlin, Ava Dallamura, Zachary Davis, Joshna Dhaurali, Joseph Donerkiel, Tucker Farnham, Sydney Feltz, Ryan Feters, Danny Francis, Nicole Garneau, Zoe Gendron, Amna Halilovic, Addison Hawkins, Taylor Henry, Stephanie Huynh, Jonah Isham, Jayden Jarvis, Hailey Joseph-Young, Isaac Karlin, Anthony Klemm, Philip Lague, Jordan Lavoie, Adam Maher, Eric Merchant, John Meyer, Shane Mobley, Bradyn Murphy, Gavin Murphy, Madison Quigley, Brody Rassel, Lorelei Right, Lyla Rivers, Jacob Rodriguez, Benjamin Rolston, Marnie Russo, Kamron Salimi, Eastyn Savage, Eli Shirk, Kaine Than, Zoey-Anne Thibodeau, Noah Toof, Noah Vezina, Caleb Walters

11TH GRADE HONORS- Natalie Abair, Griffin Allen, Emma Bergeron, Megan Brooks, Marina Bushell, Shelby Cohen, McKenna Conrad-Pawlik, Katherine Cook, Breyona Craig, Shelby Dollmatsch, Andrew Edenfield, Joshua Emmons, Jamison Everson, Collin Fath, Aidan Flaherty, Grace Gagnon, Ryleigh Garrow, Hailey Gebicker, Emma Gonyo, Keegan Gray, Griffin Hayes, Seth Juenker, Cameron Katon, Raiyan Labeeb, Amber LaCroix, Loran Legacy, Hairuo Liu, Kyla Lumbra, Ian Maher, Emily Maynard, Benjamin Meller, Nathaniel Miller, Lucas Muir, Abinav Niroula, Theodore Odom, Ella Pecor, Erin Perry, Acadia Petrie, Emma Pratt-Johnson, Holden Richard, Benjamin Roper, Hunter Rounds, Leevi Saastamoinen, Meghan Savage, Laila Shawa, Arvid Stelzner, Caiden Strong, Anna Tarte, Adeline Trahan, Jasmine Weaver

12TH GRADE HONORS- Kaitlin Anderson, Evan Audette, Sunita Bhujel, Harlee Bissonette, Julien Buttolph, Myah Crocker, Riley Fitzgerald, Michael French, Vyson Huynh, Bella Jarvis, Gabrielle Joachim, Kai Kendrick, Gloria Kigonya, Draven LaPine, Siena Leang, Wyatt Luce, Owen Macomber, Vincent Madden, Braxton Marcotte, Joseph Maxfield, Justin Mulac, Upako Mulolo, Quan Nguyen, Connor O'Brien, Jonathan Paskevich, Austin Phelps, Spencer Plumb, Alexander Putzier, Lucas Raymond, Matthew Romeo, Cooper Seissen, Alexia Stubbing, Connor Sweeney, Theresa Thomason, Braeden Towle, Choudari Vallabhaneni, Bailee Viau

THE FOLLOWING COLCHESTER HIGH SCHOOL STUDENTS WERE AWARDED HONORS AT CENTER FOR TECHNOLOGY ESSEX FOR QUARTER ONE



Center For Technology, Essex “A” HONOR ROLL Quarter 1

Student Name

Mariah G Barrows
Walker Bertrand
Ryan C Bevins
Aiden D Charron
Teivien D Chau
Danny R Francis
Anna H Gordon
Isabella M Johnson
Cameron Katon
Siena S Leang
Emily Lovejoy
Joselyn Maldonado-Benitez
Frank D Marcou
Trenten A Mead
Xavier C Richardson
Devon E Ricker
Jeremy E Sowles

Home High School

Colchester High School
Colchester High School
Colchester High School
Colchester High School
Colchester High School
Colchester High School
Colchester High School
Colchester High School
Colchester High School
Colchester High School
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Colchester High School
Colchester High School

Program

Building Technology
Natural Resources - Forestry
Computer Animation
Automotive Technology
Pre Tech 2
Pre Tech 3
Cosmetology 1
Health Professions
Natural Resources - Forestry
Dental Assisting
Childhood Ed/Human Services
Cosmetology 1
Computer Animation 2
Building Technology
Pre Tech 2
Design and Creative Media
Building Technology

“B” HONOR ROLL Quarter 1

Student Name

Sunita Bhujel
Aiden D Brace
Myah(Isaac) R Crocker
Taylor J Henry
Anthony C Klemm
Alina A Lamphere
Draven C LaPine
Loran D Legacy Jr.
Ethan T Lovejoy
Eric J Merchant
Justin R Mulac
Benjamin Roper
Caiden B Strong
Jackson T Stypick
Shayne Wilber

Home High School

Colchester High School
Colchester High School
Colchester High School
Colchester High School
Colchester High School
Colchester High School
Colchester High School
Colchester High School
Colchester High School
Colchester High School
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Colchester High School

Program

Cosmetology 2
Building Technology
Computer Animation 2
Pre Tech 3
Pre Tech 1
Cosmetology 1
Comp. Systems Technology 2
Natural Resources - Mechanical
Building Technology 2
Pre Tech 1
Natural Resources - Mechanical
Comp. Systems Technology
Building Technology
Pre Tech 2
Building Technology



The SAT Registration Calendar 2021-22

SAT Test Date	Registration Deadline	Late Registration Deadline
August 28, 2021	July 30, 2021	August 17, 2021
October 2, 2021	September 3, 2021	September 21, 2021
November 6, 2021	October 8, 2021	October 26, 2021
December 4, 2021	November 4, 2021	November 23, 2021
March 12, 2022	February 11, 2022	March 1, 2022
May 7, 2022	April 8, 2022	April 26, 2022
June 4, 2022	May 5, 2022	May 25, 2022

Students can register at sat.org/register.

The late registration deadlines above are for paper registration.

Online and phone late deadlines are listed at sat.org/register.



National Test Dates in the U.S.

www.act.org for Additional Information

ACT Test Date	Registration Deadline	Late Registration Deadline
September 11, 2021	August 6, 2021	August 20, 2021
October 23, 2021	September 17, 2021	October 1, 2021
December 11, 2021	November 5, 2021	November 19, 2021
February 12, 2022	January 7, 2022	January 21, 2022
April 2, 2022	February 25, 2022	March 11, 2022
June 11, 2022	May 6, 2022	May 20, 2022
July 16, 2022	June 17, 2022	June 24, 2022

SKI & BOARD CLUB



Greetings Skiers and Riders!

I am extremely excited to announce that after a year off due to the Covid-19 pandemic, Ski and Board club is back! Barring any unforeseen changes, we will be hitting the slopes for four Thursday evenings in late February and early March, and although things will look a little bit different this year, the mission remains the same: to get out there and shred the gnar! Let's do this, Lakers!

If you would like to participate in Ski and Board Club this year, sign-ups will open on [this Google Form](#) on Thursday, December 16 at 5:30 pm and will remain open until all spots are filled. If we reach capacity before you are able to sign up, you may email jason.thime@colchestersd.org to be placed on a wait-list.

In terms of essential info for this year, specific dates will be during Bolton's third session, on Thursdays February 17, March 3, March 10, and March 17. We will depart right after school and ski from 3:30-7:30.

P.S. All of this info is also available on the [CHS Ski and Board Club Website!](#)



Concerts are Back (sort of!)

Band and Choral will have their concert on 12/17 at two different time slots. Only two people for each student will be able to attend but it will be live streamed on LCATV if you would like to enjoy it from the comforts of your home. One will be at 6:00 and the other at 7:30.

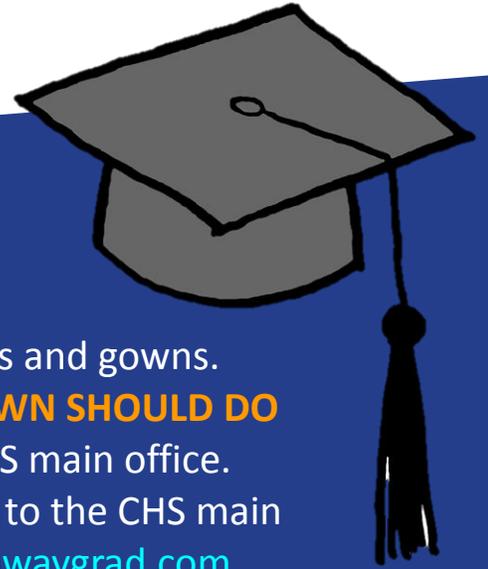
Thank you everyone who participated in the Krispy Kreme fundraiser!!! We appreciate your support.

We will not be meeting in December but look to join us January 11th at 6:30 in the CHS music room.

As always if you would like to make a donation so we may keep assisting our teachers in the Colchester Music Department please go to our website <http://www.friendsofcolchestermusic.com/> to donate via PayPal or send a check addressed to FCM to MaryFran Holly Chair 121 Buckingham Drive Colchester, VT 05446.

"Music is a more potent instrument than any other for education, because rhythm and harmony find their way into the inward places of the soul." – Plato

SENIORS



CAP/GOWN & DUES INFO:

Thank you to the many seniors who have ordered their caps and gowns.

STUDENTS WHO HAVE NOT YET ORDERED A CAP AND GOWN SHOULD DO SO AS SOON AS POSSIBLE. Extra order forms are in the CHS main office.

Cap/gown/tassel order forms and dues should be returned to the CHS main office. Cap/Gown orders can also be placed online at Northwaygrad.com.

Senior Dues can be turned in to Gabby Brooks in the main office. Senior dues are \$20 and cover the cost of the class gift, flowers, and other costs associated with graduation.



STUDENT DEBT

Please remember that it is your student's responsibility to keep track of any outstanding debt (lost books, parking fines, or damage to equipment) that he or she might have. If you are unsure whether your child has any debt, feel free to contact Hope Renadette, bookkeeper at Colchester High School 264-5702 or Hope.Renadette@colchestersd.org

BUY YOUR YEARBOOK NOW!

There are two ways to order a yearbook:

1. Use your credit or debit card to pay online at www.jostens.com.
2. Write a check made payable to CHS, and submit it to Ms. Gagne's mailbox in the main office along with an order form (available in the main office). Seal it in an envelope and clearly label your name. **Sorry, we are no longer accepting cash for yearbook payment.**

You can order your yearbook starting on August 1st, 2021 for \$75. We will be accepting orders until June 11th, 2022. If you don't pre-order a yearbook we only order 20 extras - don't let your student miss out on this amazing publication! Order your yearbook now!

Please visit the CHS Yearbook website for more information (CHS Website >Other resources >Resources >Yearbook).



PROJECT GRADUATION

COLCHESTER HIGH SCHOOL

CLASS OF 2022

Project Graduation is a substance free celebration for graduating seniors on the night of graduation and will be held the night of June 11, 2022. The event is sponsored by local businesses and fundraising. The event is not sponsored by the school and is a separate entity made up of parents of graduating seniors.

Meetings: 1st and 3rd Monday starting November 15th

Email: Make sure you are on our email list - if you are not getting our emails and would like to, send a request to projectgradplan2022@gmail.com

Upcoming Events:

- We are in the process of planning multiple fundraising events in order to raise money for Project Grad. These include:
 - Calcutta
 - Blue Jean Ball
 - Comedy Divas
 - MacBook Raffle
- Here's your chance to have some fun and raise money for your Project Graduation. Sign up to work for a four hour shift and VT Teddy Bear Co will donate money to Project Grad in place of your pay. Adults will join along in the fun but also be present as supervisors for the students throughout the shift. Sign up [here](#)
- We still have open spots on our committees. These committees will meet outside of our Monday night meeting and the committee chair will report back to the full group. If you would like to be part of a committee please email Project Grad and let us know. The committees include: Registration/Security, Food, Entertainment, Transportation, and Gifts and Raffles.
- All of the fundraising events and the planning for Project Grad are organized by Parent Volunteers. Please consider volunteering to ensure these events happen.

Other ways to support Project Grad:

- Please join our Facebook page - Colchester High School Project Grad 2022
- Seaway car wash is accepting donations on behalf of Project Grad when you wash your car - support this local business and tell your friends and neighbors!
- Drop bottles and cans for redemption at Cap 'n Cork - 164 Porters Point Road and donate to Project Grad 2022
- We have also created a GoFundMe page that you can donate to and please share with any contact you may have. [GoFundMe 2022](#)
- If you have personal connections with any businesses, we are looking for donations of cash, merchandise, services and/or gift certificates. These donations from businesses or families would be raffled off at events, such as a silent auction. Donations can be made to CHS Project Graduation, a 501(c)(3) nonprofit organization and are tax deductible as allowed by law.
- If you would like to make a tax deductible donation to Project Grad make a check out to **CHS Project Graduation 2022** and mail it to:
Colchester High School
Attn: Project Graduation
PO Box 900, Colchester VT 05446



ACTIVITIES & ATHLETICS

Greetings Laker Nation,

With the winter sports season officially underway, I want to take this opportunity to highlight a few important expectations for the 2021-2022 season.

Spectators will be allowed for all athletic events! **Masks are required for all spectators and must remain on at all times, regardless of individual vaccination status.** Please leave space between your family and others. We will monitor gym capacity and may limit ticket sales for larger events. Contact tracing for spectators will be done by the Vermont Health Department, and we strongly encourage that you take note of the section of the gym or other athletic venue you are in. If protocols are not followed, future events may need to have a limitation on spectators or no spectators at all.

Community members attending competitive events can also expect to hear a statement read aloud reminding participants and spectators that Vermont law requires learning environments free from hazing, harassment and bullying of any kind. This is especially true with respect to a person's race, gender, sexual orientation, religion, national origin, ethnic differences, or disability. Under no circumstances should any students, judges, officials, or coaches be subjected to behavior and/or language aimed to demean, disrespect or harm.

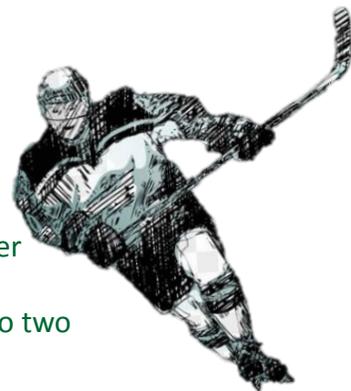


Our spectators can expect that if behavior or hate speech of this kind is observed and/or reported at a competitive event that the officials will stop the event immediately to meet with the coaches and the site administrator about the next course of action. Possible outcomes of violating this expectation range from immediate ejection from the event, ending the event early, forfeiture, rescheduling the event or future events without fans. Sportsmanship and a safe environment are a top priority for all Vermont school-sponsored activities. Thank you to our entire community for helping ensure the highest levels of respect and safety for all.

For a complete listing of all CHS athletic events, please click [here](#). I look forward to seeing you at one or more of these events. Go Lakers!

Mark E. Ellingson, CHS Activities & Athletics Director

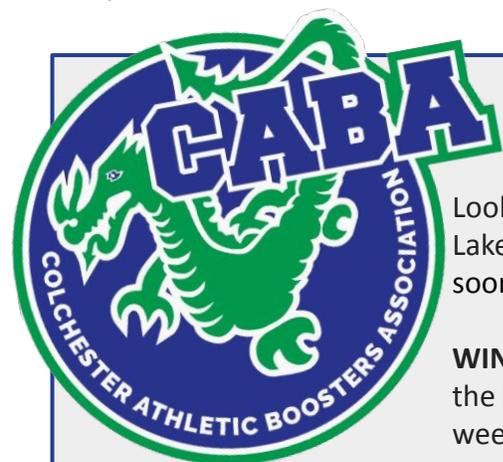
HOCKEY BOOSTERS



The arrival of cold weather means that HOCKEY SEASON is right around the corner! Come support the Boys team at our 21st annual Beech Tournament December 15th and 16th. Schedule: Rice vs Burlington 5:30 December 15th. Colchester vs CVU 8:00 December 15th. Consolation Game 5:30 December 16th. Championship Game 8:00 December 16th. In lieu of charging admission fees the CHS hockey team will be collecting items to donate to two local charities, COTS and the LUND center.

Recommended donation items include:

New bath towels, wash cloths, Gift cards for basic needs (amounts of \$5-25 for grocery, clothing, shoes, pharmacy, gas), New/Unopened toiletries (shampoo, conditioner, soap, razors, toothbrushes, deodorant, foot powder, lotion, baby wipes, sunscreen, pads, tampons, etc.), New/Unopened cleaning products (disinfecting wipes, all-purpose cleaner, glass cleaner, paper towels, dish soap, sponges, laundry detergent, dryer sheets, laundry baskets), New hats and gloves for adults or kids, New winter coats and snow pants for kids, Hand warmers, New socks, Bowls & Cups, Powdered infant formula (i.e. Enfamil, Similac), Diapers, Baby wipes, Cough drops, Art supplies: drawing pencils, markers, drawing paper, coloring books, Children's books, Board games or cards, CASH Members of the CHS Lakers Hockey team will deliver the donated items to each charity. Cash donations will be used to purchase requested items and/or a financial donation will be made.



Hard to believe it is already December and the beginning of Winter Sports! Looking forward to a good season for all of our Winter athletes!

Looking for holiday gifts? Check out the CABA apparel store for gift ideas for your Laker! All orders will need to be picked up at Joann's in Colchester so be sure to order soon for the holidays! [CHS CABA online store](#).

WINTER BALL - CABA will host the Winter Ball on **Sunday January 16th 7-10pm** at the Delta Hotel on Williston Rd in South Burlington. Look out for ticket sales the week of January 3rd!!

Looking for something fun to do that also benefits CABA? Spanked Puppy will be doing **Bingo and Brunch** the first Saturday of the month starting with this Saturday December 4th 10am-1pm. And stay tuned for more details of the Calcutta to benefit CABA at the Spanked Puppy on **February 5th**.

CABA meets on the second Tuesday of every month. Please join us at our next meeting on Tuesday December 14th. Anyone interested can email chscaba@gmail.com if they would like to attend the next meeting and/or if they have any questions about becoming part of CABA.

What does CABA (Colchester Athletic Boosters Association) do for Colchester High school sports?

CABA purchases uniforms for Cross Country, Field Hockey, Golf, Soccer, Alpine Skiing, Basketball, Dance, Nordic Skiing, Baseball, Lacrosse, Softball, Tennis and Track and Field. CABA also helps buy essential equipment and invests in large scale projects. These are expenses that are not covered by the school budget with tax revenue. All CABA apparel purchases help support this mission.

Parents, grandparents, friends and athletes are all welcome to volunteer with CABA.

- E-mail chscaba@gmail.com with any questions or to volunteer.
- Follow CABA on Facebook at <https://www.facebook.com/CABAVT/> or on Instagram
- Sign up at <https://smile.amazon.com/>. Pick Colchester Athletic Booster Association Inc, and a portion of your sales will be donated right back to CABA.

PARENT/ CAREGIVER SUPPORT OPPORTUNITY!

CHS partners with Centerpoint to provide consultation opportunities for parents and caregivers . Parents are invited to reach out to Danielle Jatlow, LICSW, LADC, Centerpoint Program Director, to discuss adolescent health and wellness, ask questions, enhance developmentally-matched parenting skills and strategies, learn about community resources, or to just have a space to share .

FOR MORE INFORMATION OR TO MAKE AN APPOINTMENT,
PLEASE CONTACT :

DANIELLE JATLOW , LICSW, LADC
CENTERPOINT PROGRAM DIRECTOR
802-777-5932

DANIELLEJ@CENTERPOINTSVCES.ORG



You can make **CHANGES!** And we'll help you get there.

CHANGES is a program that provides support for any student who would like to focus on issues of emotional well-being, mental health and wellness, substance use, or the life stressors that can emerge throughout the high school years.

Changes can support students to make healthier decisions and address challenges in their lives by:

- Increasing their awareness of their thoughts, feelings, and behaviors
- Building new skills and strategies for managing life stressors
- Becoming more informed, active, and responsible in their own decision making

If you would like to access support through the CHANGES program:

You can speak with Director of Student Support Services Jean Shea, 802-264-5714, or your School Counselor. We look forward hearing from you!

CHANGES is facilitated by Amy Jensen, MSW. Amy is a Social Worker with specialized expertise in working with teens, young adults, and families. Amy is a Clinician at Centerpoint and partners with Colchester High School to provide on-site, school-based screening, brief intervention, skills work, referral to services and supports, and family support as well. You can contact Amy Jensen for information at: 802-488-7717 or by email at

AmyJ@Centerpointservices.org





We have some fantastic STEM enrichment programs for students coming up! All programs are FREE, registration is required.

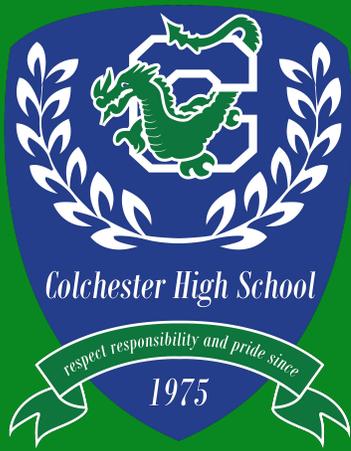
- Dec 4 - **UVM STEM Ambassadors Present: A STEM Showcase**
 - Animal Science and Why We Need Vets: Pets, Vets and Germs - Oh My!
 - Everyday Engineering: Let's Build!
 - Sustainable Polymers: Making Bioplastics
 - Food Science: Know What You Put In Your Body!
 - Let's GO Build Robots!
- Dec 14 - **Teen Science Cafe (virtual)**, Digital Phenotyping; Leveraging Machine Learning, Statistics, and Creativity to Model Human Health

Learn more about these programs and register at:

<https://www.uvm.edu/extension/youth/announcements>

And **SAVE THE DATES!!** More information will be available soon.

- Feb 3 - next session of **4-H World Changers: Learn to Code** will begin. Participants will learn Python!
- Feb 12 - **Discover Engineering**, a full day event with workshops at UVM to promote the field of engineering and help youth understand different pathways they can take to pursue a future as an engineer.
 - *And we will be offering several other engineering opportunities in February in celebration of National Engineering Week which takes place at the end of the month. Stay tuned!*
- **VTeen 4-H Science Pathways Cafes** will happen on the following dates, topics to be announced soon: Jan 11 (V), Jan 22 (I), Feb 5 (I), Feb 22 (V), Mar 19 (I), Mar 22 (V), Apr 9 (I), Apr 26 (V), May 17 (V) V=virtual, I=In-Person
- And more programs will be announced soon!



COLCHESTER HIGH SCHOOL

EXCELLENCE & EQUITY

IN A CLIMATE OF RESPECT, RESPONSIBILITY & PRIDE

We engage in
DIVERSE LEARNING EXPERIENCES
rooted in relationships,
relevance, rigor, and shared
responsibility.



We demonstrate
RESPECT & COMPASSION
for ourselves, one another,
and our school.



We create
SAFE SPACES
where all Lakers can thrive.

We
WORK TOGETHER
to build on one another's
strengths and perspectives.



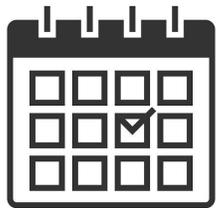
We cultivate a
STRONG & CONNECTED COMMUNITY
that respects and celebrates
all Lakers.



We empower all Lakers to
use their voice, pursue their
aspirations and be
ACTIVE & ENGAGED
members of our community.

Colchester High School
131 Laker Lane
P.O. Box 900
Colchester VT 05446

Phone: (802) 264-5700
Fax: (802) 264-5757



CALENDAR OF EVENTS

December:

- 1 TL Mtg. 2:40P
- 2 Faculty Mtg. 2:40P
- 4 SAT Test Date
- 4 Speech & Debate Tournament 9A-3P
- 6 Dept. Mtg. 2:40P
- 7 GLA Mtg. 2:40P
- 7 School Board Mtg. 7P
- 8 TL Mtg. 8:42A
- 8 Early Release
- 11 ACT Test Date
- 13 PDC Mtg. 2:40P
- 15 TL Mtg. 2:40P
- 16 Faculty Mtg. 2:40P
- 17 Band & Chorus Winter Concert
6:00/7:30P

December:

- 20 Dept. Mtg. 2:40P
- 21 School Board Mtg. 7P
- 22 TL Mtg. 9:43A
- 23-31 Holiday Recess

January:

- 3 Dept. Mtg. 2:40P
- 4 School Board Mtg. 7P
- 5 TL Mtg. 2:40P
- 5-6 Tribute Speeches 6:30P
- 7 End Quarter 2
- 7 ACT Registration Due for Feb. 12 Test
- 10 PDC Mtg. 1-4P
- 10-14 Midterm Exams
- 12 TL Mtg. 12:45-2:45P
- 13 Faculty Mtg. 1-3:30P
- 18 Start Quarter 3
- 18 School Board Mtg. 7P
- 19 TL Mtg. 2:40P