

THERAPIST AND PSYCHIATRIST RESOURCES

***This is a list of some local agencies and practitioners provided for your convenience only. Colchester High School has not vetted nor do we recommend any particular practitioner. Please do your own research and make decisions accordingly. Your Primary Care Physician or Insurance Company may have specific suggestions.

***You may have to leave a message on a general voice mail system for someone to call you back. It may be helpful to continue calling others on the list if you do not hear back or if there are not openings.

****If you have a mental health crisis and live in Chittenden County, contact First Call at
1-802-488-7777**

****If you have a mental health crisis and live in Grand Isle or Franklin Counties, contact
Northwestern Counseling & Support Services (NCSS) at 1-802-524-6554 or 1-800-834-7793**

Child/Adolescent Psychiatrists

Otter Creek Associates- Burlington- 865-3450
Otter Creek Associates- Essex Jct.- 288-1087
Doug Dennett, MD- Essex Jct.- 879-9263
Champlain Valley Psychiatry Services- South Burlington- 658-0886
UVM Medical Center Child Psychiatry- Burlington- 847-4563

Child, Adolescent, and Family Counseling Centers and Counselors

Allison Prine (Optima)- Burlington- 651-9898
Amy Caldwell- South Burlington- 391-4061
Amy Powland- Burlington- 356-1087
Associates at the Gables- Williston- 876-1100
Associates in Psychology- Burlington- 863-6114
Associates in Psychotherapy and Family Counseling- South Burlington- 658-4208
Behavior Therapy and Psychotherapy Center of UVM- Burlington- 656-2661
Cedar Brook Associates- Williston- 879-5333
Center for Child, Youth and Families at Fletcher Allen- Burlington- 847-4563
Centerpoint Adolescent Treatment Services- South Burlington 488-7711
Cornerstone Psychotherapy- Burlington- 862-7876
Counseling Connection- Colchester- 264-5333 (Jason Gamelin etc.)
Crossroads/Matrix Health- Essex Jct.- 288-1087
Christian Diamond-(802) 560-3189
Evolution Psychotherapy- Michael Sheppard- Colchester 488-0448
The Growth Center- Essex Jct.- 879-1207
Howard Center- Child, Youth and Family Services- Burlington- 488-6600
Jennifer Kerns (Oasis Counseling and Consultation)- Colchester- 781-392-9969
Julie Leaf- Burlington- 802-324-6242
Katie Cate- Winooski- 860-8403
Networks, Inc.- Burlington- 863-2495
Mansfield Psychotherapy Institute- Burlington- 863-9079
Meridian- Essex (802) 489-7235
Michael Gilman- Burlington- 392-4105
Nina La Rosa -(802) 431-0903
New England Counseling and Trauma Center- Williston- 878-4990
Nicolas Nyirjesy, Colchester- (802) 613-0968
Northeastern Family Institute- South Burlington- 658-0040
Otter Creek Associates- Burlington- 865-3450
Partners in Psychiatry- Williston- 876-4000
Sarah Normandin- Burlington- 999-9257
Sarah Mason- 802-881-7484
Spectrum Youth and Family Services- Burlington- 862-5396
Stillwater Counseling Center- Winooski- 654-7600
Stonehouse Associates- South Burlington- 654-7607