

**Colchester High School's Physical Education Department's  
INDEPENDENT STUDY TIME/ACTIVITY LOG**

<b>Date</b>	<b>Activity</b>	<b>Time Spent</b>	<b>Instructor's Signature</b>

**Instructions:**

- 1. Make sure you have the instructor sign your form each day.
- 2. Turn in this form to your cooperating teacher at the conclusion of your program.