

## VIEW

### Attention 8th Grade Parents & Students!

Welcome to Colchester High School! Every year in January we hold our annual 8th Grade Open House. This evening is the first formal step that we take to transition students in the CHS Class of 2025 into our school.

Colchester High School's 8th Grade Open House is designed to welcome parents/caregivers and students to CHS. During the event you will learn about our school philosophy, course offerings, and meet some of our faculty.

Our plan is to hold our 8th Grade Open House virtually this year (a webinar) with the hope of bringing the 8th graders to CHS at some point in the spring should we be able to do this safely.

**Please join us for Colchester High School's Annual 8th Grade Open House on Thursday, January 21st at 6:30pm. We will send more details about the evening and a webinar link in mid-January.**

We strongly encourage all 8th grade parents/caregivers and students to attend the 8th Grade Open House webinar. We look forward to meeting our future parents and students.

### 2020-2021 Registration Begins!

During the month of January, every Colchester High School teacher will be speaking with your student and recommending to them potential courses for next school year. Current CHS students will register during the month of February during Homebase. Students who currently attend Burlington Technical Center or Essex Technical Center as well as our virtual students will also register for classes during the month of February through their guidance counselor.

At the end of March CHS will mail home a listing of courses that your student has requested. We ask that you review their list of courses, and please call CHS if you have any concerns. The student's schedule for 2021-2022 will be distributed during the summer. If you have any questions regarding the CHS registration process please call guidance at 264-5713.

See the next few pages for important information about winter sports and semester two.

Warmly,  
Heather Baron



## NEWS INSIDE

- 8th Grade Open House
- Q3 and Semester 2 Info
- Activities & Athletics
- 9th/10th Grade Tech Opportunities
- The Health Office Links
- Scheduling 2021-2022: Program of Studies & Registration
- Science Classes for 2021-2022
- Junior College Nights
- Library Update
- Senior Information
- Project Grad
- Parent/Caregiver Support
- Colchester Community
- Monthly Calendar

# QUARTER 3 AND SEMESTER 2 DROP/ADD

**It's hard to believe, but we are almost at the halfway point for the 2020-2021 school year! The start of Quarter 3 and Semester 2 is January 28th. Most students will have significant schedule changes, as all 0.5 credit and 1.0 credit classes will change over.**

As a reminder students may view their schedule online at any time through the Powerschool student portal. If you would like a paper copy of your schedule, your HomeBase teacher will have one for you when you return from December break.

Guidance will begin to schedule appointments starting **Thursday, January 7** for drop/add. Appointments are limited and are scheduled on a first come basis to the schedule listed below. Appointments are made by coming into guidance or by calling Ms. Ward directly at 264-5713. *Please do not leave a message requesting a time as appointments are limited. Please call back until you get a live voice.*

## January 12-February 2

Tuesday, January 12

Thursday, January 14

Friday, January 15

Tuesday, January 19

Thursday, January 21

Monday, January 25

January 26-February 2

## Drop/Add for second semester:

Senior class drop/add

Senior class drop/add

Junior class drop/add

Junior class drop/add

Sophomore/Freshman drop/add

Sophomore/Freshman drop/add

All classes drop/add

Please note that most appointments will be scheduled virtually. Upon the scheduling of your appointment Ms. Ward will ask for a student's cell phone as the counselor may need to call your student to remind them of their appointment. Additionally, Ms. Ward will email the student with a link to a google meet or zoom for the appointment. In the rare event there is a face to face appointment, students and counselors will wear facial coverings, maintain physical distancing and use hand sanitizer prior to entering and leaving the office space. In addition, surfaces will be wiped down in between each visit. In order to avoid congestion in the guidance office, students should plan to arrive promptly at their scheduled time.

## Please note:

- All students must carry a minimum of 3.0 credits and must have at least 3 out of 4 class periods filled.
- Students are expected to go to and remain in a class until the student has been notified by guidance that the change has been made.
- No change will be made based on teacher preference.
- Second semester Driver's Education has not been added yet. Guidance will contact students prior to the start of drop/add with that information.



## ACTIVITIES & ATHLETICS

Governor Phil Scott has officially given the green light for most winter sports to begin practicing with safety precautions in place.

We are excited to start the 2021 winter sports season with a **REQUIRED parent and student-athlete meeting** this **Thursday, January 7, 2021 at 6:30 p.m.**

This meeting will be virtual and can be accessed by clicking [here](#).

In-person practices will begin **Friday, January 8, 2021**. All athletes must be cleared on Rank One prior to their first practice. You can access the Rank One registration link [here](#).

You can also review the most recent edition of the VPA's Guidelines linked [here](#).

Mark Ellingson,  
CHS Activities & Athletics Director

## ATTENTION CHS FAMILIES OF 9TH AND 10TH GRADE STUDENTS!

As you begin to think about your academic program for next year you may want to consider attending one of our Technical Centers. The Center for Technology at Essex (CTE) offers programs to students entering 10th, 11th and 12th grade while the Burlington Technical Center (BTC) offers programs to students entering 11th and 12th grade. Students who attend CTE typically attend a full day while students at BTC attend a half day.

This year CTE and BTC will be offering informational videos and virtual tours to interested students and families. Once we have their videos and you have determined you would like to tour CTE or BTC please visit Patty Ward in our guidance office who will help sign you up for a virtual tour. Again, once we have links to their videos we will make those available to you. In the meanwhile, please check out their websites which are filled with helpful information.

[Center for Technology at Essex website](#)

[Burlington Technical Center](#)

# DEAR CHS FAMILIES,

It is hard to believe, but yes, we are already beginning to sign students up for courses for next school year! Below we have outlined the timeline and process for 2021-2022 course requests.

The intent of this document is to outline for you how students will register for classes and what role homebase teachers have registering students.

You will see in our timeline that homebase teachers will guide students through multiple homebase sessions.

The time in HB is designed to provide the “thinking” time for course selection, while the electronic registration process is the mechanical component to registering for classes. We would like to thank all of our CHS teachers for providing the structure and support to our electronic registration process.

Thanks,

Heather Baron  
Jean Shea



## SCHEDULING 2020-2021

**Lakers: January 25, HB: Program of Studies and Talking Points:**  
**Champs: January 28 HB: Program of Studies and Talking Points:**  
*The purpose of this is to provide time for students to read and review the CHS Program of Studies.*

During this Homebase teachers read and review with students “Talking Points” from each department area. The talking points highlight key points that students need to know about each department’s course catalog.

**Lakers: February 1: HB: 4 Year Credit Check and A/B Day Grid:**  
**Champs: February 4: HB: 4 Year Credit Check and A/B Day Grid:**  
*The purpose of this HB is to give students the opportunity to review their CHS transcript.*

Reviewing the transcript is important for two reasons: it allows us to catch computer errors, as well as reminding students of what they have already taken. As students review their transcript they will work with their Homebase teacher to complete the 4 year credit check form. It is very important that students have time to review the transcript and complete this form prior to course registration as it helps your student determine what courses to take for the following year.

**Lakers: February 8: HB: Registration (PAPER)**  
**Champs: February 11: HB: Registration (PAPER)**  
*The purpose of this HB is to have students sign up for next year’s classes on a paper form.*

The paper forms are designed to make the online registration easier. It also provides think time to students so that when they are ready to electronically sign up the process is more efficient and accurate

**Lakers: February 15: HB: Registration (Electronic)**  
**Champ: February 18: HB: Registration (Electronic)**  
**Electronic Registration:**

Please note that students will register electronically for classes during the third week in February. You will be able to view their course requests in Parent Portal. You will NOT be able to see the students ACTUAL schedule until they are mailed home this summer by guidance.

Any student who is absent will be registered by a guidance counselor. All students who attend one of our technical centers or are a virtual learner will be registered by their school counselor virtually during the month of February.



# What Science Classes Should I take in 2021-2022?

It's that time of year again to start planning your courses for next school year!

## If you are currently in a Science class 2<sup>nd</sup> Quarter:

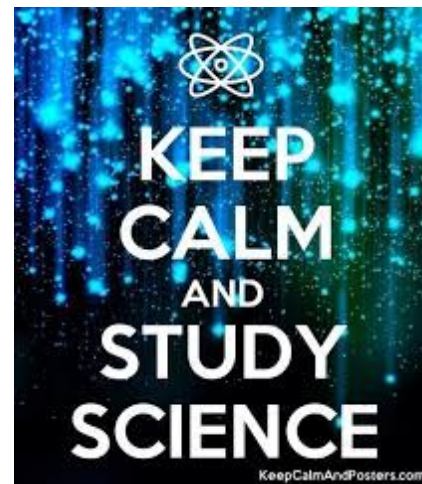
Freshmen, sophomores, and juniors who are currently enrolled in a science class during Quarter 2 will with their science teacher in January review classes and have an individual conference about their options for next year's science courses.

## If you are not currently in a Science class 2<sup>nd</sup> Quarter:

Freshmen, sophomores, and juniors who don't have a science class until Quarter 3 or Quarter 4 or students who are **fully virtual** this year will receive an **email January 6<sup>th</sup>** with:

- A video overviewing courses ([Current Grade 9](#), [Current Grades 10 and 11](#))
- The CHS [Program of Studies](#)
- A **Google Form survey** to be **completed by January 15th** that inquires about course interests and whether a student wishes to conference with a science teacher

Families and students with questions not addressed in the video or program of studies may contact Marijke Reilly, Science Team Leader [marijke.reilly@colchestersd.org](mailto:marijke.reilly@colchestersd.org). Please put Course Selection in the subject line.



## NEWS FROM GUIDANCE

### RESOURCES

Make sure to check out the "Counseling Page" on the CHS website for more resources and updates. Don't forget to regularly check the PLP Board for job, volunteer, and leadership opportunities. \*disclaimer: these opportunities are not necessarily endorsed by the school, but are available in the community.

PLEASE JOIN US FOR THE **TWO JUNIOR COLLEGE NIGHTS** IN JANUARY AND FEBRUARY:

**Night #1** - Thursday, January 28th;  
7:00-8:00 PM on Zoom\*\*

**Night #2** - Thursday, February 11th;  
7:00-8:00 PM on Zoom\*\*

\*\*Links will be shared closer to the date of the event.

# HAPPENINGS AROUND CHS...

**Pictured:** Spanish II and V students created *Hojalatas Mexicanas* - or tin art, by molding inexpensive, readily available tin (ie soda cans) into elegant, delicate works of art.



## ¿Qué pasa in the World Languages Department?

Congratulations to 6 CHS winners of the 2020 Vermont Foreign Language Association's Essay Contest. Students independently responded to Edmund de Waal's quote "*With languages, you are at home anywhere*".  
Intermediate (Spanish 3: 2019-2020)

1. **Prinsha Neupane**
2. **Thomas Buckley**
3. **Maggie Ryan**

Pre-Advanced (Spanish 5, 2020 graduates)

1. **Graham Bertoni**
2. **Zakir Beridze**
3. **Kyle Abbott**

## USEFUL LINKS FOR FAMILIES

The CHS Guide to Operations and Procedures

The CHS Guide to Teaching and Learning

Weekly Learning Plans

**REMINDER**

Wednesday,  
February 3rd is an  
Early Release Day



# A NOTE FROM THE CHS LAKERS LIBRARY

WE'VE GOT FRIENDLY SMILES AND GREAT CONVERSATION.	IS THE LIBRARY OPEN?	We've got books.
	<b>YES!</b>	We've got digital resources.
No appointment necessary.		Visit us today! 

## Research Projects? No problem!

Research projects are heating up as we head into the second half of the school year. Our Research Tips & Tricks page has you covered... from information on what types of resources are available, to skills-building resources and videos to help you create the best finished product.

Take a look at our [research page](#) and our [tips & tricks page](#).

## Leisure reading? We've got a book for that!

The [books and reading](#) section of our website is full of great resources to help you find your next read. Take a look at the new [spotlight lists](#) to get some ideas by genre, or use the [book recommendations](#) page to get personalized book lists and suggestions. Need digital e-books or audiobooks? Find them [here](#). And of course, pop in any time to browse and check out books in person, or peruse the [Library catalog](#) and [request books](#) remotely from the comfort of your own device.

Hope to see you soon—happy reading!



## Many Resource Types

But which one to use?

### Print Resources

We're mainly talking about books here.

#### Benefits of print resources:

- Text features make them easy to use, easy to navigate
- Reference materials have gone through extensive research, evaluation, and editing so you can be more confident in what they're telling you.



### Databases

Databases are curated collections of articles from popular and scholarly works as well as artifacts such as images, videos, and audio files.

#### Benefits of databases:

- They allow you to search through thousands of publications all at once
- Features include links to related resources, additional search term options, and listening and citation features



### Web-based/Online Resources

This is where we're looking at websites, blogs, and other content available on the internet.

#### Benefits of online resources:

- An online search can easily yield a large list of results (this can be a blessing and a curse)
- Good web resources can quickly point you or link you to additional resources

**NOTE:** It's very important to evaluate web-based resources for accuracy and credibility.

Remember, anyone can make and post a website!

**Pro tip:** Use an academic search engine for better results.



### Primary Sources

You can find primary sources online, in print resources, or in our Library databases. Primary sources are things like first-hand accounts (letters, diary entries, historic photographs, etc.) as well as things like original study findings.

#### Benefits of primary sources:

- These kinds of resources can add important context and a range of perspectives to your research

### Interviews

Interviews are a great kind of primary source. Depending on your research topic, you may find that there are experts in the field or people who lived through a particular time or event who are willing to chat with you and answer some of your questions.

#### Benefits of interviews:

- First-hand knowledge is hard to beat
- Ask your follow-up questions and get answers in real time



# 2021

Thank you to the many seniors who have ordered their caps and gowns. **Students who have not yet ordered a cap and gown should do so as soon as possible.** If you have any questions about the ordering process, please reach out to one of the Senior Advisors, Mr. Richey ([Jeffery.Richey@colchestersd.org](mailto:Jeffery.Richey@colchestersd.org)) or Mr. Perry ([Thomas.Perry@colchestersd.org](mailto:Thomas.Perry@colchestersd.org)), or Gabby Brooks ([Gabrielle.Brooks@colchestersd.org](mailto:Gabrielle.Brooks@colchestersd.org)) in the main office.

Cap/Gown orders can be placed online at [Northwaygrad.com](http://Northwaygrad.com), and Senior Dues can be turned in to Gabby Brooks in the main office. Click [HERE](#) for the video directions and walkthrough on the ordering process.

## PROJECT GRADUATION

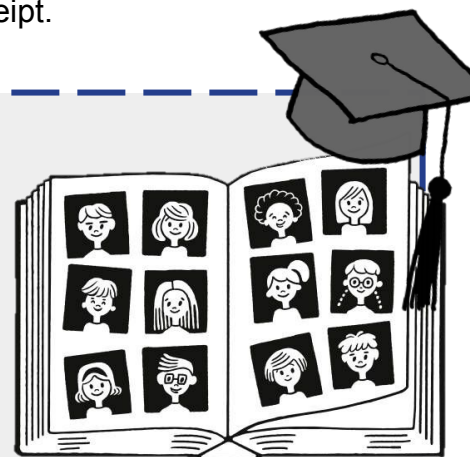


- What:** The senior class has a substance free celebration.  
**When:** The night of graduation June 12, 2021  
**Where:** TBD  
**Why:** To give the class of 2021 one last time to be together and celebrate  
**How:** Fundraising with the help of the class of 2021 parents. One opportunity is to drop your bottles at Cap N Cork 164 Porters Point Rd.
- Meeting:** First Tuesday of each month virtually  
**Join on your computer or mobile app**  
[Click here to join the meeting](#)  
**Or call in (audio only)**  
+1 802-489-6040,,605256556# United States, Burlington  
Phone Conference ID: 605 256 556#
- Please join us to plan this great night for our class of 2021! You can join our Facebook page CHS Class of 2021 Project Graduation for updates.
  - If you have ideas for fundraising but can't make the meeting please use this [Google Form](#)
  - If you would like to make a tax deductible donation to Project Grad, please send it to CHS addressed to Project Grad. We will send you a receipt.

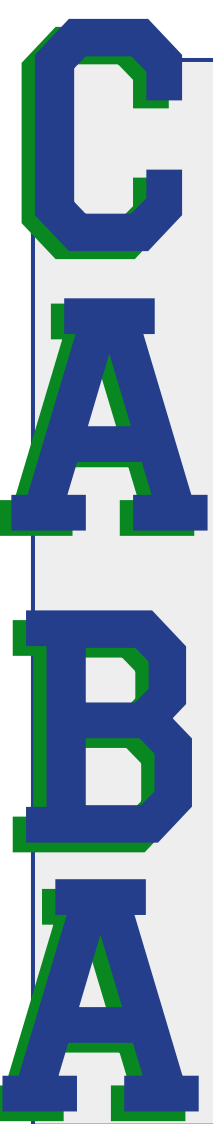
## Buy your yearbook now!

There are two ways to order a yearbook:

1. Use your credit or debit card to pay online at [Josten's website](#).
2. Write a check made payable to CHS, and submit it to Ms. deLaricheliere's mailbox in the main office along with an [order form](#). Seal it in an envelope and clearly label your name. **Sorry, we are no longer accepting cash for yearbook payment.**



**Yearbooks cost \$75.** We will be accepting orders until June 11th, 2021. If you don't pre-order a yearbook we only order 20 extras -- don't let your student miss out on this amazing publication!  
Order your yearbook now!



Happy New Year Lakers! Here's hoping 2021 is a great year filled with sports including snow for the skiers!

Be sure to visit our online store at <https://chscaba.itemorder.com/sale> to order Laker gear!

This link can also be found on the CHS Athletics page or under the Activities CABA tab.

**What does CABA (Colchester Athletic Boosters Association) do for Colchester High school sports?** CABA purchases uniforms for Cross Country, Field Hockey, Golf, Soccer, Alpine Skiing, Basketball, Dance, Nordic Skiing, Baseball, Lacrosse, Softball, Tennis and Track and Field. CABA also helps buy essential equipment and invests in large scale projects. These are expenses that are not covered by the school budget with tax revenue. All CABA apparel purchases help support this mission.

Parents, grandparents, friends and athletes are all welcome to volunteer with CABA.

- E-mail [chscaba@gmail.com](mailto:chscaba@gmail.com) with any questions or to volunteer.
- Follow CABA on Facebook at <https://www.facebook.com/CABAVT/>
- Sign up at <https://smile.amazon.com/>. Pick Colchester Athletic Booster Association Inc, and a portion of your sales will be donated right back to CABA.

#### CABA's Mission

- Provide supplemental financial and material support for the Athletic Programs at Colchester High School.
- Dedicated to enriching the Athletic Program at Colchester High School through the promotion of school spirit and good sportsmanship.
- Reinforcing the values and virtues of the LAKERS as Loyal, Able, Knowledgeable, Enthusiastic and Responsible Students

## FROM THE IT DEPARTMENT

*Per our device contract, any student that loses their adapter will need to replace the adapter. Adapters can be purchased from the district for \$25, or families can buy one online. If families need help purchasing the correct adapter, they can email [helpdesk@colchestersd.org](mailto:helpdesk@colchestersd.org), someone will help them as soon as they can. Please include in the email, the barcode of the device your student is using. The barcode can be found on the back of the device.*



## NEWS FROM THE HEALTH OFFICE

[Virtual Health Office](#)

[Blog](#)

[Health Website](#)



# PARENT/ CAREGIVER SUPPORT OPPORTUNITY!

CHS partners with Centerpoint to provide consultation opportunities for parents and caregivers . Parents are invited to reach out to Danielle Jatlow, LICSW, LADC, Centerpoint Program Director, to discuss adolescent health and wellness, ask questions, enhance developmentally-matched parenting skills and strategies, learn about community resources, or to just have a space to share .

FOR MORE INFORMATION OR TO MAKE AN APPOINTMENT,  
PLEASE CONTACT :

DANIELLE JATLOW , LICSW, LADC  
CENTERPOINT PROGRAM DIRECTOR  
802-777-5932

[DANIELLEJ@CENTERPOINTSVCES.ORG](mailto:DANIELLEJ@CENTERPOINTSVCES.ORG)



# You can make **CHANGES!** And we'll help you get there.

CHANGES is a program that provides support for any student who would like to focus on issues of emotional well-being, mental health and wellness, substance use, or the life stressors that can emerge throughout the high school years.

Changes can support students to make healthier decisions and address challenges in their lives by:

- Increasing their awareness of their thoughts, feelings, and behaviors
- Building new skills and strategies for managing life stressors
- Becoming more informed, active, and responsible in their own decision making

## **If you would like to access support through the CHANGES program:**

You can speak with Director of Student Support Services Jean Shea, 802-264-5714, or your Guidance Counselor. We look forward hearing from you!

CHANGES is facilitated by Amy Jensen, MSW. Amy is a Social Worker with specialized expertise in working with teens, young adults, and families. Amy is a Clinician at Centerpoint and partners with Colchester High School to provide on-site, school-based screening, brief intervention, skills work, referral to services and supports, and family support as well. You can contact Amy Jensen for information at: 802-488-7717 or by email at

[AmyJ@Centerpointservices.org](mailto:AmyJ@Centerpointservices.org)





## CSD Family Nights

### CSD FAMILY NIGHTS

A chance for families to connect with community experts on a variety of topics. The 4th Tuesday of the month from 6:30 pm - 8:00 pm via Zoom.

The Colchester School District is hosting monthly virtual Family Nights with local experts covering a variety of topics including resilience, anxiety, fostering connections, and promoting independence in children. The next Family Night is "Safe and Sound", hosted by Gillian Boudreau on November 24th. She will focus on fostering a connection during difficult times to support resilience with children on the spectrum. Click [here](#) to view the full flyer which includes zoom links to the upcoming and future presentations.

## Parks & Recreation

Our digital winter brochure is available on our website [colchestervt.gov/recreation](http://colchestervt.gov/recreation) and registration is open!

### COLCHESTER PARKS & RECREATION WINTER 2021 ACTIVITY GUIDE

January • February • March • April • May



*"Optimizing the Experience of Living"*







# COLCHESTER HIGH SCHOOL

## EXCELLENCE & EQUITY

IN A CLIMATE OF RESPECT, RESPONSIBILITY & PRIDE

We engage in  
**DIVERSE LEARNING EXPERIENCES**  
rooted in relationships,  
relevance, rigor, and shared  
responsibility.

We demonstrate  
**RESPECT & COMPASSION**  
for ourselves, one another,  
and our school.

We create  
**SAFE SPACES**  
where all Lakers can thrive.

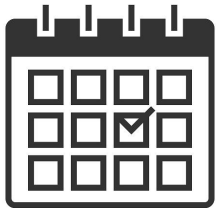
We  
**WORK TOGETHER**  
to build on one another's  
strengths and perspectives.

We cultivate a  
**STRONG & CONNECTED COMMUNITY**  
that respects and celebrates  
all Lakers.

We empower all Lakers to  
use their voice, pursue their  
aspirations and be  
**ACTIVE & ENGAGED**  
members of our community.

Colchester High School  
131 Laker Lane  
P.O. Box 900  
Colchester VT 05446

Phone: (802) 264-5700  
Fax: (802) 264-5757



## CALENDAR OF EVENTS

### January:

- 5 School Board Mtg. 7P
- 6 TL Mtg. 2:40
- 7 Faculty Mtg. 2:40 Equity with Rebecca
- 8 ACT Registration Due for February 6 Test
- 11 Dept. Mtg. 2:40
- 13 TL Mtg. 2:40
- 19 School Board Mtg. 7P
- 20 TL Mtg. 2:40
- 21 Faculty Mtg. 2:40
- 21 8th Grade Open House Webinar 6:30
- 25 Dept. Mtg. 2:40
- 27 End Quarter 2
- 27 TL Mtg. 2:40

- 28 Start Quarter 3
- 28 Junior College Night #1 6:30 Zoom

### February:

- 1 PDC Mtg. 2:40
- 2 School Board Mtg. 7P
- 3 Early Release
- 4 TL Mtg. 9:14A
- 4 Faculty Mtg. 2:40 Equity with Rebecca
- 6 ACT Test Date
- 8 Dept. Mtg. 2:40
- 11 TL Mtg. 9:14A
- 11 Junior College Night #2 6:30 Zoom
- 15 PDC Mtg. 2:40
- 16 School Board Mtg. 7P
- 18 TL Mtg. 9:14A
- 18 Faculty Mtg. 2:40
- 22-26 Winter Recess

### March:

- 1 No School